

I have used this preparation with very satisfactory results. Whether the inflammatory irritation accompanying the onset of the lacteal secretion had for its exciting cause exposure to cold, inflamed nipples, or obstruction in the lacteal ducts, the preparation has always seemed to be of value. I have also used the preparation beneficially, by applying it to both breasts every day, when the mother did not intend to suckle her child; and from the frequent opportunities I have had of observing the result, I am satisfied that it may safely be relied upon for restraining the secretion of milk, and acting on the walls of arterioles so as to prevent engorgement. It has the advantage over the old plan of evaporating lotions, in that it is more cleanly, and is more comfortable to the patient.

FORMULARY.

[From Fothergill's Hand-Book of Treatment.]

One difficulty has always been felt, and it is this: even cod liver oil is not always digested, and therefore something else was wanting. Dr. Balthazar Foster, of Birmingham, conceived the idea of utilizing Bernard's hint, and so combined ether with cod-liver oil. The increased flow of pancreatic juice so induced led to assimilation of the cod-liver oil, and thus another step forward was made in practical therapeutics. Another effect noticed by Dr. Foster was the return of a liking for fat under this plan of treatment, where previously a strong distaste to it had existed. One method is to give from ten to thirty drops ether (sulphuric) in the dose of oil; or the ether may be given in water immediately before the oil. In private practice Dr. Foster prefers to give the following mixture.

Potassæ bicarb 3 jss, 3 ij;
Acidi hydrocyan.dil..... M m. xij-xvj;
Spt. ætheris..... 3 jss-3 ij;
Aq ad..... 3 viij. Misce.
3j ter in die sumat.

This method of adding to the usefulness of a course of cod-liver oil deserves wide and general attention.

Much difference of opinion exists as to the best forms of iron for common use. Some advocate iron in powder; others as haloid salts; while some prefer what are called the lighter preparations, as the ammonio-citrate and the potassio-tartrate. Personally, I prefer to commence in convalescence with the lighter preparations, and then go on to stronger forms. Much will depend on what it is desirable to combine with it. For instance,

Amm. carb..... gr. v;
Ferri. am. cit..... gr. v;
Inf. quassia..... 3j.

is a capital form in early convalescence, or in the treatment of amenorrhœa. After a time the following may be substituted for it with advantage:

Cit. fer. et quiniæ..... gr. v;
Liq. strychnia..... m. iv;
Inf. calumbæ..... 3j.

This forms a beautiful tonic, effective, agreeable, and pleasing to the eye.

A common form, much used in both public and private practice, is the following:

Quin. sulph gr. j;
Tinct. fer. perchlor..... m. x;
Ac. hydrochlor. dil..... m. iij;
Inf. quassia..... 3j.

Often the iron is felt to be heating, and then a little sulphate of magnesia is of service. The following is a typical prescription:

Quin. sulph..... gr. j;
Mag. sulph..... 3j;
Liq. fer. persulph m. v;
Ac. sulph. dil..... m. v;
Inf. quassia..... 3j.

If this lies cold on the stomach, a few drops of the tincture of capsicum may be added.

For a permanent prescription, requiring to be continued for months, a pill is the best form. It admits of a large supply of material in a small space; the nausea of the disagreeable taste daily for months is also avoided; it does not affect the teeth; and it can be taken after food without attracting the attention of others, often so trying to persons in weak health. The following is a very favorite form with me:

Ac. arsenic..... gr. j;
Fer. sulph. exsic..... 3j;
Pulv. capsici..... 3j;
Pil. al. et myrrh..... q. s.

In pil. lx, div. i semel aut bis in die.

Taken immediately after a meal, this is a digestive and tonic pill of the highest value.

One beautiful preparation of iron should not be forgotten. It is often well borne when other forms are not tolerated, and consists of the recent addition of the tincture of iron to acetate of ammonia:

Tinct. fer. perchlor..... m. x;
Liq. am. acet..... 3j.

It is beautiful to the eye, palatable, and, in consequence of the decomposition produced, readily assimilated.

TREATMENT OF TYPHOID FEVER.

Dr. William Pepper (*Boston Medical and Surgical Journal*).—Beginning with the second week of the disease, when the abdominal symptoms of pain and diarrhœa have fully set in, one-quarter of a grain of nitrate of silver with one-twelfth of a grain of belladonna, and from one-sixth to one-half of a grain of the watery extract of opium are exhibited in pill form three times a day after meals. He thus reduces the diarrhœa and tenderness. He uses very little stimulus, and allows only beef-tea and milk as articles of food. Quinia is given with