

INTRODUCTORY



AT the earnest request of many friends, this account of the Diet Dispensary, its encouragements and discouragements, its aim and the results obtained, has been prepared.

Apparently the work has reached a crucial point in its existence, and having lately attained the dignity of a suite of rooms, it seems a particularly suitable time to take a backward look and see what the growth has been as well as to give a faint forecast of what is hoped for in the future.

OCTOBER, 1895.