

Mix in a tumbler of water, and give the child one teaspoonful every two or three hours. A kerosene lamp kept burning in the bed chamber at night is said to lessen the cough and shorten the course of the disease.

*Mumps.*—This is a contagious disease causing the inflammation of the salivary glands, and is generally a disease of childhood and youth.

*Symptoms.*—A slight fever, stiffness of the neck and lower jaw, swelling and soreness of the gland. It usually develops in four or five days and then begins to disappear.

*Home Treatment.*—Apply to the swelling a hot poultice of cornmeal and bread and milk. A hop poultice is also excellent. Take a good dose of physic and rest carefully. A warm general bath, or mustard foot-bath, is very good. Avoid exposure or cold drafts. If a bad cold is taken, serious results may follow.

*Measles.*—It is an eruptive, contagious disease, preceded by cough and other catarrhal symptoms for about four or five days. The eruption comes rapidly in small red spots, which are slightly raised.

*Symptoms.*—A feeling of weakness, loss of appetite, some fever, cold in the head, frequent sneezing, watery eyes, dry cough, and a hot skin. The disease takes effect nine or ten days after exposure.

*Home Treatment.*—Measles is not a dangerous disease in the child, but in an adult it is often very serious. In childhood very little medicine is necessary, but exposure must be carefully avoided and the