

SIR HENRY THORNTON'S MESSAGE TO EMPLOYEES

Appreciative of Year's Work and Has Confidence in Future.

The following signed message from Sir Henry W. Thornton, K.B.E., President and Chairman of the Boards of Directors of the Canadian National Railways, to officers and employees of the System, is published in the December issue of the Canadian National Railway's Magazine.

To Officers and Employees: I wish you all a Merry Christmas and a Happy New Year. For twelve months we have been engaged in a joint enterprise and any success we have met with has been largely due to the fine spirit and efficient service rendered by officers and employees.

I thank you one and all for the way you have responded to the demands upon you and for the excellent service you have given the Company. Especially, I wish to thank those employees who come in contact with the travelling public for the courtesy they have displayed. They have, indeed, treated every passenger on our railway as a guest of the Company, with the result that not only have our men found satisfaction in their work but they have materially added to the good opinion of our undertaking existing in the minds of the public.

We will face the oncoming year with enthusiasm, courage, and a determination to establish still higher our standard of service.

With your continued co-operation and support, I am confident the day is not far distant when we shall justify the wisdom of those who were responsible for our National Railway System and make that System a source of profit and pride to the people of our Dominion.

(Signed) H. W. THORNTON, President.

Gray Roofs o' Gloucester.

There may be lanes in Devon half hid among the downs
And hedges rank with roses in little Breton towns,
But never was so brave a sight since all the world begun
As the gray roofs o' Gloucester a-glimmer in the sun!

The gray roofs o' Gloucester and all the world a-dream,
And every sail a glint of gold upon a scarlet stream,
And wharves and streets a glory as the crimson sun went down
To make a magic city of a little seaport town.

And still will I remember when all the springs are old
And all the sails are tattered and all the winds are cold,
When all the tales are ended and all the yarn is spun,
The gray roofs o' Gloucester a-glimmer in the sun!

—Gordon Malherbe Hillman.

MONEY ORDERS.

It is always safe to send a Dominion Express Money Order. Five Dollars costs three cents.

While jam is an excellent breakfast dish, marmalade is much better because of its laxative properties.

Spanish bull fights last year were responsible for injuries to 22,000 horses.

ASPIRIN

Say "Bayer" and Insist!



Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product proved safe by millions and prescribed by physicians over twenty-three years for

- Colds
- Toothache
- Earache
- Neuralgia
- Headache
- Lumbago
- Rheumatism
- Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

EASY TRICKS

No. 50

The Cards You Selected



This is a mystifying card trick that any amateur can perform without skill.

Four persons select four cards each and remember the cards. If they have difficulty in remembering, they may make notes to help their memories. The performer now gathers the cards. Taking the pack of sixteen cards in his hands (holding the cards face down, of course) he deals the cards into two heaps. The heap on which the top card was placed, is put on the other heap. The sixteen cards are again dealt into two heaps and taken up as before. This is done twice more (four times in all). The cards are now dealt into four heaps, dealing the first four cards on one heap, etc. The first heap is the cards selected by the first man, the second heap selected by the second man, and so on.

A more effective finish is for the magician to hold the cards behind his back and take out the cards as requested by each of the spectators. This is just as easy as the other method as the cards are in the exact order that they were in after the cards were gathered from the spectators.

(Clip this out and paste it, with other of the series, in a scrapbook.)

CHILDHOOD CONSTIPATION

Constipated children can find prompt relief through the use of Baby's Own Tablets. The Tablets are mild but thorough laxative which never fail to regulate the bowels and stomach, thus driving out constipation and indigestion; colds and simple fevers. Concerning them Mrs. Gaepard Daigle, Domain, Que., writes: "Baby's Own Tablets have been of great benefit to my little boy, who was suffering from constipation and indigestion. They quickly relieved him and now he is in the best of health." The Tablets are sold by medicine dealers or by mail at 25 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.



Only Fit for a Pig.

Tramp—"Hey, mister, kin I have some o' them persimmons on that there tree? Guess they're only fit to feed a pig with, anyhow."
Farmer—"That's all—help yourself!"

PAIN IN THE JOINTS

Is An Indication That the Blood is Thin and Watery.

