

VITAL QUESTIONS!!

Ask the most eminent physician Of any school, what is the best thing in the world for quieting and allaying all irritation of the nerves and curing all forms of nervous complaints, giving natural, childlike refreshing sleep always?

CHAPTER I.

Ask any or all of the most eminent physicians: "What is the best and only remedy that can be relied on to cure all diseases of the kidneys and urinary organs; such as Bright's disease, diabetes, retention or inability to retain urine, and all the diseases and ailments peculiar to Women?"

"And they will tell you explicitly and emphatically "Buchu." Ask the same physicians "What is the most reliable and surest cure for all liver diseases or dyspepsia, constipation, indigestion, biliousness, malarial fever, ague, &c.," and they will tell you: "Mandrake or Dandelion!"

Hence, when these remedies are combined with others equally valuable And compounded into Hop Bitters, such a wonderful and mysterious curative power is developed which is so varied in its operations that no disease or ill health can possibly exist or resist its power, and yet it is Harmless for the most frail woman, weakest invalid or smallest child to use.

CHAPTER II.

"Patients "Almost dead or nearly dying"

For years, and given up by physicians of Bright's and other kidney diseases, liver complaints, severe coughs called consumption, have been cured.

Women gone nearly crazy! From agony of neuralgia, nervousness, wakefulness and various diseases peculiar to women.

People drawn out of shape from excruciating pangs of rheumatism, Inflammatory and chronic, or suffering from scrofula!

Erysipelas! Salt rheum, blood poisoning, dyspepsia, indigestion, and in fact almost all diseases frail

Nature is heir to Have been cured by Hop Bitters, proof of which can be found in every neighborhood in the known world.

DECLINE OF MAN.

Nervous Weakness, Dyspepsia, Impotence, Sexual Debility, cured by "Wells' Health Renewer." \$1.

No person can enjoy health while suffering Constipation of the Bowels. Harsh purgatives always do harm. Burdock Blood Bitters is Nature's own Cathartic; it unlocks the secretions, regulates, purifies and strengthens the system.

WELLS' ROUGH ON CORNS. Ask for Wells' "Rough on Corns." Quick, complete, permanent cure. Cures warts, bunions.

A SECRET.—The secret of beauty lies in pure blood and good health. Burdock Blood Bitters is the grand key that unlocks all the secretions. It cures all Scrofulous Diseases, acts on the Blood, Liver, Kidneys, Skin and Bowels, and brings the bloom of health to the palid cheek.

FLIES AND BUGS.

Flies, roaches, ants, bed-bugs, rats, mice, gophers, chipmunks, cleared out by "Rough on Rats." 15c.

The worst Scrofulous Sores, the most indolent Tumour, and the most foul Ulcer known, may be cured by the combined use of Burdock Bitters and Burdock Healing Ointment. Ask your Druggist for these infallible remedies.

The wonders of modern chemistry are apparent in the beautiful Diamond Dyes. All kinds and colours of Ink can be made from them.

It's the common observation that the standard of natural health and normal activity, among American women, is being lowered by the influence of false ideas and habits of life, engendered by fashionable ignorance and luxurious living. It is a happy circumstance that Mrs. Lydia E. Pinkham has come to the front to instruct and cure the sufferers of her sex.

GEORGE KEITH, SEED MERCHANT. 124 King Street East, Toronto. My Illustrated and Descriptive Catalogue for 1883 now ready and will be mailed free to all applicants.



Yours for Health Lydia E. Pinkham

LYDIA E. PINKHAM'S VEGETABLE COMPOUND.

Is a Positive Cure For all those Painful Complaints and Weaknesses so common to our best female population.

A Medicine for Women. Invented by a Woman. Prepared by a Woman.

The Greatest Medical Discovery Since the Dawn of History. It revives the drooping spirits, invigorates and harmonizes the organic functions, gives elasticity and firmness to the step, restores the natural lustre to the eye, and plants on the pale cheek of woman the fresh roses of life's spring and early summer time.

Physicians Use It and Prescribe It Freely. It removes faintness, flatulency, destroys all craving for stimulant, and relieves weakness of the stomach. That feeling of bearing down, causing pain, weight and backache, is always permanently cured by its use. For the cure of Kidney Complaints of either sex this Compound is unsurpassed.

LYDIA E. PINKHAM'S BLOOD PURIFIER will eradicate every vestige of Humors from the Blood, and give tone and strength to the system, of man woman or child. Insist on having it.

