As a general precaution, Canadians within this area should seek to obtain a standard dose of iodine which can be obtained locally. Canadian Embassies may be consulted to determine how best to go about this. Although the risk of contamination through food is very low, Health and Welfare Canada does recommend that fresh milk from this area not be consumed at the present time. In addition, leafy vegetables and fruit should be washed thoroughly. There is little or no risk from processed foods since they would have been prepared before the accident.

Canadians are reminded that the Government continues to consider it advisable that persons in the vicinity of Kiev make arrangements to leave that area.

With regard to other European locations, the Government is not aware of any hazard that warrants any special measures.

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