THE SNOWSTORM.

Mr. H. McBean Johnstone, the author, on his heel, he went over and sat down the following little sketch, which beside her.
"Time?" he cried bitterly. "Yes, in New York where, unfortunately, so many young Canadians are compelled mean to be cross. I'm never cross to you, dearie, am I?" to seek recognition of their ability. cently celebrated his 21st birthday, has the United States for his clever writing on photography and kindred sub-

Old King Winter's icy breath, the cold, bleak north wind, sweeping inward mile after mile down the country, soughing among the pines as it orced its way through them, and then, with redoubled vigor, speeding on again across the boundless prairie, burling up miniature cyclones, building small mountains one minute and dance across the ice floes on the river, same rushing around the corner of a little hill and ignorant of its own alnost immeasurable strength, with all its pent-up fury, on the walls
of the little cabin. Its force was terrible. Across the high piled snow tant, huge cakes of ice which had been carried for miles in the mad rush of the swollen river, bounding in sportive playfulness, first toward one nother and then away again, leaping tell why, her words were comfort to first here and then there, hurled them- him.

cane, one standing by the house could shrilly as if in anger, then change to would moan in mortal agony. And everything that lay in its path. The storm had raged for three days

most terrible blizzard that had visitfounger settlers, to whom was given was falling. no standard to judge the strength by hat it was a terror.

oans that would rise to her lips. She of meaning it possessed. s bravely trying to disguise it from man. In spite of her efforts, he

octent fury, with his hands tightly er happiness. gripped behind him, he strode fiercly up and down the middle of the buildtheir helplessness, and then by turns he was or what had happened; then praying that the great God would all at once the whole sickening truth e them and take pity upon them. Who can describe his thoughts, the Dead? O no! no! not dead—only nultitude of remembrances that each orain cell poured out upon the mind

For hours the woman eyed him in better than to attempt to comfort im at such a time as this. Finally, lipping her hand from under the covring, she reached it out towards him and asked him what the hour was. le walked almost to the end of the abin before he appeared to notice er question, then turning abruptly

JUST WHY

Dr. Pitcher's Backache Kid. ney Tablet Has a Record of Cures Unparalleled,

Because it is not an experiment, not "cure-all," but a modern, up-to-date ormula, thoroughly tried and tested on many hundreds of cases in priate practice, hospital and outdoor

A medicine that has kept pace with he times, and the advancement of nedical science. A medicine confined a particular range. One that does ot promise more than it can do. A backache, kidney, bladder tablet oure and simple, the same yesterday, oday and tomorrow. This great kidey medicine is a boon alike to the oung, the middle-aged and the aged. It was the people who successfully d Dr. Pitcher's Kidney Tablet that oplied to it the term, "The Great Kidey Medicine," because it removed ymptoms like the following that were aring them in the face every day,

Backache. Pain in the back Weak, sluggish circulation. Puffy or dark circles under the eyes. Urine cloudy, milk-like or stringy, ark in color or offensive.

I the results of disordered kidneys-

Painful, scalding sensation in pass-Dull, heavy headaches, tired, dizzy eling, faint spells, irregular heart

Urinary weakness, compelling uent attention during the day, and to up many times during the night. ut, run down and irritable.

Restless, sleepless nights. Fagged them from the bed, and rolled them tongue.

These are some the danger signals about his chilled figure. There was about his chilled figure. There was at night with a big cob right where I not clear, but kidneys clogged and Bright's disease stealing in.

If you are convinced Pitcher's Tabts are what you want, you can purhase them at your druggist's for 50 ruggists, mailed free of postage on

[H. McBean Johnstone in the Home Magazine.]

appears in the current number of the we still have that even if nothing else. Home Magazine, is a young Sarnia No, no, sweetheart," he went on hurman, who is rapidly achieving success riedly, noting the look of pain that crossed her countenance, "I didn't

He glanced at his timepiece. The Mr. Johnstone, although he only rethe darkness had almost engulfed the little room, while outside the condition blready made a name for himself in of affairs was but slightly better. The woman leaned over and pressed her deathly cold hand into his warmer one, Putting his other hand on top of it, he bent over and kissed her tenderly.

