Disease germs take advantage of every

weakness of the human system. Their great-

est enemy is rich, red blood, but when the blood gets thin

and watery they increase rapidly and easily gain the upper hand. In this way grip, pneumonia, consumption and other germ

Anaemia or poverty of the blood makes itself known by pallor of the gums, lips and inside of the eyelids, you feel weak and

diseases get a foothold on the system almost before you know it.

The blood is thin and watery, and is lacking in the red corpuscles which represent the nutritious element of the blood. Because Dr.

On account of the weakened condition of the blood from anaemia,

With the use of Dr. Chase's Nerve Food to build up the richness

ened and gradually the muscular weakness is replaced by new

Dr. Chase's Nerve Food is truly doing wonders for many

thousands of anaemic men and women and puny boys

and girls, whose blood has got thin and weak. Put it

to the test and you will better understand why

so many people are enthusiastic in its praise.

50 cents a box, 6 for \$2,50, all dealers, o Bates & Co., Limited, Toronto. Do talked into accepting a substitute. Imitations disappoint.

languid, the heart's action weakens, you are easily tired out and find

Chase's Nerve Food increases the number of red corpuscles and there-

by enriches the blood, it is the most effective means available of curing

there is always danger of developing Dropsy or Pernicious Anaemia,

of the blood, the color is soon restored to the pallid skin, and you find yourself gaining in health and strength. The heart's action is strength-

anaemia and fortifying the system against the attack of disease.

from which there is small chance of recovery.

yourself short of breath.

vigor and energy.

Acreas and Doreas .-- Acts 9: 32-43.

Commentary .- I. The healing of Aereas (vs. 32-25). 32. As Peter passed throughout all quarters-From the Preceding verse we learn that the Christian church was at this time enjoying a season of rest from perceduthe parting command of the Master, as he was taken from them, and were as he was taken from them, and were preaching the gospel in Judea and Samaria. Their headquarters were still at Jerusalem and from there they made their journeys to spread the truths of the gospel. On such a tour as this Peter was proceeding when the events here recorded took place. Came down—From the elevated regions of Judea. Jerusalem is about two them. Judea. Jerusalem is about two thousand five hundred feet above the sea, and the places here mentioned are in the low plain along the seacoast. Also
This word indicates that Peter and
been laboring among the Christians on the uplands of Palestine. Saints-Holy ones. This name is commonly applied to Christians in the New Testament and especially by Paul in his epistles. Lydda—The Hebrew name of this place was Lod. It is situated about twenty-five miles northwest of Jerusalem and tweive miles southeast of Joppa, and is on the line of railroad connects Joppa and Jerusalem. It now has a population of seven thousand. 33. He found a stricken man-It appears that Peter was seeking for those who needed help. Aeneas—All we know of this man is what is recorded in this and the following verses. Eight years—The condition of Acneas was, humanly speaking, hopeless, and any cure must be considered as supernatural. Palsy—The sick man was a paralytic. 34. Jesus Christ naketh thee whole—Peter keeps himseif in the background and exalts Jesus. It is not Peter's skill or power that gives health and strength to the pulsied man, but it is Jesus Christ. Peter has implicit, active faith in his Master, for he speaks of the cure as already accomplished and complete. Arise, and make thy bed—The bed was a sleeping mat laid upon the floor, and to make it meant to roll it up that it might be put away. For Acneas to comply with this command was to demonstrate the fact that he was beated. He arose immediately—The man who "had kept his bed cight vare" at once showed himself to be a well man. 25. Ad r. . . saw him—seron doubtless means the plain of Sharon in which Lydda is situated. The case of Acneas was well known it Lydda and the surrounding region, and an event so marvellous as his that it might be put away. For Aeneas in Lydda and the surrounding region, and an event so marvellous as his healing would be quickly and widely reported. Turned to the Lords—The people were convinced that it was by the power of Jesus that it was by the power of Jesus that the paralytic was healed, and they were brought to believe in him as the Messiah and they Saviour. as their Saviour. II. Dorcas raised from the dead (vs.

