

Recruit.
Dec. 10, 1911.
I have been a reader of
Monthly for over
it is getting bet
active every month
courage enough to
would like to join
in view of getting
to pass away the
I have a home-
atchewan River. I
touch with Somer-
ild, Western Cove
no cares to corre
all letters prompt
Western Home
ss, I will sign my
Sask. Kid.

ry Life.
k, Dec. 1, 1911.
I have been a reader
ome Monthly for
joy it very much
espondence column
but did not see

MORE PINKHAM CURES

Added to the Long List due
to This Famous Remedy.

Glanford Station, Ont.—“I have taken
Lydia E. Pinkham's
Vegetable Com-
pound for years
and never found
any medicine to
compare with it. I
had ulcers and fall-
ing of the uterus,
and doctors did me
no good. I suffered
dreadfully until I
began taking your
medicine. It has
also helped other
women to whom I have recommended
it.”—Mrs. HENRY CLARK, Glanford
Station, Ontario.

Another Cure
Harvey Bank, N. B.—I can highly
recommend Lydia E. Pinkham's Vege-
table Compound to any suffering
woman. I have taken it for female
weakness and painful menstruation
and it cured me.—MRS. DEVERE
BARDOUR.

Because your case is a difficult one,
doctors having done you no good, do
not continue to suffer without giving
Lydia E. Pinkham's Vegetable Com-
pound a trial. It surely has cured
many cases of female ills, such as in-
flammation, ulceration, displacements,
fibroid tumors, irregularities, periodic
pains, backache, that bearing-down
feeling, indigestion, dizziness, and
nervous prostration. It costs but a
trifle to try it, and the result is worth
millions to many suffering women.

If you want special advice
write for it to Mrs. Pinkham,
Lyons, Mass. It is free and
always helpful.



Abbey's Effervescent Salt

A wise person
knows when to use
Abbey's salt.

Don't you think it
time to get a bottle?

25c and 60c.

Sold everywhere.

CANCER

Old Sores, Lumps
in Breast, Growths
removed and heal-
ed by a simple
Home Treatment

We pain. Describe the trouble, we will send
book and testimonials free.

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USE ABSORBINE JR. FOR IT

Gout, Swollen Glands, Cysts,
Varicose Veins, Varicociles
anywhere. It relays pain and takes
out inflammation promptly. A safe,
healing, soothing, antiseptic. Pleas-
ant to use—quickly absorbed into skin.
Powerfully penetrating but does not
disturb under bandage nor cause any
irritation. Few drops only required at each
application. ABSORBINE JR., \$1.00 and \$2.00 a
bottle at druggists or delivered. Book 2 G free.

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The National Drug and Chemical Co., Winnipeg & Calgary;
and Henderson Bros. Co. Ltd., Vancouver.



Shiloh's Cure

Quickly stops coughs, cures colds, heals
the throat and lungs. . . . 25 cents.

think of our dances and skating and
sleighing parties—it is “hurrah! every-
body!” and have a good time. But
what are our city cousins doing all this
time? The average young man or
woman that goes from the farm to the
city has to work all summer in some
hot and sultry store or office, never
seeing much sunshine or breathing
fresh air. Should the young people of
the city get a chance to go out for a
picnic, they do not enjoy themselves, as
they have to go in a crowded street car.
Therefore, give me the country life
every time. As I have taken lots of
space, I must bring my letter to a close.
I will not describe myself, but as I am
not over twenty I have yet to get a
housekeeper, and would like to hear
from some of the fair sex, who will
find my address with the Editor. I
will sign myself
A Saskatchewan Batch.

Working Together.

Ontario, Dec., 1911.
Dear Editor,—A few lines from old
Ontario might be accepted. The West-
ern Home Monthly is eagerly read in
our home, and it is improving with
every number. The young men's page
and The Philosopher are of unusual
merit and deserve greater recognition
of the reading public. We in old On-
tario are accepted as being staid and
very conservative, but nevertheless we
are progressing. Our towns and cities
are growing. Manufacturers are busy,
and farmers are prosperous, owing, I
believe, a great deal to the prosperity
of the West. We can supply you
with the manufactured article, and
we have got to have your wheat. So
the East and the West are enjoying
each other's fruits. I am a bachelor. I
have not heard anyone say yet that I
was good looking, but good natured, fair
complexion, and weigh 165 lbs., and
usually go as a pretty good sort of a
chap. Am strictly temperate, a
lover of home and church. Would be
pleased to correspond with readers of
the opposite sex between the ages of 20
and 35. I expect them to be sensible
and with a respectable degree of good
looks. Wishing The Western Home
Monthly continued success, I will sign
myself,
Miriello.

Two Complacent Girls.