"O Ned," she murmured tremulous-"Is it possible that this is going to be end of it all? O, no, no, no, darl-God never fails to see a sparrow Surely he will see us." For a few minutes he was silent. The monotonous ticking of the little clock on the wall was the only sound That Assembled in Buffalo During that broke in upon the weird silences that fell in the occasional lulls be-tween the valleys, or dancing a big there agrees the ice flows on the river hurricane, as it plowed it way around the walls and under the eaves in a vain endeavor to lift the roof. Then destined to have an important and farhe kissed her again.

"God help us, dearest," he said at last. A sudden gust, stronger than the banks, and not a hundred yards dis- last, swept down the chimney, and the Rev. Ward Platt, D.D., pastor, scattered the smouldering embers of

first here and then there, hurled themselves over a high cataract, leaped down on to the rocks below with a mighty roar, and was dashed to pieces. Yet, so loud was the lock they could do no damage. It was the cataract the lock they could do no damage. It was the lock they could do no damage. hand they watched it burn. Never, not hear it. New it would whistle perhaps, was blaze watched as that one was. For a moment it seemed as an unearthly shriek of terror, or as if it were not going to ignite, then, as though sudden pain had gripped it, it though altering its intention, it blazed up all too merrily, and for a few brief otic spirit exhibited by all who took still it was always the same—one minutes cast a rosy glow over its part in the discussions. In these disgreat mass of brute strength bearing spell-bound watchers, giving them a cussions, third party prohibitionists, down, down, down, as if to crush bright, cheerful appearance that they anti-saloon leaguers, members of temeverything that lay in its path.

were far from feeling. At length it perance orders, and conservative nonwas almost consumed, and each dying partisans took part. While on religinow, and for miles around every road many flicker bid fair to be its last; then in ous lines among the participants were was blocked. In fact, none could be grim sportiveness, as though in Quakers, both Orthodox and Hicksite, and the sportiveness are though in Quakers, both Orthodox and Hicksite, and the sportiveness are though in Quakers, both Orthodox and Hicksite, and the sportiveness are though in Quakers, both Orthodox and Hicksite, and the sportiveness are though in Quakers, both Orthodox and Hicksite, and the sportiveness are the sportiveness. found sufficiently daring to venture mockery of its fascinated audi-Baptist, Methodist, Episcopalian, their passage. It was the worst in ence, it would blaze up merrily Congregational, Presbyterian, Lutheryears. To the older inhabitants, to again. At last it was over. Only the an, Roman Catholic, and other denominations are recognitiveness, as though in Quakers, both Orthodox and Hickshe, mockery of its fascinated audi-Baptist, Methodist, Episcopalian, their passage. It was the worst in again. At last it was over. Only the an, Roman Catholic, and other denominations are recognitiveness. whom the expression, the wost in ashes were left, to be hurled this way minations, yet all breathed the spirit

But the people on the couch said feasible and practical action to take most terrible blizzard that had visite but the people on the couch said leasible and practical action of the section since the great fall of nothing, and with the exception of a on the several topics presented.

73, and even then there had been no slight tightening of the class, gave no As proof of this, as well as of the wind to accentuate the ferocity of the sign. Why should they? What was high character of the committee on the several topics presented. ale. Fences had long ago been buried there to say? The fire was gone, the resolutions, be it remembered that the out of sight, barns and houses were woman was going. She had been composition of the committee was a more than half hidden, and even the gradually growing weaker and the end refiex of the make up of the confer-

