

## CHIEF STEWARD LEFT THE SHIP

Was so Run-down He Had to Lay Off — Is Wonderfully Built up by Tanlac.

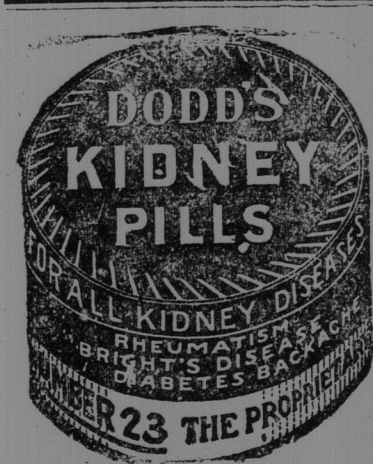
"Well, sir, if I keep on improving like I have in the past few days I'll soon be able to go back on the job," said C. Miller of 38 Mullock street, St. John, Newfoundland, as he purchased his third bottle of Tanlac at Connor's drug store, recently. Mr. Miller is chief steward on the steamer Prospero and states that he had suffered so much from a complication of troubles, during the past several months that he was forced to lay off, not being able to look after the duties of his position.

"Up until a few months ago," he continued, "I tipped the scales one hundred and eighty-five pounds and a healthier man couldn't be found anywhere. Then I began suffering from nervousness and indigestion and going down in weight and strength. My stomach got so out of order that I could not eat a meal without just suffering again afterwards and then I got scurvy rheumatism so bad I could hardly move around. Finally the rheumatism spread until I ached all over. I dropped off forty pounds in weight and was so weak and miserable that I simply had to give up my position on the boat and do nothing but try to find relief."

"I was under treatment four different times, was also in the hospital for a time and was kept on a special diet, but never did I get better and begin to pick up until I began taking Tanlac. When my friends told me about Tanlac and urged me to try it I had little idea it would help me, but now I am ready to say I have never seen the equal of it in the sixty-two years of my life. I have been taking it for a short while but I am already in better shape than I have been for a long time. Why, I can eat the biggest kind of meals and never have a pain or an uncomfortable feeling afterwards and as for the rheumatism, it has left me entirely, for I can walk all over town and never feel a pain or ache. Why, before Tanlac proved its due to me I would not have believed such wonderful results possible. I am already feeling a great deal stronger, am picking up in weight and strength every day. My nerves have quieted down and I am improving so rapidly that I will soon be back on my feet again. There's nothing too good to say for Tanlac and I am glad to make this statement for what it may be worth to others who are needing just such a medicine."

Here is another instance of the remarkable reconstructive powers of Tanlac. Mr. Miller is only one of many thousands who have used it with the same wonderful results. Tanlac proved of great benefit to him because it contains certain medicinal properties which enrich the blood and promote a healthy appetite for nourishing food. Tanlac has been very successful in overcoming nervousness and sleeplessness, not from a quieting effect on the nerves, for it has no such effect, but by strengthening the nerves and bringing back the normal state of health through its effect on the diet and nutrition of the body.

Tanlac is sold in St. John by Ross Drug Company and P. W. Munro under the personal direction of a special Tanlac representative. (Advt.)



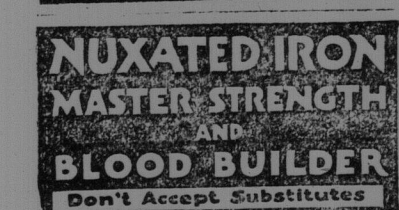
## EASE THE PAINFUL RHEUMATIC TWINGE

Sloan's Liniment will bring comforting relief quickly.

NEVER breaks faith, Sloan's Liniment doesn't. Just penetrates without rubbing and eases the aching pain and ache, rheumatic twinges, lumbago, neuralgia, sciatica, lame, sore, strained muscles, bruises, sprains.

For 35 years it has gone ahead winning new friends, holding old ones, strengthening its reputation as the World's Liniment. Clean, effective in relieving the aches and pains of men and women, this old family standby can be relied upon to do its work promptly and surely—keep it handy.

All Drugists—35c, 70c, \$1.40.  
(Made in Canada.)



