

THE HOME CIRCLE. knit in pale blue worsted and a tiny pincushion embroidered with blue corn-flowers and frilled with lace helps to furnish the toilet table. The room is

HURRIED DINNERS

IUNATED DINNERS. It is a mistake to eat quickly. Masti-cation performed in haste must be im-perfect, even with the best of teeth, and due admixture of salivary secretion with the food cannot take place. When a huge mass of inadequately crushed mus-cular fibre, or undivided solid material of any description, is thrown into the stomach, it acts as a mechanical irritant, and sets up a condition in the mucous membrane lining of that organ which greatly impedes, if it does as a talogether huge practice of eating quickly and filing the stomach with unprepared food is not cumbered with unnecessary knick-nacks, but a dust-bag, a trash-basket, ornamented in harmony with its sur-roundings, are included in the necessary furniture of the room. The room do ling, which may be bought at any store dealing in decorative materials. A pretty duchesse table may be improvised the practice of eating quickly and uning the stomach with upprepared food is habitual, the digestive organ is rendered in a proper func-ittings of the room can be managed by any upprepared for the store materials at a slight exincapable of performing its proper func-tions. Either a much larger quantity of food than would be necessary under natural conditions is required, or the system suffers from lack of nourishment.

Just as a man may go on for years with detective teeth, imperfectly masticating his food, and wondering why he suffers EDUCATION, TRUE AND FALSE. The rapid increase of knowledge in this country and the general spread of dress. intelligence in all classes is a just cause their ration

his food, and wondering why he suffers from indigestion, so a man may habitu-ally live under an affliction of hurried dinners, and endure consequent loss of health, not knowing why he is not well, or how easily the cause of his illness might be remedied. She looked at the silent way this country and the general apreau of for pride in the nation. Yet there is a certain danger which wige men see in this apparent thirst for knowledge. The mere hoarding up of facts does not edu-cate a boy or girl. Only so far as the receiver of instruction digests the know-"There's a fire! Wake up!"

THE CLOTHING OF BABIES. Although I own that children are now fore sensibly clothed than was the case this own and is wiser and, consequently, it is still communication and the makes it has a finite model in the sense the sense in the sense the sense is a sense of the sense is a sense the sense is a sense of the sense is a sense of the sense the sense is a sense of the sense is a sense of the sense the sense is a sense of the sense is a sense is a sense of the sense is a sense is a sense is a sense is a sense of the sense is a sens more sensibly clothed than was the case thirty years ago, it is still common to see an infant, who can take no exercise to warm himself, wearing a low-necked, abort-sleeved, short-coated dress in the coldest weather. The two parts of the body—wiz, the upper portion of the abdomen—which it is most uncortant to chest and the lower portion of the abdomen-which it is most important to the sponded, and the child is rendered liable o colds and long diseases on the one and and howel completion to the transformation of the sponder that give a ind a good education and he cannot but come to ride in his carriage, "has made a radi-cal mistake The miser who hoards up coin in the recess of his yau!ts is poorer than a literal beggar, because he has hand, and bowel complaint on the one than a interal beggin, because he has What little there is of the dress is chief-by composed of open work and embroid-ery, so that there is about as much that hands up knowledge that he has no that hourds up by composed of open work and embroid-ery, so that there is about as much warmth in it as in a wire sieve, and the power to use is more foolish than a child warmth in it as in a wire sieve, and the socks accompanying such a dress are of cold white cotton, exposing a cruel length of blue and red leg. I cannot see the beauty of a pair of livid blue legs, and would much rather behold them comfor-tably clad in a pair of stockings. If the beauty lies in the shape of the leg, that analy in the coloring of the displayed to as much ad-vantage in a pair of stockings; if it lie to the coloring of the displayed to as much ad-vantage in a pair of stockings; if it lie to the coloring of the displayed to as much ad-vantage in a pair of stockings; if it lie to the coloring of the displayed to as much ad-vantage in a pair of stockings; if it lie to the coloring of the displayed to as much ad-vantage in a pair of stockings; if it lie to the coloring of the displayed to as much ad-vantage in a pair of stockings; if it lie to the coloring of the displayed to as much ad-vantage in a pair of stockings; if it lie to the coloring of the displayed to as much ad-bouse wisely and well is a better-educat-house wisely and well is a better-educat-tor the coloring of the displayed to as much ad-bouse wisely and well is a better-educat-tion the coloring of the displayed to as much ad-bouse wisely and well is a better-educat-house wisely an