"It can't last much longer, darling," a single word. Inside the little hut the daylight, if the faint light that had existed all day, could be dignified by that name, was long gone, and the murky gloom was fast thickening to the density of inky darkness. The woman, lying on a rough bed in the corner, in spite of the fact that she was well wrapped up in almost every available piece of bed
I spend about half an hour, sometime, and benediction by the first that binds," to fat, in which form it can be stored which was accordingly done by the followed, which was accordingly done by the followed, form whom all blessings flow," and prayer and benediction by the fact that she was well wrapped up in the conner, in spite of the fact that she was well wrapped up in the human body and so be capable of producing heat and force in the future. It is thus an admirable food, mot so much for building up tissues as for producing heat and energy, and was no faster than ordinary. He felt no emotion, no answering throb. In almost every available piece of bed
I spend about half an hour, sometime, and prayer and benediction by the followed, of producing heat and force in the future. It is thus an admirable food, mot so much for building up tissues as for producing heat and energy, and has for human use the additional advantage that it can be stored which was accordingly done by the in the human body and so be capable of producing heat and force in the future. It is thus an admirable food, mot so much for building up tissues as for producing heat and energy, and have reiding on the done. Were riding on the clouds, it is so devantage that it can be stored in the human body and so be capable of producing heat and force in the future. It is thus an admirable food, mot so much for building up tissues as for producing heat and force in the future. It is thus an admirable food, mot so much for building up tissues. I were a swallow or by the conference standing:

I was no faster than ordinary. We fell which was accordingly done by the in the human body and so be capable in the human body an in almost every available piece of bed- appeared, and in its place was only a knowledgment of the action of conappeared, and in its place was only a supreme happiness. A great vast fusureme happiness. A great vast fusurement of the action of construction of the sale of liquor in the canteen and in all military reservations, and congratulate the American people on this wise and beneficially up and people of the sale of liquor in the canteen and in all military reservations, and congratulate the American people on this wise and beneficially up and people of the sale of liquor in the canteen and in all military reservations, and congratulate the American people on this wise and beneficially up and people of the sale of liquor in the canteen and in all military reservations, and congratulate the American people on this wise and beneficially up and people of the sale of liquor in the canteen and in all military reservations, and congratulate the American people on this wise and beneficially up and people of the sale of liquor in the canteen and in all military reservations. elf up, endeavoring to suppress the ah, that magic word; what a wealth

Then by and by her sobs ceased and she folded her arms around his neck. it, and grinding his teeth with im- Surely heaven could possess no great-

He awakened and looked around ng to keep warm, alternately cursing him, at first not comprehending where heir helplessness, and then by turns he was or what had happened; then asleep. She looked so calm, so beautiful, as she lay there with her pale, intil the deluge bid fair to drown his marble-like face upturned to the eyes of the man who loved her. She had been magnificent-a pure and stately ence. She had learned to know him woman-yet never had he seen her look so; wear such a calm air of dignity as death left on her. Nay, no

mortal ever wore that look and lived. It was as if the angels had appeared and given her a peep into paradise before her soul had yet left this earth. Perhaps she had even seen-but God alone knows what she had seen. Outside the gale was still howling and the blizzard showed no signs of abating.

The man leaned forward on the and, burying his face in his hands, groaned aloud. Was it a pun-What had he done that he was left? Why was he not taken, too? Surely it was a mistake. Yes, yes, a mistake. He, too, ought to have gone. Why, there was nothing to live for now; nothing, nothing, nothing, only existence, only misery. Then his thoughts turned to trivial things, back to his boyhood in far away Devon, to his manhood, to his coming to Canada, and then finally, as thoughts always will do, narrowed down to the pre-

He rested his elbow on the table, and his head dropped in the hollow of his hand. His face was haggard and drawn, and his glance never wavered from her clear-cut features. A look, first of pleading, then of determination crept over his face. One hand strayed, first nervously, then steadily, toward the drawer in the table. His fingers closed over something hard and shining. One sharp twitch of his fore-finger and they would be together Lovingly he looked down at the gleaming weapon. He could have kissed it in his mad joy at the pros-

pect of joining her.

