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EFE'S tract of Mai

, "Can Rupture be t, write to-day.

Is made by a Canadian House, rom Canadian Barley Malt, for Canadians. It is the best Liquid Extract of Malt made, and all Leading Doctors in Canada will tell you so. D, Wholesale Druggini TORONTO n Mutual Fire



MAY 27, 1905.

CHATS WITH YOUNG MEN. example is well enough, so far as it goes:

The Ideals of Youth.

beautiful aspirations of youth.

Pluck and Success.

The Pluck of Life.

Effective Originality.

body else and to express somebody else instead of himself. Power comes from

within or from nowhere. Be yourself. Listen to the voice within. There is

room for improvement in every profes-

sion, in every trade, and in every busi-ness. The world wants men who can do things in new and better ways. Do

not think, because your plan or idea has no precedent, or because you are

young and inexperienced, that you will

not get a hearing. The man who has anything new and valuable to give to

the world will be listened to and will

duality, who dares to think his own

thought and originate his own method,

and who is not afraid to be himself, not

Some Helpful Thoughts.

followed. The man of strong indiv-

but it clearly falls short of one's whole duty. In our day and country the influ With an excellent reputation based on a Christian character, a habit of sobriety and a love of chastity, a young ence exerted by the individual Catholic should be something more than simply inocucus; it ought to be positively, not sobriety and a love of chastity, a young man, taking the ordinary means to achieve success, is fairly sure to ac-complish his purpose. He has only to will. Let him make up his mind what he will do with his life, what he will accomplish, what his record shall be, and then persist in the pursuit of his purpose, and, barring the interposition of Providence, the end is reasonably sure : he will be and will do what he resolves to be and to do. to say aggressively, beneficent. And there is little danger of our taking ourselves, and our responsibility along

this line, with undue seriousness. - Ave Maria. The Twin Brother of Honesty.

Some minds seem to be almost in capable of accurate action. There is There is loose - jointedness about their very mental make up. If we analyze these people, we find that they do not observe It is easy to promise ourselves, when starting out in life, that we will never lower our ideals, that we will always go onward and upward, and that we will definitely or think sharply. They lack mental method and system. Slipshod

ever be found abreast of our times, in sympathy and co-operation with the leaders of progressive thought. We do not dream of the constant vigilance that must be exercised in order to keep our ideals in sight; we do not count on all the influences from without and within against which we must shop to a new boy who was employed to run errands and to got and deliver goods in a push-cart. When the boy had a few minutes he borrowed tools and repaired furniture. He soon beagainst which we must struggle if we ould remain true to the high and came so skilled that the proprietor set

him to work at upholstering furniture. The only fault he had to find was that An argument against discouragement after repeated failures is offered by the life of George Frederick Watts, the great English painter. That he was quite the most important of Great he was too particular, and he would say, "Do not use two nails where one will do. Do not spend two hours on a job when one hour will do. We do not zet when one not will do. We do not get pay for that sort of nicety." But the boy was not satisfied with "good enough," or "pretty fair." He always insisted upon everything being done to derive and mead mead here it is to Britain's artists is now everywhere ad mitted, yet his merit was not generally recognized until after he had passed his eightieth birthday. Before he died a finish, and would never let a job go out of his hands, if he could help it, until it was done just as well as he could e said, with a smile, that he had never been discouraged once in spite of all the unjust criticism and, more madden . do it. This was his trade-mark.

still, the utter indifference with The determination of this young man ch his pictures were received until after he had begun to descend the hill toward the valley of old age. to do everything to a finish has carried him to a high and a very responsible position within a few years, and now he has hundreds of men under his author-Men are but boys of a larger growth;

and many of the affairs of life are like the jostle on the playground of the school. The boxs who clear the The reputation of being absolutely accurate and painstaking is equal to a large amount of capital to a young man school. The boys who play do not mind a fall or a bump or the loss of a vantage point; they keep at it till the end of going into business for himself. Banks are more likely to give him credit, and the game; and often the boy who has fallen or slipped his hold, recovers and wins out. He has not sulked, nor reobbing houses will trust him when they would not place confidence in a slipshod man of equal ability.

man or equal ability. Thoroughness is the twin brother of honesty. When an employee gets the reputation of doing a thing not protty nearly, but exactly right, it has more influence with his employer than bril-lingar on there. pined, nor growled at the umpire, nor sought to foul. But whether he wins or loses, he is good tempered when the bell rings. He has had his play. Now that is the pluck of life. The lesson of it should go with us in the after affairs of business and politics and society. Let there be pluck to rise liancy or talent .- Success.

