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. L. MILNER Barrister, Solicitor, &c. ce opposite Central Telephone Exchange a Street, Bridgetown. 31 tf

J. P. GRANT, M.D., C.M.

tee over Medical Hall. sidence: Revere House. Telephone No. 10. lers left at Medical Hall with Mr. S. N.

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If you can't get it send to us. Price 35 cents; six \$2.00. Sold by Druggists. Pamphlet free.

I. S. JOHNSON & Co., 22 Custom House St., Boston, Mass., Sole Proprietors.

BRIDGETOWN

No. 1 Larrigan, \$1.40 \ A Large Lot to No. 2 Larrigan, \$1.25 \ select from.

Ladies' Cardigan Overshoes,

\$1.15. JUST THE THING FOR WINTER.

Don't forget to ask to see them before buying any other kind.

GRANVILLE STREET. E. A. COCHRAN.

P. S.—All Customers who I have forgot to send this year's Calendar to will please send postal card, with address, and I will mail one while they last.

Frank Scott

Tashionable Teilor

Bridgetown

Call and inspect Goods. It is a pleasure for me to show them.

Dr. J. Woodbury's

HORSE LINIMENT

Is Infallibly the Cure for

Horse Distemper, Coughs, Colds, Thickness in Wind.

Enlargement of Glands, Aff Jions of Kidneys,

IT HAS NO EQUAL:

Anyone who has ever used it would not be without it for

PRICE 25 CENTS PER BOTTLE Sold by all Druggists and General Dealers.

DITTHE BEST TAKE NO. OTHER.

BY THE BEST FAVISION

CURRY BROTHERS & BENT,

Bridgetown Wood-Working Factory.

We beg to notify the public in general that we have recently purchased the premises Granville street, formerly known as the J. B. Reed & Sons furniture factory, and are now coulping it with additional machinery for correlation of a superior of the street of the street

Contracting and Building.

Doors, Sashes, Frames, Stair Work, Mouldings, Clapboards, Sheathing, Flooring, Shingles, Laths, etc., and will constantly have on hand a full stock of Lime and all other Building Materials.

WANTED: -Seasoned Spruce and Pine Lumber.

Crocker's Pickles

MIXED PICKLES

ANNAPOLIS VALLEY VINEGAR AND PICKLE FACTORY

Correspondence from all points respectfully solicited.

Our motto will be "give every man a good job." We have come to stay, and if you want ding of any kind put up let us know, and we will give you a figure that will suit the times.

- PROPRIETOR.

In 1892 this Liniment had a sale of 25,000 bottles.

ten times the cost. Write to us for testimonials.

F. L. SHAFNER,

IN GREAT VARIETY AT THE LOWEST PRICES FOR CASH.

Overshoes and Rubbers



"'Tell Abe t' hurry."
"He looked real sheepish when he came

medicine, an' she hain't been sick sence.'

Points for the Parent.

THE PUBLIC SCHOOLS.

Prof. E. W. Scripture, of the psychological

matter, and the result of that line of inves-

tigation will be something of a revelation to

the fathers and mothers in this country who

have little ones in the various institutions of learning. In a word, Prof. Scripture de-

clares that out of every hundred cases of

shortsightedness more than ninety cases are

of the New York Times called on Prof. Scrip-

ture recently, and in answer to a number of

questions on this subject the professor made

"Spectacle dealers are very serviceable to

boycott to drive them out of business. I

don't mean to boycott the dealers directly,

States is invited into the conspiracy, I do

bad eyes will ever bring suit against the

"What do I mean by a bad eye? Bad

dertake to cure any of these bad eyes. In

fact I do not undertake to cure any bad eye,

but there is one kind of bad eye—the short-

sighted eye-which we can almost entirely

prevent, if we, by organized effort, force the school authorities to eradicate certain vicious

practices. For this bad eye is the product

"Do you know why you wear glasses for

shortsightedness? Did it ever occur to you

that somebody is to blame for all the short

sightedness in this world? It seems a strange

and almost incredible statement, that, with

a few very rare exceptions, all the short-

sightedness in the world has been manufac-

tured by man himself; yet this is the truth.

Manufactured! Yes, manufactured by those

who had charge of our childhood's days.