vantage in a pair of stockings; if it he in the coloring of the flesh, besutifal coloring will not be obtained by leaving the legs bare, and from the artistic poir i of view, a blue or red stocking is infinite-ly preferable to a blue and red leg. KITCHEN CABINET.

tion

A most convenient kitchen cabinet or table, said to have been designed by a woman and made by her husband, should woman and made by her husband, should have place in every kitchen. The table, which is of hard word is oblong is the bland of the and the bland of t which is of hard wood, is oblong is shape and not very high. It contains four drawers, two at one end of about the same size, a long one in the middle, and read "replete with thoughts of other men" may pass for wise for a time; but the first practical test demonstrates his folly. As only an infinite mind can grap wisely and perfectly all the facts of a fourth small drawer at the other end a fourth small drawer at the other end an infinite universe, it follows that any

These drawers are to be used for silver attempt of a finite mind to do this must be shallow and trivial. As knowledge broadens it is demonstrated more clearly for silver and glass, for dish towels and cloths, and the countless other small cloths, and the countless other small things needed in dish washing and bak-ing There are also averaged baking and bak-should learn all, but rather become en compartments of different s.z.s for to learn accurately what we do learn. lding the kneading-board, rolling-pin, "Education in its deepest sense," says a high back like that attached to a plan ideboard or commode, against which are as ened at either end cranes to hold tc. But the special feature of the table is

TOUCHING INCIDE .. . Dead Fireman's Chi.... Him from fins Last 5 What is the matter with Steve Neall's 5 year-ou . caught sight of her dean 1 coffin last Friday even ug

Francisco Kxaminer, su question of those why had the he bier. "Papa is asleep," they " "Why is papa in that uppersisted.

"He can sleep better iter "Good-night, papa." She passed into the a"j. and was soon asleep. The mourners sat about the the dead fireman all night

. It is "z the alarm when the little giri thu into the foom in her long wi

The looks of the propie to ... room and the strange silence of the fath-

to bring him to his feet: "Wake up, papa. You'll mins the fit

and he fined! When he did not stir the k ow

Terments of Tosthache. I can recommend Hagyard's Yellow Oil as a sure cure for tootbache. suffered for several days, then I hear

ed my cheek and rubbed the Yelin Oil on it and was immediately reliev tical does it reach the dignity of educa-

There is no more shallow method o MRS DAVID G ARNOTT. Russel, Man. Teach Your Boys To read aloud when requested. To cultivate a cheer'ul emper To help their mother and sister. To wipe their boots on the mat. To run, swim, carve and be neat. To sew a button and to do an errand To speak pleasantly to an old woman To cut kind ings and to sing, if they

> To help the boy smaller than them selves. To put every garment in its proper

Best of All .s.k.

Cough medicines, Ayer's Cherry Pec-toral is imgreater demand than ever. No preparation for Throat and Lung Trophles is so promotion in the second Troubles is so prompt in its effects, se agreeable to the taste, and so widely known, as this. It is the family medicine in thousands of households.

cine in thousands of households. "I have suffered for years from a bronchial trouble that, whenever I take cold or am exposed to inclement weath-er, shows itself by a very annoying tickling sensation in the throat and by difficulty in breathing. I have tried a great many remedies, but none does so well as Ayer's Cherry Pectoral which always gives prompt relief in returns of my old complain." - Ernest A. Hepler, Inspector of Public Roads, Parish Ter-re Bonne, La. thin

"I consider Ayer's Cherry Pectoral a most important remedy

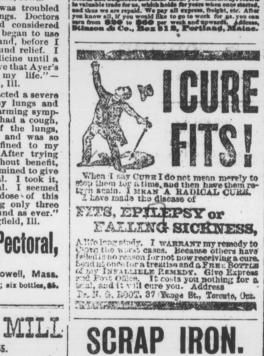
For Home Use.

