

calculates that he can spend only, say, from one hundred dollars (\$100.00) to five hundred dollars (\$500.00) per month during his absence. Where shall he go? In what part of all this country can he find the accommodations he needs?

He does not care to go to a sanatorium for tuberculars, more especially one maintained in whole or in part by charity. Very probably he would not be received if he did. His physician advises him to go West. Their ideas of the West are about as definite as are ours of the moon. After consulting numerous railway guides, they at last decide on some particular town, and thither the poor unfortunate flees. He arrives in the country tired and depressed, and after having run the gauntlet of the various boosters, which the up-to-date physician considers a necessary part of his armamentarium he is forced to the conclusion that he is an outcast on the face of the earth, that this small world has no place for him. He investigates the boarding houses. He finds the rooms small and stuffy, the food poor, badly cooked and mussy. He thinks of keeping house, but finds houses scarce, rents high and help impossible to get. In the end we will likely find him a hotel in one of the so-called health resorts, in a room which admits little fresh air and less sunshine, and surrounded by people of every class, all suffering from the same disease in all its stages. In the dining room he finds a meal of six or seven courses, not one of which he is able to relish. Left to his own care, in surroundings such as these, is it any wonder he does not improve?

This man will serve as a type of the class to which I refer, and the treatment of which I wish to discuss to-day. We shall endeavour to place him in pleasant, comfortable quarters, adapted to the needs, in a suitable climate and outline for him what seems to us the best form of treatment, and in so doing we shall practically be giving a history of the locating, building, equipping and running of our little resort, Pamsetgaaf, on the outskirts of this town.

Our first duty is to find a suitable climate. In trying to do so we cannot do better than start with Osler, who, in his classic work on medicine, says that the requirements of a suitable climate for tuberculars are pure air, maximum sunshine, equable temperature, good accommodations and food; the first letters of which words form the name which we have chosen for our resort, "Pamsetgaaf." That this is, in the main, correct is admitted by all. That pure air, maximum sunshine and good accommodations and food are essential requirements is denied by none. On the other hand, whether an equable temperature is essential or even