Our parents, our teachers, our guardians,

and our playmates are the persons to whom

we owe the irreparable injury of the beauti-

ful eyes that God gives us all. Manufac-

tured! Yes, manufactured by our early

sports, by our early lessons at home, by the

occupations of the kindergarten, by vicious school books, and so on.

factured. All those eye-killing employ-

ments might have been omitted or remod

elled on a better plan, all the bad books in

the schools might readily have been replaced

by good ones. Manufactured! And who is

to blame? I have a couple of children for

normal schools and training schools to blame?

They are supposed to teach all things neces

sary for school work, but they are apparent

might be to blame-at least in a small way-

"We all know that the photographer

the picture on it is sharp and distinct. If

curs in shortsightedness. Shortsightedness is mainly due to a lengthening of the eye-

ball, whereby the back of the eye is too far

of the schools; it is the "school bad eye."

New York Times for fomenting it

the following statement:

SALUS POPULI SUPREMA LEX EST.

BRIDGETOWN, N. S.

There are loyal hearts, there are spirits brave,
There are souls that are pure and true!
Then give to the world the best you have
And the best will come back to you.

Give love, and love to your life will flow, A strength in your utmost need; Have faith, and a score of hearts will show Their faith in your love and deed.

Give truth, and your gifts will be paid in kind, And honor will honor meet, And a smile that is sweet will surely find A smile that is just as sweet!

Give pity and sorrow to those who mourn; You will gather in flowers again, The scattered seeds from your thought outborne, Though the sowing seemed but vain.

For life is the mirror of king and slave,
'Tis just what we are, and do.
Then give to the world the best you have
And the best will come back to you.

Select Literature.

A Delicate Expedient.

BY GILBERT BURGESS. Virginia asked me to take her out for row. So I, of course, tucked a big red cushion under each arm and straightway went down to the boathouse.

For Virginia had promised herself to me in marriage, and I, perforce, obeyed her always and implicitly, as is the custom in

such cases.

We had been together a great deal, and I had learned to read Virginia's moods from the expressions for her adorable little mouth. On this particular occasion her lips were pressed tightly together, which symptom meant, in my code, that a storm was brewing; and so after her ladyship had settled fore her. herself comfortably among the cushions, I, saving nothing, sculled steadily away from

And, besides, it was one of those gorgeous autumn afternoons that make one silent. I was almost unmindful of Virginia's presence, and I started when she said sharply. 'You're not very amusing this afternoon.' I smiled an answer, whereupon she immediately cleared decks for action, and said,

"If only your dear Mrs. Carruthers were here, you would soon find plenty to say. I'm sure the way you went on with her at lunch was simply disgraceful. Not that I am jeal-ous of her; you needn't think that!" Mrs. Carruthers was a fellow-guest of mine, who possessed a great many of the alluring qualities of a young widow.

"She's a horrid flirt." "She is, and you know it. You can't call her pretty!"

have ever shown and at prices that defy competition for the quality. I have also have heard lots of fellows say they thought she was a brick." THE CELEBRATED "TYKE" AND "BLENHEIM" SERGES,

> we say 39?"
>
> This was ingenious on my part, seeing Carruthers was not yet 26.

her lower lip quivering. hate you!" "Dear!" said I, reproachfully, accentuating the "e" vowel-sound, to make the little

word seem more caressing. "I wish I had never met you-I hate being engaged anyway-and we seem to be al-

"Is takes two to make a quarrel, Virgie, and I'm sure I'm in the best of tempers." "That's the aggravating part of it. You sit there smiling, and I can't make you

To my shame be it said, I burst out laugh-The moment after I was sorry, for the tears began to gather in her eyes, and I can't bear that, and, more ominous still, she was

fidgeting with her engagement ring.

Now this really alarmed me. As a rule, our engagement was broken and recemented once a week; only the afternoon before we

had gone through the ceremony. If it were going to happen once every day there were elements of danger in the custom, which it was desirable to avoid. But before I had time to sue for forgiven

ness, Virginia took off the little gold band, and after a moment's hesitation, flung it into the lake.

a brave look of defiance, although the tell-tale mouth let me know she was frightened I was more hurt than words can say, and

with a few swift strokes turned the boat's head homewards. But I couldn't bear to leave the ring behind, and I determined to

I shipped my oars, and took off my coat. Virginia pretended to take no notice. Then, watching her closely, I began to untie my shoe laces. Still she pretended not to see.

