THE TRIALS OF A HOUSEWIFE

How They Have Been Endured and How Overcome by Lydia E. Pinkham's Vegetable Compound

Experience of a Providence Woman

Providence, R. I.—"I took Lydia E. Pinkham's Vegetable Compound for a female trouble and backache. It began just after my baby was born, and I did the best I could about getting my work done, but I had awful bearing-down pains so I could not stand on my feet. I read in the papers about Lydia E. Pinkham's Vegetable Compound and the good it was doing other women, and I have got dandy results from it and will always recommend it. You can use these facts as a testimonial if you wish."—Mrs. HERBERT L. CASSEN, 18 Meni Court, Providence, R. I.

Ohio woman for three years could hardly keep about and do her housework she was so ill. Made well by Lydia E. Pinkham's Vegetable Compound:

Fayette, O.—"For about three years I was very nervous and had backache, sidecache, dragging-down pains, could not sleep at night, and had no appetite. At times I could hardly do my housework. I got medicine from the doctor but it did not help me. I saw Lydia E. Pinkham's Vegetable Compound advertised in a newspaper and took it with good results, and am now able to do my housework. I recommend your medicine to my friends and you may publish my testimonial."—Mrs. CHESTER A. BALL, R. 15, Fayette, Ohio.

An Illinois woman relates her experience:

Bloomington, Ill.—"I was never very strong and female trouble kept me so weak I had no interest in my housework. I had such a backache I could not cook a meal or sweep a room without suffering with pain. Rubbing my back with alcohol sometimes eased the pain for a few hours, but did not stop it. I heard of Lydia E. Pinkham's Vegetable Compound, and six bottles of it have made me as strong and healthy as any woman. I can never give my thanks to it for my health."—Mrs. A. A. McCUIRTY, 610 W. Walnut St., Bloomington, Ill.

The conditions described by Mrs. Cassen, Mrs. Ball and Mrs. McCuirty will appeal to many women who struggle along under what seems almost insurmountable difficulties. In fact, it is said that the tragedy in the lives of some women is almost beyond belief. Day in and day out they slave in their homes for their families—cooking the daily routine of housework, often make clothes for their families and for their children, or work in their gardens, all the while suffering from those awful bearing-down pains, backache, headaches, nervousness, the blues, and troubles which sap the very foundation of life until there comes a time when nature gives out and an operation seems inevitable. If such women would only profit by the experience of these three women, and remember that Lydia E. Pinkham's Vegetable Compound is the natural restorative for such conditions it may save them years of suffering and unhappiness.

There's hardly a neighborhood in any town or hamlet in the United States where some woman does not reside who has been restored to health by this famous medicine. Therefore ask your neighbor, and you will find in a great many cases that at some time or other she, too, has been benefited by taking it, and will recommend it to you. For more than forty years this old-fashioned root and herb medicine has been restoring suffering women to health and strength.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

WHY YOU SHOULD SAVE

To insure yourself against an unknown future.
To insure happiness and comfort in your old age.
To insure provision for your family in the event of your death.
Commence Saving to-day with

THE ROYAL BANK OF CANADA

A. G. PUTNAM, Manager, Newcastle, N. B.

JUST ARRIVED

New Perfection Oil Stoves

Prepare for the summer by purchasing one of these.

Clearing out of all Washing Machines in stock.
This is an opportunity that should not be missed.

Aluminum, Enamelled and Galvanized Ware
A large and complete range always on hand.

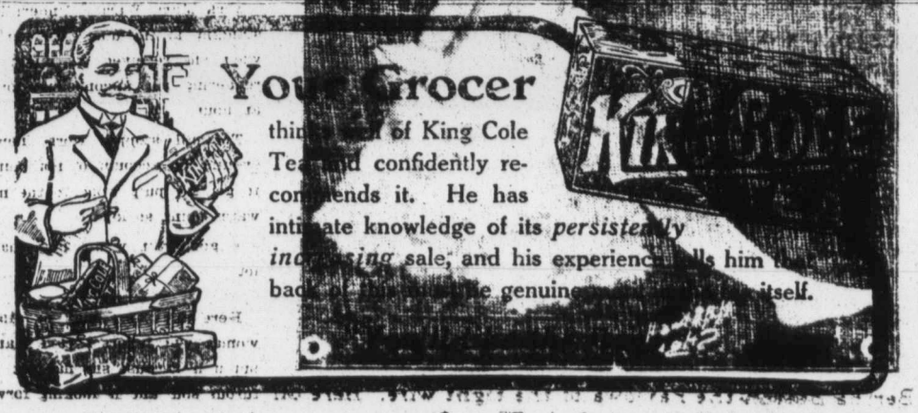
Tin Pails at the ridiculous low price of 3 for $1.
Look up your catalogue and compare

Milk Strainer Pails 65c each.
These are real bargains

STOVES RANGES PLUMBING

B. F. MALTRY

Phone 121 Newcastle, N. B.