Aids to Success.

when we fall, and use to the best advan-tage the time left. And do not mind the bruises.—Catholic Citizen. A man should fill the position and do the work that Divine Providence has designed for him. Inside of that limitation, he should

have an insatiable discontent, a purpose to make the most of himself, a craving No human being ever yet made a suc-cess trying to be somebody else, even to achieve success, an ambition to get if that person was a success. Success to the front, a will to make his mark-ing, a longing to be a force in the comcan not be copied — can not be success fully imitated. It is an original forcenunity in which he lives. eative process. Every man will be a failure just in proportion as he gets away from himself and tries to be some.

Many yourg men drift along, without a purpose, without a definite aim for the future, without desire to get up in the world. Some of them have no con-fidence in themselves. They are willfidence in themselves. They are will-ing to be followers, employes, second fiddles. They have no courage, no initiative, no "grit." They are not like the late Charles O'Cenor. A poor lad in New York City, he encouraged himself with the words: "I can do what any other man can do." So he studied law and became a leader at the bar in the metropolis. If he had thought that he had not brains enough to make a the metropoils. If he had thought that he had not brains enough to make a lawyer, that no one would give him a chance, that there were no longer opportunities for a youth without influential friends, he might have got a job driving a street-car and so never have won fame and fortune.

a copy of someone else, quickly gets So other young men, coming to the end of boyhood and peering into the days that are before them, must believe recognition. Nothing else will attract the attention of your employer or the rest of the world so quickly as original-ity and unique ways of doing things, e-pecially if they are effective.—O. S. M. in Success. in themselves, have a determination to get to the front of the procession, and then take the means to rise and go for. ward.

THE CATHOLIC RECORD.

In telling this anecdote in after years, the Admiral added: "And as God is my witness, I have kept those three vows to this hour!" What was the result? Every Amer-

ican knows the history of David G. Farragut, is proud of the imperishable renown of his achievements and is glad that the U.S. Congress voted a \$20,000 monument to the hero who conquered himself as a child with the same courage

nimself as a child with the same courage and tenacity with which he pursued the enemy in time of war. Sobriety, is, in these days of keen competition and intense business strain, almost an essential of success. Certainly temperance is a most neces-ary menaration for presentia

ry preparation for prosperity. A third great obstacle in the way of the advancement of some young men is lack of chastity among the unmarried and a want of self control among the The prodigal waste of vital wed. power is, to say nothing of its moral turpitude, a terrible business blunder. The young man who is weak cannot cope with those who guard their vital-ity. He has not the stamina needed

o fill an early grave. Many a father has warned his senual son in vain and has seen him

a sound constitution the prime of life. He had the given a sound constitution which should have insured him length of days. But he chose the company of the vicious he chose the company of the vic and wasted his strength in deblach ery. And there he lies, cold, in death, in the spring-time of his manhood : and the fondest hopes of his parents will be buried in his grave. If his will be buried in his grave. It his untimely fate would only serve as a warning to other young men who are giving themselves up, body and mind and soul, to corruption, how many might be saved from the grief that has pierced my very heart! Poor boy, poor boy, he would not listen to me and now he's dead, and the evil friends who lured him to his ruin have

already forgotten him." Parity is possible. It is commanded. It can be preserved.

and stability of character. These pos-sessions are great helps to success.— Catholic Columbian.

OUR BOYS AND GIRLS. STORIES ON THE ROSARY BY LOUISA EMILY DOBREE.