Both the Compound and Blood Purifier are prepared at 233 and 235 Western Avenue, Lynn, Mass. Price of either, \$1. Six bottles for \$5. Sent by mail in the form of pills, or of lozenges, on receipt of price, \$1 per box for either. Mrs. Pinkham freely answers all letters of inquiry. Enclose 3ct. stamp. Send for pamphlet.

No family should be without LYDIA E. PINKHAM'S LIVER PILLS. They cure constipation, biliousness, and torpidity of the liver. 25 cents per box. Sold by all Druggists.



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BY REV. JOS. ELLIOT. 172 pages. Cloth, 50 cents; in paper, 30 cent

Mailed to any address, free of postage, on receipt of price.

"Among good books for devotional or practical religious use we may mention with commendation 'Walks About Zion,' a series of brief interesting and practical addresses on religious topics."—New York Independent.

"Mr. Elliot is the master of a crisp and pure style. His reasoning is clearly expressed. He is a most impressive expounder of the Word of God."—Presbyterian Record.

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- Twenty of the latest and most Popular Songs and Choruses for \$1. Six cents each. Mailed free. 251. "All on Account of Him," Solomon, 3c. "Angels Hear the Little Prayer," Wyatt, 4c. "Baby's Empty Cradle," Skelly, 4c. "Bob Up Sincerely" (from Olive), Audran, 5c. "Carry Me Back to Old Virginia," Negro, 3c. "Columbus's Noble Men," Tunney, 5c. "Darling, Has Your Love Grown Cold?" Plummer, 5c. "Down by the Old Mill Stream," Reed, 5c. "Grandmother's Chair," Reed, 5c. "Hush, My Darlings, do not Weep," Operl, 4c. Etc., etc., etc.

CLOUGHIER BROS., Booksellers, 27 King Street West, Toronto.

Scientific and Useful.

CANNED pineapple can be greatly improved by cutting the slices in small pieces, adding sugar to it till it is as sweet as preserves, and letting it boil until the pineapple is clear and almost transparent. It is much less awkward to serve and to eat if cut in small pieces, and if prepared in the way recommended no one will suspect you of serving any but pineapple of your own preserving.

If you have any doubt in regard to the age of a turkey or any large fowl, it is a wise precaution to steam it until you can lift the wing from the body with ease. Do not stuff it before steaming, but two or three stalks of celery may be placed in it, and they will give a delicious flavour to the meat. It is better to use twine than skewers to keep the turkey's limbs in proper place, there is so much danger of tearing the skin. It should be the cook's aim to preserve the good looks of the fowl as far as possible. If it is well dredged with flour, after it is put in the dripping-pan to roast, and then little lumps of butter laid on, it will help to give it the desired delicate brown.

TO CLEAN PAINT.—When painted work is badly discoloured, put a teaspoonful of ammonia water into a quart of moderately hot water, and with the aid of flannel wipe off the surface. Rubbing is not necessary. When the discoloration is not great, the following method is preferable: With a piece of clean flannel wet with clean, warm water, and then squeezed nearly dry, take up as much whitening of the best quality as will adhere, apply this with moderate rubbing to the painted work, and afterwards wash the surface with clean water and rub it dry with chamois leather. This method is superior to the use of soap, requires but half the time and labour, and leaves the surface cleaned, looking as good as new. It will not injure delicate colours.

IRISH STEW.—Some persons object to the stew gravy in which potatoes are cooked, in which case the vegetables of this recipe must be separately prepared and added ten minutes before serving. Take the "best end" of the neck of mutton, remove all the fat. (You can always dispose of some clear mutton fat in your starch, as it makes a smoother preparation than wax, even.) Put a layer of peeled and sliced potatoes at the bottom of the stew-pan. Place a layer of onions, sliced in rings, upon the potatoes. Pepper and salt the meat thoroughly, and lay that on the vegetables. Then build up with onion and potato layers. Add half a pint of water. Be sure to moisten the top. Place a weight on the lid of the sauce-pan. Do not let the stew come to a boil. Let it cook for two hours or three, according to the size of your piece of meat. Do not stir it up from the bottom and spoil the looks of the dish, and if you know you have the proper heat, do not waste time by lifting the lid and looking at it.

