Whatever of freedom we own,
Somebody has striven and tried for it,
By war through the years it has grown
By strength of the men who have died for it;
Each stone in the structure of truth—
Someone has made ready and right for it,
Someone has spent hearts-blood and youth,
Someone has been willing to fight for it.

Not always has blood been the pay,
But always a price has been paid for it,
The worth of achievement today
Is gauged by the struggle we've made for it;
There need not be rancor or hate.
Nor bitterness, terror and blight for it,
But nothing is worthy or great
Unless you are willing to fight for it.

You cannot buy progress with gold
(You get but the emptiest shell of it).
But to win it and earn it and hold
You must go through the heat and the hell of it.
You must suffer the sweat and the pain
You must toil all the day and the night for it,
For nothing worth while you can gain
Unless you are willing to fight for it.

### AN ENGLISH CASTLE TO BE TRANSPLANTED IN AMERICA

Our English cousins are dreadfully worried over the prospective loss of Tattershall Castle.

The Guzman cross with relics, richly mounted in enamelled gold Spanish work, circa 1589, may have belonged to the Bishop Juan Quingnes y Guzman Castle.

tershall Castle.

It seems that Tattershall Castle, which is a more or less tattered relic man, an ancestor of the ex-Empress It seems that Tattershall Castle, which is a more or less tattered relic man, an ancestor of the ex-Empress It seems that Tattershall Castle, which is a more or less tattered relic man, an ancestor of the ex-Empress It seems to the castle of the ex-Empress of Lincoln.

The American millionaire is paying a shilling and sixpence per brick for Tattershall Castle.

# Morgan's Great Collection

With Romante or 17age
Histories.

Most of the royal and imperial jews
sie of J. P. Morgan wonderful collection have been on view at the Victoria
and Albert Massem for some time, and
have been on view at the Victoria
and Albert Massem for some time, and
have been seen with much interest by
victors of all classes. Keventual pit,
the summed of the second of the secon

On View at Victoria and Albert the presence in Mr. Morgan's collection of the fine green jade cup, richly mounted in gold work, and decorated with enamels, probably the work of Jacopo da Trezzo, which was at one time in the collection of the Empress. Most of the royal and imperial jew-loss to be assured that there are simi-

Archduke Maximilian, mounted in rich enamelled scrolls of gold work and ornamelted with a pearl dating from 1612, and acquired at the Spitzer sale. The fine onyx rosary with eazmel work inside the large beads was exhibited by Colonel Cumming at the South Kensington Museum in 1882, and was acquired with other things from Herr Guttmann, of Berlin, Of the medallions, the two most interesting are a beautiful circular medallion, the work of Leone Leoni, with a figure of Charles V., which came from the collection of the late Comte de Paris, heir to the Comte de Chambord, de jure Henry V. of France; and a circular ivory medallion in engraved silver frame with the figure of Goetz (Gottfried) von Berlichingen ("Goetz of the Iron Hand") the famous German knight and commander of the sixteenth century, comes er of the sixteenth century, comes from the collection of Baron Albert Oppenheim, of Cologne.

Rock Crystals.

In carved woodwork and in rock crystals Mr. Morgan's is believed to be unrivalled among private collections. In rock crystals there are nearly two dozen of the choicest articles Last year a single article sold for £10,000 at auction. In the Middle Ages large clear pieces were so rare that objects made from them were considered worthy to be presented to monarchs. It may be taken, therefore, monarchs. It may be taken, therefore, as certain that every piece in this collection belonged to some distinguished person; but quite apart from this they are all of great beauty. This is particularly so with regard to the ewer a splendid rock crystal bowl, which once belonged to Queen Christina of Sweden, for whom it is said to have been mounted.

The Guzman Cress.

The Guzman Cross.

shire, is not to be allowed to fall into ruin father and grandfather, had been in

shire, is not to be allowed to fall into ruin in the good old way.

Some anonymous American millionaire, with more money than gumption, has bought it.

Worse still, the buyer is going to wreck the castle; tear it down, stone by stone.

Worst of all, he is going to take it to America and erect it again there, stone by stone, just as it appeared when the folks of the Fen country built it more than four hundred years ago.

There's the rub. Nobody in England cared particularly for Tattershall Castle as long as it was left to crumblic to ruin in the accepted English way of crumbling to ruin. Ordinarily a ruined castle, more or less, cuts little ice with the British public at large. The country is full of them. If some Englishman had bought Tattershall he could have torn it down and built lime kilms of the stones, for all the British public at large would have cared. The English have protested against the transplanting.

The fun is the richer when we remember how the English transplanted the marble glories of the Parthenon from Greece to the modern representatives of the more ago, with san ebony and not a rock crystal and exquisite enamel work were transferred from the original town the folks of the tone or less, or the stone of the other objects in rock crystal have passed through English collections—for instance a vase in the form of a monster with two wings belonged to Lord Hastings, whose another of the eighteenth century; a vessel in the shape of a fish belonged successively to H. Magniac and to Sir Thomas Gibson-Carmichael; and an allowed the protested against the transplanting.