I have tested its curative power, in my family, many times during the past thirty years, and have never known it to fail. It will relieve the most serious affections of the throat and lungs, whether in children or adults." - Mrs. E. G. Edgerly, Council Blufts, Iowa.

E. G. Edgerly, Council Bluffs, Iowa. "Twenty years ago I was troubled with a disease of the lungs. Doctors afforded me no relief and considered my case hopeless. I then began to uso Ayer's Cherry Pectoral, and, before I had finished one bottle, found relief. I continued to take this medicine until a eure was effected. I believe that Ayer's Cherry Pectoral saved my life."— Samuel Griggs, Waukegan, Ill. "Six years ago I contracted a severe sh. n

Samuel Griggs, Wankegan, Ill. "Six years ago I contracted a severa cold, which settled on my lungs and soon developed all the alarming symp-toms of Consumption. I had a cough, night sweats, bleeding of the lungs, pains in chest and sides, and was so prostrated as to be confined to my bed most of the time. After trying various prescriptions, without benefit, my physician finally determined to give me Ayer's Cherry Pectoral. I took it, and the effect was magical. I seemed to rally from the first dose of this medicine, and, after using only three bottles, am as well and sound as ever." — Rodney Johnson, Springfield, Ill.

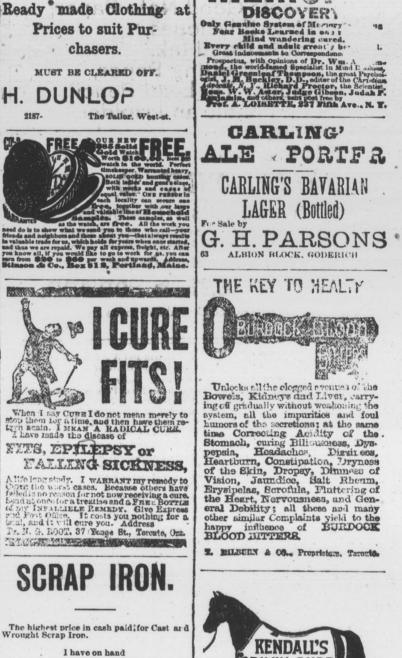




Fall and Winter

GOODS.

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VALUE

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MORTON has been (ER, who will conwell and favorably of that prompt and nion Carriage Works



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ee low prices for the

ALKER. ors to Alex. Morton.)

the simplest handicraft; to do well and who has learned to be accurate, even in the simplest handicraft; to do well and wisely the task, however lowly, set be-fore him. He is an uneducated man fore him. He is an uneducated man Fastened against the back of the table who has learned only enough to despise Fastened against the back of the table re also two very narrow shelves, con-taining openings just large enough to hold in place the various knives, forks and spoons used in cooking, which are suspended in them vertically. In the centre of the back is a small c os d cab-inet in which may be kept the cook books and other kitchen memorands, the door of the cabinet being provided with a his work, and believes that the mere ac

Ma tried everything she could think of of the cabinet being provided with a rack where the cook book may be held bis tried sverything she could think of but without effect, but the first bottle of Burdock Blood Bitters I tried, I found relief. It gave me great satisfaction." LUCY VENABLES, (age 11), 2 Bois-evalu, Man. rely and open at the right place. bournely and open at the right place. Such a cabinet is of great value in saving both time and many weary steps, es-pecially for those mistresses who have to maids, or in flats, where every inch

Order of the Garter,

of room has to be counted. By its side "Honi sont qui mal y pense," said the gallant English monarch Edward III, as uld be a chair of convenient height, or many things in housekeeping may be te as well sitting as standing, and not he picked up a silken band of blue onforts for the kitchen as carefully as casped with silver, which the beautiful Countess of Salisbury lost as she stopped

silk or of dotted or tamboured

great knights and famous men in Eng-

ancy by an ante-Revolutionary ghost, which was painted exactly the shade which it is now fashionable to use in uest chambers. Even the brass-trim-ned mahogany furniture was not want-

First Help for the Wounded.