## ADMITS PLOTTING FOR DOWNFALL OF CZAR

New York Inquiry Brings Out The Story

Intrigue of Years Against The Romanoffs Told of by Martens, "Ambassador of Soviet Republic"—Desire to Upset All Capitalistic Governments

New York, Nov. 17.—Ludwig C. A. K. Martens, "ambassador of the Russian Soviet republic," plotted in Germany and Switzerland with Lenin and Trotsky for the overthrow of the Russian imperial government, so he testified here today. He was deported from Russia after serving three years imprisonment in Germany for his revolutionary activities.

The tale of the plot against the Romanoffs, which covered many years, was brought out by questions put to Martens by Deputy Attorney General Berger. Martens said that upon his arrival in Berlin he was pressed into the German military service and served as a bureau chief. "On what grounds did the German military authorities press you into the army?" he was asked.

"Because my father and mother were German citizens," he replied. On leaving the army, he said he entered the Charlottenburg Polytechnical Institute in Germany, and became an engineer in the employ of a Hamburg firm. For twelve years, he said, he was engaged in propaganda work plotting the overthrow of the Russian government from Germany. During this period, he testified, he conferred with Lenin and Trotsky in 1901 in Switzerland, and in 1902 in Berlin. He added that part of the propaganda was hatched in France and Switzerland.

He was organizer of the Russian workmen in the revolution in Russia in 1905, he said, and added that his activities were not interfered with in Germany. A. E. Stevens, associate counsel for the committee, asked Martens if it was not true that the Soviet republic wished to overthrow all capitalist governments. "That is their wish," replied the "ambassador." "They wish to change the capitalist system to the socialistic system."

A letter addressed to American workmen by Lenin from Moscow, August 20, 1918, was read into the record. It stated that "the revolutionary proletariat of America, in so far as it is an enemy of American imperialism, is destined to perform an important task at this time." In substance the letter charged that the use of terroristic methods are justifiable in the cause of the proletariat and it is cited that class struggle has inevitably taken the form of civil war.

"If I understand this portion of the letter correctly, it is a statement that the revolution is being employed by the Soviet government," said Mr. Stevens. Martens admitted that such was the case and added that 1,500 commissaries and police officials had at various times been executed in Soviet Russia.

## REFUSED POSITION AS ONTARIO'S GOVERNOR

Report Says It Was Offered to Sir Geo. E. Foster

Premier Expects to Return to Ottawa by End of Month—Re-organization of High Commissioner's Office in London One of His Tasks

Montreal, Nov. 18.—A despatch to the Gazette from Ottawa says:—Sir Robert Borden will probably return home before the end of this month. He is much improved in health and on his return will immediately plunge into cabinet reconstruction and the next seasonal programme. At present in the United States, in addition to the prime minister, are Hon. N. W. Rowell and Hon. C. D. Robertson at Washington, Hon. J. D. Reid and Hon. J. A. Calder. These ministers and Lloyd Harris, chief of Canadian European trade missions, have all been in conference with the prime minister. With Lloyd Harris, the premier discussed our European trade policy, the re-organization of the Canadian high commissioner's London office, and the successor to Sir George E. Foster as minister of trade and commerce. Sir George, on his return from overseas, asked to be relieved of his portfolio. He was offered the lieutenant-governorship of Ontario, but declined this appointment.

Sir George Perley, high commissioner, desires to return to Canada. On his retirement it is the general desire among industrial leaders in Canada that this office be re-organized and its commercial scope increased. For this purpose it is felt that one of Canada's industrial leaders should be appointed. At present the supervision of Canada's European trade is under the Lloyd Harris special trade mission but there must be some permanent organization secured and the most feasible method is the re-organization of the high commissioner's London office. Those mentioned for the position are Sir George E. Foster, Sir Charles Gordon and Lloyd Harris.

## BAITING THE COMMODORE

(Moncton Transcript.)

Commodore Stewart of the Chatham World, finds fault with the St. John newspapers, because of alleged defects in their reports of the recent Tory convention. The commodore says it would have been better to have allowed the reporters to have remained, than for the convention to be subject to the proceedings being mangled from hearsay gossip. The Transcript is thoroughly in accord with the commodore's criticism, but it wonders why the commodore who was present, does not himself give an accurate report of that which was said and done instead of finding fault with those who did the best they could.