The fun is the richer when we remember how the English transplanted the marble glories of the Parthenon from Greece to the British Museum without even paying a shift of the cathedral at Aix-la-Chapelle. Supposed Borgia Relic.

This child has already to his credit a less, into the temptations of a garrison

## Don't Eat All Your Salary

Eat the simple, nourishing, inexpensive foods and you will be the gainer in health and pocket. The "cost of living" generally means the high cost of things you do not need. The high-protein foods cost the most, are the hardest to digest and hence the least nutritious in the long run.

Cut out heavy meats and soggy pastries for awhile and eat Shredded Wheat, the ready-cooked, ready-toserve whole wheat food which supplies all the material needed for building the perfect human body. In Shredded Wheat you have the phosphates for bone and brain,

carbohydrates for heat and fat, the nitrates for building muscle, and the outer bran coat for keeping the bowels healthy and active.

Shredded Wheat is the whole wheat -the most perfect food given to man-steam-cooked, shredded and baked in the cleanest, finest food factory in the world.

Two Shredded Wheat Biscuits for breakfast with milk or cream and a little fruit make a complete, nourishing meal, supplying all the strength needed for a half day's work at a cost of five or six cents. Your grocer sells them.

TRISCUIT is the Shredded Wheat wafer a crisp, tasty, nourishing whole wheat Toast, delicious for any meal with butter, cheese or marmalades. Always toast it in the oven before serving.

A wealthy mustard

said that he made

his profit not out of what people ate, but

dealer might say about the san

buys his six-cylinder car, but the

coal that goes up the chimney. You might as well save son

of that coal.

made thicker there; weight reduced in one spot and added to another. But

what they

Canadian Shredded Wheat Co. Niagara Falls, Ont.



#### TOMMY ATKINS AND THE BIBLE

Infidels in the Army Try to Sow Seeds of Discord Among Companions.

The American millionaire is paying a shilling and sixpence per brick for Tattershall Castle.

A very fine silver-gilt Pax came from the treasure of the Cathedral of Taraon. It is twice alluded to in the inventories of the Cathedral of Montreale, 1482, and is thought by some to have been presented by Cardinal Borgia when he was installed there as Titular of the place.

Among the various objects made of precious materials, in addition to the Empress Frederick's green jade cup, richly mounted in gold work, and decorated with enamels, probably the work of Jacopo da Trezzo, which was at one it me in the collection of the Empress Frederick, and German connoisseurs will hardly reconcile themselves to the loss to be assured that there are stimilar cups at Dresden and Munich.

Golden Chain of Honor.

But of the man royal and imperial from the Cathedral at Aix-la-Chapelle Supposed Borgia Relic.

A very fine silver-gilt Pax came from the treasure of the Cathedral of Montreale, 1482, and is thought by was held in the Association Hall, at Montreale, 1482, and is thought by some to have been presented by Cardinal Borgia when he was installed there as Titular of the place.

A meeting of the Army Scripture Readers' and Soldiers' Friend Society was held in the Association Hall, at Montreale, 1482, and is thought by some to have been presented by Cardinal Borgia when he was installed there as Titular of the place.

A mong the various objects made of precious materials, in addition to the Honorable East India Company, had given him very valuable with cannot now be discovered.

Mr. Morgan has presented copies of a special edition of a fine catalogue to several public libraries and institutions in this country. In this issue the home of the Cathedral of Montreale, 1482, and is thought by was held in the Association Hall, at Montreale, 1482, and is thought by was held in the Association Hall, at Montreale, 1482, and is thought by was held in the Association Hall, at Montreale, 1482, and is thought by was held in the Association Hall of the Scripture Readers' Society was to supplement the work of the chaplain by enlisting the help of those who had themselves lived the soldier's life and who knew its difficulties and trials. He was glad that by coming to the meet ing he could in a small way help the work of a great society, which was doing most valuable work for God and his church,

Col Yates deputation secretary Col. Yates, deputation secretary of the society, said that their object was to give the boys and men who joined the army that fu. mental knowledge of the Scriptures con which all the edifices of the churches had been edinces of the churches had been built. Many of the boys who came into the ranks today were not only infidels themselves, but sought to spread their infidelity. Others were boys who came from good homes and good surroundown. It was to help them to find a de-lence within themselves that the so-

ciety existed.

Major Malcolm, the chief constable of Cheshire, spoke of the need for the society's work in the Indian army.

### "The Liver Pills act So Naturally and Easily."

Such a statement, coming from the cashier of a bank, shows what confidence responsible people have in these pills. Mr. A. L. Wilson after trying them wrote:

"I have used Dr. Miles' Nerve and Liver Pills and also your Anti-Pain Pills, on myself, with good results. The Liver Pills act so naturally and so easily that I scarcely know that I have taken a pill. Frequently being troubled with headache I take an Anti-Pain Pill and get immediate relief in every case."

A. L. Wilson, Sparta, Ill. Mr. Wilson was for a number of years cashier of the First National Bank of Sparts.

#### Dr. Miles' Nerve and Liver Pills

are different from others. Many kinds of liver pills are "impossible" after one trial on account of their harshness. Dr. Miles' Nerve and Liver Pills do not act by sheer force but in an easy, natural way, without griping or undue irritation. They are not habit forming.