But when he looked back at the bed he started forward, and the pistol nearly slipped from his grasp. Had her face changed? Was that a prayer trembling on her mute lips? If the eyes were opened he imagined he might read in them such pleading as never came from mortal lips.

He rose unsteadily. Yes he was a coward, and she knew it. The other way would have been death — death hand in hand with her; but this was no, no, not that hated word! passion of remorse he flung himself beside the bed, and clasping her pulseless hand, covered it with kisses.

Ah, he was strong again! The wraps? Yes, one by one he drew storm to come. And he must fight— must lie down. I am tied, and can't because she would have it so. He leaned across the table and picked up Don't compel me to eat more sait leaned across the table and picked up Don't compel me to eat more salt the flask. He had treasured the than I want by mixing it with my liquor drop by drop for her. Now he oats. I know better than any other builds up flesh, bone and strength, and drank it all at one life dranks. If not obtainable at ed free of postage on the wind howled down the chimney and mocked the silent ashes. The der the whip I don't get tired. You, and mocked the silent ashes. The der the whip I don't get tired. You, and mocked the silent ashes. The der the whip I don't get tired. You, and mocked the silent ashes. The der the whip I don't get tired. You, and mocked the silent ashes. The der the whip I don't get tired. You, and william to the silent ashes to the brain. It is heartly indorsed by the RALSTON HEALTH CLUB number.

dow. But the man neither heard nor saw the renewed battle of the storm gods. Hugging the warmth for his body, he sat watching her, a brave, sad smile on his blue lips. Yes, he was growing warmer. And by morning the storm would break, surely by

Suddenly silence fell upon the outdoor world. The man shifted in his chair, then tossed aside his wrappings threw back his shoulders and strode to the window. Through the coating of snow a sunbeam shot across the icy room and fell upon the upturned face of the woman. And when he turned, the man saw upon her lips a smile of ineffable peace.

TEMPERANCE RESOLUTIONS

slipping her arm about his neck. Adopted by the National Conference

August-Reform Sought.

A national temperance conference. reaching influence upon the reform in the United States, was held in the the rapidly dying fire.

"Yes, God help us," she echoed, and ference were representatives of twelve somehow, although he could hardly different national temperance organ-Buffalo, during August. In the conizations and as many different religi-

The conference was not only remarkable in its representative character and its personnel, it was remarkable in the Christian and patriyears, conveyed some meaning, the or that as the varying fancy of the of love and forbearance, while they storm was, without exception, the draught should dictate.

taller trees showed only their upper could not be far off.

"Ned," she said faintly. He hardly seemed to hear her. His thoughts were window, they stood out against the snowy desert with all their picturations of the make up of the confer-far distant. The call came to him as from a long way off and awakened to their discussion, adopted each one confer-far discussion. esque deformities harshly revealed. him from the dreams into which he unanimously without the changing of

comparison, knew even without this she moaned, burying his face in his when the motion was made to adjourn Such was the spirit recognized that hat it was a terror.

Inside the little hut the daylight, if way and she burst into a torrent of sing "Blest be the tie that binds,"

the welfare of the soldier, and hereby express our confidence that the prohibition of the sale of all alcoholic serviceable condition. Between 1895 liquors on all places within the con-trol of the United States Government were made in Germany by the army will be made the permanent national

policy. "Congress should be petitioned to specify by resolution or otherwise that the use of intoxicating liquors is detri-mental to the proper discipline, efficiency and best welfare of the soldiers, that the war department is urged to discourage such use by the soldiers, and that every encouragement be given to the formation of an army temperance association with branches in the different regiments, and induce- and an extra ration of a little less than ments be offered to the soldiers to four ounces of sugar was issued to ten practice total abstinence.

make a sufficient appropriation to provide such an improved army ration, in comrades either did not gain or lose; quantity, quality and efficiency of preparation as will make it unnecessary to resort to the profit on the sale of

"We call upon congress and the several state legislatures to prohibit the were less affected by exertion. In the sale of intoxicating liquors within and active physical work they were enin the vicinity of all military reserva-tions and national and state soldiers' did not get surfeited by it. in the vicinity of all military reserva-

