

Health and Home Hints

There are many objections to the use of poisonous articles to keep mice out of a house, and a hint may be useful for those who are troubled with these little pests. Mice have a great antipathy to the smell of peppermint, and a little oil of peppermint placed round their haunts and holes will successfully keep them away.

The juice of any acid fruit can be made into sirup by adding a pound of white sugar to every pint of juice and boiling ten minutes. Seal in pint cans.

To remove mud splashes from soft dress material, leave until thoroughly dry, then rub gently with a dry corn-cob; it will not roughen the goods as a brush does. Lake or sea sand will freshen velvet and remove the dust. Apply fine sand quite freely, then brush until none remains, always brushing the pile the wrong way.

Eggs on Toast.—Stew a cupful of tomatoes, season with one tablespoonful of butter one-half teaspoonful of salt, pepper. Cut several slices of bread into rounds. Daintily toast butter and keep hot. Poach the eggs in boiling salt water. If you do not use a poacher, cut the eggs round like the toast, place on the toast, pour around the tomato, garnish with chopped parsley. These are also attractively served only with parsley and arranged on a bed of the crisp green.

Rice and orange marmalade constitutes a delicious pudding. Simmer a quarter of a pint of rice in a quart of milk till it is very soft and thick. Add a teaspoonful of salt, four tablespoonfuls of sugar, a little cream, and let all cool together for a few minutes. Pour into a pudding-dish and bake till it is set. Spread over the pudding a thick layer of orange marmalade and over that a meringue and return to the oven until the top is lightly browned. It should be served cold.

The Cold that "Hangs On"

The cold that sticks to you is not to be trifled with. If you cannot "shake it" in a very few days you may be sure there is something wrong. Your system must be run down, otherwise it would throw off the cold naturally and quickly. Cough cures may allay the tickling in your throat and give a little temporary relief, but they cannot reach the root of the trouble. What you require is BUILDING UP, and for this purpose there is just one safe, sure and effective remedy, and that is FERROL. If your cold hangs on, take

FERROL as directed and see how soon you will (The Iron-Oil Food) begin to put on flesh, how the enriched blood will course through your veins and bring back the color to your cheeks, how the nerves will brace up and the muscles harden and develop and then nature will soon dispose of the cold.

FERROL is not a cough cure, but it will infallibly cure the most stubborn cough by natural process, and will at the same time strengthen and invigorate the patient and restore lost vim and energy.

At all Druggists—free sample from
The Ferrol Co., Limited, Toronto.

THE DOMINION PRESBYTERIAN

World of Missions.

Student's Movement.

Mr. John R. Mott has been closely identified with this movement from the first. He writes that when he first visited Paris in the interest of spiritual work among the students of France, he could interest barely twelve students in all the Latin Quarter, but there are now nearly two hundred in this French Christian Association. These are, almost without exception, new converts, men who have found and confessed Christ, since entering upon their university studies. For the past four years the work in the German universities has shown a steady drift from rationalism toward a sane and firm belief in the deity of our Lord Jesus Christ. There have been marked ingatherings of men into the Christian faith and fold within the past five years in Oxford, Cambridge, Edinburgh and Aberdeen; while in the Japanese colleges the proportion of Christians is forty times that prevailing in the empire at large.

From 1803 to 1896 English Protestants were responsible for the missionary work in Madagascar, although during a large part of that time persecution excluded all English and other foreigners from the Island. Upon the conversion of the queen, the English missionaries took up the work anew and carried it forward with power and success until the conquest and occupancy of the country in 1896 drove them out. It was then found necessary to transfer the work of Protestants there to the French Protestant churches. As the number of French Protestants is small, it was no light task for them to assume the care of 500 churches and 500 schools; but they did not falter. Poor as they are, they have kept the work alive and have erected a new Protestant college in the capital, Antananarivo, in which institution the elite of the H. was receive a university education. The head of this school is Professor Andrew Chazel, a graduate of the University of Paris.

A Newspaper Verdict on Missions.

This is the verdict of the Boston Advertiser, recently given concerning missions in Japan. Any attempt to estimate this thrillingly interesting phenomenon must fail through inadequacy that does not take largely into account the influence of Christian missions. Nothing but gross ignorance or invincible bigotry can lead any one to overlook this aspect of the subject. For there is bigotry of unbelief every bit as stubborn, stolid, and foolish as any bigotry of religion that is or ever was. They who do not know what they are talking about still say that missionaries have made no impression in heathendom except upon a relatively small fraction of the lower orders of mankind. They who speak from knowledge say that in Japan, to take that one case, Christian ideas have already permeated the institutions and populations of the country to such an extent that from the M. kado to the humblest laborer at four cents a day there is no man in the island empire who does not directly or indirectly feel the influence of the new religion, if not as a spiritual force, at least as a creative energy in politics, industry and learning. Statistics can never do more than dimly shadow forth the truth of such a matter, yet statistics prove that already the faith of the missionaries has found multiplied thousands of joyful adherents, that the mission schools are educating tens of thousands of Japanese youth,

A Spring Message.

To All Who are Weak, Easily Tired and Out of Sorts.

Spring should be the most joyous season of the year. It is the harbinger of sunshine, and birds and flowers; it breathes of freedom and out-of-door life. But unfortunately there are thousands who cannot enter into the spirit of the season. Close confinement during the long winter months has left them weak, dispirited and oppressed; the appetite is fickle; the blood is sluggish with impurities; the eyes lack the lustre of health; weariness and lassitude have taken the place of vigorous energy. What is needed at this season by such people is a health renewing, blood-making tonic—something that will send new, rich red blood coursing through the veins, bring brightness to the eye, a healthy appetite, and a clear skin free from pimples and eruptions.

In all the world there is nothing can do this so effectively and so thoroughly as Dr. Williams' Pink Pills. Every dose creates new blood, strengthens the nerves, and upbuilds the whole body. Here is a bit of strong proof, given by Mr. John Burke, of Elm Dale, P.E.I., who says:—"I was left an almost hopeless wreck by an attack of pneumonia, my nerves were almost paralyzed and though under the care of an excellent doctor I found I was not regaining my health. My wife urged me to try Dr. Williams' Pink Pills, and I have reason to be thankful I took her advice, for under this treatment my system has been built up and I am again well and strong."

If you are at all unwell give Dr. Williams' Pink Pills a trial, and see how speedily they will restore you to health and strength; but you must get the genuine, with the full name "Dr. Williams' Pink Pills for Pale People" on the wrapper around each box. Sold by medicine dealers or sent by mail at 50 cents a box or six boxes for \$2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

that missionary literature is scattered broadcast over that fertile field, and in all the native professions, in the rank of the wealthy and powerful, and in all departments of the government, Christianity is deeply entrenched.

An excellent filter can be made from a common flower-pot. Close the opening with a sponge, then put an inch-thick layer of powdered charcoal, an inch layer of silver sand, two inches of gravel and small stones.

How can you divide fourteen apples equally between nine boys if four of the apples are very small? By making them into sauce.

Many Appetizing Dishes.

Can be made doubly delightful and nutritious by the use of Borden's Peerless Brand Evaporated Cream, which is not only superior to raw cream but has the merit of being preserved and sterilized, thus keeping perfectly for an indefinite period. Borden's Condensed Milk Co., proprietors.