BEOOD MEANS GOOD HEALTH

Also it Means Bright Eyes, Red Lips and Rosy Cheeks.

The lack of sufficient red. healthgiving blood does not end merely in pale faces and lustreless eyes. It is much more serious. Bloodless people are the tired, languid, run-down folk who have no enjoyment in life. They have heart palpitation, headaches and backaches, no appetite, sometimes fainting spells, and always nervousness. Just a little more rich, red blood and these troubles vanish. To get this new, rich, red blood Dr. Williams' Fink Pills are just the thing you need. That is why these pills have a world-wide reputation as a blood and nerve tonic. those who have proved the th of these statements is Miss nie M Blonski, Woodbridge, Man. -"I became very weak and

ous, had pains in my side and and suffered from frequent sick I was hardly able to do about the house and would ith a start at night, with my pounding violently. If I walked opstairs I would be breathless and my heart would flutter rapidly. I used doctor's medicine but it did not do me any permanent good. Then I was ad to take Dr. Williams' Pink Pills and decided to try them, and I can only say that they did wonders for I am now well and strong again and able to do all my work, and this is all due to Dr. Williams' Pink Pills. I have recommended the pills to others who have taken them with equally good results.

You can get the pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Other People's Good-Byes.

To grasp and shake vigorously one To grasp and shake vigorously one another's necklaces before parting is etiquette in the South Sea Islands, where the men as well as the women. where the men as well as the women number of variations.

be in unison. ankles; while in Otaheite a man tak- the opplication. ing leave of a woman twists her skirt becomes like a piece of rope.



She Was the Limit.

-"So you think it would be unwise for me to marry a man with less brain than myself?' Her Chum-"Quite impossible, my

No Halo.

The patient saleswoman brought out the seventeenth hat. The custome seemed impressed, but her doting hus band spoke up with decision. "That hat does not become you, my

The saleswoman showed another. "And that, certainly, is not worthy of you, my angel!"
"I fear we cannot suit your angel,"

said the saleswoman finally. "We have nothing in the way of a halo."

Chinese Expert In Jade. The Chinese, as a result of many of experience, are the

most expert jade carvers in the world.

WE WANT CHURNING

charges. We pay daily by express grees to the new tempo." The physimoney orders, which can be cashed cal condition of most of the famous anywhere without any charge.

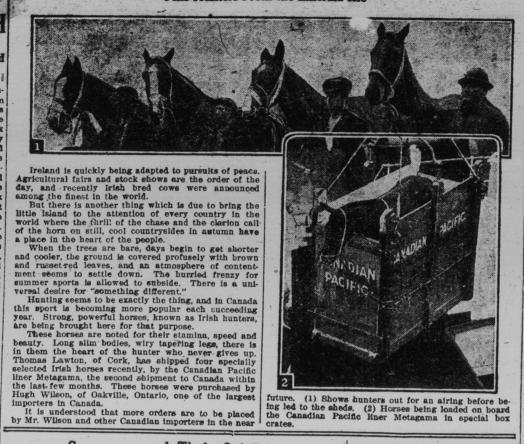
To obtain the top price, Cream must be free from bad flavors and contain not less than 30 per cent.

singers, too, is impressive testimony to the value of singing in this regard of its healthfulness. Even the sometimes too exuberant physique of the prima donna may fairly be quoted in Butter Fat.

Bowes Company Limited, Toronto

For references—Head Office, Toronto, Bank of Montreal, or your local banker. Established for over thirty years. Minard's Liniment for Chilbiaina

Fine Hunters From the Emerald Isle



future. (1) Shows hunters out for an airing before being led to the sheds. (2) Horses being loaded on board the Canadian Pacific liner Metagama in special box crates.

Surnames and Their Origin

Variation-Parmentier.

Racial Origin—English. Source—An Occupation.

Here are two family names which

where the men as well as the women wear these ornaments.

The Turks cross their hands on their breasts and bow.

With the Fijians saying "good-bye is quite a ceremony. Men and women carry red feathers, which they produce before parting and place in the form of a cross. The significance of this is that, although they must now tear themselves away from each other's presence, their paths h, ving once crossed, their hearts will for ever once crossed, their hearts will for ever the series of the name of Taylor was applied, the calling being either that of the tailor of the tailor of the taseler," the latter word being now extinct, though strangely enough the industry, or rather, process in the textile industry which it represents, is carried on to-day by means of the same sort of the name of Taylor was dscriptive of the occupation of the occupation of the occupation of the tailor of the tailor of the tailor or that of the tailor or that of the tailor or that of the tailor or the latter word being now extinct, though strangely enough the industry, or rather, process in the textile industry which it represents, is carried on to-day by means of the same sort of the name of Taylor was dscriptive of the occupation of the person to whom it was applied, the calling being either that of the tailor it's just one surname, in its many variations. There are few Irish clan names which have given rise to so many variations of spelling, and even pronunciation, when translater into English, as that of "O'Cathain." once crossed, their hearts will for ever day by means of the same sort of The Japanese way of bidding adieu is to flourish a slipper in the air. In certain South Sea Islands the lover's to scratch the surface of cloth in orthograms of saverall conthistle or burr from which the occu- ably the one that strikes the closest method of expressing a farewell conder to produce a nap. It is still used sists of clasping his sweetheart's to-day, though machinery is used in

But as family names developed the

'parmenter" and "parmitar."

