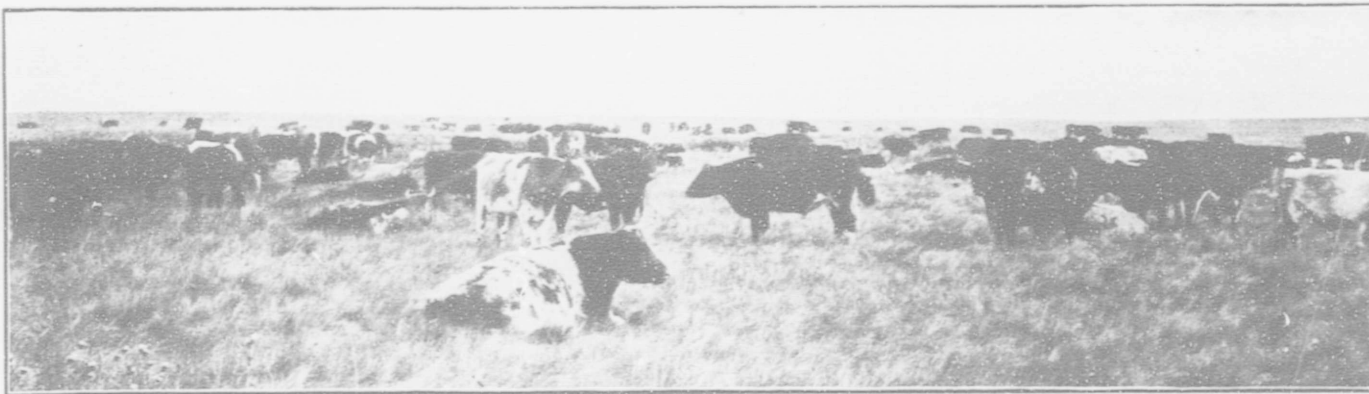




Grass-finished Beeves in the Irrigation Block.

Healthfulness.

The open character of the country in that portion of the Province of Alberta, its clear, dry atmosphere, the abundance of sunshiny days, its elevation, from 1400 to 3400 feet above the sea level, and the fresh breezes that blow across its plains, all tend to make it one of the most healthful countries in the world. There is an entire absence of malaria, and there are no diseases peculiar to the country. The part of the province referred to has a continental reputation for healthfulness, and it is peculiarly favorable to persons with a tendency to pulmonary troubles. Many who have lost hope of ever again being blessed with good health, have found it in Southern Alberta.

The Land of Mid-Winter Baseball.

The old resident of Calgary listens with a feeling akin to contempt to the timid questions asked by the new-comer in regard to the winter conditions in the Calgary district. It is hard to convince the Calgarian that there is any winter climate as delightful as his own, and he is to a certain extent justified in his belief that the winter season of Southern Alberta is about as near perfection as any.

A game of baseball was played by the American and Canadian fat men on New Year's Day, 1908. Besides baseball there were two games of football played on the same day, and many of the players wore neither coats nor vests. While the States were visited with blizzards last winter that extended as far south as Dallas, Texas, Southern Alberta had

a winter of almost continuous sunshine, with no snow or cold weather.

As a further evidence of the mildness of the average Southern Alberta winter day, we publish the following article from the "Albertan" of Calgary, outlining the programme of attractions in that city for New Year's Day. This will doubtless open the eyes of many of those who erroneously associate the winter conditions of other portions of Canada and Dakota and Minnesota with the winter conditions prevailing in Southern Alberta.

What Can Be Done on New Year's Day.

(From "Calgary Albertan," December 31st, 1907.)

"New Year's Day will be generally observed as a holiday, and business will be, for the most part, entirely suspended. There will be a great many family and other re-unions to wind up the holiday season and to start off the business and work of the year 1908 with good wishes for prosperity and happiness for the year.

In the field of sport there will be no lack of entertainment during the day. At 10.30 a.m. there will be a football match at Brewery Flats; at 2 p.m. there will be a baseball match at Victoria Park, and at the same hour the Terway footrace against time for five miles will take place, and also a football match on the Western Canada College grounds.

"The churches of the city will also provide a number of entertainments. At Knox Church there will be a mass meet-