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Recipes

SHORT-CAKE SEASON

SHORT-CAKE SEASON

To be highly successful, according to old-fashioned standards shortcake should be made with a good biscuit dough and not with sponge cake. The following is the old-fashioned formula: To two cuptuls of flour add a teaspoonful and a half of baking powder, half a tablespoonful of pure lard or melted butter, and enough milk to make the dough. Bake the cake until the crust has attained just the proper degree of crispness, after which split it through the center, spread each piece lavishly with the best of butter, and when the fruit has been plentfully covered with powdered sugar, serve them, one on top of the other, with thick yellow cream. Shortcakes, whether biscuit dough or cake dough is used, should be eaten as quickly as possible after they are spread with fruit or the dough becomes soggy. Biscuit dough cakes are nicest served hotbut those of cake dough should be cold. The cream used with either kind, whether whipped or plain, should be ice cold. whipped or plain, should be ice cold.

whipped or plain, should be ice cold.

Strawberry Shortcake.—Make a rich biscuit dough, as indicated above, roll thin, and cut rounds about the size of a bread-and-butter plate. Place one on top of another, with butter spread between the two, and bake in a quick oven. Spread crushed and sugared berries between the layers and on top, and serve hot with whipped cream, plain cream, ice cream, or charlotte russe. The juice that has run from the fruit should be sent to the table in a sauce boat and served with the cake as it is cut.

Strawberry and Pineapple Short-

the cake as it is cut.

Strawberry and Pineapple Shortcake.—Take three quarts of strawberries,
and two large cupfuls of sugar. Chop the
berries and sugar together, and let stand
for an hour. Dice canned pineapple, of
tresh pineapple, (if the latter sugar it,
and let stand for an hour); now put the
berries and the pineapple together. Spread
thickly between two baked shortcake
doughs. Serve with whipped cream.
This will serve twelve people. The recipe
can be halved. an be halved.

Raspberry Shortcake. One quart of

Raspberry Shortcake.—One quart of flour, two and one-ahlf teaspoonfuls of baking powder, two tablespoonfuls of butter, one egg, two tablespoonfuls of sugar, and two cupfuls of milk. Make a thick batter, spread in a pan, and bake. When baked, cut, making two cakes. Crush one box of raspberries, spread between and on top of the cake, sprinkle with sugar, and serve with whipped cream.

Peach Shortcake.—Roll out some shortcake dough about a quarter of an inch thick, cut with a cookie cutter into rounds, butter half of these, and place the unbuttered ones on top. Bake them, split them open, butter them, and fill and cover each one with fresh peaches cut in slices and sprinkled with powdered sugar, serve hot, surrounded by plenty of whipped cream, sweetened and flavored with almonds extract and filled with chopped almonds, using about one-half a cupful of these.

Cherry Shortcake.—Mix together two

these.

Cherry Shortcake. —Mix together two cupfuls of flour sifted with a heaping teaspoonful of baking powder, a teaspoonful of salt, and half a cupful of shortening, which may be half each of butter and lard. Add two tablespoonfuls of sugar and mix with a well-beaten egg and enough milk to make the dough of the right consistency. Bell out in two layers and bake. Crush

make the dough of the right consistency. Roll out in two layers, and bake. Crush and pit some large ripe cherries and add sugar. The cherries will be more delicious if prepared several hours before using. Serve with or without cream. Tutti Frutti Shortcake.—Make a rather plain layer cake dough and bake in two layers. While hot put between them any berries which are in season, crushed and well sweetened, cover the top with whipped cream and in this embed sliced peaches. Serve at once.

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