

ural day, or one day out of every ten. One day out of ten amounts to thirty-six days and a half in a year. Hence, if we suppose the practice persisted in forty years, two entire years of the snuff taker's life will be dedicated to tickling his nose, and two more to blowing it. The expense of snuff, and snuff-boxes, and handkerchiefs, will form the subject of a second essay," he says, "in which it will appear that this luxury encroaches as much on the income of the snuff-taker as it does his time." If so much time is lost by the habitual snuffer, what shall be said of the habitual smoker? His hours pass away in a kind of reverie, ere he is aware. There are many who consume six hours every day in fumigating their pipe or cigar. This will be disputed by the guilty persons, because time passes so insensibly under the influence of smoke. If they wish to be convinced of the truth, let them ask some friend to note the hours they pass in smoking, when they feel themselves under no restraint. When an habitual smoker quits his pipe or cigar, one considerable source of uneasiness is, that he has so much spare time. Let any habitual smoker, who is a man of business, throw away his pipe or cigar, and employ the time which he has been accustomed to waste, diligently in business, and he may literally add hundreds, perhaps thousands, to his yearly income.

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#### EDITORIAL.

With this number our subscribers have another proof of our existence, as well as a testimony of our fidelity. We promised in our first to make the "Maple Leaf" unexceptionable, particularly in a moral point of view. As we have not seen in the public prints any disparaging reflections, or heard any expressions of disapprobation in this respect, we hope that it has generally pleased. If any of our subscribers have been dissatisfied, but from respect to our feelings have adopted the old adage, "speak well of a person or not at all," we assure them we can fully appreciate such a sentiment, and we are quite sure none of us will ever regret taking such a stand in regard to our neighbors. It is common to hear people freeing their minds when things do not suit them, but it is more lovely and admirable to govern the tongue which, unrestrained by Christian principle, often gives pain to ourselves and others.

If the first numbers of our Magazine have not attained the mechanical excellence which may have been expected, we think all will be pleased with the improvement in this. It is, however, but an approximation to what we wish to bring the "Maple Leaf," when an extended circulation shall enable us to beautify its pages by contributions and embellishments still more attractive. Our subscribers can be sure that the publisher will not be backward in improving it, since he is very desirous that it should become truly welcome, interesting, and instructive. We have been so engaged with our multifarious duties that we can hardly realise that three months have sped since we presented our little Magazine to the Canadian public. As to the editorial work, we can say that it brightens and grows really charming as we engage in it. A hearty good will is the key to success, and we have not only brought that to the editorial table, but many other