There is a branch of the Clan was probably first pronounced in Eng-softens water. Cameron of Scotland which uses the lish as "cane."

It is an excellent silver cleaner. The clan is an offshoot, an ancient Stand the silver in hot water with two Man-taillear"

And a Fine Fellow to Boot.

Jack a handsome man?"

Mabelle-"Father, don't you think

Dad (grimly)-"Oh, yes-and a fine

Pimples come from blood that's not just right. If you want to get rid of facial blemishes try Seigel's Syrup. Any drug store.

Singing and Health. Singing has long been advocated as

an aid to healthfulness of body. The physical reactions of an exercise

which energisies alike the brain, the

heart, and the lungs, would certainly seem to be beneficial. Gretry, the eighteenth century French Composer, once said: "I placed three fingers of my right hand on an artery and sang

an air to the tempo of my pulse. Then I sang with great ardor an air in a dixerent tempo, and I distinctly felt

my pulse kuickening or slackening its action to accommodate itself by de-

singers, too, is impressive testimony

A public meeting, strictly speaking, is a meeting called by a citizen or a

number of citizens to discuss a matter

support of the claim

of public interest.

merely traces back to the English

O'KANE

Arlations—Kane, Kean, Keane, Keen, Kyan, O'Cain, O'Calne, O'Cane, O'Cahan, O'Cahane, O'Cahane, O'Cahane, O'Cahane, Cane, Caln, Calne, Cahane, Cahaine, Gabaine, Gabai

encyclopedia of family names; but drive out constipation and indiges it's just one surname, in its many tion; prevent colic and diarrhoea and Of all the Anglicized forms, prob

to the Gaelic pronunciation of "O'Ca thain" is O'Cahaine or O'Cahane. But the tendency of the English-trained tongue and throat is to slur, and since it is the second syllable of "Cathain" that is accented, most of the Anglicized versions simply slur out spellings of "Taylzer" and "Tassler" the first vowel sound and the aspirate, became confused with the many varia- and make one syllable of it. Whether tions of Taylor, of which "Tayler," spelled with a "C" or a "K," or an "a" "Taylieur" and "Taillour" were ex. or an "ai," the usual pronunciation is

Turn of the Hill.

What came up the hill with me Utterly and gladly gay?

Was it then some mystic fey?

What came up the hill with me? When I reached the top it stayed, Still about me eerle played

As I turned the hill forsooth,
Tell me, minds, I cry, "the truth":
"You have lost," 'the; whisper-

"If there be a pleasure on earth which angels cannot enjoy—it is the power of relieving distress."—Colton.

POULTRY, GAME, EGGS,

BUTTER AND FEATHERS

-WE BUY ALL YEAR ROUNDfrite today for prices - we guarantee
them for a week ahead

P. POULLIN & CO., LIMITED

Stabilished our of News

36:39 Bensecours Market - Manireal

TMONDS

SINONDS CANADA SAW CO. LIMITED
1550 DUNBAS ST. W., TORONTO
VANCOUVER MANTREAL ST. JOHN, B.S.

Their teem are of a touganess which makes them hold sheir keen cutting edge under every usage.

USE

-George Elliston

Tinkling as it came along In its heart the song of May,

In its eyes the dawn of day

Merry, merry all the way.

Like a rainbow was arrayed.

It is gone, this butterfly,

"Youth."

ng joyous all the way

ARE OF GREAT VALUE

eething time because they regulate the stomach and bowels and thus tion; prevent colic and diarrhoea and break up colds and simple fevers.

Concerning Baby's Own Tablets, Mrs. John A. Patterson, Scotch Village, N.S., says:—"I have six children, and all the medicine they ever get is Baby's Own Tablets. I would use nothing else for them and can strongly recommend the Tablets to all other mothers."

Baby's Own Tablets are sold by edicine cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Keep Some Borax Handy.

Borax has many useful purposes. A Tayleur" and "Taillour" were examples.

The "Parmentier" was simply another name, of Norman origin, for the man who made clothes out of cloth, old spellings of which were "parminter," "parmenter" and "parmitar."

There is a branch of the Clan.

Tayleur" and "Taillour" were examples.

or an "ai," the usual pronunciation is teaspoonful put in the rinsing water when washing the hair makes it sliky and bright, and also gets rid of dandruff it is also a good moth powder—an antiseptic, too, for sinks, etc. It to "keen" is a development in English cleans glasswork, and especially those horrible narrow-necked carafes, also was probably first proparated in Figs.

gloss on collars and cuffs, etc.