"We who are now present, for ourselves individually, and for those not only in case of fatigue, but also whom we represent, hereby express in quenching thirst. The result of our determination to concentrate our these experiments was the decision of effort specially upon the matter of the army authorities that the sugar law enforcement, and the election of ration of the German solders should such officials as are publicly pledged to be raised to two ounces a day. such action, and declare that we will experience is verified by the practice not be led, nor misled, nor quited into recently adopted in Holland of hav-silence by any claims of interests an- ing young men, when in training for tagonistic to the great purpose here- athletic contests, eat a considerable in expressed.

"Laws are the public conscience in action; they should, therefore, be consistent and harmonious instead of consistent and harmonious instead of convertrained. Still another authority, has said that he contouching definite subjects of legisla-tion should agree with each other. indulged in in northern regions, is in-When the states encourage what the nation discourages, and vice versa, lawlessness is encouraged and social order imperiled. Therefore we believe that temperance people should now unite to procure consistent and harmonious legislation between the states and national governments in all matters relating to the liquor traffic.
"We call upon the entire Church of Christ to seek the latest light upon this subject, scientific, economic and moral, and then to so let that light moral, and then to so let that light shine that God may be glorified in the redemption of humanity from the curse of strong drink, till the Christian Church shall everywhere stand for an interpretation of Christianity which shall be as applicable to national as to shall be as applic

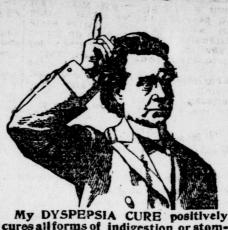
HORSE SENSE.

If a horse could speak he would say: Don't hitch me to an iron post or railing when the mercury is below

freezing. I need the skin on my tengue.

Don't leave me hitched in my stall at night with a big cob right where I must lie down. I am tied, and can't deranged stomach and keeps digestion

DYSPEPSIA



cures all forms of indigestion or stomach trouble. It rejuvenates worn-out stomachs. It builds up stomachs that have been weakened by powerful cath-artics and old-fashioned nostrums.

artics and old-fashioned nostrums.

Manyon's Dyspepsia Cure corrects bleating of the stomach, palpitation of the heart, shortness of breath, and all affections of the heart caused by indigestion, wind on the stomach, belching wind or sour food, bad taste, offensive breath, loss of appetite, faintness or weakness of the stomach, improper circulation, coated tongue, heart-burn or water-brash. His Headache Cure stops headache in 3 minutes. Munyon's Ple Ointment cures all forms of piles. Munyon's Liver Cure corrects headache, biliousness, jaundice, constipation and all liver diseases. Munyon's Female Remedies are a boon to women. Munyon's Asthma Cure and Herbs are guaranteed to relieve asthma in three minutes and cure infived ays. Munyon's Catarrh Remedies never fail.

Munyon's Vitalizer restores lost powers to weak men. Price, §1.

Munyon has a cure for every disease. The Guide to Health (free) tells of them. Cures, mostly 25 cts. Munyon, New York and Philadelphia.

MUNTON'S INHALER CURES CATABBIL.

along the road, or I will expect it next time, and, maybe, make trouble. Don't trot me up hill, for I have to carry you, the buggy and myself, too.
Try it yourself sometime. Run up a hill some time with a big load. Don't say "whoa" unless you mean

Don't make me drink ice cold water nor put a frosty bit in my mouth, warm the bit by holding it half a minute against my body. Don't run me down a steep hill.

SUGAR AS FOOD

Don't lend me to a blockhead with

Can Be Converted Into Fat and Be Productive of Heat and Energy.

[Boston Herald.]

less sense than I.

