

Catarrhal Forehead Pains Go Quick! Sniffling, Clogged Nostrils Cured

At a Sign of Cold, Catarrh, or Throat Trouble Will Remain!

Quick relief for that headache—just one breath through Catarrhzone inhaler and you feel better. The soothing, piney vapor of Catarrhzone clears the head instantly; the healing balsamic fumes take the sting out of the nose, stop sniffles, ease the throat, cure the cough and destroy all the violence of catarrh. No other remedy treats Catarrh so directly, so quickly; every breath you draw through the inhaler carries a marvelous lot of healing virtue—carries death to the germs that cause the trouble. You can't keep Catarrh—nor can you hang to a cold, or have any chest

or throat trouble if you use Catarrhzone. It is guaranteed to make you well.

"My head used to fairly split with an awful pain over the eyes. It was always worse when my catarrh was bad. I had the meanest sores and crusts inside the nose, and continually coughed both day and night. The first day's use of Catarrhzone made a grand improvement. Every hour I felt better. Catarrhzone cured me perfectly."

O. P. DINGMAN, Cordova, Ont.

No one ever uses Catarrhzone without being satisfied. If your case is curable, Catarrhzone will do the work. It is guaranteed—get the complete dollar outfit. Small size 50c. Sample trial size 25c.

THE THOUGHTS OF THEQBALD.

CLEAN-UP DAY.

We have heard nothing of Clean-Up Day yet, but doubtless the weather has had something to do with the delay. The time is ripe, however, as one day of real June weather is going to make us look very shabby and dirty. There is still a lot of paper that remains ungathered on many streets. It would not take much time if the citizens gathered it up as they went along and made sure that the streets looked better "because they had passed that way." And speaking of ash, some of the principal streets are free from clean-looking in the morning when the row of cans, tubs, and other receptacles containing ashes are not removed till perhaps 11 a.m. It makes it hard on the householders too, because they are left with nothing to put their morning ashes in. Perhaps the eye of the Sanitary Supt. will see this and he will try to remedy the situation.

ARBOR DAY.

We do not observe any Arbor Day in other countries and in one way there is not a great deal of room on our streets or public places for any trees. Unfortunately there are few streets which are wide enough but even along these I think some begrudging should be made and some hardy trees put in. There were some fine trees in the Colonial Building grounds that were hewn down a few years ago, unnecessarily I thought. It will be many, many years before the saplings put in will reach any height, and the old trees might have been kept there until the new trees had begun to reach out their branches. We have not the fine feelings of the Japanese, whose children turn out on a suitable date to see the cherry trees in blossom, but I think it would be infinitely better that Botany and a love of nature should be taught in the schools than some of the subjects the children have to learn. I remember that of all the weeks at school, the week of the examinations was the best because the regular lessons would be dispensed with and the Headmaster would take an interesting subject like Botany and explain the nature and life of plants. It was pleasant, too, that the Master would drop his school manner

and talk about the subject in a more easy way than if he were hearing a lesson.

PARKS.

Bowling Park is described by everyone as beautiful and wonderful and so it may be in itself. But I cannot get away from the thought that it is fifty thousand dollars ill-spent. The money, I understood, was to be spent for the good of the city, and it is impossible to spend wholly happy hours in this Park when we think of the many groups of houses and the many localities in our city which were better burnt down and which could be replaced fresh and clean by this fifty thousand dollars. The same mistake is apt to be made in the case of the Lake side at Quidi Vidi. It is better to make ten families happier in decent houses and cleaner surroundings than to spend a lot of money in fitting up the Lake side as a pleasure resort.

CIVIC DUTY.

Some say that it is not any part of the duty of the City to build houses for its people. Let them build them themselves, say they. But people who say that do not realize how difficult it is to save money enough to build, and they also do not take into account the fact that living for a long time in poor houses, dismal surroundings, and dirty localities has to a certain extent dulled the sensibilities to the disgust and distaste that some people would feel under the same circumstances. Environment is subservient to Will, but to a great extent it moulds unthinking mortals, and it is to take the inhabitants of wretchedness from their surroundings that we should tear down their houses and build them wider apart and make them sanitary in every way. Give people what they are used to—yes—but not if it is not good for them. Take any of our out-ports, and even among the poorest families you will find houses cleanly kept, floors regularly scrubbed, and stoves as bright as silver. They have been used to it and do it naturally. But in the city, land values and high rents have driven the poor to the back streets and the tenements, kept as cheaply as possible. And it is no wonder that amid those surroundings clean habits have been lost and ambitions have been smothered. It is the duty of the City to find out these houses and keep everlastingly at this problem; do a little this year and a little more next year until we can see a new City rising—Clean, Wholesome and Sweet. And it can be accomplished. No one wants to live in dirt, and let the people be brought under the influence of pleasant surroundings and they will not want to change again.