The season is near at hand for putting seeds of tomatoes and other tender vegetables or flowers for which our Northern summers are too short, in warm, moist, light, rich soil to germinate. Potatoes of early sorts may be had the earlier by bringing the seeds into a warm room three or four weeks before they can be possibly planted. For this sprouting of seeds and tubers only warmth and sufficient moisture are wanted—such warmth, day and night, as the housewife chooses to secure the rising of her dough, or the brewer for the development of the yeast. But as soon as leaves begin to appear the fullest light that clear glass will admit must be added to the other conditions, and the plants must be so thinned by pulling out the weakest, or setting out part in another box, and preferably on cubes of sod, as to prevent them shading and weakening each other. Set them in full outdoor light on every opportunity of mild, still air, but don't trust them out over night, or into the garden bed until the soil has become effectually warmed, not till June 16 for the very tender kinds.—Quis-quis.

The Teacher and Senior Scholars' Companion to the Old Testament Series of the International Lessons, beginning with the Book of Genesis, on the first Sabbath of July, is now ready.

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BY REV. JOHN MCKEWN.

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SAID HE,

"THIS IS HORRIBLE, BILIOUS Spring Weather."

Said She, "I know it, almost everyone, no matter how well ordinarily, needs a thorough course of physic in the spring to cleanse the system of the accumulated humours caused by the indoor life of the winter months, no other remedy is so good as Kidney-Wort for this purpose. It is a mild but efficient cathartic, and acting at the same time on the Liver, Bowels and Kidneys it relieves all these organs and enables them to perform their duties perfectly. Headaches, Biliousness, Jaundice, and all such spring diseases yield at once to its curative power."

SAID HE, after arguing a while,

"KIDNEY-WORT! YES, I WILL GET IT AT ONCE."

Said She, "Dr. Ballou says it is the best of a family medicine, for the following good reasons. "Because it is a remedy that acts on the Liver, Bowels and Kidneys at the same time, making an efficient in aiding nature to throw off disease. "Because it is a wonderful tonic and renovator. It expels the poisonous humours of the blood, cleanses the liver, regulates the bowels, restores the kidneys to healthy action, and drives out the despondency and gloom of ill health. "Because it has been tried and proved. Its enormous sale is not caused by extravagant advertising and the persistent pushing of its name before the public on every rock, fence, and bridge, but the demand has been created by its own virtues and the thousands of remarkable cures it has performed. "If you have trouble with your Kidneys, Liver, or Bowels, you will find it the remedy you need."

Said he, a week later, "Mary, you are an Angel for urging me to get that Kidney-Wort, it has fixed me so nicely that I believe all they claim, everyone should use it as a

SPRING CLEANSER."

It is a Purely Vegetable Compound! The Safest, Surest and Best Remedy ever Discovered for Kidney Diseases, Liver Complaints, Female Disorders, Piles, Gravel, Constipation, Rheumatism, Dyspepsia and Debility.

PHYSICIANS ENDORSE HEARTILY.

"I have found Kidney-Wort to work like a charm, doing all that is claimed for it. After using it several years in my practice I, a regular physician, can endorse it heartily. It has done better than any remedy I ever used."—R. K. Clark, M.D., South Hero, Vt.

DANGEROUS KIDNEY DISEASE.

"A stroke of paralysis prostrated me, also dangerously diseasing my kidneys. The doctors failed but Kidney-Wort cured me."—E. Slade, 18 Blackstone St., Boston, Mass.

KIDNEY TROUBLE AND RHEUMATISM.

"Two of my friends had my trouble," says Mr. Elbridge Malcolm, of West Bath, Me. "I was given up to die by my physician and friends. We all had kidney disease and rheumatism. Mine was of 30 years standing. Kidney-Wort has entirely cured all three of us."

A SAFE MAN SAVED.

"I had kidney trouble for many years. Kidney-Wort cured me."—J. M. Dows, of Diebold Safe Co., 23 Canal St., New Orleans.

LIVER DISORDER.

"Please tell my brother soldiers, and the public, too," appeals J. C. Power, of Trenton, Ill., through the St. Louis Globe-Democrat and Home and Fireside, "that Kidney-Wort cured my liver disorders, which I'd had for 70 years."—12-2-'82.

INFLAMMATION OF BLADDER.

"Chronic inflammation of the bladder, of two years duration, was my wife's complaint," writes Doctor C. M. Summerlin, of Sun Hill, Ga. "Her urine often contained mucus, pus, and was sometimes bloody. Physicians' prescriptions—my own included—and domestic remedies only palliated her pains. Kidney-Wort, however, has entirely cured her."

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