To All Mothers Having Young

dealers or by mail at 25

Man-taillear" (descendants of the "tailor") from "Taillear-dubh-na-tuaighe" (The Black Taylor of the Axe—17th century. This, of course, lead, improve the lustre greatly, and. lead, improve the lustre greatly, and, of course, a teaspoonful added to the starch on washing days prevents the iron sticking and puts a beautiful If you'd like a little better tea ! are using, please try "Red Ros

TEA"is good tea

The same good tea for 30 years. Try it!

The Common Law.

The tree that never had to fight For sun and sky and air and light, That stood but in the open plain, And always got its share of rain, Never became a forest king, But lived and died a scrubby thing. The man who never had to toil, Who never had to win his share Of sun and sky and light and air, Never became a manly man But lived and died as he began. Good timber does not grow in ease; The stronger wind, the tougher trees. The farther sky, the greater length, The more the storm, the more the

By sun and cold, by rain and snows, In tree or man good timber grows. Where thickest stands the forest

We find the patriarchs of both And they hold converse with the stars Whose broken branches show the scars

Of many winds and much of strife-BABY'S OWN TABLETS Keep Minard's Liniment handy.

Truth and Tommy.

The youthful Thomas had been subjected to a strong lecture on the evils of telling untruths, and, strangely enough, he had for once taken it to heart. But unfortunately it had rathe a drastic result.

Thomas with his mother had bee paying a visit to a neighbor, and at the onclusion of the evening the lady of the house had held out her arms to the little boy and cooed: "Don't you want to kiss me, Tom

"No. I don't," said Tommy, stepping

"Don't you like me, dear?" came the second query.
"No,' answered the boy quickly

'you're ugly—very ugly."
"Thomas!" moaned the boy's moth

er. "Aren't you ashamed?"
"Hang it all!" said the practical Tommy. "I got a lecture for not telling the truth yesterday, and I ain't going to run any risks to-day."

Hee's were first put on shoes to prevent a horseman's foot from slip-ping in the stirrup.





Proved safe by millions and prescribed by physicians for

Colds Headache Pain

Toothache

Neuralgia Neuritis

Lumbago Rheumatism

DOES NOT AFFECT THE HEART



Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100—Druggists.

Caneda) of Bayer Manufacture of Mono c Add, "A, S. A."), While it is well assist the public against imitations, the their general trade mark, the "Bayer

Classified Advertisements

NURSES WANTER STUDENT NURSES WANTED.

Doing Homework.

A teacher in London East-end re-

A teacher in London mast-end re-ceived the folloing letter from the mother of one of his pupils: "Dear Sir,—Please don't give Charlie any more homework. That sum about how long would it take a man to wa forty times round Trafaigar Squar caused his father to lose a whole day work. Then when he'd walked it you marked the sum wrong."

A drop of ink may make a million think.—Byron.



ARGLE Your throat every most ing with Minard's water and prevent colds.



TO EXPECTANT

Letter from Mrs. Ayars Tells How Lydia E. Pinkham's Vegetable Compound Helped Her

Spring Valley, Sask.—"I took the Vegetable Compound before my last confinement, when I got to feeling so badly that I could not sleep nights, my back ached so across my hips, and I could hardly do my work during the day. I never had such an easy confinement and this is my sixth baby. I read about Lydia E. Pinkham's Vegetable Compound in the 'Farmer's Telegram' and wrote you for one of your books. We have no druggist in our town, but I saw your medicine in T. Eaton's catalogue, have no druggist in our town, but I saw your medicine in T. Eaton's catalogue, I am a farmer's wife, so have all kinds of work to do inside and outside the house. My baby is a nice healthy girl, who weighed 'nine pounds at birth. I am feeling fine after putting in a large garden since baby came. (She is as good as she can be.) Yours is the best medicine for women, and I have told about it and even written to my friends about it."—Mrs. Annie E. Ayars, Spring Valley, Sask.

Lydia E. Pinkham's Vegetable Compound is an excellent medicine for expectant mothers, and should be taken during the entire period. It has a general effect to strengthen and tone up the entire system so that it may work in every respect as nature intends. All druggists sell this dependable medicine.

Give It a trial.

PIMPLES

Itching and Burning Terrible. Cuticura Heals.

"My trouble started by little pimples coming out on my face and the back of my head. After a few weeks the pimples scaled over and the itching and burning were some-thing terrible, causing me to scratch. I lost rest at night because of the irritation.

I lost rest at night pecause of the irritation.

"I heard about Cuticura Soap and Ointment and sent for a free sample. After using it a few times I got relief so purchased more, and after using about four cakes of Cuticura Soap and three boxes of Cuticura Ointment I was healed."

(Signed) Miss Dorothy Welsch, Dare, No. Dak., July 16, 1924.

Use Cuticura Soap, Ointment an Falcum for daily tollet purposes. Sample Each Pree by Mall. Address Canedian Depot: "Ebenhouse, Ltd., Montreal." Price, Joap Els., Ointment 25 and Soc. Talcum 25c. Cuticura Shaving Stick 25c,

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