

QUINQUAGESIMA SUNDAY

LENTEN OBLIGATIONS

BENEDICTION

The priest comes to the altar robed in his sacred vestments and preceded by his attendants, bearing in their hands lighted candles, slowly and reverentially he ascends the steps of the altar, opens the door of the tabernacle, places the Sacred Host in the little silver receptacle and puts it in the monstrance.

Forced to Live on S

indeed performed what have seen
like miraculous cures in hundred
cases of chronic Indigestion, Dyspepsia,
Constipation and Biliousness. "Fruit-a-tives" is the only med-
icine in the world made of fresh fruit
and valuable tonics. 50c. a box,
\$2.50, or trial size, 25c. At all de-
partments or from Fruit-a-tives Limited, Ot-
tawa.

KEEPING LENT

nize the Blessed Virgin. Preson the Collegiate Baptist church, I York, Rev. Dr. Oscar Haywood Protestant churches may follow vantage the attitude of the C Church toward the Blessed Moth added that many Protestant de tions seem inclined to neglect he

THE WILLIAMS & SONS CO.
R.S. LIMITED
143 YONGE ST., TORONTO

1911 731,000