VITAL OUESTIONS!!

Ask the most eminent physician
Of any school, what is the best thing in
the world for quieting and allaying all irritation of the nerves and curing all forms of
nervous complaints, giving natural, childlike

refreshing sleep always?
And they will tell you unhesitatingly
"Some form of Hops!"

CHAPTER I.

Ask any or all of the most eninent phy

sicians:
"What is the best and only remain that can be relied on to cure all siscate of the kidneys and unnary organs; such as Bright's disease, diabetes, retention or mability to retain urine, and all the diseases and ailments peculiar to Women"—

"And they will tell you explicitly and emphatically "Buchu."

€

Ask the same physicians
"What is the most reliable and surest
cure for all liver diseases or dyspepsia, constipation, indigestion, biliousness, malarial
fever, ague, &c.," and they wil tell you:
"Liandrake! or Dandelion!"

Here, when these smedies are combined

Hence, when these remedies are combined with others equally valuable And compounded into Hop Bitters, such

a wonderful and mysterious curative power is developed which is so varied in its operations that no disease or ill health can possibly exist or resist its power, and yet it is

Harmless for the most frail woman, weak-est invalid or smallest child to use.

CHAPTER II.

" Patients "Almost dead or nearly dying

For years, and given up by physicians of Bright's and other kidney diseases, liver complaints, severe coughs called consumption, have been cured.

Women gone nearly crazy! From agony of neuralgia, nervousness, wakefulness and various diseases peculiar to

People drawn out of shape from excruciating pangs of rheumatism,
Inflammatory and chronic, or suffering

from scrofula 1

Erysipelas!

Salt rheum, blood poisoning, dyspepsia, indigestion, and in fact almost all diseases

Nature is heir to
Have been cured by Hop Bitters, proof of
which can be found in every neighborhood in
the known world.

DECLINE OF MAN. Nervous Weakness, Dyspepsia, Imprience, Sexual Debility, cured by "Well's lighth Renewer." \$1.

Renewer." \$1.

No person can enjoy health while suffering Constipation of the Bowels. Harsh purgatives always do harm. Burdock Blood Bitters is Nature's own Cathartic; it unlocks the secretions, regulates, purifies and strengthens the system.
WELLS ... ROUGH ON COBNS.

Ark for Wells' "Rough on Corns," Quick, complete, permanent cure. Come, warts, bunions.

A SECRET.—The secret of beauty lies in

A SECRET.—The secret of beauty lies in pure blood and good health. Burdock Blood Bitters is the grand key that unlocks all the secretions. It cures all Scrofulous Diseases, acts on the Blood, Liver, Kidneys, Skin and Bowels, and brings the bloom of health to the palid cheek.

PLIES AND BUGS.

Flies, roaches, ants, bed-bugs, rats mice, gophers, chipmunks, cleared out by "Rough on Rats." 15c.

The worst Scrofulous Sores, the most indolent Tumour, and the most foul Ulcer
known, may be cured by the combined use
of Burdock Bitters and Burdock Healing
Ointment. Ask your Druggles for these infallible transdies.

The wonders of modern chemists, are apparent in the beautiful Disacond Dyes. All kinds and bolours of Tak can be made from them.

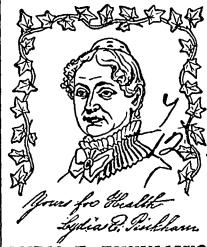
them.

It is the common observation that the standard of natural health and normal citivity, among American women, is being lowered by the influence of file ideas and habits of life, engendered by thionable ignorance and luxurious living. It is happy circumstance that directly Lydia E. Pinking has come to the front to instruct and cure the sufferers

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A Medicine for Woman. Invented by a Woman Prepared by a Woman.

The Greatest Medical Discovery Since the Dawn of History. The Greatest Medical Discovery State the Inwa of Initiory.

Estimates the drouping spirits, invigorates and harmonizes the organic functions, gives elasticity and firmness to the step, restores the natural fustre to the eye, and plants on the pale check of woman the fresh roses of life's spring and early summer time.

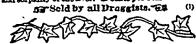
Expresses faintees, daylinger, desirons all craving the propert faintees, daylinger, desirons all craving.

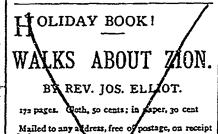
If removes faintness, fiatulency, destroys all craving for stimulant, and relieves weakness of the stomach. That feeling of bearing down, causing pain, weight and backache, is always permanently cured by its use. For the cure of Kidney Complaints of either sex this Compound is unsurpassed.

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Both the Compound and Blood Purifier are prepe at 233 and 235 Western Arenue, Lynn, Mass. Price of either, \$1. Six bottles for \$5. Sent by mail in the form of pills, or of lozonges, on receipt of price, \$1 per box for either, Mrs. Pinkham freely answers all letters of inquiry. Enclose 3ct. stamp. Send for pamphlet.

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Scientific and Aseful.

CANNED pineapple can be greatly improved by cutting the alices in small pieces, adding sugar to it till it is as sweet as preserves, fand letting it boil until the pineapple is clear and almost transparent. It is much less awkward to serve and to eat if cut in small pieces, and if prepared in the way recommended no one will suspect you of serving any but pine-apple of your own preserving.

apple of your own preserving.