In all cases of wounds, bruises, sores, ng, nor the high chest of drawers too bersome and unwieldy to be moved cuts and sprains prompt action is neces the serve and unwieldy to be moved cuts and spraine prompt about the week of the serve and the wisdom of these who keep sary and the wisdom of these who keep the serve constant in the serve and the namelled wood in pale bue, ornament-d with gold, is chosen. The bedstead ternally or externally.

Minard's Liniment Lumberman's Friend.

usually brass if the purse of the family ill allow, and is draped with curtains f pale blue and white India silk. A An English trust has purchased five potteries in Trenton, N. J., for \$5,000,. hesse table of muslin tied with blue ons, a long cheval glass, a chiff nier in 000. ue and gold are added to the furniture. Burdock Pills cure sick headache by etty sash curtains of blue and white

regulating the stomach, liver and bow-1m els.

uslin drape the windows A rattan rock-with cushions of blue and white cotton A continuous line of telegraph now joins Europe and East Africa.

pe, and a lounge upholstered in strip-Louis XVI chintz, with suitable Stix mends Crockery, China, Glass-ware, Furniture, etc. Sold by all drugairs, find a place in the furniture washstand is in plain C donial shape lue and gold enamel, with a splasher broidered in water blue, with a lake or 1m. giste.

Chronic Coughs and Colds

crim covers for the bureau and wash and are laid over with heavy cotton the bolished hard wood tops ifficiently. These covers are hemstitch with two-inch hems entirely around, d run with five or six rows of the nar-wide row of heavy linen lace may inh the ends of these covers, if the usewife fancy. A little hairpin box me appropriate scene conventionalized. srim covers for the bureau and wash-And all Diseases of the Throat and

selves. To be houest, make a fire and b punctual. To remove their hats upon entering 01180. To hang up their bats and respect their teacher. To keep their finger nails from wear ng mourning To hold their heads erect and button their mother's boots. To be as kind and helpful to their sis ers as to other boys' sisters. To take pride in having their mother and sisters for their best friends. To close the door quietly, especially when there is a sick person in the hou e. Don't be a Clam. when troubled with a Cough or Cold, get a bottle of Wilson's Wild Cherry and cure it at once, before it has time to conforts for the kitchen as carefully as or the other rooms, will housework cease o be what a clever woman called an verlasting chore. BLUE BEDEGOMS. The present fancy for rooms painted and farmshed in some certain tint dates to be fore the Revolution. The rate recalls one rooms in an ancient tone mansion made terrible to childish ancy by an ante-Revolutionary ghost, settle on your lungs. Why experiment with new and untried remedies, when There is no better remedy for worm of any kind in children or adults than Dr Low's Worm Syrup 1m

Minard's Liniment Cures Distemper.

It Would not Answer.

A distinguished clergyman, says the New York Tribune, has recently con-demned all social and polite fictions. When, for instance, a stupid bore calls upon you, he thinks you ought to tell him that you are not glad to see him, hut that, on the contrary, you are sorry to see him and that you wish he would go. This sort of brutal frankness would not do in the pulpit, as a critic of the clergyman has pointed out. A clergyman might as well quit preaching who should begin his sermens as follows: "My selfish, most ignorant and despicable hearers, I would like to call your prayerful atten-tion to my text, but I know most of you are thinking about other matters and that you do not come here to learn piety, but rather to show your good clothes and maintain a social position."

To THE EDITOR .- Please inform your

H. J. HORTON. At Ferguson's Old Stand, Hamilton 1. Goderich, Nov. 21st, 1889.

31-3m.

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