The Annunciation

"I mean to follow the sea." "Follow the sea! Yes, be a poor miserable, drunken sailor before the mast, kicked and cuffed about the world and dia is seen to be world about the and die in some fever hospital in a foreign clime." "No, David; no boy ever trod the quarter deck with such principles as you have and such habits as you are forming. You'll have to change your

forming. You'll have to change your day on which it was to be opened and whole course of life, if you are ever to read. Then the father went up on deck. The ten-year old boy was stunned. He thought: "I'm to be a poor, miserable, drunken sailor be'ore the mast, am I To be kicked and cuffed about the world and die in some fever hospital! That's

cheer her up when she lay prostrate in her berth, she always tried to look as if she did not mind her sufferings in the who have just risen to life and love again, in God, without fear of loss again, forever? How should we help very least. but know them ? "God giveth it a body as He will,"

"Well, momma," said she, three days before they landed, and Mrs. Fuller was still in her cabin, though days yes; "but to every seed its proper body." We are made up of body and the soul is the nobler part, the vital thing. On the Last Day, the Christhe day was only what the captain called "choppy," "don't you think called you could come on deck for a while ?' "No, thank you, Dorothy, I'm best here," said Mrs. Fuller. "I feel sort o' sleepy this atternoon." tian's body and soul shall meet in glory : and surely face to face we shall kn our loved ones, when our spiritualized eyes behold their beautiful souls. No longer, indeed, shall we know them by

Then I think I'll go r und and see Sister Rose is. She was really

"Yes, do," said Mrs. Faller, and Dorothy went off gaily, for the old Irish Dominican nun had a kind of attraction for her which she could not explain.

Perhaps if she had had an interview transfigured soul, but into the soul' "proper body"-a body, true twin to the immortal, loving, lovely and hely soul with herself she might have discovered that love of popularity and praise was the real incentive to many of the actions which she always labelled a body weak no longer, sinful no longer, but perfectly strong, beautiful and good. That body and that soul together generous and unselfish, though in this case it was not wholly the secret of her we loved. We shall know our own, in the Vision of God's Face, with no tor leadership. He is not fit for poi-tions of high responsibility. He be-comes prematurely aged. He is likely of ill an early grave. shadow of a cloud between us and them, through an endless eternity of joy and peace and love .- Sacred Heart Review. whom she knew and liked.

Sister Rose was in a sheltered corner hile toars coursed down his checks. America, where she had left her health " My friends this is the corpse of my but not her accent, which was soft and persuasive, though by no means a rich

brogue. "Beads again, I presume," said it, and how you can keep on and on and never get tired of them just right down

""Well, dear, perhaps it does. Maybe you've no particular devotion to the Rosary," said Sister Rose, slipping hers back again into her capacious pocket, her soft tones con-tracting with the metallic ring of

trasting with the metallic ring of Dorothy's voice. "Guess I haven't much devotion for anything," said Dorothy; "not in the religious line, and just saying over these backs again and again always those beads again and again always did seem to me a waste of time !" "It cannot be waste of time to be honoring our Blessed Lady. There are

many holy devotions in her honor, but the Rosary is queen of them all," said Sister Rose with an air of conviction. TO BE CONTINUED.

> SHALL WE KNOW OUR OWN IN **HEAVEN**?

