

GREAT BRITAIN says NO ALUM IN FOOD

and strictly prohibits
the sale of alum
baking powder—

So does France
So does Germany

The U. S. Congress has
made the sale of alum foods illegal in Washington (District of
Columbia), and alum baking powders are everywhere recog-
nized as injurious.

To protect yourself against alum,
when ordering baking powder,

Say plainly—

ROYAL BAKING POWDER

and be very sure you get Royal.

Royal is the only Baking Powder made from Royal Grape
Cream of Tartar. It adds to the digestibility and whole-
someness of the food.



AN AUSTRALIAN TRAIN WRECK

Forty-four Bodies Rescued from
the Debris of the
Tattered Cars.

MELBOURNE, Tuesday.—Forty-four
bodies have been taken out of the
wreckage caused by the railroad col-
lision at Braybrook Junction, near
Melbourne, April 19. It is believed that
several others are still buried be-
neath the debris. The number of persons
injured is placed at eighty-eight.

Many of the victims were taken from
Balarat were just sitting in
their seats when the crash came. The
conductor had just signalled to the
engineer to start and was in the act
of stepping into the car when he saw
the approaching Bendigo train. He
sprang aside in time to save himself.
The station was in darkness and a
scene of indescribable horror followed
the collision. Three of the cars took
fire and many of the victims were
burned beyond recognition. A mem-
ber of the fire brigade found the
bodies of his two sisters buried in the
wreckage.

An eye witness to the disaster says
that some resembled that of a battle
field. Several of the victims died as
they were being lifted from the wreck-
age.

The driver of the Bendigo train says
that he saw signals and when the
brakes refused to work he reversed the
engine, but was unable to check the
train.

DEATH FROM ARSENIC POISON

TORONTO, Wednesday.—Mr. James
Ross, President of the Dominion Coal
Company, was with Messrs. William
MacKenzie and D. D. Dunn, in the
office of the latter for an hour or two
this morning, and the fact that Mr.
J. H. Plummer was not there led to
a rumor down town that negotiations
for a settlement of the Steel-Steel dis-
pute were all 'off.'

This afternoon Mr. B. E. Walker,
President of the Bank of Commerce,
in whose office Messrs. Plummer and
Ross conferred yesterday, stated he
was still hopeful of a settlement. He
said he did not think that the idea of
a settlement without a further legal
fight had been given up.

Weak Women

To weak and ailing women, there is at least one
way to help. But with that way, two treatments,
must be combined. One is local, one is constitu-
tional, but both are important, both essential.
Dr. Shoop's Night Cure is the local.
Dr. Shoop's Restorative, the Constitutional.
The former—Dr. Shoop's Night Cure—is a topical
mucous membrane suppository remedy, while
Shoop's Restorative reaches throughout the
entire system, seeking the repair of all nerve,
all tissue, and all blood elements.

The "Night Cure," as its name implies, does its
work while you sleep. It soothes sore and inflamed
mucous surfaces, heals local weaknesses and
must be combined. One is local, one is constitu-
tional, but both are important, both essential.
Dr. Shoop's Night Cure is the local.
Dr. Shoop's Restorative, the Constitutional.

Dr. Shoop's Night Cure
Laxative 5 C. Sweet to Eat
"ALL DEALERS"

PAPER ON FORESTRY METHODS

Conservative Lumbering Dis-
cussed by R. R. Bradley
of Boiestown
AT MONTREAL

Fire Protection, Tree Planting
And Forest Preserves Dealt
With.

Conservative Lumbering and Forest
Methods in Eastern Canada, was
the subject of a paper by Mr. R. R.
Bradley of Boiestown, N. B., read be-
fore the recent forestry convention at
Montreal. He gave special attention
to the pulpwood industry, pointing
out the advantage to be gained by a
systematic treatment, and explained
the methods applied by the International
Paper Company. This company are
taking active steps to develop a policy
which will insure a perpetual rotation
of wood crops over their holdings.

The intensive cultivation to which
European are subjected cannot be ap-
plied to present conditions in Canada;
yet there are some measures which
may be adopted and will accomplish
the principal aim of scientific forestry
at very little additional cost over pre-
sent logging methods. The pulpwood
industry in particular is peculiarly ad-
apted to the adoption of conservative
methods of lumbering. The reason
is two-fold. In the first place very
low grade material has a value in the
pulpmill and secondly the immense
cost of pulp and paper plants requires
a regular annual supply of pulpwood
over a long term of years in order to
make the original investment pay.

