

Here and There

Try Campbell's Delicious Ice Cream.—June 4, 11

HERE ON VACATION.—Mr. T. P. son of 'Head' Post, is here on a visit from North Sydney.

DR. LEHR, Dentist, 208, Water St. Best quality Teeth, \$12.50 per set. Teeth extracted without pain, etc.—118.2m

ADMITTED TO HOSPITAL.—Seven patients entered the General Hospital yesterday suffering from various ailments.

CURED CODFISH.—So far only a small quantity of this year's catch of codfish have been shipped to foreign markets.

ICE.—Order your daily supply of Ice from J. W. CAMPBELL, Ltd.—June 4, 11

DANISH VESSEL ARRIVES.—The Danish schr. Tasa, has reached Trinity from Morocco. She is in ballast to Ryan Bros.

REACHED OPORTO.—After an excellent passage of 17 days from Halifax the schr. Tobatic has arrived at Oporto.

A few customers can be supplied with Fresh Milk daily. Phone 96.—Aug 7, 31

CITY FATHERS MEET.—The City Fathers will meet this afternoon, when the matter of increasing salaries will come up for discussion.

See our new stock of Engagement, Birthday, Signet and other rings just opened. R. H. TRAPNELL.—1728.11

BACK FROM STRAITS.—The schr. Eric Max, with 120 qts. of codfish on board, reached Bonne Bay yesterday from the Straits.

Every bottle of Queen of Liniments is stamped with the words "Stafford's Liniment."—Aug 4, 11

ARCHBISHOP LEAVES.—His Grace Archbishop Howley went to Placentia by yesterday morning's train. He will remain there a week.

TO RENT.—Portion of our large Warehouse, ground floor; also office. CHESLEY WOODS, Manufacturers' Agent, 140 Water St.—July 31, 11

NEW BOAT MAY BE BUILT.—It is said that the C.C.C. Boat Club propose getting a new race boat built to go on the pond next year. The club will meet shortly when the matter will be discussed fully.

Something is wrong when you are always feeling too tired to do your work. Try a bottle of Stafford's Prescription "A."—Aug 4, 11

STEPHANO SAILS.—The s.s. Stephano sails to-morrow for Halifax and New York, making six passages. Mrs. D. J. Cantwell, Mrs. M. Hennebury, Miss M. Hennebury, T. Ryan, M. Miller and 10 in steerage.

Our examination is thorough. Our reputation is back of every pair of glasses fitted. Consult us when your eyes trouble you. R. H. TRAPNELL, Eye-sight Specialist.—1728.11

FOR HUDSON BAY.—The schr. Laddie, Capt. Harold Bartlett, taking the Flaberty party, will leave to-day for a two years' cruise in Hudson Bay. The members of the party look forward to their trip with pleasure.

One heavy Cart or General Horse for sale. J. W. Campbell, Ltd.—July 31, 11

REGATTA MEN MEET.—The Regatta Committee will likely meet next week to finalize their affairs. The protest of certain parties against the Nettle R's Naval Reserve crew will be considered and other important matters.

Dr. de Van's Female Pills. A reliable French regulator, never fails. These pills are exceedingly powerful in regulating the female system. Dr. de Van's are sold at all drug stores. Write to any address. The Beecham Drug Co., St. John's, Nfld.

DOING GOOD WORK.—Capt. Ambrose T. de la Roche is doing very good work in the Straits. A few days ago he sailed for 600 qts. codfish and was then picking up a lot of fish. Nearly all the crews fishing at Belle Isle in the Straits, are doing well.

STRUCK BY AUTO.—Regatta evening a young man passing along one of the suburban roads was hit by an auto as he tried to cross the thoroughfare. He was not dangerously hurt, but seriously enough to cause his removal to hospital, where he was taken in the ambulance.

WOMAN FOUND DEAD.—Deputy Minister of Justice, Mr. Hutcheson, had the following wire yesterday from Old Perlican: "Mrs. Annie Pike, a widow, left her home at Old Perlican, to go berry picking. Her body was found in the road leading to Lead Cove, this morning."

FOR WOMEN'S AILMENTS. Dr. Martell's Female Pills have been the Standard for 20 years and for 40 years prescribed and recommended by Physicians. Accept no imitations. At all druggists. may, m. w. 11

BROAD COVE REGATTA.—Great preparations are now being made for the annual Broad Cove Regatta which takes place on August 20th. The collectors are now in the city soliciting donations and it is to be hoped that the affair will prove as successful as those of previous years.

Cigarette Smokers

Save Your Coupons

for the big

Cigarette Premium Scheme

Now organized by the Imperial Tobacco Company (Nfld.) Ltd.

Every package of Cigarettes now contains from 1 to 3 coupons, according to size.

These premiums cannot be bought, they are given absolutely free in exchange for Cigarette coupons.

Ask your dealer for premium list which gives full particulars, or apply to the

Premium Department.

