

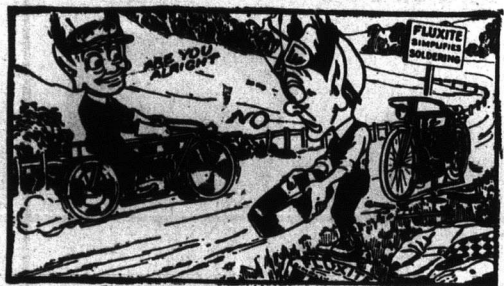
## WAS SO NERVOUS COULD NOT EAT OR SLEEP.

There are many people who become worn, weak and miserable because their nerves become so unstrung they cannot sleep, and wherever there are ones troubled in this way they will find that Milburn's Heart and Nerve Pills will restore the deranged nerves to full life and activity.

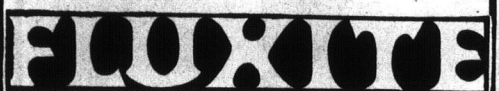
They do this by their invigorating effect on the nerve centres, and will tone up the whole system to a perfect condition.

Mr. George McBeath, Round Hill, N.B., writes:—"I take the pleasure of writing to tell you the great benefit Milburn's Heart and Nerve Pills did for me. I was so nervous I could not eat or sleep, and could not even do my work, and I failed to a shadow. Finally I consented to try Milburn's Heart and Nerve Pills, and have only taken two boxes, and am able to work as well as ever, and can eat and sleep as well as ever I did. I can't praise your medicine too highly. My wife is taking them now for palpitation of the heart and is improving greatly."

The price of Milburn's Heart and Nerve Pills is 50 cents per box, 3 boxes for \$1.25. For sale at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.



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If we have nothing else to do  
But talk of those who sin,  
'Tis better we should think of home,  
And from that joint begin.

We have no right to judge a man,  
Until he's fairly tried,  
Should we not like his company  
We know the world is wide.  
Some may have faults—ah! who have not?  
The old as well as young,  
Perhaps we may, for ought we know  
Have fifty to their one.

I'll tell you of a better plan  
And find it works quite well  
I try my own defects to cure,  
Before of others tell.  
And though I sometimes hope to be  
No worse than some I know,  
My own shortcomings bid me let  
The faults of others go.

Then let us all when we commence  
To slander friend or foe,  
Think of the harm that one may do  
To those we little know.  
Remember curses, sometimes, like  
Our chickens, roost at home,  
Don't speak of others' faults until  
We have none of our own.

Leaving my address with the Editor,  
and wishing the paper and all its  
readers every success, I will sign my-  
self,  
Windy.

## Country is Lonely Without Friends

Dear Editor:—I, like many others, am living on a homestead far from a town or city, and as I have been used to the latter all my life I miss it a great deal, especially my friends. I like the country better than the city if there were young people and neighbors near.

How many of the readers read the article on "Managed Marriages" on page 66 of the April issue of the Western Home Monthly, written by Lady Gay? I think there should be free communion between a mother and her daughter. I am nineteen years old, and I want my mother to chaperon me everywhere I go. Of course, as I have been raised in the States (having come here three years ago perhaps that accounts for my ideas.) I want to congratulate "29 Mitchel" on his good views on "True Friendship." "Snookums," I, for one, would like a fancy work corner too. I am fond of reading, and like nothing better than to take a copy of the Western Home Monthly, and go to a picnic where I have all afternoon to myself. I don't care for baseball and foot races like most of the girls out here do. I like horseback riding and love all gentle horses. As some of you speak of travelling I can say I have had all that sort of thing I want for the rest of my life. One of the prettiest spots I have ever seen is Stanley Park in Vancouver, B.C. They have a large variety of wild animals there and such lovely scenery. Perhaps our dear Editor will see some things interesting enough in this letter to have it printed. Wishing success to all,  
For-got-ut.

## Differs With Plato

Man., April, 1913.