If you have any doubt in regard to the age of a turkey or any large flowl, it is a wise precaution to steam it until you can lift the wing from the body with ease. Do not stuff it before steaming, but two or three stalks of celery may be placed in it, and they will give a delicious flavour to the meat. It is better to use twine than skewers to keep the turkey's limbs in proper place, there is so better to use twine than skewers to keep the turkey's limbs in proper place, there is so much danger of tearing the skin. It should be the cook's aim to preserve the good looks of the fowl as far as possible. If it is well dredged with flour, after it is put in the dripping-pan to roast, and then little lumps of butter laid on, it will help to give it the desired delicate brown.

To CLEAN PAINT.—When painted work is badly discoloured, put a tespoonful of ammonia water into a quart of moderately hot water, and with the aid of flannel wipe off the surface. Rubbing is not necessary. When the discoloration is not great, the following method in preferable: With a piece of clean flannel wet with clean, warm water, and then squeezed nearly dry, take up as much whiting of the best quality as will adhere, apply this with moderate rubbing to the painted work, and afterwards wash the surface with clean water and rub it dry with chamois leather. This method is superior to the use of soap, requires but half the time and labour, and leaves the surface cleaned, looking as good as new. It will not injure delicate colours. To CLEAN PAINT .- When painted work delicate colours.

IRISH STEW.—Some persons object to the stew gravy in which potatoes are cooked, in which case the vegetables of this recipe must be separately prepared and added ten minutes before serving. Take the "best end" of the neck of mutton, remove all the mintes bester serving. And the fat. (You can always dispose of some clear mutton fat in your starch, as it makes a smoother preparation than wax, even.) Put a layer of peeled and sliced potatoes at the bottom of the stew-pan. Place a layer of onions, sliced in rings, upon the potatoes. Pepper and salt the meat thoroughly, and lay that on the vegetables. Then build up with onion and potato layers. Add half a pint of water. Be sure to moisten the top. Place a weight on the lid of the sauce-pan. Do not let the stew come to a boil. Let it cook for two hours or three, according to the size of your piece of meat. Do not stir it up from the bottom and spoil the looks of the dish, and if you know you have the proper heat, do not waste time by lifting the lid and looking at it. looking at it.

The season is near at hand for putting seeds of tomatoes and other tender vegetables or flowers for which our Northern summers are of tomatoes and other tender vegetables of flowers for which our Northern summers are too short, in warm, moist, light, rich soil to germinate. Potatoes of early sorts may be had the earlier by bringing the seeds into a warm room three or four weeks before they can be possibly planted. For this sprouting of seeds and tubers only warmth and sufficient moisture are wanted—such warmth, day and night, as the housewife chooses to secure the rising of her dough, or the brewer for the development of the yeast. But as soon as leaves begin to appear the fullest light that clear glass will admit must be added to the other conditions, and the plants must be so thinned by pulling out the weakest, or setting out part in another box, and preferably on cubes of sod, as to prevent them shading and weakening each other. Set them in full outdoor light on every opportunity of mild, still air, but don't trust them out over night, or into the garden bed until the soil has become effectually warmed, not till June 16 for the very tender kinds.—Quir-quis. very tender kinds .- Quis-quis.

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SAID HE,

"THIS IS HORRIBLE, BILIOUS Spring Weather."

Said She, "I know it, almost everyone, no matter how well ordinarily, needs a thorough course of physic in the spring to cleanse the system of the accumulated humours caused by the indon life of the winter months, no other remedy is so good as Kidney-Wort for this purpose. It is a mild but efficient cathartic, and acting at the same time on the Liver, libruels and Kidneys it relieves all three organs and enables them to perform their duties perfectly. Headaches, Billionness, Jaundice, and all such spring diseases yield at once to its curative power."

SAID HE, after arguing a while,

KIDNEY-WORT I

YES, I WILL GET IT AT ONCE."

Said She, "Dr. Ballou says it is the best of a family medicines, for the following good resions, "Because it is a remedy that acts on the Liver, Bowels and Kidneys at the same time, making asset efficient in aiding nature to throw oil dispasses." He cause it is a wonderful tonic and generator. It expels the poisonous humours of the blood because the liver, regulates the bowels, restores the kidneys to healthy action, and drives out the despondency and gloom of ill health.

"Because it has been tried and proved. Its enormous sale is not caused by extravagant advertising and the persuient pushing of its name before the public on every rock, fence, and bridge, but the demand has been created by its own virtues and the thousands of remarkable cures it has performed.

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Said he, a week later,

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for urging me to get that Kidney-Wort, it has fixed me so nicely that I believe all they claim, everyone should use it as a

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It is a Purely Vegetable Compound!

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"Two of my friends had my trouble," says Mr. Elbridge Malcolm, of West Bath, Me. "I was given up to die by my physician and friends. We all had kidney disease and rheumanism. Mine was of 30 years standing. Kidnsy-Wort has entirely cured all three of us."

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"I had kidney trouble for many years. Kidney-Wort cured me." — J. M. Dows, of Diebold Safe Co., 28 Canas St., New Orleans. LIVER DISORDER.

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