Sometimes I think of the enormous amount of money that is put in Church buildings and I wonder if it is really as the Great Architect would have it. Nothing is too good, too grand, too beautiful to offer as our due to the Giver of all Good but yet—would He enter our grand Cathedrals and Churches first if He came on earth again. You remember Lowell's poem:

A PARABLE.

Said Christ our Lord, "I will go and see How the men, My brethren, believe in Me." He passed not again through the gate of birth, But made Himself known to the children of earth. Great organs surged through arches dim Their jubilant floods in praise of Him. And in church and palace, and judgment-hall He saw His image high over all. But still, wherever His steps they led, The Lord in sorrow bent down His head; And from under the heavy foundation stones

The Son of Mary heard bitter groans.

Have ye founded your thrones and altars, then, On the bodies and souls of living men? And think ye that building shall endure Which shelters the noble and crushes the poor?"

"O Lord and Master, not ours the guilt: We built but as our fathers built; Behind Thine images, how they stand, Severed and sold, through all our land." Men Christ sought out an artisan, A low-browed, stunted, haggard man; And a motherless girl, whose fingers then Pushed from her faintly want and sin.

These set He in the midst of them, And as they drew back their garment hem, For fear of defilement, "Lo here," said He, "The images ye have made of Me."

THE PIT-DROP LUCK.

Those who had timber limits on the Labrador were always living in hope that some day something or somebody would turn up to turn their vast forests into gold. The law and the luck seemed against them and as the latter hung fire they endeavoured in devious ways to overcome the law. They tried to engineer a Government that would prove friendly to their interests, but the temptations they put forward were resisted and their dream of a changed law was shattered. Then Mr. Luck appeared in the shape of War (alas how many have been able to call the War their friend, their good angel of Money!) and the Pit-Drops business growing out of it, they were happy with the vistas of gold that seemed nearer than ever. And now, they have accomplished their hopes and can sell their limits or export lumber unmanufactured from them for ten years. It is no wonder that they sing and cheer!

POOR NEWFOUNDLAND.

It seems to me to be high time that the policies of our Governments concerning Land should have a good shaking up and a good deal of them thrown to the ash-heap. The main feature seems to be the employment of Newfoundlanders. It is as if the be-all and end-all of the common man in the Colony is to find labour and earn a dollar or two a day. And to this end we are on our knees to capitalists and money-lords to come in and provide labour from which they can increase their millions. It never seems to occur to our legislators that a man's labour is increased in its power many per cent. when he works at something which he owns himself. Men leave Newfoundland because work is scarce or the codfishery is not a success. They cannot create an industry because they lack the money. Farming undertaken without means, is an impossibility. What have any of our Governments done to encourage our people to be independent? How have we helped them to small holdings of land and supplied them with up-to-date farming appliances and methods? In this respect we are in the kindergarten of hand us an aid to living. And so we prefer to part with our assets, as we have done in the Nfld. Products Bill and the Pil Prop Bill. The Government is selling the birthright of the people for a mess of pottage. And why let speculators have the selling of Timber Limits? Is our acting Minister of Agriculture and Mines so overburdened with duties that he cannot give his attention to a scheme by which Newfoundland would export pit props on its own account or sell the limits to the Labrador for the millions that men value them at today?

It is amazing to think that soon, Newfoundland will hardly own any of its assets, its water powers, its mines or its timber. They have all passed over to a few speculators, who in due time will reap countless millions. And Newfoundland gets practically nothing. Oh! it is so disheartening! Newfoundland gets no return to lessen the enormous taxation we bear, and the public debt is piling up still. (What does the future appear but a gradual elimination of our independence until we are swallowed up and lose our identity in Belgium.)

DRY SACK Sherry

SPAIN'S FINEST WINE.

Fine—dry—restful—of exquisite flavor. Stays beautiful and healthy without deterioration.

