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Miss Rosalind workcomes letters from me, between the ages of 18 and 21 Young women asking for advice on main.

Dear Miss Rosalind—I read your column of Advice to Girls and I've always found it interesting and often I tell my sister is she would only follow some of the advice that it would have less trouble.

The real reason I'm writing to you is that I read of a young lady known as Mickey who stated she would like to correspond with more writers in Ontario; would she be willing to correspond with a boy?" if so, I'd only be glad to write to her as I've a lot of idle time on my hands, but of course if she wishes to correspond with young girls only, I hope you will excuse me for interferring and using your time.

young girls only, I hope you will excuse me for interferring and using your time.

If any other young lady that wishes to write to a young man, I'd only be delighted to write as I find it helps to broaden one's mind and help him or her in understanding different people who live in this great country of ours. During the years of war that are past, I had many a correspondent writing to megand I can say truthfully that they helped me through many a weary hour when I stood in the shell-torn trenches of France and they also put new heart in me to fight when things looked black. But since the war is over it seems that we all neglected, each other and settled each down in his or her different course of life each forgetting the other.

EUGENE.

I made up a name for you, dear

man.

d I ake alls you ays tell

the lool the lise.

gesting the other.

I made up a name for you, dear Friend. I have already sent you an animber of names. I hope by this time you are very busy and happy answering letters.

Come again.

ROSALIND.

Dear Rosalind—I take a great interest in reading your Advice to Girls. I am a girl, 35 years of age, and find it rather lonesome at times, and would like very much if you could gut me in touch with some nice boys of my age, 26 or 26 years old.

Your "Advice to Girls" must be a great help to those who have no mother or friend to help them, and I notice you welcome the boys too.

Same to you Ina. I have sent you

Same to you, Ina. I have sent you some names. I am especially glad to hear from the twenty-thirty crowd. There are several this week. So many of our members are very young shat I welsome she more mature thought and experience.

ROSALIND.

Dear Rosalind—I have been reading your Advice to Girls and I have also seen some young fellows asking advice of you. I am a young fellow about 29 years of age, and I thought I would ask you this question: Is it right for a young fellow to ask a girl to dance with him, without first meeting her, if you have not met her before? Hoping to see my answer in grint. I am also very shy when being made acquainted to girls. I live quite a distance from town and as there are not very many girls around here I will be glad 40 write to any here I will be glad to write to any girl who cares to correspond with

# LIFE WAS A MISERY TO HER

Says this Woman Until Relieved by Lydia E. Pinkham's Vegetable Compound



Owen Sound, Ont.—"I suffered for ten years with female organic trouble, neuralgia and indigestion, and was weak and had such bad pains I could hardly wells or stand up at times. When I would sweep I would have to go and lie down. I could not cloep at night, and vould wander around the house half the time. I tried everything but nothing to be on my feet again or able to do a day's work. One day one of your little books was left at my door and my husband said I should try a bottle of Lydia E. Finkham's Vegetable Compound. I thank Godl Idd, Yori trelieved me, and I am now well and strong. I think there is no remedy like the Vegetable Compound for anyone who has my croubles, and have recommended it to my neighbors. You can publish my letter for the benefit of those I can't reach."

—Mrs. HENRY A. MITCHELL, 1787 7th Ave., East, Owen Sound, Ont Synthesis and shade the legislation of the street of the street of the publish my detter for the benefit of those I can't reach."

You have any symptom about which you would like to know write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of chaste.

to address your letter to

MISS ROSALIND,

34 King William St. Hamilton, Ont.

Dear Miss Rosalind—I read column of Advice to Girls and I ve always found it interesting and often I tell my sister is she would.

ROSALIND.

Dear Miss Rosalind—I have been deeply interested in the advice you give to those who correspond with you and have decided to be one of the great number. I noticed in the last edition that "Tiny" wished to correspond with a young girl. I am seventeen and attend Collegiate, hoping to obtain may Middle School Certificate this year. I am of afar complexion, blue eyes, and medium height.