36. Joppa—Situated on the rangan Sea. This was a city Mediterranean Sea. This was a city of the Phillistines during the early part of Israel's occupancy of Canaan and was not wrested from them until David's time. It was then the sea-port of Jerusalem, as it is at the present time, aithough it does not posis Jaffa, and it has a population of more than fifty thousand, more than half of whom are Mohammedans. A certain disciple—Women as well as men were called disciples, Tabitha... Doreas—Tabitha is the Aramate form a Hebrew proper name which in a Hebrew proper name in eith-is Dorcas. The name in eith-nguage means gazelle. On ac-Greek is Dorcas. er language means gazelle. er language means gazette. On account of the beauty and gentleness of this animal the name was frequently given to girls in ancient times. Was full of good works and almsdeeds—Doreas not only did good deeds, but she was devoted to them kindness, which found expression in good works and almsdeeds." 27. Had washed-The custom prevailed as now of washing the bodies of the dead in preparation for burial primitive Christians washed the bodes of their dead, not only out of decency and affectionate respect for them, but as a token of their firm the resurrection of the dead."—Clarke. Laid her in an up-ber chamber—Instead of burying the body immediately, as was the custom in that land then, as it is now, it was bent in the hope that Peter, who was not far away, might be the means of her restoration to life. 38. Lyddia was nigh to Joppa-The distance is bout twelve miles. Disciples had card that Peter was there -- The hrisbians were interested in the ex-ected visit of Peter to them and hen he would be at the places he ould reach on his journey. Sent at him two men—Some commentaors suppose messengers were sent to eter while Dorcas was yet alive, but he narrative does not suggest that nterpretation. Would not delaydo not expressly utter the renest for a miracle. Only the hope will not delay: just 2s if she ight soon go too far to hear and re-

orn.—Whedon.

39. Peter arose and went with them anostle was interested in the urged his speedy attendance Joppa, and it is reasonable to supcse that the spirit gave nine does that the spirit gave nine do not ogo. The widows stood by him seeping. It seems certain that the cipie referred to her faith. Her cipie referred to her love. In cping. It seems certain that the solution of the seems certain the solution of the seems certain that the seems that the seems that the seems certain the seem good works and almsdeeds." riters think that they were associate with her in her works of charity.

Their weeping showed their affection for her. Showing the coats and garments-They included outer and inner Some of them may have cen worn by those to whom they given, and some may have not oct been given out to the needy. While he was with them—While she was 46 Put them all forth-Peter

daughter of Jairus to life. On that occasion all were excluded from the death chamber but Peter, James and John (Matt. 9: 25; Mark 5: 37.) Peter desired to know fully the will of the Lord in the matter and he desired Lord in the matter and he desired that nothing should hinder his communion with God or obstruct his faith. Kneeled down, and prayed—He assumed the attitude of a suppliant and his prayer was heard. He was assured that the Lord would raise Dorcas to life. Said, Tabitha, arise—It was not presumption for Peter to speak thus; it was faith. He had been commissioned and empowered for this kind of work. Opened her eyes—The first manifestation of life. Sat up—Strength was coming with the return of life Al Gave her bit band.

sat up—strength was coming with the return of life. 41. Gave her his hand— In raising Jairus' daughter to life, Jesus took her by the hand before he bade her to rise. In this case Peter assisted Dorcas to arise after she had come to life. Called the saints and widows—The Christians of Jappa and those who had shared her bounty or joined in her labors were deeply in-terested in her restoration to life and they were to be the first to greet her now raised from the dead. Presented her alive—They had prepared her body for burial, but with the cherished hope that through divine power ex-erted through Peter she would be restored to them. Their hopes were fully and joyously realized.

42. known throughout all Joppa—An event of such a character must become quickly known throughout the city, many believed in the Lord—There seems to be intended by these words a fuller acceptance of the faith of Jesus then when it is said they of Jesus than when it is said they turned to the Lord (v. 35). The be-lief here wrought by the resurrection of Dorcas is like that mentioned of those who were won to the faith by the raising of Lazarus (John 11:45). This miracle was wrought to open the way for a larger reception of the gospel, to strengthen the faith of those who were already believers, and to re-lieve the sorrows of those who were mourning. 43. tarried many days in Joppa—The call for Peter to hasten to Joppa was evidently inspired by the Spirit, and by the same Spirit Peter. was impressed to go. The raising of Doreas rendered Joppa a most fruitful field for his labors with one Signor. Dorcas rendered Joppa a most fruitful field for his labors. with one Simon a tanner—Simon was a common name among the Jews. This Simon was distinguished from others of the same rame by calling him a tanner. The business of a tanner was considered in a sense unclean by the Jews, inasmuch as it necessitated contact with the dead bodies of animals. It appears that Peter's prejudices were giving away, since he was willing to associ-

ate with one who was not a rigid Jew.