The Cobden Club of England has taken decided exception to some of the changes in the customs schedules of the United Kingdom, and has put in circulation a leaflet, in which it makes the argument that, as the duty upon sugar is a tax upon one of the prime necessaries of life, it is an entirely unjustifiable means of raising government revenue, provided other means can be found. The leaflet in question contains a reprint of an article in the British Medical Journal entitled "Sugar as a Food." This scientific authority points out that it has been clearly demonstrated that under certain circumstances sugar can be converted invery small space, and can be kept for practically an unlimited time.

By careful experiments, made by Mosso, it was found that much less sugar diet, and that when muscles are muscular deterioration occurs under a fatigued and incapable of further work a sugar diet quickly brings them into surgeons as to the effect of sugar upon men both of weak and strong muscular physique. In the early days of these investigations it was found that in a half or three-quarters of an hour an ounce of sugar would restore the power of work to muscles so tired that they had previously given hardly any

appreciable results. In the army maneuvers of 1898, which took place at Metz, twenty men were selected from each company, four ounces of sugar was issued to ten out of each twenty thus chosen, with "Congress should be petitioned to results in favor of the sugar eaters. While they increased in weight, their able to support the hard work with much less distress. None of the sugar eaters were overcome with exhaustion, and their pulse rate and

The use of a lump or two of sugar is described as acting like a charm, quantity of sugar. It has been found that those so fed bear the training jurious, and that in the voyage of the Fram he had the place of spirits sweets, which appeared to be far more conducive to the health of the ship's company.

Malt Breakfast Food And Its Great Advantages.

is the most delicious, the most easily assimilated, the most satisfying and the most strengthening of all grain

Malt Breakfast Food in its manufacture is partially predigested, so that the weakest stomach can relish and

The Dr. Zina Pitcher Co., Toronto, snow hurled madiy against the toptoo, would move up if under the whip. ing over ten millions of members. At
most pate of glass in the small winDon't whip me if I get frightened all Grocers.

HOW TO BECOME A PRETTY WOMAN.

Without Health There Can Be No Beauty. The Value of Exercise-Walking-The Bicycle—Work—A Good Appetite for One's

[By Anna Held.] How to become pretty! That is the theme uppermost in a woman's mind -if she be very feminine.

Meals.

People do me the honor to say that I am beautiful, and every day my mail is filled with letters asking me to describe my rules of life, to tell what I eat and how I sleep, to divulge the secret recipes that are responsible for my complexion and a hundred or more requests that always deluge the young lady or gentleman who has been fortunate in winning public approval. Everyone seems to think that I am spending all my time in the invention of new beautifiers, like the milk baths that I began to use some time ago. In to the complexiou than I do.

Now, to my mind, there is just one Without health there beauty, and the most irregular fea-That is the one thing that I have tried experience of these, is drawn over the to remember all my life, and I have also held that the only way to get that cancer has been substantially this perfect health and to keep it was stationary, when allowance is made to take plenty of good, active exercise. for this nicer classification, particular-How to obtain the best exercise was ly to be observed among the medical the question. first I tried walking, and then I

used a bicycle. The latter was excel-lent. Then a friend introduced me to long been searching.
Since that time I have been what
the Americans would call a "fiend" after the motor machines. Every morning at 6 o'clock, unless the weather

dinarily used by women, but I find no trouble in riding it. In taking this ride, of course, I dress in accordance with the weather. If it is cold I wear a thick gown. If it is warm, shirt waists and bloomers suffice. In the winter I need nothing to protect my eyes, because the sun is not hot, but when its rays are too bright I wear great, green, glaring goggles. I know that they are hideous and that they make me look unsightly enough as I go spinning along the road, but what is one to do? The eye specialist tells me that the sun makes the eqe squint, and that it is the squinting of the eye that is responsi-ble for the ugly little wrinkles that every woman wants to avoid. As the result, I wear the glasses, even if they

When I have returned, however, it is breakfast that I want, and I eat heartily, and after this there is no more active exercise until after the hour of luncheon. Then my automobile is brought around, and for another hour I revel in the delightful sensations that come from riding in this new kind of vehicle. In addition to this I get the fresh air. It is not active exercise, that is true, but it is almost as beneficial.

