

## ✻ EVENING VISIT to OUR LORD. ✻



It is good for us at all times to visit the Blessed Sacrament, but it is especially good as the sun sinks into the west to come with the fruits of the day offer them to our Lord, says a writer in the Messenger of the Sacred Heart. Sometimes we shall have joy and success, sometimes failure and chagrin, to lay upon the altar; but whatever our gift, it will be precious for the love which has prompted the giving. Every one of us has to bear his burden, now through sunshine, now through shadows; occasionally in gladness, oftener in sorrow. But bear it we must, and bear it we should, for Christ. He will sweeten our joys beyond the telling if we bring them to Him for His blessing. He will lighten the dull weight of care that bears down on the heart if we bring Him our burden of sorrow. Come therefore, when the day, with its conflicts is over into the temple of Christ and hearken to the words He shall speak to your heart, for the silence of the holy place is throbbing with eloquence; it is vividly alive with the presence of God. He has balm for the souls in pain, pardon for the souls in sin, comfort for the souls in sorrow, and infinite tenderness for those who are living only for Him; and He has untold love for all, and He will accept your gift, be its nature what it will, as a token of your love and adoration, and He will love you most fondly in return.