Then I took off my belt and shoes, and placed the contents of my trousers pockets in a neat little heap in the bottom of the

Virginia's eyes met mine, and she said What are you going to do,

Dive for the ring, Virginia."

"Can you swim?" "No.

I couldn't resist this fib. It would have oilt it all if I had told her that I at Eton had held the school championship for three "George, dear, can't we let the men dredge

"How should we ever remember the exac spot where it went down? No!-this with a slight touch of melodrama—"I must take the risk. And Virgie, if I should not—not come up, don't you know-tell them I fell

Virginia gave vent to a scream. Not one mouse will generally bring from women, but "George, please—please don't! I am s sorry I was jealous and cross and wicked."

And the tears began to show themselves again, so, without more ado, 1 went to the bow and took a header. I found that the water was only about 10

feet deep, but the ring was not to be seen.
On coming up for breath I found poor Virginia brandishing an oar over the side of the boat, with a view to saving my life, if pos-

I seized it with much show of distress, and waited until I got my breath. Virginia

After the third dive I returned to the sur- considerin', and tore the fiannel off her ears. of the kindergarten, although when I thin face triumphantly holding out the object of my search. I swam to the side of the boat, and taking hold of Virginia's left hand,

WEDNESDAY, MARCH 18, 1896.

replaced the ring on her finger.

We made many vows and promises, and i was not before some minutes had expired that I began to realize that I was getting awfully cold. Clambering back into the boat with some difficulty. I pulled back to the house as quickly as I could. As we came in sight of the lawn Virginia exclaimed: "Of course, there's that horrid Mrs. Carruthers waiting for you."

"Horrid, did you say, Virgie?" "O, I forgot, George, dear; but Mrs she think? What shall I tell her?" We'll say I caught a crab and c

"But do I look as if I had been crying?" She did unmistakably but before I had ime to answer her we arrived at the landing stage. Mrs. Cacruthers greeted me with-"Why, what on earth have you been do-

"Poor George fell into the water," replied Virginia, with a winning smile, "and I saved his life with an oar. Didn't I, George?" All through dinner that evening Mrs. Car ruthers chaffed me unmercifully. I bore her raillery with great fortitude, and afterwards, when Virginia and I were sitting on the piazza in front of the house, we made a our engagement again for a whole calendar month-at the very most!-The Sketch.

A Faith Cure.

front porch when a buggy passed. In it nearly double, with elbows on knees and his wide hat slouched over his eyes, the woman upright and stiff staring straight be- the result of school work. A representative

"Are they strangers, Aunt Trude? They didn't speak, nor bow. And everybody one meets here has a friendly greeting for friend

Aunt Trudie's eyes twinkled. "Thet's humanity, yet I propose that the parents and teachers of the land join in a benevolent Abe Littlejohn," she said. "I've knowed him sence he was knee high. He hain't no reason to thank me, and yit he'd speak of he durst; his wife has reasons to thank me, and she'd die afore she'd look to'r'd me." give them trade. It is a conspiracy, I confess; but as every citizen of the United Aunt Trude was a jolly little, round body,

with a waist just as long as her apron strings were wide, and a face so creased with laugh not think either the spectacle dealers or the ter wrinkles that she seemed to smile even "You mind that woman that I showed ve at preachin'? The one I said wus our fust

eyes are of many kinds. There is the black preacher's widder."
"Yes; Uncle Zimri says she's the prettiest eve obtained in a fight: the cataract eve. like Mr. Gladstone's; the color blind eye, woman in the country. But I don't think which makes the American flag look green; the astigmatic eye, etc. But I do not unher pretty at all."
No, I didn' reckon ye would. I've saw

projer gals a plenty, and yet she's a favorite amongst the men. Women call her ficety, an' I owe she's full of divilment, but she's a good-hearted creatur! She hed more chances "Brick or no brick, she's 40, if she's a to marry the all the girls in the settlement all put together. She's the one what helped day."

