

Squint or crossed eyes is usually the result of eyestrain which properly adapted glasses usually cure. Three-quarters of the cases of headaches come from the same cause, and will yield to the same remedy.

Children who are old enough to study are old enough to wear glasses.

Glasses may not always be becoming, but neither are headaches, bloodshot eyes, wrinkled eyebrows, half-closed lids. All or many of them may be the alternative as far as personal appearance is concerned, to say nothing of continuing to study or work with safety or comfort.

Type, particularly in school books, should be clear and distinct.

Be sure your eyes are in perfect working order. Art can remedy many of nature's defects.

In matter of eyestrain delays are always dangerous.

The permanency of any cure depends upon the removal of the cause. It often adds to the comfort of the sufferer to allay the pain or inflammation besides helping the Optician to arrive at the proper cause. "Eye-Fix" previously referred to is an exceptionally good remedy, affording immediate relief for almost all eye ills.