Dear Editor:—I feel I must say a few words in opposition to what "Plato" says regarding the life of the farmer's wife. I do not agree with him at all, and I think if the women around here could get hold of him, they might do something to him that he wouldn't like. I cannot see that the life of the country woman is dull. If she is not lazy she will find something to take up her attention. Most women like to spend a little time in the garden with their flowers and vegetables, while others are delighted with a few fowls. What is more pleasing than a well kept garden, where one can go out any time in summer and pick a nice bouquet instead of going to the florists and buy them? Then there are no "keep off the grass" signs. Instead of seeing who can get the finest hat, or the best summer suit, the women often try to see who can have the best kept garden, or who can bake the best bread. They certainly can make better bread than the city bakeries. Talk about your theatres and picture shows, they are

not in it with a country garden party or picnic. Then the noise in the city is enough to set one crazy, and one can hardly go round a street corner without having the dust fill his eyes. I think the Western bachelors are a jolly lot, and who can blame them if they do make a try after a second girl, should the first one turn them down. I'm not married yet, and do not batch it, but I think most of the bachelors could give a young lady a good home. Girls, you had better take the advice of the old maid who once said, "Now young girls, take my advice, don't let a young man ask you twice, for if you do you may never get spliced." I agree with the "Doctor" in regard to money coming ahead of love in the home, and spoiling the happiness of the family. The article on "Managed Marriages" in the April issue is very true, as I have seen many cases such as it refers to. I will not give my opinion on dancing and card-playing, as I like an hour or so at either one. I like letter writing, but am not in love with anyone yet. I'm too poor to get married, but there is no telling what I might do if the right one came along. Being an old Ontario boy, I like to read all the letters in the Western Home Monthly from that part. How would "C. C. C." or "Correspondence Cosy Corner" or "Cosy Corner Club" do for a name for our circle? Well I've said enough, so with best wishes, I'll sign myself,  
My Dear Gaston.

## "Fault Finding and Its Harm"

Ont., April, 1913.

Dear Editor:—I now come to your valuable paper to introduce a new topic if you will allow me, on "Fault Finding and Its Harm." Many men would get a very false notion of his standing among his friends if it were possible to know what is said of him behind his back. One day he would go about in a glow of self esteem, and the next he would be lowered down under a miserable sense of misapprehension and disgust. It would not be impossible for him to put this and that together, and strike an average. Never employ yourself to discover the faults of others, look to your own. You had better find out one of your own than ten of your neighbour's. Whenever you catch yourself in a fault-finding remark, say some approving one in the same breath, and you will soon break yourselves off the habit. Since the best of us have too many infirmities to answer for, we ought not to be too severe on those of others! and, therefore, if our brother is in trouble, we ought to help him without inquiring over seriously what produced it. Have you a right to take any little story that you can pick up God should take all the things that are about a man and use it in such a way as to injure him or give him pain? If true of us, and make a scourge of them, and whip us with it, we would be the most miserable creatures alive. What a world of gossips would be prevented if it were only remembered that a person who tells you the fault of others, intends to tell others of your faults.

Everyone has their faults. Some are a little more prominent than others, but the hidden ones are there just the same, and are often the most dangerous. Well, I am afraid I have already made this too lengthy, and I will close by saying that I am not perfect myself.

Dorothy.

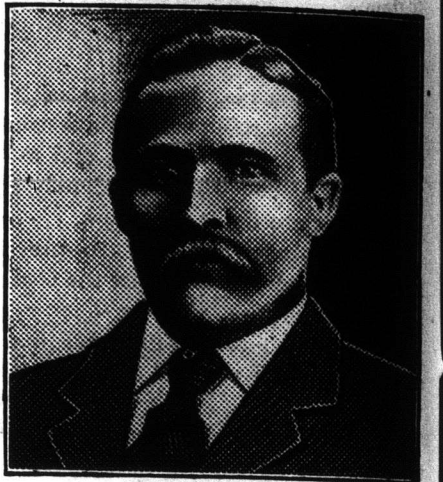
## Too Strict.

Ont., May, 1913.

Dear Editor:—In the Western Home Monthly, page 31 of the May number, I noticed a piece entitled "Who is to blame." I would like to write a few lines in regard to this question, Mr. Editor, if you will allow me. I am a young girl, twenty years of age. I have a good mother, but I believe she is far too strict. My home is on a farm, in a very nicely settled country. We are termed as well-to-do people. I have everything my mother thinks I need. I am never allowed to accept any invitations from any gentleman friend, no matter how good their character may be. I am never allowed to accept any invitations to a dance or to the theatre, if I do I must deceive

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