Speaking of the annual cut, Mr.
Bradley says, a company that under-
takes to handle its timber lands con-
servatively must at once settle what
amount of material can be removed
annually, without detriment to the cap-
ital stock, as it may be called, of the
forests. The annual cut should ap-
proximate closely to the annual in-
crement of growth. To obtain exact
figures on this is impossible without a
vast initial expense. The Miramichi
Lumber Company, with which Mr.
Bradley has had a long connection,
made a careful though rapid cruise over
its whole tract in New Brun-
swick. The men in charge were old
woodmen. They overhauled the history
of each block as far as possible
and made a rough estimate of
what might be removed annually over
a long term of years. Since then the
plan has been, during the summer
months, to block out into square
miles, those localities which are to
be worked within the next few years.
A careful cruise estimates as closely
as possible the total amount ready for
the axe, and the amount that can be
profitably removed each year. The
size and number of the camps to be
sent in each fall, are based upon the
cruiser's reports. From year to year
more complete information can be ob-
tained and the cut advisable deter-
mined more accurately. Trained
cruisers are very difficult to obtain at
present and therefore scientific fore-
sters should be employed and also
a thorough woodsman who should be
in charge of the cruising and cutting.
More men if wanted should be pro-
moted from among the woodsmen
taken from the forestry schools.

Referring to economy in logging meth-
ods Mr. Bradley recommended the
substitution to saws and axes, in logs
making, the cutting of ties no higher
than the swelling of the root, taking
trees as far into the tops as possible
removing all dry standing trees and
dead and down timber if partially
sound and all lodged trees or mer-
chantable culls. After a fire, all burnt
material of any value should be re-
moved before thrown by the wind,
or attacked by insects, and fungi. To
insure future crops the system is
most common use was that of cutting
down to a minimum diameter limit.
This was both cheap and practicable.
The Miramichi Company used a gen-
eral diameter limit of fourteen in-
ches, breast high. But there were
many exceptions to this rule, con-
trolled by local conditions.

No company need expect to intro-
duce a fully developed system of con-
servative lumbering into its woods all
at once. Woodsmen could be brought
to change their methods only by slow
and patient work. They must not be
overwhelmed with too many ideas at
the start. Men who had chased up
the cheapest logs available all their
lives, failed to appreciate the value of
what was formerly counted waste mat-
ter. They were in the habit of dis-
counting the future and paid little
heed to regulations that looked to fu-
ture returns. Systematic education
work should be carried on. A short
series of lectures might be delivered
through the country with excellent re-
sults.

A general limit in spruce woods
would never prove satisfactory and
might result in greater loss on one
side than saving on the other. These
questions could only be settled by a
thorough and skillful investigation on
the ground. Regulations could hardly
be sent down on paper, clearly enough
to cover all cases, yet the cost of
supplying enough experts to fix the
proper diameter limit for each lo-
cality would be very great. The only
solution to be found at present was
a partial one, viz: co-operation be-

PARTICULARS OF FATAL EXPLOSION

QUEBEC, Wednesday.—The disas-
trous premature explosion which oc-
curred on the new line of the Trans-
continental railway on Saturday af-
ternoon last, and which buried nine
workmen to instant death, has cast a
gloom over the whole country of Belle
chasse but more heavily does the pall
hang over the little parish of St.
Cagetan, where the disaster occurred,
and within a stone's throw of which
stood the houses of five of the unfor-
tunate victims. The men were engaged
in preparing the roadbed for the ties
and were engaged in removing rock
which obstructed the way, for which
purpose, they used dynamite. It was
a repetition of the old story which
has sent many more to eternity. The
fuse was ignited and as the explosion
failed to occur within the usual time
the men approached to ascertain the
cause, but when they were in close
proximity the report was heard and to
the horror of those at a safe dis-
tance off, fully a dozen men were
blown to pieces.

News of the disaster was quickly
sent to the adjoining villages, and the
startled inhabitants flocked to the
scene while all the physicians within
a radius of thirty miles hastened to
render medical aid.

Decapitated Bodies. When the smoke had cleared, a
gruesome spectacle was revealed as
decapitated bodies and limbs were
strewn in all directions, while three
men named J. Chambord, A. Lacroix,
and M. Brochu were found lying close
together about fifty feet from the ex-
plosion fearfully injured. They were
still alive, however, and to them, as
well as the other victims, who fortu-
nately escaped with lesser injuries, the
necessary attention was afforded. They
were removed to adjoining buildings.

Both Eyes Blown Out. Lacroix had both his legs blown off,
while Chambord's right shoulder was
taken off, and both his eyes blown
out. These two men are not expected
to recover.

The sad work of collecting the dis-
membered bodies of the nine victims
was proceeded with, and many were
the distressing scenes witnessed when
the parents and relatives of the five
youthful victims who resided in the
parish where the disaster happened,
gathered about to identify the bodies
of their sons and brothers.

The parish of St. Cagetan is situated
on the south shore about 40 miles be-
low the city of Quebec.
Ten Were Injured. There are about ten victims, who
have been more or less injured and
some of them, who are able to make
the journey, will be removed to the
Hotel Dieu Hospital at Lévis, op-
posite Quebec for treatment, while
the officials have seen that the neces-
sary comfort and attention is pro-
vided for those who are in danger
where they are now confined close to
the scene of the tragedy. The district
corner, Perron, will proceed with the
inquest.