"She's probably a day, but 40-no, shall tions. Abe married money, an' hed more tions. Abe married money, an' hed more lett him twell he's a rich man. He built a than anyone else, an' bought all he knew Virginia flushed, and looked at me with how to buy, an' Almiry didn't know what else to do so she begun to enjoy pore health. "George, when you are sarcastic I almost Abe, he bought bottles and bottles of patent medicines, an' Almiry she'd lay in piles of almanacs an' read all about how people had been cured, an' then she'd feel all their symptoms, an' he'd ride to town an git that kind

of medicine.
"I felt considerably sorry fur Abe. A man kin kind of git over buryin' his wife, an' ride and court agin,' but Abe's case was worse. One day I was talkin' this over with the Widder Sprowl; she sot about what you're sittin', twirlin her bonnet around by the strings. Our hired man says her eyes hes a little yalla divil in 'em dancin' under the blue an' hit was shore dancin' when she

looked up. "'Aunt Trude,' says she, 'I kin cur that woman.'

"But she hain't tried this,' says the Widder Sprowl, hit's a faith cure; an' the doctor, and not the patient, has the faith.' "An' then she laughed. I laughed too and looked well when she laughed.

" You must help me, Aunt Trudie, ar you musu't tell Uncle Zim. But if you did, he wouldn't believe it of me.' And then she laughed again.

"In about half an hour Abe Littleight came along ladened down with liniment and patent medicine bottles. The widder called to him, and he druv up to the gate an' I left them a talkin' an' went acrost back way to see Almiry. She was working a real purty funeral piece on cardboard with green an yalla crewel, an' wus aimin' to put on Abe's name an' hern. The names bein' some long, she hed run 'em on the sides an' they looked quite han'some. I hated to do it, but I says

b'long alongside of yore's thar, Almiry. You enjoyin' sich pore health, an' Abe hearty like.' She looked at me mighty "He's ben gone right smart over time.

Has anything happened to him?' "' No,' I said, dry like, 'les you call talk in' to the Widow Sprowl a happen; that's what he's a doin' of now at my gate.'

"Folks don't go to hoein' es soon es they've planted ther' seed, so I judged I'd said enough, an' I went home. The nixt day Widder Sprowl come down airly in the af-

" 'Let's go over to Littlejohn's: Almiry's "I'd ben lookin' for sich news, so I put on my bonnet an' went. I noticed that the he pulls the ground glass too far away the picture will be blurred. This is what ocwidder looked peart like, an' was dressed up

must stand by me. Something's goin' to

"When we went in there wusn't a soul in "What is the cause of shortsightedness sight but Abe. He wus cookin' some gruel over a lamp an' spillin' it over the clean we do during early life and this is mainly table, for Miry kept a mighty nice house for a woman at death's door. I went on up-stairs an' the widder staid to help Abe with school work. The child's eye is very soft. The strain of near work causes the eye to lengthen and it does not recover from this the gruel. Almiry was tied up with flannel rags an' smelt like a 'pothecary's shop.
"" Air you any better, Sister Littlejohn?
This here's a fleetin' world.'

"Abe's fixin' ye some gruel an' the Widder Sprowl is helpin' him.'

"She groaned worse, I heard the widder's
clear little voice, then Abe's big bass one,
an' then a laugh. They were both laughing.
Almiry flopped over in the bed real lively
upon i

in' machine in the room, an' the widder went up to it an' turned the wheel. "But the books in the school—are they "'I don't like this kind,' she said, 'but it could be sold and mine kept. This is a nice house for a woman to step into out of a little one like mine.' Then she came over an' sot " 'Almiry's most gone this time,' she says

of the little eyes now being ruined all over the country, I can hardly justify my con-

NO. 51.

dangerous? I will let each parent answer the question himself. Get together the books your child uses in school. Now, I will give you the measurements for the "But," she said, "Mr. Terry, I his wife, as will give you the measurements for the worst book to be allowed in any school. If you said last night, am in reality bu you have one of the ordinary steel measures used by mechanics you can make all measan' we kin talk it over. Abe says I kin make any change I want in the house. An' urements yourself; I mean the steel rule that is marked in sixty-fourths of an inch. Re- | comfortably clothed, but that is all. I am I think it's lucky Almiry never had that silk dress pattern cut into. I think I'll hev "An' then that woman bounced out of bed, and you may reckon we made tracks across that paster. She won't speak to us. nor let Abe, but she fired out the patent

"This is a specimen of the smallest type and the closest setting that may be allowed:-