consulted several doctors, but they did not help her. She was apparently blod-less, and we were afraid she would not recover. She had no appetite and was greatly reduced in flesh At this stage a friend advised me to give her Dr. Williams' Pink Pills, and in a few weeks we noticed some improvement in her con-It is an extraordinary thing that men should doubt the resurrection of Christ, or the resurrection of all men at the winnams Fink Fink, and in a rew weeks we noticed some improvement in her con-dition, and that her appetite was im-proving. We continued the treatment for a couple of months longer, and by that time she was again in the best of health. She had gained thirty - two DOROTHY. The world in which Dorothy Fuller lived, moved and had her being, pos-sessed but one inhabitant. That per-sonage was, in Dorothy's eyes, very important indeed. All things that affected life possessed no interest for her excepting by their relations to that individual, whose rights were ever to ba respected, whose wishes were law ba respected, whose wishes were law ba respected, whose wishes were law ba respected whose wishes were law bar excepting by their relations to that individual, whose rights were law bar excepting by their relations to that bar excepting by their relations wishes were law bar excepting by their relations to that bar excepting by their relations to that bar excepting by their relations wishes were law bar excepting by their relations to that bar excepting by their relations wishes were law bar excepting by their relations to that bar excepting by their relations were law bar excepting by their relations wishes were law bar excepting by their relations to that bar excepting by their relations were law bar excepting by their relations were law bar excepting by their relations to that bar excepting by their excepting by their excepting by the excepting by the excepting by the excepting by their excepting by the excepting by the exceptin us, from the time of Christ, that His Dr. Williams' Pink Pills do only one Dr. Williams Pink Phis do only one thing, but they do that well. They do not act upon the bowels; they do not bother with mere symptoms. They act-ually make the new, rich red blood that goes right to the root of the disease most dear and intimate disciples and friends saw their Lord alive, after they had seen Him dead and buried in the tomb; that they talked with Him, walked with Him, saw Him go up from them into heaven. As He rose from the dead, so we shall rise, is St. Paul's ringing asseveration. But, leaving and drives it from the system. But you must get the genuine with the full name, "Dr. Williams' Pink Pills for Pale People," printed on the wrapper around every box. All medicine dealers keep these pills or you can get them by mail at 50 cents a box or six boxes for \$250 hp writing the Dr. Williams' and drives it from the system. But ringing asseveration. But, leaving aside all this, what cause have we to doubt our resurrection, even though we should be drowned in the sea, or we should be drowned in the sea, or burned in some destructive fire, or buried by earthquake shock, laid peacefully in our own chosen quiet graves? What matters all this? Just as surely as the year comes Medicine Co., Brockville, Ont. round, the farmer goes regularly forth to sow his field, with not a doubt haunting his hard practical mind whether these little brown seeds he sows have any inherent chance of becoming the sheaf of waving corn, the harvest of new-mown hay, the useful vegetable, the flower, the fruit. Yet, had he never seen anything of the sort before, would he not laugh at the bare thought of any such wee, inert, dead thing as that dull brown seed springing into luxuriant life and health-giving capacity? He surely would. And what does St. Paul claim in his emphatic words? (I Corinthians xv. 35-38.) "Some man will say: How do the dead rise again ? or with what manner of body shall they come ? "Senseless man, that which thou sowest is not quickened, except it die first.



their irritating, balling, disheartening qualities, that try and pain us now. Oh no ! all that will have passed away.

But we shall know them by that was noblest, highest in them, and which will have blossomed out, not only in a

will be the mother, the friend, the child

Our Lord loveth His Blessed Mother

as no other child ever loved its parent. Should not we, therefore, love and

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rose, Ont., says: "For a couple of years my daughter Meta was in failing health. She complained of headaches

to be rapidly going into decline. We consulted several doctors, but they did

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and distressing weakness, and seem

honor and her also?

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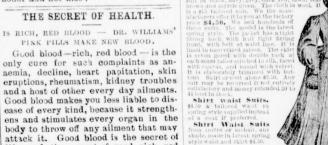
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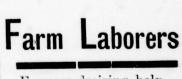




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Of all the advantages which come to any young man, I believe it to be demonstrably true that poverty is the greatest .- J. G. Holland.

No large, generous soul was ever a worrier. Calmness, serenity, polse and power to move through life rhythmically, without jar or fret, are char acteristic of greatness and true nobility. Success.

The optimist does not record the shadows or remember the gloom. He covers all with light, floods it with sunshine, and-adds years of happy useful ness to his life.

A man should always have the courage nd conviction to do what is right, and what is for the interest of his principles, no matter whether he represents a cor poration or an individual.

The Power of Your Example

A piece of advice which philosophers are fond of proffering to ordinary men Do not take yourselves too serious-With fully as much reason, peraps, may the Christian moralist advise: Do not take yourselves too flippantly. While it is quite true, on the one hand, that a good many people entertain an exaggerated opinion of themselves, it is equally true, on the other, that a still arger number attach altogether too

little importance to the example they personally set in the community of which they are members. Individual example is a more potent agency for good or evil than the unreflecting are apt to consider it; and no person is so insignificant that his principles and

actions, his conversation and conduct, do not sway toward right or wrong, do not sway toward right or wrong, toward a higher or lower standard of life, some few at least of his fellow men. Even the weakest natures exercise some influence on those about them. The approximation of feeling, thought and habit is constant; the action of ex-

ample is unceasing." A point to meditate upon, in connec.