Ayton, Ontario, Dec., 1911.
Sir,—If you have a blank space in
your correspondence column, will you
please insert these few words for us.
We have been readers of your excellent
and most valuable paper, The Western
Home Monthly, and have taken par-
ticular interest in the pages, especially
the correspondence column, The Young
Woman and her Problem, and also Tem-
perance Talk. We were very much
amused by some of the letters, especial-
ly those of Inconnu, and Josephus. It
is scarcely necessary to say any more
about drinking, gambling, swearing,
dancing and card playing, for all those
that read their letters were surely able
to take a good lesson out of them, and
we fairly agree with them. We would
like to get letters from anybody who
wishes to write for fun and pastime.
We would answer same promptly, and
our address is to be found with the
Editor. Wishing The Western Home
Monthly and the Editor every success.
Will sign ourselves,
Rose of Sharon and
Lillie Forget-Me-Not.

Four English Lassies.

Lincoln, England, Dec. 6, 1911.
Dear Editor,—We take a deep in-
terest in your Western Home Monthly.
It is sent to us every month. We often
talk about coming out West, but that
is as far as we have got. We are four
well domesticated British girls, fond of
country life, not forgetting a few
pleasures, viz., whist drives, dances, and
a good all round evening at home. Our
ages are 27, 24, 23, 22. Should be
pleased to hear from any of your
bachelors. Yours faithfully,
Lily, Anne, Edythe, and Maude.

No child should be allowed to suffer an hour
from worms when prompt relief can be got in a
simple but strong remedy—Mother Graves' Worm
Exterminator.

FAT IS FATAL

Fat is fatal to Health, Comfort, Happiness and often
fatal to Life.

Let me send you a trial treatment **FREE OF
CHARGE.** You can get rid of your fat
safely, surely and quickly



What my treatment has accomplished in hundreds of cases. It will help you! Try it!
E. A. Richards, Ex-Mayor of Holly Hill, Fla., says: “Your treatment cured me permanently. It has
been two years since I stopped taking it and have not regained a pound. It also cured my Dyspepsia
and I now enjoy the best of health.”
Rev. Mary Kimball, 112 S. Jackson St., Janesville, Wis., says: “Before I took your treatment I
was subject to violent choking fits and my friends were often afraid I would choke to death. Your treat-
ment has cured all this and reduced my waist six inches and my hips eight inches. My garments now
are all so large they seem as if made for another woman.”
Mrs. John E. E. E., Minneapolis, Minn., says: “Your treatment has reduced my weight from 233 pounds to
185 pounds and has also wonderfully improved my general health. I can do my housework now without
pain or the smothering spells I used to have. My husband says it is worth \$1000 to him and the children
since I used your Kresslin Treatment.”

**SPECIAL
FREE
OFFER**
I have had such wonderful success with my method of reducing super-
fluous fat that I have decided to offer for a limited time—**free trial
treatments.** Hundreds of testimonials on file show that my treatment
takes off fat at the rate of 5 to 7 pounds a week and what is more,
that the fat does not return when the treatment is finished. No per-
son is so fat but what it will have the desired effect, no matter where the excess fat
is located—stomach, bust, hips, cheeks, neck—it will quickly vanish without starving,
exercising or in any way interfering with your customary habits. My treatment is en-
dorsed by physicians, because of its easy, natural elimination of abnormal flesh and its
beneficial effect on the whole system. Perfectly harmless; easy and quick results.
Rheumatism, Asthma, Kidney and Heart Troubles leave as fat is reduced. **Don't
take my word for this; I will prove it at my own expense.** Write to-day for free
trial treatment and illustrated booklet on the subject; it costs you nothing. Address
Dr. J. Spillenger, Dept. 2078, 79 Madison Ave., New York City.
Editor's Note: Dr. Spillenger is well known as a successful Obesity Specialist
and any statements he makes can be absolutely relied upon. He is licensed and reg-
istered by the State of New York.

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For nervous breakdown, over-work, over-exertion
as well as for the correction of disorders of the blood,
the nerves, the heart and premature decline of vital
powers

WILSON'S INVALIDS' PORT

[A la Quina du Pérou]
A BIG BRACING TONIC IS SPECIFIC

It will maintain the physical strength and energy of
the body, animating all the organs of the human
system to healthy vigor.

Big Bottle. Ask YOUR Doctor.





Protect Your Complexion During the Winter by Using BEETHAMS La-rola

It entirely removes and prevents all **ROUGHNESS
REDNESS, CHAPS, IRRITATION, &c.** Prevents
all feeling of discomfort from **FROST, KEEN
WINDS, HARDWATER** and keeps the **SKIN
DELICATELY SOFT AND VELVETY** during
the coldest weather. Men will find it delightfully
soothing if applied after shaving.

M. Beetham & Son, Cheltenham, England.