ABLE ADDRESS BY REV. F. H. BUCK

(Continued from page 2)

shrapnel hail and the terrible choking gas cloud. But those who confronted did not retreat, but fought the enemy to standstill and proved to the astonished foe that the raw levies of England's were made of the same stuff as the old "Contemptibles" who fought against odds of five to one all the way back from Mons to Ypres. Conditions may change in the future. England's colonies are growing to young nations. The time is not far distant when the center of importance of the Empire will shift westward from London, but whatever happens the Empire will stand the greatest league of free nations the world has ever seen.

Being an island country the sons of England have had the love of the sea in bred in their veins. Perhaps it was inherited from their Scandinavian forefathers whose longboats harried the coast of Europe from Norway to Rome and took what pay they would.

Wherever the sun has shone on the sparkling, from far to the north where the icebergs grind, to the southern sea where the palm tree grows, on the coral reef, the ships of England have gone with the cross of St. George at the masthead.

We have fled our sea for a thousand years,
And she calls us still unfed,
Though there's never a wave of all her waves
But marks our English dead.

We have strewed our best to the weed's unrest,
To the shark and the sheering gull.
If blood be the price of admiralty,
Lord, God, we ha' paid it in full.

Aye, England has paid her price for the right to be called mistress of the seas. She has had to meet and vanquish many an adversary. It was Drake, Raleigh, Hawkins and many another captain who captured the great Spanish galleons on their way back from the New World and scattered his great Armada to the four winds. Their sons likewise picked up the guage of defiance which Holland flung down for the mastery of the seven seas and Blake, with his merry men, forced Van his masthead with which, he once had boasted, he would sweep the English from the sea. Then it was Nelson who donned the mantle left by his famous forbears and the guns of the Nile and Trafalgar foiled Napoleon's dream of invasion of England and the conquest of the world. In 1914 it was the German navy, which, with the toast of "Der Tag" on its lips, flung down the challenge to that white ensign with the cross of St. George proudly emblazoned upon it. The answer came to that toast with the guns of Anyhazen, Falkland Isles, Jutland, together with Ostend and Zeebrugge, whose anniversary we also commemorate today. After those battles the residue of the German fleet sought safety in its mine guarded harbors, with the bulldog's teeth snapping at its heels, while the bodies of the old Vindictive, the Thetis and the Iphegenia remained as plugs for the wasps' nest from which many a noble ship had been stung to death.

The task of the British navy in its ceaseless watch through storm and fog, its unhestitating self-sacrifice when sacrifice was needed, its work in convoying safety to their destinations to and from the theatres of war twenty million troops, including the whole of the American army, gradually wore down the morale of the enemy, shut off its food supply and was undoubtedly one of the deciding factors in winning the war.

But while we give due credit to the navy of England we must not forget the army. From the time when the English yeomen, with the war cry, "St. George ..." on their lips, brought down the pride of chivalry of France with their arrow fire at Crecy, Poictiers and Agincourt, the British infantry, though often small in numbers, was always respected by the neighbors. Under Marlborough it curbed the power of the greatest monarch France ever possessed. Under Wellington at Waterloo it caused the star of Napoleon to set in a sea of blood. The Russian infantry went down before the bayonets of the Guards at Inkerman and his gunners recoiled from the sabres of the Light Brigade at Balaclava. Since then the British Tommy has fought beneath many a land. Fighting back to back he reformed the broken square at Abu Klea when the "Fuzzy, Wuzzy" of the Soudan charged through with his shovel-headed spear. Though dying to the last man at Isandulana, at Rorke's Drift and Ulindi, he subdued the Zulu impis of Cetewayo, the greatest fighters of South Africa. He compelled the submission of Afghan and Pathan in their rocky villages in the Himalayas. He faced the lurking savage in the swamps of the Gold Coast and the fevers of Burma. Gordon avenged at Omdurman. The guns of Majuba Hill, Sion Kop and Colenso were answered by those of Paardeburg, Ladyship and Mafeking. The Boer became a Briton.

What the English Tommy endured and suffered in the late war I do not need to tell you. No man could do so adequately. They told us England was a decadent country. That she cared only for drink and football. Let those who said such things stand by the "tower bridge" on the great crossier at Loos, let them gaze over the powdered villages in the "bloody bath of the Somme"; let them pass through the gate at Ypres and let them uncover when they do so for the ground whereon they stand is holy ground, watered by the blood of England's best and bravest. No nation is decadent which could produce England and for a principle, an ideal.

