

FRIGHTFUL STOMACH TROUBLE

For Four Long Years He Suffered—Then "Fruit-a-tives" Brought Relief.

Stratford Centre, Wolfe Co., Que. May 11th, 1908.
I have been completely cured of a frightful condition of my stomach through this wonderful medicine, "Fruit-a-tives." I suffered for four long years with this trouble. My head ached incessantly. I could not eat anything but what I suffered awful pains from indigestion. I used every known remedy, and was treated by physicians, but the dyspepsia and headaches persisted in spite of the treatment.



I was told to try "Fruit-a-tives," and I sent for six boxes, and this was the only medicine that did me any good. I am now entirely well. I can eat ordinary food and I never have a headache, and for this relief I thank this wonderful remedy "Fruit-a-tives." My case is well known in this vicinity and you may publish this statement.
ALCIDE HEBERT.
50c a box, 6 for \$2.50, or trial size 25c. If, for any reason, your dealer does not handle "Fruit-a-tives," they will be sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

No Summer Vacation

We would greatly enjoy one, but as many of our students are from long distances, and anxious to be ready for situations as soon as possible, our classes will be continued without interruption.

Then, St. John's cool summer weather makes study as pleasant during the warmest months as at any other time.

Students can enter at any time. Send for catalogue.
S. Kerr
Principal

EASTER FLOWERS.

Easter Lillies, Calla Lillies, Lily of the Valley, very choice roses, Carnations, Violets, Hyacinths, Daffodils, Narcissus, &c. Our flowers this year are better than ever. Leave your orders early and receive prompt attention.

H. S. RUIKSHANK.
Florist,
159 Union St. St. John N. B.

Do You Use a Liniment?

Then you want the best. The best Liniment, and other things being equal, is the strongest, and,

GATES' ACADIAN LINIMENT

is certainly the strongest in use. The moral is obvious—Get Gates'. A bottle kept constantly on hand will save many an ache and pain. Lumbermen have found Gates' Liniment the best they can get, for both human and beast.

Athletes find it just the thing for a rub down.

For internal use it is par-excellence.

Sold everywhere at 25c
C. GATES, SON & CO.
Middleton, N. S.

SIGN OF THE SEVEN DEVILS.

A distinguished doctor some time ago wrote to a publisher of a medical work: "I would not see a patient with indigestion, nor any other disease, unless I had seen him first, then one afflicted with the seven evils of Indigestion and Dyspepsia." That doctor knew exactly that indigestion is difficult to cure—that it poisons the blood, starves and weakens the body and nerves, but he didn't seem to know that Mother Seigel's Syrup has cured tens of thousands of cases of Indigestion. Simon Briand, Cape August P.O., Richmond Co., N.S., wrote us on January 27th last, saying: "For over 3 years I suffered from stomach troubles. The little food I ate gave me no nourishment to my body. Three months ago, I tried Mother Seigel's Syrup and two bottles of it completely cured me." He adds that it also cured a number of his friends.—Price 60 cts. per bottle. A. J. White & Co., Ltd., Montreal.

The Liberty of the Press

The following gem on the liberty of the press is from an argument made by John Philpot Curran in defence of A. H. Rowen accused of criminal libel in the Court of Kings Bench, Dublin, on January 24th 1794.

What then remains? The liberty of the press only—that sacred palladium, which on influence, no power, no minister, no government, which nothing but a depravity, or folly, or corruption of a jury, can ever destroy. And what calamities are the people saved from, by having public communication left open to them? I will tell you gentlemen, what they are saved from. I will tell you also to what both are exposed by shutting up that communication. In one case, sedition speaks aloud and walks abroad; the demagogue goes forth—the public eye is upon him—he frets his busy hour upon the stage, but soon either weariness, or bribe, or punishment, or disappointment bears him down, or drives him off and he appears no more. In the other case how does the work of sedition go forward? Night after night the muffled rebel steals forth in the dark and casts another and another brand upon the pile, to which, when the hour of fatal maturity shall arrive, they will apply the torch.