The first sign of rheumatism is frequently a pain and swelling of one of the joints. If this is not treated through the blood, which is the seat of the disease, the poison spreads—affecting other joints and tissues—sometimes rheumatism attacks the heart and is fatal.

A remedy that has corrected many cases of rheumatism is Dr. Williams' Pink Pills. These pills enrich and purify the blood so that the poisonous rheumatic matter is driven out of the system as nature intended. Miss Gertrude Denne, Washago, Ont., was attacked with rheumatism and found relief through Dr. Williams' Pink Pills. She says:—"About a year ago I was attacked by rheumatism and for two weeks was confined to my bed. The trouble was so painful, affecting the joints of my limbs so that I could not stand alone. Mother had a box of Dr. Williams' Pink Pills in the house and thought they might help me. I began taking them, and when I had taken these pills got a further supply, with the result that the rheumatism vanished and I was a well girl. I may add that my mother and two of my sisters have also used the pills for various ailments with equal success, and now we are never without them in the house."

If you are suffering from any condition due to poor, watery blood, or weak nerves, begin taking Dr. Williams' Pink Pills now, and note how your strength and health will improve. You can get these pills through any dealer in medicine, or by mail, at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Sunset and Wild Turkeys.

Unlike the sportsman with a gun, the man who "hunts" with his eyes alone is never disappointed. Mr. Archibald Rutledge, writing in Field and Stream, gives this pleasing description of a pretty and unusual sight that he once saw:

I was walking down a trout stream one October afternoon when the sun was low. On either side the laurel and rhododendron bushes so overhung the water that further progress was difficult, and I had almost given up trying and was stepping from a stone to the shore, when I saw an unnatural sheen coming from some object thirty yards downstream. Crouching on the rocks, I peered through the laurels. There, being either side of the stream and taking their sunset drink, were thirty-two wild turkeys! I could count them readily. They drank in peace and departed in peace, for I never showed myself.

One such glimpse of wild life as that is worth many a day of effort. You can remember such a picture with pleasure long after you have forgotten things that are far more "important."



The Magic Touch.

"In the old days whatever King Midas touched turned into gold."
"Yes; but in these days whatever King Gold touches turns into anything you want."

Ask for Minard's and take no other.

The Home and the School

Earnest parents, who would appreciate the problems of the school department, and who really want to assist the work of education, may find some of the following suggestions helpful:

Don't expect the teacher to control your child if you have failed at home. Habits of obedience and respect for authority must be learned first at home.

Fathers, know your sons. Mothers, know your daughters. Children who have been taught always to confide in their parents can be trusted anywhere. Find some daily home duties or chores for your boy and girl to do, and they will come to appreciate in some degree the sacrifices you are making for them.

Don't give children much spending money. Let them earn it; otherwise an excellent opportunity to acquire the habit of thrift is lost.

Where children are far enough advanced to have home study, be sure that they regularly set aside the same time for it every day. Regularity is a good habit to acquire.

Don't believe every report your child brings home. Children do not all lie, but most children have a strong imagination which tends to operate in their own favor when they are guilty. Don't take the part of your child against the teacher before hearing

both sides. In nine cases out of ten you will find to your embarrassment that your child was wrong; and in the tenth case it is better to suffer a slight injustice than to destroy the teacher's influence over him.

If you have a complaint to make, go first to the principal of the school, not to the superintendent, a board member, or the editor of the newspaper. The principal knows the facts best and can give the readiest relief. By giving the principal the first opportunity to answer your complaint you help to preserve cordial relations between the home and school. That helps your child, and that is the main thing.

Don't expect miracles. Not all children are equally apt. The school trains minds, but doesn't furnish them.

Don't apply the adult standard to the work of your children. Don't upbraid your boy because he can't do sums as well as you or your book-keeper can. Try to remember how many times the teacher made you stand in the corner for blundering over the same sums when you were a boy.

Don't criticize every new thing that the schools are attempting. Consider where your business would be if you still used the same methods and the same equipment that were used "when you were a boy."



GETTING A TRIFLE STALE

—From the New York World.

Tracks.

