

Waltz.

1st Practice.

- 1st. From the ready position carry the wand to a verticle position to the left.
- 2nd. Sway to the right, describing a half circle from left to right, and to the left.

2nd Practice.

Lines sway inwards, that is (one and two) close on each other, forming a single rank, on the eighth bar of the waltz, and open out to the same position as in the first position on the sixteenth bar.

3rd Practice.

Carry the wand to a verticle position to the left side, at the same time cross the right foot over the left.

4th Practice.

- 1st.—Raise the wand to the full extent above the head, with both hands, at the same time carrying the right foot to the front at an angle of 60°.
- 2nd.—To the *ready* position.
- 3rd.—Raise the wand and lift foot.
- 4th.—Ready.

5th Practice.

- 1st.—Wand verticle to left side.
- 2nd.— " horizontal to left side.