In bottles only—of all good dealers.

D. O. BOLLIN, Canadian Agent, TORONTO.

JOHN JACKSON, Resident Agent, ST. JOHN'S.

Ever Ready Hot Water, Night and Day.

FOR THE NURSERY.

"The bath ready for baby, when baby is ready for the bath" should be an adage of every housewife—who should also keep in mind that any trouble saved to the nurse makes for a well-contented household. Gas Water-Heaters, whether of the instantaneous or circular type, offer the convenience of available hot water upstairs, downstairs, and in my lady's chamber—without any labour at all—Independently of the state of the kitchen fire.

FOR THE BATHROOM.

An uncertain supply of hot water in the bathroom is a frequent cause of annoyance. Hot water can only be secured, usually, by getting the cook to act as stoker, but at what a cost! Think of the coal that is wasted—the fatigue of coal carrying—the after labour of grate cleaning—and the discomfort of a hot kitchen in warm weather! A Gas Water-Heater is economical, because it only heats the water actually required; and labour-saving, because there are no coals to carry, no fires to clean, no ashes or dirt to remove.

The master of the house has hot shaving water and a hot bath—when ever he wishes without delay or trouble.

HOT WATER FOR THE HOUSEHOLD.

When "Spring cleaning days" engross the busy housewife then the convenience of an unlimited supply of hot water on the upper floors is brought home to her with special force.

But at all times—apart from convenience—a gas water-heater makes an irrefragable point to the housewife from the point of view of dealing with the domestic problem.

Later-day domesticity is difficult to keep unless due consideration is shown by saving them unnecessary drudgery—and in the category of unnecessary drudgery may be included the toll of carrying hot water or coal upstairs, the cleaning of grates and the removal of ashes.

The gas water-heater renders such labour superfluous.—may124t

coming a province of the nearby Dominion.

OUR AFFAIRS.

Our affairs have become so acute that it was rumoured sometime ago that a movement was on foot for the appointment of a Royal Commission on the recommendation of some principal men of the Colony. I very much rumour for what it is worth, also one that these same men favoured the policy of a Crown Colony.

POLITICS.

One of my friends deprecate the fact that I have introduced local politics in my talks. I know there are few of us indeed who can view all questions with an unprejudiced eye and I think a too rigid "party feeling" is responsible for many prejudices, but at the same time, I don't think it possible that anyone can live, move and have his being without some thought as to the conditions under which he and others live. If you feed a man's soul and neglect his body he is going to die. And in our interest in that portion of the human race that lives in Newfoundland, we are bound by the ties of brotherhood to make the conditions of life as good as they can be. And the means at our disposal are to be found in the House of Assembly and in the men whom we send there. I know that "politics," as the game is played generally, is bad. The man who remains honest in politics is following the way of the cross daily. And the idea is so prevalent that politics is bad, that a great number of people say that it must be bad and that there is no redemption. But however few politics has become I believe the day is fast coming when the men in Parliament will represent the people in a sense that we only dream of now; that men will raise who will resist the influence that money undoubtedly wields nowadays; that good men will arise to dominate the political party and overthrow the grafter. And at the same time there needs to be an awakening of the people. This awakening has already started, and it is a happy sign to see big groups of men actively interested in the governing of their native land.

EVERYDAY ETIQUETTE

"I received a wedding announcement, and in the lower left hand corner is written: 'At home after July 1st.' What shall I do in response?" asked Doris anxiously.

"It is not necessary to acknowledge announcement cards but is proper to leave cards to call on the bride's parents within two weeks after receiving the formal announcement. You should also call on the bride on or after the date of her receiving day," replied her aunt.

SAFETY RAZOR.—We are Sole Nfld. Agent for the Grant Junior Safety Razor—50c. with "7" blades. CHESLEY WOODS, 282 Duckworth Street.—may234t

Richard's Ointment Cures Ophthalmia.

East End Rossley's Theatres West End

St. John's Leading Vaudeville and Moving Picture Theatre, with Finest Orchestra, Mr. A. Crocker, Leader.

Children's Matinee & Contest To-Day!

FUNNY ACT AND BEST PICTURES.

Send the Children to Hear Some Real Fun.

On Monday—SOME SPECIAL FEATURES and GRAND COMEDY SKETCH.