JUANITA.

JUANITA. Very likely others will want to write also, Juanito. Don't let the letters interfere with study, though. ROSALIND.

Dear Miss Rosalind—I am a young girl about sixteen, would like your advice on certain subjects, whether a girl my age should wear her hair down or puffs at the ears?

Should she use rouge and powder to any extent? Should she let a young man kiss her more than three or four times in an evening?

Do you think it proper for a girl my age, who has been keeping company with a boy two years older than myself to take him into the house or leave him at the gate?

A young man I think very much of accompanied a girl frind of mine to the show last evening, and it annoyed me very much. Do you think I should let him call on me again or not?

Dear Miss Rosalind—I have been an interested reader of your column for a long time. What splendid advice you give, and what crazy questions you are sometimes asked.

I am eighteen years of age and of a very respectable family. I attend Codegiate and hope to enter College soon. I noticed in your column that Tom B. wished to correspond with z young girl. Would you please forward my name and address to him.

TANTRY BOOUS.

Welcome, thrice welcome, sensible

TANTRY BOOUS.

Welcome, thrice welcome, sensible stranger. We would really and truly appreciate a long, interesting scrawl from so evidently interesting a correspondent.

Dear Miss Rosalind—I have been reading your column since it started. I have a few questions to sak you: First, is it wrong for a boy to kies a girl au revior after he has paid her a oall? What should a person do if he has sent a lot of love letters to a girl and she's got a lot from her? She also has a handkerchief of his and he wants the letters he wrote destroyed and also wants his handkerchief? He has asked the girl for them but she refuses to give them up. What's a tellow to do then? Well I must close now thanking you for your advice. I hope to see my letter in print as I do need your advice.

When you reall need my advice then I am very, very glad to give it. It is not nice for boy and girl chums to ack like grown-up engaged folks.

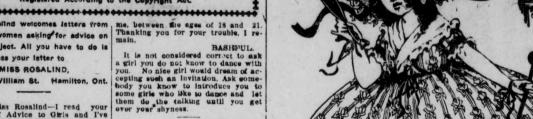
I'd advise the fellow to forget it and never get into the same fix again.

BOSALAND.

Dear Mise Rosalind—For some time I have been reading your Advice to Girls and would like very much to have your opinion on a few subjects which are puszling me. Will you answer my letter in private as I do not want it to appear in print, not

Your abover will be as safe and confidential in the paper as through the mail—and easier for me, too. But if you feel you capnot see your query in print, write me all about it. ROSALIND.

Dear Rosalind—I am sure the girls receiving advice from you ought to be very grateful. I have been reading it for some time, and as I am puzzled a little mycelf I thought I would write you. I am sixteen years old and am going with a boy eighteen years.



TTLE Miss Donnet wears a huge bonnet, With dozens and dozens of pink roses on it; Her dress is spread wide by the hoop-skirt inside, And she looks in her mirror with evident pride.

man kiss her more than three or four times in an evening?

Do you think it proper for a girl my age, who has been keeping company with a boy two years older than myself to take him into the house or leave him at the gate?

A young man I think very much of accompanied a girl frind of mine to the show last evening, and it annoyed me very much. Do you think I should let him call on me again or not?

Is there any harm in holding hands at a picture show?

If a man takes an interest in a girl, should the girl have any infinence over him?

Your writing and sophistication would lead me to shppose you considerably over sixteen. Therefore I would suggest that you wear your hair puffed at the ears and rolled up at the back.

Rouge and powder have their placebut not on the complexion of a sixteen-year-old girl, Of course, you may need such decoration very sadly, but I thing fresh air, cold water and plenty of exercise—and fewer crazy notions about how to act with a unum pan man would be more helpful to yours.

ROSAIMD.