Questions.—What was the attitude
in Judea at this time toward Christianity What was the work of he apostles? Where is Lydda? What had Peter been doing? Who was healed at Lydda? Describe the disease, De-scribe the healing. What effect did this have on the people? What can you say of the character of Dorcas? Whom had she helped? Describe the manner in which she was raised. What effect did this have? With whom did Peter lodge?

PRACTICAL SURVEY.

Topic.-Christian faith exercised.

I. In the healing of disease.

II. In the healing of disease.

II. In the healing of disease. With the conversion of Saul the persecution of Christians subsided. The Jewish authorities were in turn made to suffer opposition through the effort of the Roman emperor to sat up his step. the Roman emperor to set up his sta-tue in their temple. This was an en-croachment upon them quite opposite croachment upon them quite opposite to anything they had mot in the disciples of Christ. With this altered condition the apostle Peter found opportunity to visit the various companies of saints who had been driven from Jerusalem during the persecution. Visitation was not for the purpose of magnifying his official rank among the disciples, but to use the power bestowed upon him for the upbuilding of all believers. He was an example of modesty and power combined, so characteristic of real greatness. His faith in the power of Jesus was demonstrated for the upbuilding of the church. Not only was suffering relieved and sorrow turned to joy, but far and near it was seen and declared that and near it was seen and declared that a Jesus had power to save. Divine love and divine power shone forth in the miracles of Peter so that many were m won to Christ at each place where he visited. Peter's words to Aeness witnessed to the actual presence and the divine power of Jesus Christ. His His words supplied a firm foundation for the sick man's faith in Christ. The miracle wrought, was convincing proof that Jesus still lived and continued his work among men. The healing of Aeneas resulted in the conversion of many. The spiritual interests of the church were upbuilt thereby. Divine healing exalted Christ and led to sea-sons of revival. The value of apostolic ministry was recognized and the purpose of miracle set forth. The power and influence of Christianity contin-ued to spread, Persecution had made the church strong on defensive lines, Apostolic visitation was fruitful in aggressive spiritual expansion.

II. In the restoration of life. It was

a sad and tearful congregation that greeted Peter at Joppa. The strick en church sent for him. in sore need of comfort. They natur ally turned to one on whom the Lord had bestowed other and greater gifts than physical healing. The company at Joppa afforded a very fine example of the oneness and sym pathy that existed among the primi-tive believers. The brief biography of Dorcas is exceedingly full, though cendensed in a single paragraph. The tears and gratitude of the widows almodeeds described her love. In her case discipleship included not on-

the belief and profession of Christ's doctrines, but also a conformity to His example. Hers was the religion of the heart and life. method has been perpetuated and her name immortalized in the annals of the Christian church. A character like Dorcas, one who lived to do good, Dorcas, one who lived to do good, could not fail to exert an influence. The crowded presence of the weeping company was not in harmony

Dr. Chase's Recipe Book, 1,000 selected recipes, sent free if you mention this paper. of the kingdom of God that Peter was inspired to ask for the return of Dor-cas to life. The results abundantly justified the exhibition of miraculous power. It was accomplished through the living Christ. The whole event sets before the world the word God with power, the church with its marvellous exhibition of di-

vine compassion toward needy widows, and a marvelous testimony to the claims of Christianity. The humility and faith of Poter was established above the prejudices of worldly wisdom. The disciples of worldly wisdom. The disciples were enabled to declare Christ's power among His followers.



THE HOT BED.

There is nothing better than a good hotbed for starting early vegetables. The hotbed procects the plants from the cold, and also supplies bottom heat. The soil is constantly kent several degrees warmer than the air above, which is favorable for quick

and strong growth. Fresh horse manure, containing a liberal amount of straw bedding, ic the best heating material that can be emplayed.