If you doubt the horrid consequence of suppressing the effusion even of individual discontent, look to these enslaved countries where the protection of despotism is supposed to be secured by such restraints. Even the person of the despot there is never in safety. Neither the fears of the despot, nor the machinations of the slave, have any slumber—the one anticipating the moment of peril, the other watching the opportunity of aggression. The fatal crisis is equally a surprise upon both; the decisive instant is precipitated without warning by folly on the one side, or by frenzy on the other—and there is no notice of the treason, till the traitor acts. In those unfortunate countries, one cannot read it without horror—there are officers whose province it is, to have the water which is to be drunk by their rulers, sealed up in bottles, lest some wretched miscreant should throw poison into the draught.

But gentlemen, if you wish for a nearer and more interesting example, you have it in the history of your own revolution. You have it at the memorable period, when the monarch found a servile acquiescence in the ministers of his folly—when the liberty of the press was trodden under foot—when venal sheriffs returned packed juries, to carry into effect those fatal conspiracies of the few against the many—when the devoted benches of public justice were filled by some of those foundlings of fortune, who, overwhelmed in the torrent of corruption at an early period, lay at the bottom, like drowned bodies, while soundness or sanity remained in them; but at length becoming buoyant by putrefaction, those rose as they rotted, and floated to the surface of the polluted stream, where they were drifted along, the objects of terror, and contagion, and abomination.

In that awful moment of a nations travail, of the last gasp of tyranny, and the first breath of freedom, how pregnant is the example. The press extinguished, the people

THE MIGHTY POWER OF MIO-NA.

Mio-na, that extraordinary and perfect stomach tonic, will relieve dyspepsia in twenty-four hours. It will cure and is guaranteed by T. J. Durick to the readers of the Union Advocate to cure the most pitiful cases of dyspepsia, if taken according to directions.

Mio-na tablets not only cure dyspepsia, but all stomach disturbances, such as vomiting of pregnancy, sea or car sickness and the stomach sickness after excessive indulgence.

Mio-na cures by strengthening and invigorating the flabby stomach walls and after a course of Mio-na treatment constipation, if there is any, will entirely disappear.

Mio-na is a most economical treatment, a large box of tablets only costs 50 cents at T. J. Durick's and the dyspeptic, nervous or otherwise, who does not give them a trial is losing an opportunity to regain health.

OBITUARY

(Graphic)
HARRY D. HARKAN.
The death of Harry D. Harkan, son of Mr. and Mrs. Henry Harkan, took place at his home here yesterday afternoon, after an illness of six months.

The deceased young man contracted phlebotomy, and later consumption developed, from which he died, being confined to his bed only two days. Besides his parents, three sisters and two brothers at home survive.

All during his illness he was cheerful and bore his trouble with patience. He was highly respected by all who came in contact with him and the family have the sympathy of all in their bereavement. He was twenty-two years of age.

The funeral will take place at 7.30 a. m. tomorrow (Saturday) morning, interment to be in the R. C. cemetery.

J. M. MATHESON.
Mr. J. M. Matheson, teller in the Bank of Nova Scotia here, died this morning after an illness of a few weeks.

Mr. Matheson had suffered from inflammation of the glands of the neck with abscess of the throat for a couple of weeks, but had so far recovered as to be able to walk about and returned to take up his duties in the Bank again. He had only worked one day, however, when he had to give up work again. A few days afterwards, other internal troubles set in and although last night he appeared to be considerably better and indications pointed towards recovery again, yet at an early hour this morning heart failure set in and he sank rapidly. "Monte," as he was familiarly called, was a general favorite, not only with the members of the bank staff, but with all who had formed his acquaintance. His parents reside in Revelstoke, B. C. He has also relatives in P. E. Island where he formerly resided, all of whom have been communicated with by wire for instructions. Had he recovered sufficiently to travel it was the intention of the manager here to send him to his home in B. C. for a prolonged vacation, with the hope that the rest and change might benefit him.—Graphic.

Zam-Buk
is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!
All Drugstores and Stores—50c.

THE WOES OF THE WEAK-STOMACHED MAN

Relieved by Father Morrissey's "No. 11"

Did you ever see a happy dyspeptic? Or a man cheerful over his indigestion? No wonder you didn't, for the man who cannot digest cannot enjoy very much. When the stomach refuses to work the whole system goes wrong, and there follows heartburn, headache, constipation, bad breath and severe pain. Then the mind is affected; a person becomes irritable, sarcastic, surly—in fact, almost unbearable.