Snow covers up the tracks of furry things,
That helter skelter run across the wood,
Never a fox goes through the neighborhood,
But snow obliterates his prints and flings
A wall of white between each tree and shrub;
Never a ferret hurries from his lair,
A mink or rabbit lures out of air,
But in the dark the frost begins to rub.

There is a time when there is no ground seen,
And fields are covered and no river's sound
Drones in the night, only some wind between
The leaning bushes whispers to the ground.
Now the swift deer may run, the squirrels lean
And safe as moles that bore
—Harold Vinall.

Bible in Translation.

The Bible is far in advance of any other book in the number of its translations, for it has actually been rendered in whole or in part into 770 languages and dialects and the end is not yet in sight. The translation is still progressing at the rate of one complete book of the Bible in a new language every six weeks, a speed record which has been maintained for over twenty years.

Many races of mankind are exceedingly susceptible to intoxicants, among them being Red Indians.

Mother! Give Sick Child "California Fig Syrup"

Harmless Laxative for a Bilious, Constipated Baby or Child.



Constipated, bilious, feverish, or sick, colic babies and children love to take genuine "California Fig Syrup." No other laxative regulates the tender little bowels so nicely. It sweetens the stomach and starts the liver and bowels acting without gripping. Contains no narcotics or soothing drugs. Say "California" to your druggist and avoid counterfeits! Insist upon genuine "California Fig Syrup" which contains directions.

Improve Your Appearance

More Phosphate if you want your complexion to clear, eyes to brighten, and skin to become soft and smooth. Thin, nerve-exhausted people grow strong on Bitro-Phosphate and druggists guarantee it. Price \$1 per pkge. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

HOARSE

Gargle several times a day with Minard's in water. It cuts the fungus and gives relief.



The Dignity of the Beadle.

All the old-fashioned beadies in churches have not been merged into the modern "church officer." It was only some two years ago, writes Mr. David Cuthbertson in Revelations of a Library Life, that I visited one of the city churches in Scotland, and when I asked the beadle at the entrance whether I could be shown to a seat he replied: "Just gang your way inside, sir, an' tak a look roun', an' when you see a seat whaur you think you would be comfortable just step inside!"

We have another view of the beadle in the case of a minister who, wishing to show his approbation, told that official that his office had a dignity of its own, as well as that of the elders.

"That's what I ayot think o'," the beadle replied, "when I see the elders on the Sabbath mornin' forby there's several o' them, but wha ever heard tell o' mair than one beadle? And what's mair, I had rather be a door-keeper in the Lord's house than dwell in tents o' sin. Them's Davvit's words and they aye come back to me when I compare myself w' the elders!"

Keep Minard's Liniment in the house.

Playing Safe. The stock salesman, after painting a beautiful word picture, said: "Now, Mr. Jones, you know this company hasn't got a dollar's worth of watered stock in it. How much are you going to buy?" "Young man," he said, "the next stock I buy is going to have four legs, and I will water it myself."



INDIGESTION, GAS, STOMACH TROUBLE

"Pape's Diapepsin" is the quickest, surest relief for indigestion, gases, flatulence, heartburn, sourness, or stomach distress caused by acidity. A few tablets give almost immediate stomach relief. Correct your stomach and digestion now for a few cents. Druggists sell millions of packages of Pape's Diapepsin.

SUFFERED FROM SEVERE PIMPLES

On Face. Caused Intense Itching. Cuticura Heals.

"I suffered great annoyance from severe pimples on my face, which I attributed to the use of poor soap. The pimples were hard, red and rather large, and festered. They were scattered all over my face and caused intense itching and burning. My face looked unattractive. This condition lasted about two months."

"I read an advertisement for Cuticura Soap and Ointment and purchased some. I could see an improvement, and in two months I was healed." (Signed) Miss H. P. McArthur, Miscouche, Prince Edward Island.

Beatify your skin by daily use of Cuticura Soap, Ointment and Talcum. Sample Each Free by Mail. Address: "Lima, Limited, 244 St. Paul St., Montreal." Sold everywhere. Soap, Ointment and Talcum. Cuticura Soap shaves without mug.