Dear Miss Rosalind—I have been an interested reader of your column an interest of reader of your column an interested reader of your column an interest of reader of your column an interest of re

BROWN-EYED DORA.

BROWN-EYED DORA.

Such a lice little letter, Dora dear, and even if you are only sixteen, you seem to have a head on your shoulders. I wouldn't bother if the boy chum wrote to a dozen girls. If you do not mind and he knows that you do not he cannot possibly cars how many boys you ohum with. He may not like it, but he certainly cannot say anything. And he well value your friendship just as highly. You know what I have said a hundred times about klessing. It cannot be discussed in particular eases and so I must make a general statement and say positively it should not be allowed except when men and women are engaged or married.

A girl of sixteen may go to a show with a boy chum as long as her mother knows about it and approves. Twenty-five is a decem marriageable age. Cas to two years is long enough for an engagement but if people only knew it, that is the happiest time and should be prolonged as long as possible.

ROSALIND.

Dear Miss Rosalind—Reading your good answers to other girls I also have decided to ask you the following:

1. Is it proper for a girl of 29 to marry a fellow of 35?

marry a fellow of 35?

2. Does sociability come natural or is it just a habit?

3. Supposing a young girl meets a young, intelligent, more or less respectable man and after knowing each other for a short time he embraces her. Should she object?

SMILES.

SMILES.

If a girl loves a man it does not matter about age—only when she is 50 he will be 65. It may look different then.

One must cultivate the social pleasantries and duties that will make one an entertaining and delightful companion.

No really intelligent, respectable young man embraces a girl until he is engaged to her.

ROSALIND. Dear Miss Rosalind-A s we

Belreshing and Healing Letten—Murine for Redron Committee of the Market Committee of Redron Committee of the Market Committee of Redron Committee of the Market Committee of RedTarges After the Mories, Mogerne or Golf
Will will your condidence. Ask Your Druggest for Market whom your Even Peoul Case. I want the Market Committee of Market Research Committee of Committee of Market Research Committee of Committee of Research Committee of Co

on wort he boy.

Third—See answer to second.
Fourth—See answer to third.

Fitth—Did she go with one boy, and leave him to go home with another? If so, she was very rude. But if she went alone or with another girl—no one has a right to object.

Sixth—Surely you are joking. If not you probably know my answer.

Seventh—Ask your doctor.

ROSALIND.

BOSALIND.

Dear Miss Rosalind—I have been reading letters that have been answered by you, and take a lot of interest in them and I am sure that any girl that takes your advice will be alright. I am 22 and have never fallen in love with any young; man, I do not believe in tove at first sight. I am not keeping company with anyone now, and never will until I find a young man that is true. Am not very well, and cannot enjoy life, very much, do you think I should marry or not? I am not happy this way—I love home, if I had one of my very own. Hoping to see this in print when its turn comes.

CURLY HEAD.

It is a mighty serious question you

It is a mighty serious question you ask, Curly Head—and one I cannot answer—because I do not know how ill you are. But surely is this world of wonderful doctors and miraculous cures—you should be advised of your recovery—given a chance anyway, I send on your letter and hope its answer may bring comfort and cheer to you. Do you read much? Write to me again and tell me more about yourself.

ROSALIND.

#### EPIDEMIC OF DYSENTRY

Eridewitt Or Disentry

It affects many people more in winter than in Summer—in the one case it is due to improper eating—in the other, to congestion excited by cold. A small dose of good old Nervilvine repeated a couple of times usually removes the trouble very promptly. If there is pain, relief is almost immediate. For cramps, collection was also as a small pains, and the like. Nervilline in sweetened water is certainly a wonder, 35c at all dealers.

A corrector of Pulmonary Troubles. Many testimonials could be presented showing the great efficacy of Dr. Thomas' Selectric Oil in curing disorders of the respiratory processes, but the best testimonial is experience and the Oil is recommended to all who suffer from these disorders with the certainty that they will find relief. It will allay inflammation in the bronohial tubes.