The remainder of the forenoon I devote to my work. If it is necessary to do so I go to the theater; if not, I study, for there is always something new to learn about the English language. Toward evening, however, no matter how busy I may have been all the afternoon, I break away from my engagements, and take another spin on the motor tricycle, and this time I can leave off the ugly goggles, because there is no sun to make the eyes squint. This ride, as you may imagine, no sun to make the eyes makes me ready enough for dinner, and when I go to the theater after-ward I feel as if I could work all night. This is my secret, and it is certainly a pleasant one. Several times in my life I have been advised to adopt certain forms of exercise, and I have usually followed the instructions of my physician, but in no in-stance has the recipe brought such a delightful and immediate return.

LENGTHENED HUMAN LIFE!

Mortality in City and Country-Death From

Alcohol Greater in the Country.

[By Prof. A. T. Stewart.]

"It is true that, individually, we are living under a higher social strain, and in a way we are indulging in many appetites that serve to deteriorate the vital forces; but there is in this problem to consider three distinct vitalities-the physical, the mental. the spiritual. While the physical, left to itself, might go down under the present 'pace that kills,' the fact is that never in the history of the hutaken by fruit and various kinds of man race has the development of mind been so general or so vital a force, and never has man been more spiritual or more aspirational and benevolent than he is today. So that while the pace of general life is swifter it has a stronger grip of things through its increased will power and the larger recuperative agencies stored up in its later knowledge of things. Ignorance in all things goes to the shall be as applicable to national as to ecclesiastical politics; to the polling-is the greatest concentration of nutriment, lacking in the spiritual, and the balis the prayer-meeting." "In a way this fact is borne out by the statistics of our own country. The contrast between city and country life shows it. As a rule the same pessi-

mistic opinion of the world condemns the city as a hotbed of vice and laudthe country. Now, statistics, when rightly understood, have a coldblooded way of revealing the truth. In the light of this revelation, city life is seen to be the ideal life in all

ways. "Take nearly all the prominent diseases; it will be found in contrast that the mortality will be greater in the country than in the city. Naturally, wou will ask, why? The answer is easily to be seen-in the higher sanitary conditions of the city, the hos"I woman's advice may be no great thing, but a man is a fool that doesn't take it" is true and she will probably advise you to try Blue Ribbon Cerflon Teal.

pitals, benevolent institutions, trained nurse and the skilled physician, to say nothing of the comfort of residence, the nearness of help at any hour. Then again, it is felt that the city life is more vicious than the country, and yet the number of deaths from vicious diseases is greater in the country than in the city. And the reason is again plain—in the greater means at hand in the city for timely cure, and in greater and more imme diate knowledge of the fact, which sounds the warning before it is too "And death from alcohol is greater

in the country than in the city. The drunkard in the country has no pity shown him. He is the subject of town gossip, a drunken bum. In the city he may be overlooked until in some this, however, they are much mista-ken. Few women pay less attention falls into pace with the better progress of things, and is rescued. Now, to my mind, there is just one secret that a woman must learn before she can be beautiful, and that is, she must be healthy. They would be a secret that a woman must learn best must be healthy. They would be a secret that a woman must learn best must be healthy. They would be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn best must be a secret that a woman must learn be secret that a woman she must be healthy. There are excel- which now pertains to the school of lent cosmetics on the market for skins | medicine, and this nicety of classifithat have been ruined by poor health. cation has been of steady growth of can be no recent years, and what seemingly irregular fea- prove the growth of appendicitis and are not unattractive when other diseases. Besides, the statistic lighted by the glow of perfect health. of life insurance companies, and the wealthier and better-fed classes, shows

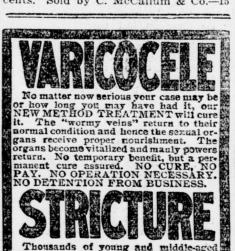
the motor cycle and the automobile, and I found that for which I had so long been searching.

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