If thrown into a loose pile, horse manure will heat violently and unevenly, and soon become cold. The hat ped needs a steady and moderate heat, and one also that is lasting. In order that this may be obtained, the manure should be forked over, shaken apart, and if dry, watered and allowed to stand a few days, and again forked over, piled and permitted to heat a second time. The object is to get the whole mass into a uniform degree of formentation, and when this is cured, the manure is read; for the hot

Sash can be purchased that is made especially for hotbeds. They are glaz-ed with small lights, and the frame painted. A size convenient for hand-ling, and especially adapted for home gardens, is about two and one-half by present when Jesus raised the the great emotion surging in the four or five feet, with glass about 10x

It was for the good 14, laid with not more than one-quar-

ter-inch lap. They should be made like skylight sash.

The frame should be constructed of sound one-inch lumber, the back 12x 14 inches high, and the front 10x12. It must be well fitted to the sash, so as to allow as small opening as possible to allow as small opening as possible and yet permit the sash to be easily moved up and down, even when the frame is quite wet.

The soil in the hotbed must be light, rich and friable. Any considerable quantity of clay in it is very objectionable. If possible the soil should be unfrozen when put into the bed. Gard-eners generally prepare the soil in the fall before, covering the pile with sufficient coarse manure or straw to keep out the frost.

Careful attention is required in making the bed, as future success largely depends upon the manner in which this Work is performed. Having removed the snow and ice, erect a rectangular bed one foot larger each way than theframe to be used carefully shaking out and spreading each forkful, and repeatedly treading down the manure so as to make the bed as uniform as possible in solidity, composition and moisture, It is of the atmost import-ance that this shalling apart and even pressing down of the manure be carefully and thoroughly done. Where this attention is not given, one portion will heat quicker than the other, and the soil will settle unevenly, making it impossible to grow good plants. The right depth of the bed varies

with the climate, season and kind of plants to be grown. A bed that is shallow will quickly give a high temperature, which will soon subside; that is deeper, if well made, will give moderate heat, and last con-y longer. A bed about two feet

siderably longer. A bed about two feet deep will be best for general purposes.

The bed completed, the frames and sash may be put on and fresh manure carefully packed around the outside to the very top. Should the weather be at all severe, this outside banking must be replenished as it settles. settles.

The bed should then be allowed to stand with the sash partially open for a day or two, to permit the steam and rank heat to pass off. The earth should then be put on and carefully The soil must be dry and friable. If wet or frozen ground must be used, it

should be placed in small piles so that it may well dry out before spreading. At first the heat will be quite violent, often going up to 120 degrees, but it soon subsides, and when it gets down to 90 degrees the seed may be planted.

Every season thousands of hotheds fail of good results for the reason that the soil is not allowed to dry out, and he first rank heat not per mitted to pass off. The consequen that seedsmen are blamed for failure resulting from over-heat, or wet, seg-

It must be borne in mind that the essentials for success are a steady, uniform degree of heat and moisture, the soil at all times kept a few de warmer than the air, and the careful "hardening off" by exposure to the air and diminishing the supply of makes their use well worth while.

water) of the plants before trans-planting them into the open air. The temperature inside of a well-

built hot bed will rise very quickly to 90 or 100 degrees upon a still, sunny day, even with the temperature outside is far below freezing. On the other hand, the temperature will quickly fall to that outside if upon a windy, cloudy day the sash be left open ever so little.

A rush of cold air driven over the plants is far more injurious than the same temperature when the air is still. During cloudy weather a bed will go several days without watering, but will dry up in an hour when open on a sunny day.

FARM NEWS AND VIEWS.

About this season of the year we are likely to read a great deal about the advantages of certain practices in plowing. One man has good success with subsoiling, and earnestly advises One man has good success every farmer to subsoil. farmer has tried subsoiling and has found that it actually reduced crop yields, or at least did not help any. Still another man will find deep tilling machines plowing 12 to 18 inches deep profitable on his farm, and immediately concludes that very deep plowing will be profitable under all circumstances. As a matter of fact it is not, of course. All this goes to show that the practice advisable to follow on any certain type of soil cannot be termined any way except by actual trial. Probably in the great majority of cases subsoiling will not pay, nor extremely deep plowing, too, for that matter. Undoubtedly there are cases 'known where either of these cases 'known where either of these cases 'known where either of these practices may prove extremely profitable. How to plow in order the best results is something that no man can work out for you. You must find out for yourself on your own type of soil.