CHILDREN'S EYES ARE INJURED IN gical department of Yale University, has aid in that analysis of mental phebeen investigating a subject that will interest every parent in the land who has a child in the schools. Some time ago it occurred understanding of child-psychology. to him that it would be a good plan to find This investigation was undertaken them any little presents that cost money. I would so enjoy giving them \$5 or \$10 when out why there was so much short sightedness in the children who are attending the public schools, and other schools for that

fulfils the minimum requirements for all school-books. Books containing type smaller in size or more closely set must be absolutely rejected. Personness these are the charged to my husband; but to be frank, lutely rejected. Remember these are the minimum requirements for the worst books to be allowed anywhere in school. For to be allowed anywhere in school anywhere in school anywhere in school for the much hat. young children, the type mast be much bet-ter; for all children it ought to be better. "I picked up a few school books the other

different exercises were lines in thin italics, Should not the conscience of the lady author beginner's reading book; the very first lesson starts out with fearfully fine-lined italeyes. An elementary arithmetic, the same one I had when a schoolboy; best type in And now, to close, I want to tell you what the book just comes up to the least requirements for the worst books in the highest grades; more than half the book is in smaller type; and as for the minutely-printed portions—heaven preserve our eyes. And so on; worse and worse they grow. Compare especially your children's geographies with the specimen. Shortsightedness—it is the blackmail we pay to careless publishers and ignorant school authorities, for the sake of getting an education."—New Haven (Conn.), Correspondent to New York Times. the book just comes up to the least require-

USELESSNESS OF STIMULANTS IN RESTORING

LOST ENERGY. Dr. George Herschell, of London, has re Troubles of City Life," that is very highly praised by London critics. In one of the chapters devoted to the study of stimulants

(Conn.), Correspondent to New York Times.

"Stimulants never increase the natural capacity of the brain. They can only abstract for the purposes of work in hand some of the energies which are sorely needed to repair and to restore a brain which has already been taxed to the furthest limit which is consistent with health. To remove the sense of fatigue caused by overwork by the consumption of alcohol is to close one's ears to the voice of nature. The weariness of the brain is a protest against further exertion until recuperation has been obtained by rest; and if the weary feeling is deadened or destroyed by adventitious means nature will genact her recally.

enact her penalty. "When the overworked man of business, having been on his legs all day, and feeling Cumberland county, has the following to say to blame? I have a couple of children for whose education I must begin to provide; they need and must have something to do; they must have toys and books and school. In a short time the school days must begin. But can I, as a father, send them to the schools for which we pay so much, when I know the chances of rained eyes? Can I trust them to teachers who will oblige them to use bad books—yes "bad" books, for a book that ruins the eyes is just as bad as a book that corrupts the morals. Who is to blame for this difficulty? Not the publisher; he makes the books to sell, and will make whatever the school authorities will buy. Not the Boards of Education; they are busy men of the world, and, of course, have no knowledge of the safe requirements for the eyes. Not the superintendents, principals, and teachers, they have no instruction on the subject and know no better. Are the fit to drop, with a sensation of 'all-goneness' the subject and know no better. Are the | the limits which nature has set up."

Obtaining Fresh Water at Sea.

Alexander Graham Bell's latest mechanily ignorant on this as well as many other cal device is in the line of practical utility, like most of his inventions. It is intended for the fishermen who are frequently cut off "Rut if the plea of ignorance is to be alfor the fishermen who are frequently cut off from their vessels by fog, and lose their lives as frequently by lack of drinking water as by exposure. The invention consists of a glass cylinder or bottle, through the neck of which is a small rubber tube. The glass is a by exposure when the color of the co lowed, then who is to blame? This question has puzzled me for a long time. Finally, it dawned upon me that possibly I myself knowing the facts of which the general and educational public are ignorant, it becomes is submerged, and a brass cylinder, acting as a bellows through the rise and fall of the a matter of conscience to me to tell them.
"The eye is like a photographer's camera. waves, pumps the atmosphere into the sub-merged bottle. There it becomes condensed, and a supply of fresh drinking water is alplaces his ground glass at such a point that

-An advantage of early planting of potatoes is that the potato sets used for planting are then at their best. Late in the season the eyes have been weakened by sprouting, the eyes have been weakened by sprouting, each sprout taken off representing a large share of the vigor of the plant. But the early planted potatoes require much more liamentary record."