But lest one might think England is, on the one hand, a purely militarist nation, or, on the other, as Napoleon said, "a nation or shopkeepers" she stands second to no country, in the field of literary achievements. Only the works of that Greek trio, Euripides, Sophocles and Aeschyles, can compare with the magnificent portrayals of human life we find in the dramas of Shakespeare. As an epic poet John Milton has only two rivals, Dante and Virgil. Keats, Shelley and Wordsworth remain supreme as masters of lyric poetry. As she was the pioneer of the drama, she was also of the novel, and the names of Dickens, Thackery, Scott and Elliott will always remain glorious in this sphere of literature. In philosophy we have Herbert Spencer, J. S. Mill and Bentham. In science there are Huxley, Darwin, Wallace and many another. So that in the sphere of the aesthetic as well as the material we have every reason to be proud of the land from which we have sprung.

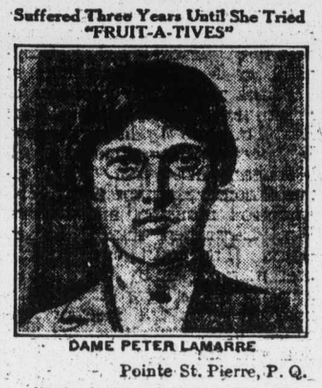
Much has England done in the past. She has borne herself nobly in the great crisis just over. But what is the spirit of England today? Will they prove worth of the sacrifice that has been made or has the old virtue gone out of them? Has she been so bruised and battered by war that she has sunk below the levels of her old solidity? Under the stress of evils following the war—the downfall of enthusiasm, the corruption and injustice of profiteers, the fear of poverty—is England losing that instructive wisdom that was hers in spite of small stupidities and large ignorance?

At first one is oppressed by fear that these things are so. Capital and labor seem to be arrayed in hostile camps, each with no thought of the welfare of the other. In the slums, the alleys, and tenements where epoverty and misery were so greatly felt are coming men who in their bitterness want to smash everything because so much is evil. Their teachers spread propaganda everywhere, educating their followers. The "big interests," the profiteers, are also organizing for a conflict. But in spite of the signs of internal trouble I feel certain that the sterling commonsense of the mass of the English people will avert the conflict just as they did

(Continued on Page 6)

TORTURED BY TERRIBLE ECZEMA

Suffered Three Years Until She Tried "FRUIT-A-TIVES"



DAME PETER LAMARRE

Pointe St. Pierre, P. Q.

"I think it my duty to tell you how much your medicine has done for me. *I suffered for three years with terrible Eczema.* I consulted several doctors and they did not do me any good.

Then, I used one box of *'Sootha-Salva'* and two boxes of *'Fruit-a-tives'* and my hands are now clear. The pain is gone and there has been no return. I think it is a marvellous cure because no other medicine did me any good and I tried all the remedies I ever heard of, without benefit until I used *'Sootha-Salva'* and *'Fruit-a-tives.'*

'Fruit-a-tives' cooled the blood and removed the cause of the disease, and 'Sootha-Salva' completed the cure."

Dame PETER LAMARRE (fils).

50c. a box, 6 for $2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

HORSE AILMENTS
of many kinds
quickly remedied with
DOUGLAS'
EGYPTIAN LINIMENT

The best all-round liniment for the stable as well as for household use. Cures thrush, sprains, bruises. STOPS BLEEDING INSTANTLY AND PREVENTS BLOOD POISONING. Keep it handy.

At all Dealers and Druggists.

Manufactured only by DOUGLAS BROS., NAPANEE, Ont.

ZAM-BUK

is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!

All Druggists and Stores.—50c.

Quality maintains economy. You may pay less "per gallon" for other lubricating oils, but you get more lubrication "per dollar" when you buy Imperial Polarine Motor Oils.

CUTS OPERATING COSTS—

THE economy of using Imperial Polarine Motor Oils extends over practically every item of motor operation.

The lubrication afforded at every friction point and the gas-tight piston-to-cylinder seal means a big saving in fuel bills and a noticeable increase of power.

Through perfect protection of all motor parts, undue repair bills are avoided and depreciation is greatly reduced. By using Imperial Polarine Motor Oils you can save dollars this year on maintenance alone. Besides, you realize more profit and greater usefulness from your car.

Always use the grade of Imperial Polarine recommended on our Charts for your type of motor. See Charts at your dealer's or write to 56 Church Street, Toronto, for a copy of our interesting booklet, "Automotive Lubrication," which contains the complete Chart of Recommendations.

IMPERIAL OIL LIMITED
BRANCHES IN ALL CITIES

WE GIVE IMPERIAL Polarine MAKES A GOOD CAR BETTER CRANK-CASE SERVICE

For a Clean, Efficient Motor

Dealers displaying this sign will thoroughly clean the old oil and the grit and the dirt out of your crank-case; will flush your motor crank-case with Imperial Flushing Oil and refill it with fresh lubricating oil. Your crank-case should be cleaned every 1,000 miles or less. It means more economy and more satisfaction to employ Imperial Polarine Crank-Case Cleaning Service.