A rich soil is the first essential to good farming. Too often we forget this and try to skimp along hoping to make crops grow without any plant food to do it on. If plants are to grow they must be fed, just as animals must feed. Animal manures carefully conserved, commercial fertilizers rationally and liberally applied and green manures plowed under in a proper environment, each or all, will turn the trick. But plant food you must

Sheep are the great enemies of weeds, and where sheep can be turned into a field, or a flock herded along the roadside, they will effectively lear up waste vegetation and in addi tion the trampling of their feet will destroy many insects. The sheep at the same time turn waste material in-to mutton and all they require is a little grain for finishing. Frequently when sold they return a profit, but the entomologists hold that even if they merely pay for the extra grain they eat their function in destroying keeping down insects



TORONTO MARKETS

FARMERS' MARKET.

Apples, bbl. 3 00 6	33322
Turkeys, lb 0 30 0	2
MEATS-WHOLESALE.	
Eeef, forequarters, cwt. \$9.59 \$10	000000000000000000000000000000000000000
Matton, fight 14 00 16	Œ
SUGAR MARKET.	
Sugars are quoted as follows: Lantic, granulated, 100 lbs. Redpath's, granulated, 100 lbs. St. Lawrence, granulated, 100 lbs. St. Lawrence, granulated, 100 lbs. Acadia, granulated, 100 lbs. St. Lawrence, braven, 100 lbs. St. Lawrence, brilliant yellow, 100 lbs. St. Lawrence, brilliant yellow. St. Lawrence, brilliant	51
LIVE STOCK.	

marga.	
LIVE STOCK.	
Trade was steady, with	no mater
change in prices.	
Export cattle, choice	8 25 8 8 00 8 7 50 8
Butcher cattle, choice	8 00 8
do. do. medium	7 50 8
do. do. common	7 00 0
Butcher cows, choice	6 75
do. do. medium	6 25 6
do. do. canners	3 50 h
_do. bulls	5 00 0
Feeding steers	7 00 40
Stockers, choice	6 75
do. light	6 75 F 6 00 B 60 00 100
Milkers, choice, each	60 00 100
Springers	60 00 100
Sheep, ewes	
Bucks and culls	9 00 B
Lambs	6 00 8
Hore for and material	11 50 13
Hogs, fed and watered	11 00
Calves	7 00 40
HIDES, SKINS, WOOL	RTC

Beefnides-City butener maes, green, Beefindes—City buttener mass, green, flat, 1s 1-2c per lb.; countr; mass, green, 16 to 10 1-2c per lb; alt cured, 17 to 17 1-2c; part cured, 10 --2 to ffc. Caliskins—city sams, green, flat, 20c per lb.; veal kip, 1sc per lb.; cenntry cured, 20 to 212 per lb.; part cured, 1s to 19c per lb.; deacons or bon cart accordure to convenient. bob caif, according to condition and

take off, \$1.25 to \$1.50 enca.

Horsendes—City take off, \$5 to \$5.50; country take off, No. 1, \$4.60 to \$5.50; No. 2, \$3.70 to \$4.50. Sheepskins-City sheepskins, \$2 to

\$3; country sheepskins, see to \$3. Tanow—City rendered, solid in barreis, 8c; country stock, solid in par-reis, No. 1 7 1-2c, No. 2 5 1-2 to de; cake, No. 1 8 to 8 1-2c, No. 2 7 to 7 1-2c. liorse Hair-Farmer pedlar stook, 37

to 40c per lb. Weoi—Washed fleece wool, as to quality, 45 to 47c per lb.; washed rejections (burry, cotted, chaffy, eyc.), 35 to 37c; unwashed fleec wool, as to quality, 31 to 35c; northwestern unwashed, according to quality, 23 to 63c.
--Hallam's Weekly Market Report.

