

### ADDED HINTS AND HELPS

In this section will be found further assistance under various headings.

#### Something to Look Up

1. Where is it written that we should watch and be sober, for the end of all things is at hand?

2. Solomon tells us that the drunkard reaps woe and sorrow, contention, wounds. Find the verse.

ANSWERS, Lesson V.—(1) 1 Peter 2 : 21, 23. (2) Matt. 5 : 44.

#### For Discussion

1. How should we look upon the drunkard?
2. Why should the liquor traffic be abolished in Canada?

#### Prove from Scripture

That drunkenness brings punishment.

#### The Catechism

Ques. 105. *The Lord's Prayer—its fifth petition.* There are two points in the Question : (1) God's forgiveness of us ; (2) Our forgiveness of others. We all need God's forgiveness, for we have all sinned, Ps. 14 : 3 ; Isa. 53 : 6 ; Rom. 3 : 23. It is "for Christ's sake" we are forgiven. He has endured the penalty due by us, and thus set us free, 1 Pet. 2 : 24. We can do nothing to merit forgiveness, but must receive it as a free gift, Rom. 3 : 24. God's forgiveness is com-

plete. It covers "all our sins," Isa. 1 : 18. There is constant occasion for our forgiving one another, because we are constantly giving and receiving offence. And we are bound to forgive others their smaller offences against us, because God has forgiven our greater offence against Him, Matt. 18 : 27-35.

#### The Question on Missions

Ques. 6. *Are immigrants a permanent addition to the population?* Only during very recent years has a tally been kept of those who leave Canada. Hence we have, so far, no accurate knowledge of the leakage through the ports and across the international border. Then, what is called the "bird of passage" is appearing. The Italians, particularly, are forming the habit of spending the winters in Italy. This efflux depends directly upon labor conditions. For instance, fully two-thirds as many left the United States in the autumn of 1908, a panic year, as had come in the spring. But by far the larger number remain in this country, and take their place as a permanent addition to its population. It is said that, as a result of the immigration into the United States, the average stature of men is two inches less and the complexion noticeably darker than before the immigration began. Similar results will undoubtedly take place in Canada.

### FOR TEACHERS OF THE LITTLE ONES

*A Look Forward*—Our Lesson story to-day is not a story about our king and Saviour, Jesus, but a story of warning to all His people against evils, and especially against strong

drink, and advising them to be kind and helpful and not to get tired doing right.

*Golden Text*—Show a letter. You all like to get a letter. Dollie surprised the family one Sunday afternoon by coming home from Sunday School calling out, "I dot a letter from Paul." "Paul! Who is Paul? We have no friends by the name of Paul," said mother, quite perplexed. "Yes, my teacher read me a letter from Paul, a friend of Jesus, to all the boys and girls and everybody in the