Minard's Liniment for Dandruff.

## YOUR EYES AND THEIR CARE

Many people put off getting giasses even when vision becomes dim for reading or sewing, fearing that they will weaken their eyes by wearing glasses. This is a mistake, because if you do not wear glasses for the relief of this defect, you are imposing a severe strain on the delicate muscles of the eye and this, if carried too far, may develop arrious disorders.

cles of the eye and this, if carried too'far, may develop serious disorders.

When you find print blurrians at reading distance or a tendency to hold things further away from you in order to see clearly, do not delay; visit your Optometrist or eye apecialist and have him fit you with a proper pair of glasses for your work. You will be more than pleased with the results. results.

Muscular imbalance causes lack of Muscular imbalance causes lack of unison in the working of the two unison in the working of the two eyes together. All of these defects show serious eye-strain and cause extensive waste of nerve energy and its effects, probably the most common of which is severe accadence. If you wish to have a question answered regarding your eyes, write direct to Dr. Brown, I Adelaide Street Bast, Toronto, and the answer will be given in this department.

What is the "sight" of the eye?—
The pupil of the eye is often celled

The pupil of the eye is obtain called the sight. It is the round blue, black or brown centre of the eye through which light passes to the retina or nerve coat of sight.

### TO REMOVE BAD COLD MEDICINE NOT NECESSARY

THE BALSAMIC VAPOR OF "CA-TARRHOZONE" WHEN INMALED QUICKLY DISPELS COLDS.

Every breath you draw through Catarrhozone inhalers fills the whole breathing aparatus with pure piney essences that Stop colds at their very beginning. You experience a pleasant sensation of relief at once. Soreness, congestion, and irritation leaves the nose and thoot—the head is cleared, and every trace of cold and Catarrh dissappears. Catarrhozone is so sure, so pleasant, such a safe remedy for winter ills that you can't afford to do without it. Get the dôllar outfit, it lasis two months; small size 50c; trial size 25c at all dealers or the Cattarrhozone Co. Montreal.

#### BRITISH AND BELGIAN FORCES ALONG RHINE

forces of cooupation slong the Rhine for the present is to be contined to cavalry, tanks, and a small Schilla of boats, in addition to a small comple-of infantry. It is officially announced that no troops will be sent from Brit-

ain to the Rhine.

Premier De Wiart of Belgium, today told the Chamber of Deputies that a resiment of grenadiers was going to the Rhineland to reinforce the troops of occupation, and that pos-sibly a regiment of cavalry would poin the forces later.

#### CHILDHOOD CONSTIPATION

Constipation is one of the most common aliments of childhood and the child suffering from it annot thrive. To keep the children well the bowels must be kept regular and the stomach sweet. To de this nothing can equal Baby's Own Tablets. They are a maid but thorough laxative; are absolutedly safe and never fall to relieve constipation and indigestion, colds and simple fever. Concerning them Mr. Jales Pauquereau. Nominingue, Dec. writes: — My baby was terribly constipated and suffered day and night, I was advised to give him Eaby's Own Tablets and from the first they helped him and from the first they have a first they have the first they have a first they have the first they have they have the first they have the first they have the first they have they have the first they have they have the first they have they have the first they have they have the first they have the first they have the first they have they have the first they have they have they have the first they have they have they have they have they have they have the first they have they have the

"Rheumatism Routers" relieve rheumatics.

A Household Medicine.—They that are acquainted with the sterling properties of Dr. Thomas' Eclectric Oil in the treatment of many aliments would not be without it in the bouse. It is truly a household medicine and as it is effective in dealing with many ordinary complaints it is an inexpensive medicine. So, keep it at hand, as the call for it may come most unexpectedly.

Minard's Liniment For Burns, Etc.

No need to suffer with corns, or to run the risk of paring them. Re-move them surely and painlessly with Holloway's Corn Remover.