Imperial Tobacco Company (Nfld.) Ltd.

A Day in The Life of a Hospital Nurse.

Ding, dong-ding, dong! Oh, dear! Getting up time already! But the nurse, stifling a yawn, rises on the instant for martial is the discipline in a hospital. She has known an order telephoned to the probationers' home, nearly a mile away; "Send back Probationer Jones." And when "Adm. Jones," full of forebodings, arrived, she has been gravely requested to restore a bottle to its proper place in the cupboard, and then told to return home again.

Having through her toilet, the nurse-trips downstairs, and at six-thirty she is in her place for breakfast—a meal that is soon over. Back then she goes to her own room, where she makes her bed and puts everything in apple-pie order.

Ding, dong-ding, dong! Again the bell in the tower clangs imperiously; this time—it is now seven o'clock—for the day staff to come on duty. So the nurse descends, joins some of her sisters, and together they enter their allotted ward, where the night nurses though they have been busy for three hours are still at work.

To her share falls bed-making, and at it she goes at lightning speed, listening the while to her colleague's summary of the night's events, as well as chatting with the patients, in each of whom she has a smile and a greeting.

Helping the Dressers.

One—number sixteen—labours under a grievance; he abdominalises his strictly milk diet. The prime joke of the ward at present is that when the house-surgeon told him yesterday morning that he would die unless he stuck to his milk, he promptly retorted, "Well, s'e, p me, doctor, I'd rather die like a man than live like a bloom-in' calf!"

And now he laughs in his own despite—for he is appallingly serious on the great milk question—at the nurse's salutation: "So you are going to live like a calf after all!"

Boom! Eight o'clock, instantly work ceases; silence falls on the ward; and all the patients who are up, with the nurses and wardmaids, assemble for prayers.

Next come the general cleaning, polishing, and what-not, and so the daily round continues till ten, when the last speck of dust having been banished, the nurse retires to make herself neat and to get a mouthful of lunch.

Follows the house-surgeon's round. And as that official goes from bed to bed the nurse helps the dressers to bandage, etc., afterwards assisting in clearing up.

The chief joy of the day, from the patients' point of view, succeeds the chief misery. It is dinner, which, for any one of most "cases," may consist of chicken or—not. For this, and other reasons, an eye has to be kept on the plates as they are distributed. Mistakes—and "mistakes"—are possible.

"Doing Him In" by Poison.

Afterwards the nurse descends for her own dinner. Dinner! It is such a name; but as the principal meal of the day it is a ghastly failure. Notoriously, no cook on earth could serve a dinner in hospital to satisfy the nurses—in hospital, mind.

Work is taken up again with the straightening of the beds, followed by medicine-giving, which is relieved from monotony by the dark suspicions of number twelve.

"You first, nurse," he pointedly remarks, when offered his dose. If she samples his medicine without dropping dead he is not marked for the "clod-meat store"—not yet. Such is his reasoning. Accordingly, to reassure him, she drinks the villainous mixture "as before"—that is (in this instance only)—much as if it were concentrated quinine of the most potent.

Any change? No. Satisfied on this point, number twelve extends his hand for his prescribed quantum. So far, the doctors are not bent on "doing him in" by poison.

Then—sah! It is two o'clock, and for an hour not a word, not an avoidable sound must break the silence of the ward, that the patients may

To Restore Good Health

The first thing to do is to correct the minor ailments caused by defective or irregular action of the organs of digestion and elimination. After these organs have been put in good working order by simply use of

BEECHAM'S PILLS

(The Largest Sale of Any Medicine in the World) better digestion results, and then the food really nourishes and strengthens the body. The first dose gives relief and sound sleep, quieter nerves, and improved action of all the bodily organs are caused by an occasional use of Beecham's Pills. They give universal satisfaction and in safety, sureness and quickness of action Beecham's Pills

Have No Known Equal

Sold everywhere. In boxes, 25 cents. The directions with every box are very valuable.

sleepy, or, at any rate, have every chance of sleeping. Afternoon, indeed, is a quiet time generally.

Close of the Day.

Five o'clock. Tea is over, and once more it is work, work, work! Dressing (in the medical, not the feminine sense) comes first; then making temperatures; then giving medicines; then going round with suppers; then making the patients comfortable for the night.

Last of all the nurse starts a hymn in which everybody—yes, even number twelve—joins heartily. And scarce have the last notes died away before a cry comes from one of the convalescents:—

"Rock of Ages, nurse, please!"

So that, too, is sung, and sung with a fervour that vibrates heart-strings which have been in danger of becoming atrophied.

Boom! The patients' day is at an end, for from the tower far overhead sounds the first stroke of eight, and with a chorus of "Good night" all settle down to sleep.

Welcome Nine-thirty.