"Dominion Day, in this province, is still regarded by multitudes as the most disgraceful in its history and the darkest in its par-liamentary record." early planted potatoes require much more labor to keep them free from bugs. The old hardshell bugs begin to lay their eggs when the potato is just out of the ground and the first warm weather that comes the leaves will the Express of that city says: be eaten down while the plant is yet small. Late planted potatoes grow up more rapidly and can be kept free from bugs much more

lengthening.

"I cannot on this occasion discuss the extensive and careful investigations which prove that shortsightedness is due to school work. The results make it thoroughly safe and reliable to say that out of every hundred cases of shortsightedness more than ninety cases are the result of school work. I also cannot relate the great disadvantages of shortsightedness and the evils that follow upon it; the occulists and physicians can tell the story better than I can. Moreover, where the great disadvantages of shortsightedness and the evils that follow upon it; the occulists and physicians can tell the story better than I can. Moreover, where the great disadvantages of shortsightedness and the evils that follow upon it; the occulists and physicians can tell the story better than I can. Moreover, where the great disadvantages of shortsightedness and the evils that follow upon it; the occulists and physicians can tell the story better than I can. Moreover, where the great disadvantages of shortsightedness and the evils that follow upon it; the occulists and physicians can tell the story better than I can. Moreover, where the great disadvantages of shortsightedness and the evils that follow upon it; the occulists and physicians can tell the story better than I can. Moreover, where the great disadvantages of shortsightedness and the evils that follow upon it; the occulists and physicians can tell the story better than I can. Moreover, where the great disadvantages of the cannot be the great disadvantages of the great disadvantages of the great disadvantages of the great disadvantages of the story that the great disadvantages of the great dis

Jas. J. Ritchie, Q.C., BARRISTER

SOLICITOR.

MONEY TO LOAN ON REAL ESTATE

Fire Insurance in Reliable Companie

The Wife's Share.

groaned. We sent after the doctor, an' sat down in the next room with the door open to wait twell he got back. The greek and fine work must be held near the eyes in order to be seen. Consequently, I can hardly justify my conscience in keeping still. All small objects and fine work must be held near the eyes in order to be seen. The writer talked on this subject in the He is a large farmer, owning several hundred acres of land. He is well-to-do, and his wife says, is a liberal man, giving freely to quirements to be met:—Height of smallest no partner, not in the slightest degree. It is "n," at least, 1-16 inch; thickness of line in "n" at least 1-100 inch; distance between letters, at least 3-100 inch; space between lines, at least, 1-10 inch; length of line, at most four lich." from my folks to me. I have worked very hard and almost unceasingly for more than twenty-five years, boarding hands, and for years I milked, too. To take some money and go off on a trip and rest and enjoy myself a little is something I have never had a chance to do. My husband goes a great tions on a larger scale in order to deal. He has been away many times on long trips, once to California, and left me at nomena which is so necessary to an are married now. I can hardly get away to go and see them for a day; and what grinds "Type of this size and arrangement just abundantly able to; but I have practically

> said many wives were little slaves." By this time bitter tears were run day. Among them was a primer; type fair-ly good for little children, but under the that her husband is not a bad man, or an exdifferent exercises were lines in thin italics, which were trying even to my own eyes.
>
> Captional man, but one of the leading men in that community, one of its best citizens. children under ten years of age any way. trouble her for the eyes she has ruined? A it is a safe plan, too, as well as a just one, as she pleases, just as freely as I do. And for, as a good lady in Missouri said: "Genics type not half big enough for the little of \$2, always on the feminine side, has made

woman an economical being."

And now, to close, I want to tell you what

THE Russian government is doing every thing in its power to develop the agricultural resources of its vast domain. Among other measures, it is proposed to encourage the manufacture of agricultural machinery in that country. In order to do this, an easily accessible credit to would-be implement makers is helps obtained by the minment makers is being obtained by the mistry of finance. Practical mechanics whe employed by the government, instruct in handling and repairing farm machine and these men will go through the varie grain-growing districts, instructing the peantry in the use of modern farm applianc Denots of farm implements as well as seen as the contract of the peantry in the use of modern farm appliance.

-Inspector Craig, who has recently been

The month of March is a trying one, and at no season of the year is the need of Haw-ker's nerve and stomach tonic more keenly felt, especially by those advanced in years

a liberal member of the Nova Scotia legisla

-OF the appearance of Mrs. Harrison