CASTORIA.
The Kind You Have Always Bought
Bears the
Signature
of
Jas. H. Fletcher

between the government and the lum-
bermen. The government might intro-
duce a clause encouraging those com-
panies which show a clear intention
of cutting conservatively and which
employ trained men to handle each
section. A few trained men in the
government's service could exercise a
general surveillance over the work of
the different companies which would
avail themselves of it. Where it was
clear that a company was taking ad-
vantage of the government and strip-
ping the berth clean its privileges
could be cancelled, penalties imposed,
of the licenses confiscated.

Mr. Bradley dealt with the ques-
tions of fire protection, planting, and
the establishment of forest reserves,
and said in conclusion that the sys-
tem he had outlined, though far from
approaching any European ideal, was
bringing results, at practically no in-
creased cost to the lumberman. A
great deal of material which had been
formerly wasted was now being uti-
lized, while a substantial annual sup-
ply was practically assured, as long
as fire was voided. It might be safely
said that the holdings of the Miram-
ichi Lumber Company had increased
in value from fifty to one hundred
per cent. since they began the ap-
plication of practical forestry to their
woods work. The pulpwood industry
offered the greatest inducement to
the practice of forestry, and afforded
the greatest opportunity for its fu-
ture development.—Canadian Lum-
berman.

Spent Eighteen Dollars

"Gentlemen,—I have pleasure in
stating that I have used \$18.00 worth of
Psychine, and as a result was cured of
very serious throat and lung trouble.
My case was a most difficult one, and
the doctors had practically said that I
could not get well. I tried Psychine
and it did me so much good that I con-
tinued its use until I had taken \$18.00
worth, with the result that I am now
a new man physically. I have gained
thirty-five pounds.
"It is with the greatest confidence
that I recommend Psychine to all who
are afflicted with throat or lung trouble.
Yours truly, C. A. PINKHAM.
Scottsboro, Que., Sept., '07.

This man speaks from experience.
Psychine cures all throat, chest, lung
and stomach troubles and gives renewed
strength and vitality to run-down peo-
ple. At all druggists, 50c and \$1.00, or
Dr. T. A. Shoop, Limited, Toronto.

CASTORIA

The Kind You Have Always Bought and which has been
in use for over 30 years, has borne the signature of
Jas. H. Fletcher and has been made under the per-
sonal supervision since its introduction. Allow no one to deceive you in this.
All Counterfeits, Imitations and "Just-as-good" are but
Experiments that tifle with and endanger the health of
Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Pare-
goric, Drops and Soothing Syrups. It is Pleasant. It
contains neither Opium, Morphine nor other Narcotic
substance. Its age is its guarantee. It destroys Worms
and allays Feverishness. It cures Diarrhoea and Wind
Colic. It relieves Teething Troubles, cures Constipation
and Flatulency. It assimilates the Food, regulates the
Stomach and Bowels, giving healthy and natural sleep.
The Children's Panacea—The Mother's Friend.

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Bears the Signature of

Jas. H. Fletcher

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Are an added charm to the pleasure of attending the
opera.

Their delightful deliciousness keeps one in rare good humor, so
that the clever dialogue and catchy songs are heartily appre-
ciated and the parts that drag, if any, are readily overlooked.

When you buy Moir's Chocolates, note the fineness and smooth-
ness of the pure, rich chocolate coating and the rare delicacy of
the widely varied centers.

Taste them once and you'll always specify Moir's.

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Cut this out and send it to us with \$1.00
and we will send you a Moir's Bicycle.
Men's or Ladies' Bicycle.
Height of frame and gear
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you this High grade 1908
Model Eagle Bicycle by ex-
press C.O.D. subject to
examination. You can examine it thor-
oughly at your express office and if found
perfectly satisfactory, exactly as repre-
sented.—A GENUINE EAGLE BICYCLE.
GRADE 1A MODEL—pay to the Express Agent the balance due—\$25.00—and express charges.
The express charges are only 50 to 75 cents for each 50 miles. No extra charge for Ladies' Bicycles.
EAGLE BICYCLES are the highest grade wheels made—big favorites with best bicycle clubs; the leading wheel with professional riders. Built on honor, flush joints, finest hanger, hubs and bearings, highest grade equipment. Fitted with Dunlop pliable tube tires. Heights of frame—Men's 30, 32 and 34 in.—Ladies 28 and 30 in., enameled black. New Departure Coaster Brake \$4.00 extra. WE OFFER special chance to a good agent in each town. Send for catalogue and ask for Agents' Discount. Wheels slightly used, \$30.00 to \$35.00. Secure Agency at once.
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