If the first bottle falls to benefit, your druggist will return the price. Ask him. MILES MEDICAL CO., Toronto, Can-

## The Peerless Peninsular

a cast-iron range with modern oven and equipment

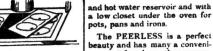


lids, the special features or the siz do not affect the internal construction or honest materials and work-manship that go into the "Peninsular." So that when buying one, a housewife may feel free to consult her own tastes as regards finish and appearance. If the range is "Peninsular" she will know that it will give her good bakings for the least amount of coal.

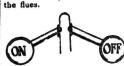
The Peerless The PEERLESS Peninsular is

Building ranges to do good cooking and at the same time to save coal has kept us thinking and working over in Preston for upwards of 50 years. Every year improvements in range construction have been made. The flues have been widened here; a wall made thicker The PEERLESS Peninsular is a modern cast-iron range. Modern, because it has all the advantages of cast-iron and none of its disadvantages. In fact, it should be called a combination range—a combination of cast-iron steel. It has the firm close-fitting parts, the durable everlasting frame and the cosy home-like appearance, dear to all home-like appearance, dear to all women; but—and here it differs from other cast-iron ranges—it also has a quick oven—an oven that heats evenly on every side, top and bottom—a square oven big enough to cook four pies at once; and it has a drop-oven door, which is not usual on a cast-iron range.

The PEERLESS Peninsular may be had with a steel warming closet



Take the top of the Peerless It is made in three separate sections which are interchange-able and which slide along or lift out whenever you want to clean the flues.

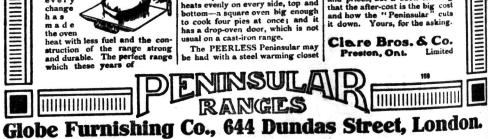


either "on" or "off." That is, it is getting full heat or none at all. The Peerless Peninsular oven is regulated by means of a sliding damper so as to get just as much heat as you need. This is another way you save fuel.

#### Get "The Cost"

"THE COST of a Range" sells more about these Peninsular Ranges—not a list of pictures and prices, but a book showing that the after-cost is the big cost and how the "Peninsular" cuts

Clare Bros. & Co.



PHILIPPINE ARMY POTATO FARM. The experimental potato farm of the

ed and operated at Camp Vickars, P. I. is a failure and it had been abandoned although the first crop of potatoes raised was an excellent quality and flavor. In the initial stages of the raised was an excellent quanty and flavor. In the initial stages of the operation of this farm, the commanding general of the division considered the enterprise of the subsistence department of raising potatoes for the troops in the division had so far succeeded as to warrant measures to place the farm on a more permanent basis, and with a view to avoid delays and interruption placed it directly under the control of the chief commissary of the division, with Lieut. J. M. Walling, 3d infantry, in charge of the work as superintendent, responsible for the equipement, animals and buildings, as well as the work. Among the principal causes for the unsatisfactory results obtained were the unsultability of the seed potatoes to the ground, and the soil itself was poor on account of the constant raising of rice (which requires the same constituents for its growth as potatoes do, both being starchy, and needing fertilization), and the cogan and tule grass roots choked and poisoned the potatoes, making it necessary to get rid of the roots. It is something of a disappointment to the subsistence officers that the farm has not EXTRA GRANULATED SUGAR IS ABSOLUTELY PURE

The first and great essential of a food product, is Purity; the Purity and Quality of our Extra Granulated have never been questioned.

Once make a comparison with other Sugars and you will not be satisfied with any but Redpath. Dainty Tea Tables are always served with PARIS LUMPS to be had in RED SEAL dust proof cartons, and by the pound.

The Canada Sugar Refining Co., MONTREAL, CANADA.

Established in 1856 by John Redpath

ITALIAN

SATURDAY

Char

A Lively Tir

Men in the lobs bay store part of are made of heav sides and bottoms.' ed over and in the The cars vary in feet every way befage. They are held

and they lie with tawash.

The 59-foot laun Capt. Tim O'Brien side one of O'Brien afternons ago whe would haul up the few lobsters that I scraps going on i car was raised up side of the launch, ored man, who is e sent into the car t is used to live lobe them as a schoolt drops.

Charlie, barefoot overalls roiled up,

ENGLIS

ants have been fa The territory in wander extends Niagara-on-the-Li Blair Macdonald, Blair Macdonald, teur golf champio This is a tract miles. The pheal-bose in 1898, the provision that the until Oct. 15, 191 one month, and eyers until the nu an increase suffici moval of the clau hen birds through in the opet the been as heavy were shot in a dri English sportsmapicture of the sport has picture of the sport has portured to the sport has portured to the sport has provided to the sport has portured to the sport has the sport has portured to the sport has the

An Olym When all

Everyone keeps an eye out" some littl Canadian team The numb

mile in quicke better, jump fa distance, are li Not at all, the fresh air ar

one things who Beside tha