Father Morrissey gave this matter special study, and devised a tablet well known as "Father Morrissey's No. 11," which relieves the misery. Each tablet is capable of digesting 1½ pounds of food—a good square meal. One tablet after eating, with a half tumbler of water, insures perfect digestion, providing reasonable care is taken to avoid foods that have been found especially disagreeable to the stomach.

If you have suffered from a weak stomach, why not do as thousands have done—take Father Morrissey's No. 11 Tablets and be cured? 50c. at your dealer's, or from Father Morrissey Medicine Co., Ltd., Chatham, N.B. 50

A BUMPER CROP.

All reports from the West indicate a bumper harvest. The work of cutting, threshing and garnering this immense crop will give months of employment to a vast army of laborers, and it is estimated that between twenty-five and thirty thousand helpers will be required for this year's harvesting.

Noah R. Marker, assistant cashier of the First National Bank of Tipton, Ind. is missing. \$50 is the cash in the vault, between fifty and sixty thousand dollars.

The British government has granted a pension of \$2,500 annually to Lady Wyllie, widow of Lieut.-Col. Sir William Curzon Wyllie, who was assassinated recently by Dhinagiri, the Indian student in the Imperial Institute.

Dr. Starr-Jordan and Prof. B. E. Prime, the international fishery Commissioners, have been visiting Winnipeg, and Prof. Jordan was so impressed with the fishery wealth of Lake Winnipeg that he declared that its whitefish were the finest in the world.

WRINKLES—THEIR CAUSE AND CURE.

Wrinkles usually indicate certain characteristics. Worry, for instance, is perhaps the most frequent cause of a wrinkled countenance. Worry is nothing more or less than a poison to the mind. It deteriorates the nerve tissues, it devitalizes the blood, it is destructive to the mind, body, and soul. One who has the worrying habit will be merely wasting time in attempting to eliminate wrinkles from his features. Those desirous of eliminating wrinkles should first of all forswear mental worry and anxiety; second, increase the general vitality of the body; third, avoid the use of soap on the face, substituting cold cream or olive oil. Either of these should be used at least once a day, and thoroughly removed from the face after once having been thoroughly rubbed out with a soft towel or chamois skin. Massage, a face mask, or any mechanical means that will help to remove the furrows from the skin may be recommended. Face powder should be avoided, as it is nothing more than white dirt, and dirt of any kind, white or black, is disastrous to the maintenance of a clean, smooth skin.—From August Physical Culture.

THE CIRCUS.

(Graphic)
The Norris & Rowe circus arrived here Thursday morning at daylight from Rimouski. At six o'clock the unloading was well under way and a large crowd of spectators was at the L. C. R. yards watching the work. The town was crowded, work in all mills having been suspended for the day. The parade was good and the performance, both afternoon and evening was about up to the usual standard. Two slight accidents marred the afternoon performance, but no one was injured. The ropes holding one of the series of trapeze broke allowing the performers to fall quite a distance. The best of order prevailed throughout the day.

WARNING TO POSTMASTERS.

Several complaints have reached our office of late that subscribers have not received their papers regularly. The names are all set up on galleys and are imprinted on the papers automatically, so that it is impossible for the names to have been omitted. We warn postmasters that they must in future be more particular about the assortment of our mails, otherwise we will be obliged to have the matter referred to the Postal authorities at Ottawa.

FARMER'S COLUMN.

CORN PRODUCTS.

First we may consider the by-products from the starch and glucose factories. All manufacturers do not adopt precisely the same terms for these products, but the following are generally recognized in the trade: Gluten meal, especially rich in protein; gluten feed, consisting chiefly of the gluten and corn bran mixed and containing much less protein than gluten meal; corn oil cake rich in gluten and oil, consisting of the corn germ from which the greater part of the oil has been expressed, and corn bran or the hull of the corn, with a very low feeding value.

These feeds may be used for stock producing beef or milk. The materials which go to form the casein of milk will also be useful in the formation of the muscle or flesh in the animal which is being fed for beef. It is the very same class of nutrient (protein) which is required for both purposes.