NOTE.—The contest was the best yet. It was a tie between the 1st and 2nd prizewinners, so to make it even Mr. Rossley divided the 1st and 2nd prize, making both parties equal. 3rd prizewinner, Miss La Hookey. Needless to state the house was jammed. Fantomine in preparation—Bo-Peep and Boy Blue—a wonder.

BRITISH THEATRE!

Week-End Programme!

Drama!

"ACCUSED"by Kalem
"BUFFALO JIM"by Vitagraph
"THE PROSPECTORS"Biograph

Comedy!

"MELLER DRAMMER"—"THE DAY OF THE DOG."
"SIMP SIMPSON & THE SPIRITS" and "THE CLOCK WENT WRONG."—Four Selig riots.
ARTHUR PRIESTMAN CAMERON in favorite comedy numbers.

PIANOS

ORGANS!

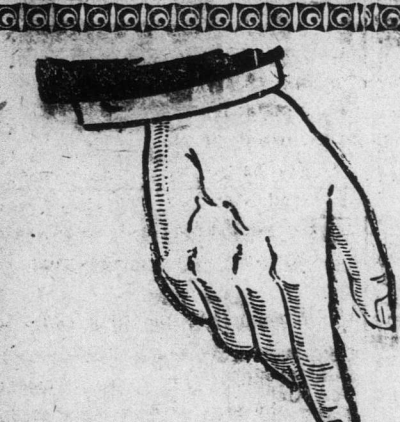
All stock removed to our new Business Premises, 282 DUCKWORTH STREET.

We Can Quote

the same low prices for the same good instruments sold by us for 20 years back.

CHESLEY WOODS,

282 DUCKWORTH STREET.



Within the next few weeks you are going to buy a new Spring Suit—that's certain. Perhaps to-day, perhaps to-morrow, perhaps in a month—but you're going to buy it.

We think you ought to know why it's wise to "do it now." The best reason is that our stocks are complete—you're bound to get more style satisfaction out of a broad choice than a narrow one—you get the broad choice now—you may not get it later.

This is why we invite your inspection of the stylish patterns now on hand.

Chaplin,

THE STORE THAT PLEASES.

GROVE HILL BULLETIN

THIS WEEK.

The following Cabbage Plants are now ready for delivery:

Henderson's Succession, Early Jersey Wakefield, Early Stamp, Winningstadt, Charleston Wakefield, Early Express, Savoy, First Best. Price 80c. a hundred; \$7 a thousand. Cauliflower, Early Dwarf, King of Cauliflowers, Purity, each \$1 a hundred. Brussels Sprouts, \$1 a hundred.

J. McNEIL, Waterford Bridge Rd.
may31,6i PHONE 247.

Fashion Plates.

The Home Dressmaker should keep a Catalogue Scrap Book of our Pattern Cuts. These will be found very useful to refer to from time to time.

1304.—A SIMPLE PRACTICAL GARMENT.



Ladies' Apron.

Sateen, alpaca, percale, seersucker, lawn, cambric and gingham are best suited to this style. It has simple lines, and is easy to develop. The belt, which may be omitted, holds the fullness over the back. The apron has shoulder and underarm seams. Its free edges at neck and armholes may be hemmed, underfaced, bound or trimmed. The Pattern is cut in 3 sizes: Small, Medium and Large. It requires 3 1/2 yards of 36 inch material for a Medium size. A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.

1315.—A POPULAR SIMPLE DESIGN.



Girl's Middy Dress with Skirt Attached to a Separate Waist.

Embroidered and plain voile are here combined. This model is good for all wash materials. It may be made with the fullness of the blouse "belted in," or in loose style. The sleeve may be finished in wrist or elbow length. The skirt has plaited fullness in front, and is attached to an underwaist that may be of lawn or lining. Gingham, chambray, lawn, voile, linen, organdie, crepe, seersucker or batiste, are all nice for this model. The Pattern is cut in 4 sizes: 6, 8, 10 and 12 years. It will require 3 yards of 44 inch material for a 10 year size. A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.

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Size

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5c. lb.

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MERCHANT ROAD.

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if your requirements for any

Pickles and Sauces.

inned and Bottled Fruits.

Chocolate and Milk.

Cocoa and Milk.

ump and Elder's Coffee.

BONED CHICKEN,

1 lb. tins.

A full assortment of

CIGARETTES.

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you want to make the time

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