OTHER MARKETS

	OTHER MARKETS.				
	WINNIPEC	GRA	IN OI	PTION	8.
	Wheat-	Open.	High.	Low.	Glose
	May	1 1114	1 13	1 1114	1.123
	July	1 121/2	1 1414	1 121/4	4 13
	Cct				
	May	0 428%	0 42%	0 42%	€ 423
	May July				
	May	1 951/8	1 96%	1 95%	£.96
	July ,	1 97	1 98	1 97	£ 974
	MinneapolisV	Vheat-	-May.	\$1.15 t	0 \$1.10
		No. I	nard,	\$1.21	No.
1	Northern, \$1.16 1- to \$1.16. Corn-	10 9	Lis; No	o. 2 do	91.1.
-	Cats-No. 3 whi	to 49	yellov	V. 13 1	Un 44C
	\$2.18 1-2 to \$2.19	1.9	Flour-	-Linche	marcad.
	shipments, 61,920	horro	e B	ron_21	SAC T
	and the tite, or ore	Maire	10. D	WII -91	BINN FO

DULUTH GRAIN MARKET.

	July, \$2.18 1-4.	Let		TO I	
	CHICAGO LIVE ST	00	CK.		
	Cattle, receipts 5,000. Market weak. Native beef steers Stockers and feeders Cows and helfers Calves	6	25	9 8 8	35
	Hogs, receipts 30,000. Market dull.		59	10	00
ij	Light	9	20		70
	Mixed	9	20		65
Ì	Rough	9	20	9	35
	Fulk of sales	9	50 .		60
	Market steady. Wethers	8	50	9	15
	Lambs, native	9	75	11	
	DITEMATO TIME OF	0	***		

BUFFALO LIVE STOCK. East Buffalo, N. Y., Despatch—Cattle recepts 125; steady. Veals, receipts 250; active, \$4 to \$19.25. Hegs, receipts 2500 head; active; fixavy and mixed \$10 to \$10.05; yorkers \$9 to \$10.05; pigs \$8.50 to \$8.75; roughs \$5.30 to \$9.10; stags \$6.50 to \$7.50. Sheep and lambs, receipts 1,600 head; active and prices unchanged.

LIVERPOOL PRODUCE. LIVERPOOL PRODUCE.

Wheat, spot. Stoady.
No. 1 Manitoba—13s, 7d.
No. 3 Manitoba—13s, 7d.
No. 2 Ped West—13s, 8d.
No. 2 Ped West—18s, 8d.
No. 2 hard wight—11s, 8d.
American mixed, new.
Northern Chicago—12s, 8d.
No. 2 hard winter choice—13s.
No. 1 hard Duluth—13s, 11d.
Flour, winter patents—46s, 6d.
Hops in London (Pactric Coast)—14, 15s,
o 15, 15s.
Hams, short cut, 14 to 16 lbs.—8s. to 45, 15s.

Hams, short cut, 14 to 16 lbs.—88s.

Bacon, Cumberland cut, 26 to 57 lbs.

85s 6d. ort ribs, 16 to 24 lbs.—71s, ar bellies, 14 to 16 lbs.—30s, ag clear middles, light, 28 to 24 lbs

Long clear middles, heavy, 35 to 40 lbs.

Short clear backs, 16 to 29 lbs.—\$2s.
Short clear backs, 16 to 29 lbs.—\$2s.
Shoulders, square, 11 to 13 lbs.—71s.
Lard, prime western, in tierces, newsky; old—\$6s.
American, refined—\$74s.
Butter, finest U. S. in boxes—72s, 9d.
Cheese, Canadian, finest white, new(5s.

C's, Colored-194s, Tellow, Australian in London-56s, 6d. Turpentine, spirits-51s, 6d. Resin, common-20s, letroleum, refined-11 1-4d. Linseed 01-45s, 6d. MONTREAL LIVE STOCK.

Butcher steers, best \$7 to \$8; good \$7.49 \$7.65; fair \$7.25 medium \$6.59 to \$7; rough \$6 to \$6.75.

Butcher bulls \$6.25 to \$6.75; medium \$6 to \$6.75; common \$5.25; canners \$4 to \$5.75; common \$1.25; canners \$4 to \$5. Receipts \$2.09.

Hogs, selects \$11 to \$11.59; rough and mixed lots \$10.25 to \$10.75; common \$10; sows \$7.75 to \$8. Receipts \$60.

Sheep 6 to \$; lambs \$ to 12. Receipts 59. Calves, milk fed 5 1-2 to S 1-2. Re-ceipts 1,200.

"The rain falls on the just and the unjust," quoted the good deacon. "Yes, on those who pray for it and on those who don't" snickered the backslider