Silent and still soon becomes the big ward. But the nurse's vigilance does not relax. Alert for any sound or movement, she keeps careful watch over her charges, and when presently a patient becomes restless she is prompt to cope with the needs of the case. What wonder, then, if she is tired when nine-thirty comes, and a night nurse enters the ward to relieve her?

Descending again and for the last time, she has supper, and then, weary in body and mind, alike, goes to her room. And bed feels good—very, very good.—Tit-Bits.

Your Duty.

Nothing to do with the Custom House, good friend. Its only reference just now is to yourself. Let us suppose that you are a man of family with sufficient of this world's goods to keep them in comfort. Very well. You did not reach this satisfactory state of affairs without care and labour—few men do. Suppose you are awakened some night with shouts of alarm ringing in your ears. Too late then to talk of prudence; too late then to say: "If I had only, etc., etc." That "if" means too much to many forgetful people. Is it not always the duty of a self-respecting citizen to protect his home and thus provide for those within it. Is it any more than his duty to those depending on him to protect them as far as possible. Can you call your property your own when it is not insured? The answer to this argument is to carry insurance with Percie Johnson's agency, the most popular office in Newfoundland and the least expensive.—Aug 5, 11

Baseball.

The second Inter-Town game takes place this afternoon on Bell Island between Grand Falls and the Islanders. The players will be:

Grand Falls	Manager	Bell Island
H. B. Chamberlain	J. Fraser	Hines
Burg	Pitcher	Archibald
McHenry	Catcher	McLean
Foran	1st base	Proudfoot
	2nd base	
Fortler	3rd base	Blackwood
Gifford	Shortstop	McKenzie
Hackett	Right field	Morley
Schroont	Right field	Lehr
McHenry	Left field	Burnham
Slocum	Spares	Kavanaugh
McBain		Noonan
Redmond		Pearce

Last evening the city nine had a try-out with a team of tourists from the Stephano.

Do You Want To Be Taller?

Little men may no longer feel small when the six-foot policeman gazes down on them. Doctors are now going in for the elevating business. They're making boys grow tall at the rate of an inch a month.

An astonishing thing was told 't'ry Dr. G. A. Gibson at a recent meeting of the British Medical Association in Liverpool. One of Dr. Gibson's friends had a son who at the age of eighteen was only 4ft. 11 in. in height. The boy had set his mind on becoming an officer in the Army, but was not tall enough to enter the examination. So Dr. Gibson began to treat him.

In the throat is a curious gland, it is called the thyroid gland, and is thought to have something to do with growth. Dr. Gibson gave the boy an extract from the thyroid glands of animals. He at once began to grow, and at the end of six months he was seven inches taller. So he was able to enter for his examination, and won one of the highest places.

It is thought, too, that really wonderful results can be accomplished,

I bought a horse with a supposedly incurable ringbone for \$30. Cured him with \$100 worth of MINARD'S LINIMENT and sold him for \$185. Profit on Liniment, \$54.00.

MOISSE DEROSUE, Hotel Keeper, St. Philippe, Que.

perhaps by starting the same process earlier in life. The method, of course, is quite in its infancy, and all sorts of wonderful things are being predicted for it.

PILES.

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Chemists.

Zam-Buk
FOR ALL SUMMER SORES

Address all applications for samples and retail orders to T. McFarlane & Co., St. John's, Nfld.

Struck by Main Boom.

Mr. Herbert Wright, a passenger on board the Lila D. Young, met with an accident while proceeding from this port to Labrador. Mr. Wright was going there to examine some timber properties on behalf of the Maritime Lumber Company of Halifax, Nova Scotia. About 9 o'clock on Saturday night Mr. Wright was standing on the after deck when the main boom swung over and struck him in the face, splitting his nose and bruising his face. In falling a guy rope lacerated him and he fell on the deck insensible. For quite a time he remained insensible and for a time it was thought he was dead. Capt. Diamond did the best he could for him until Catalina was reached and he could hand him over to the professional care of Dr. McKay. This was at seven o'clock on Sunday morning. Lodgings were provided for him and he is remaining there until he is sufficiently recovered to resume his journey, which will probably be by the s.s. Kyle next week, as he is making a good recovery.

Paris has pronounced tulle the summer favorite. It stands the test of good wear and good style.

MINARD'S LINIMENT USED BY PHYSICIANS.

Cable News.

Special to Evening Telegram. VALPARAISO, To-day. The Chilean steamer Isidora, was wrecked off Cape Carranza and all members of the crew except one were drowned. She was a coasting vessel owned in Valparaiso.

NEW YORK, To-day. District Attorney Whitman in a statement formally accepted the fusion nomination for District Attorney, and declared he would take an active part in a campaign to elect the entire ticket headed by John P. Mitchell, Collector of the Port of New York.

The regular Quarterly Meeting of the Mechanics' Society will be held on Monday, August 11th, at 8 p.m. JAS. J. LEAHEY, Secretary.—Aug 8, 11

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