Obstacles to Success The chief obstacles to a young man's progress are a bad name, drunkenness and debauchery. As it is true in nature that what a

It would be an unspeakable advantage if men would consider the great truth that no man is wise or safe but him that is honest.—Walter Raleigh. No large, generous soul was ever a worrier. Calmpess, serenity, poise honest, industrious, trustworthy, bright, and norma to more the more than the seap. Whether is be clover, or carrots, or corn, so in life what is sown in action is usually reaped in character and reputation. If a young man gets the name of being worrier, calmpess, serenity, poise honest, industrious, trustworthy, bright, and norma to more the more than the seap.

honest industrious, transvortiny, origin, energetic and persevering, it is as good as so much money capital to him in basiness. It will bring to him offers of better positions from other firms. And if he is at work for himself, it will bring

to him credit and trade. But it a young man blackens his repu

But it a young man blackens his repu-tation with wrong-doing, the mark will not out but will be a bar sinister to success wherever he goes. His good name has a cloud on it, and is like a clouded title in real estate. His career will not be lofty because it lacks the foundation of integrity. Young men, beware of trifling with your good name. Take no risks. Avoid the occasions of dishonesty. Determine

the occasions of dishonesty. Determine to have all your actions, private as well as public, unseen as well as seen, regu-lated by the strictest probity. The second obstacle to a young man's

The second obstacle to a young man's success is drunkenness. It is so attract-ive to be sociable. It is so alluring to "have a good time." The habit of drinking is so easily formed. Then the treating custom and the incipient craving for stimulation do the rest. The young man who must have his "bracer" in the morning is likely to be soon on the downward path. No bracer in the morning is likely to be soon on the downward path. No business wants him. No man seeks him for a partner. And if he goes on period-ical "sprees" his fate is sealed. The tac Advised Freedom State

The late Admiral Farragut used to relate that, when he was a lad, his father took him as cabin-boy on a vogage to New Orleans. The young fellow thought himself quite a man—he could

swear like a trooper, drink a stiff glass of grog, smoke like a pipe-stack, play cards with the best, and gamble at every game. One day, at the close of dinner, his father, ashamed, indignant

A point to meditate upon, in connec-tion with this subject, is that we are all eventually to be judged, not merely as to the evil which we have done, but also as to the good which we have failed to do. Not to give a positively bad

be respected, whose wishes were law and whose opinion was intended to have great weight concerning anything where that inhabitant was concerned. And this central personage of Dorothy's

life was-herself. Circumstances had certainly favored Dorothy, who was all unconscious of her self-centred existence, for she was the adored only daughter of fond parents who, in their heart of hearts, felt that they must unite in smoothing away all crumpled rose-leaves which might cause their treasure a moment's uneasiness, and that her welfare was

their main interest in life. To that end Mr. Esaias Fuller worked hard at his office in New York, watchic g the dol ars increase in number and reflecting how well spent they would be in giving Dorothy everything she could fancy. Momma-as Dorothy called her maternal parent-was ready to obey that dear child's lightest wish, and when Dorothy emerged from the convent school and said she would like convent school and said sile work in conception of the school and said sile work in conception of the sourcey. She had been there before on her honeymoon, and the crossing of the herring pond had been such a terrible, and never for gotten experience that on her return, as they "turned the corner from Europe" and came in sight of the Stars and Stripes waving a welcome from a host of friends waiting for them, she had vowed she would never leave America again. But her resolution was broken by Dorothy's suddenly announced desire. Mr. Fuller said America again: Dorothy's suddenly was broken by Dorothy's suddenly infirst. "And that which thou sowest, thou sowest not the body that shall be; but bare grain, as of wheat or some of the rest. "But God giveth it a body as He will and to every seed its proper Dorothy's sake, she would bravely face, and when she started she was really posed the plan herself, so thoroughly

Thos. Sabin of Eglinton. says : "I have re-moved ten corns from my feet with Holloway's Corn Cure." Reader, go thou and do likewise. Corn Cure." Tesader, go nou and do intervise. A Scortinso OIL. — To throw oil upon the troubled waters means to subdue to calmness the most bolterous sea. To apply Dr. Thomas' Eclectric Oil to the troubled body when it is racked with pain means speedy subjugation of the most refractory elements. It cures pain, healbruises, takes the fire from burns, and as general household medicine is useful in many ailments. It is worth much.

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