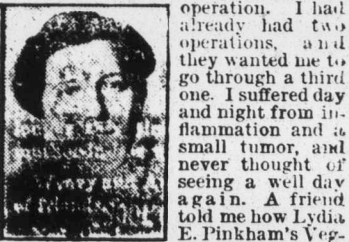
I may add a few words of explanation regarding these products. In the separation of the starch from the corn kernel, which, of course, is the primary object of the manufacturer, he finds that the residue may be divided into certain classes. These he may sell separately or he may mix them. In the latter case you have "gluten feed," which is not so rich in protein as "gluten meal," because it contains the bran of the corn which is of poor feeding quality. Gluten meal, properly so called, consists very largely of the protein of the corn and is consequently the most valuable of all the by-products. The bran, or husk, or hull of corn is not of high feeding value. The embryo, or germ, separated in the process of manufacture, is very rich in oil. This oil is expressed by means of high temperatures and hydraulic pressure, and the residue is known as corn oil cake. This may be ground and sold as corn oil cake meal. It is a high class product. We have, therefore, gluten meal representing the gluten or protein; corn oil cake as representing the embryo minus the larger proportion of the fat; and corn bran, a material of comparatively low feeding value. Gluten feed is a mixture, with a more or less variable amount of protein, because it contains more or less corn bran. We must be careful, therefore, to distinguish between that which should be rightly called gluten meal and gluten feed. Gluten meal is the gluten only, a material of high feeding value, and should contain no corn bran. Gluten feed, on the other hand, is a term which designates a material made by mixing these by-products together.

Gluten meal should, as I have said, contain in the neighborhood of 30 per cent. protein, but the "Jersey brand gluten meal" contains not more than 15 per cent., and frequently, much less. Occasionally I have a gluten feed run as low as 12 per cent. of protein. Now the point is this: if a gluten feed is sold as a gluten meal the farmer has no means of knowing that it is gluten feed. There is no provision by law that a gluten meal should contain a certain percentage of protein; nevertheless the fact remains that there are genuine gluten meals on the market, and that there is a material being sold as gluten meal which is not a gluten meal at all, but simply a gluten feed. It does not contain much more than half the amount of protein which a true gluten feed should contain. It must not be supposed that I am making a statement against manufacturers generally. There

THIRD OPERATION PREVENTED

By Lydia E. Pinkham's Vegetable Compound

Chicago, Ill. — "I want to tell you what Lydia E. Pinkham's Vegetable Compound did for me. I was so sick that two of the best doctors in Chicago said I would die if I did not have an operation. I had already had two operations, and they wanted me to go through a third one. I suffered day and night from inflammation and a small tumor, and never thought of seeing a well day again. A friend told me how Lydia E. Pinkham's Vegetable Compound had helped her, and I tried it, and after the third bottle was cured."—Mrs. ALYONA SPERLING, 11 Langdon Street, Chicago, Ill.



If you are ill do not drag along at home or in your place of employment, until an operation is necessary, but build up the feminine system, and remove the cause of those distressing aches and pains by taking Lydia E. Pinkham's Vegetable Compound, made from roots and herbs.

For thirty years it has been the standard remedy for female ills, and has positively restored the health of thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

CASTORIA.
The Kind You Have Always Bought
Bears the Signature of *Dr. J. C. Ayer*

SUNLIGHT SOAP

THIS IS IT!
The soap that saves you work, and saves you money without injury to hands or article.

Sunlight Soap turns wash-tub drudgery into pleasure. Get a bar of Sunlight to-day and try. Follow Directions.



CASTORIA For Infants and Children.

The Kind You Have Always Bought
Bears the Signature of *Dr. J. C. Ayer*

are many honest and reputable manufacturers and they naturally wish to sell their material at the highest possible price. There is no law in this country, however, to prevent the sale of inferior feeds under names usually attached to feeds of high feeding value. Nor do I think we could enact such a law, but what I do wish to see is some enactment that will compel the manufacturers to state the percentages of protein and fat the feed contains. I might say that this matter has not only been brought to our attention by the purchasers of feeds, but also by the manufacturers of reputation. Certain of the manufacturers have pointed out to me that they are putting a good material on the market, whereas materials under the same name are offered to the public the actual value of which the public have very little means of judging, but which are of decidedly inferior quality.

Prof. Bolly, of the North Dakota Agricultural Experiment Station, has tried many experiments with chemicals or destroying weeds, and recommends two pounds of iron sulphate in a gallon of water. This strong solution, he claims, may be used without injury to gain crops. Sulphate of copper he has also used with the same results, using three pounds to ten gallons of water.

WILSON'S FLY PADS
EVERY TEN CENT PACKET OF
Will kill more flies than three hundred sheets of sticky paper