(Fredericton Mail.) The worthy Commodore Stewart, who is a recognized authority on international law, parliamentary rules and practice, etc., is annoyed at those newspapers willing have been telling the truth as to happenings at the opposition convention. What the independent commodore should do is to give his own candid opinion of the recent gathering and of the manner in which the proceedings were conducted.

## Keeps Children Well Makes Them Robust

HERE IS GOOD ADVICE FOR THE HEAD OF EVERY FAMILY.

Rapid growth, work at home and in the school-room, are sure to tax the strength of every child, and often prove the beginning of a chain of weakness that lasts through life.

Give your sons and daughters a fighting chance! Give them good home surroundings, fortify them with education—but above all else do everything possible to insure for them perfect health in years to come.

In no way can you destroy weakness and build up health so surely as with Ferrozone. It's the concentrated nourishment in Ferrozone that enables it to do so much good. It contains the very elements that are needed in building up bone and sinew, in vitalizing and strengthening the blood. The appetite Ferrozone brings will gladden any parent's heart, and when color, spirits, vim, and energy increase day by day then you know what grand work Ferrozone is doing. Because it makes and keeps you healthy, because it is pleasant, harmless and sure to do enormous good—your children should use Ferrozone every day. Sold by all dealers in 50c. boxes, six for \$2.50, or direct by mail from the Caltanhouse Co., Kingston, Ont.

## D. D. D.

The Liquid Wash for Skin Disease

We have witnessed such remarkable results with this soothing wash of oils that we offer you a bottle on the guarantee that unless it does the same for you, it costs you not a cent.

E. Clinton Brown, druggist, St. John.

## Thin, Nervous People Need Bitro-Phosphate

Weak, thin people—men or women—are nearly always nervous wrecks; they are unable to get on with their work, are debilitated and neurasthenic are almost invariably due to nerve starvation. Feed your nerves and all these symptoms due to nerve starvation will disappear.

Eminent specialists state that one of the best things for the nerves is an organic phosphate known among druggists as Bitro-Phosphate, a five-grain tablet of which should be taken with each meal. Being a genuine nerve builder and not a stimulant or habit-forming drug, Bitro-Phosphate can be safely taken by the weakest and most delicate sufferer, and the results following its use are often simply astonishing.

By strengthening the nerves, weak, thin people regain energy and vigor; thinness and angularity give way to plumpness and curves; sleep returns to the sleepless; confidence and cheerfulness replace debility and gloom; dull eyes become bright and pale, sunken cheeks regain the pink glow of health.

Dr. J. H. Williams—here for at least one month under exactly the same conditions as the girls who do.

The following officers were elected:—President, Mrs. J. H. Williams; vice-presidents, Mrs. N. W. Rowell, Mrs. L. A. Hamilton and Mrs. R. W. Angus; treasurer, Miss Jean Harris; corresponding secretary, Mrs. A. J. Daly.

The provincial vice-presidents include: Quebec, Mrs. F. Adams, Montreal; New Brunswick, Miss Gnanong, Rothesay; Nova Scotia, Mrs. Rodgers, Amherst; P. E. I., Mrs. R. H. Jenkins, Charlottetown.

## TORONTO HOODLUMS WRECK STORES OF THE CHINESE

Toronto, Nov. 18.—Toronto's Chinese colony was invaded last night by a howling mob of 600 young hoodlums, who set out to wreck all the Chinese stores and restaurants. Few were returned to their homes.

The good work of the police saved the situation and although it was necessary for the policemen to draw their batons, no person was seriously injured. The crowd broke plate glass windows of stores, but were headed off before they got a chance to attack the stores in Queen street.

## BOY DIES AT FIRE DRILL

In the course of a fire drill in a public school in Brooklyn, Edward Schultz, five years old, died of heart trouble. He returned to school yesterday after being ill for several weeks.

The teachers were solicitous of the boy because of his frail condition and did not permit him to exert himself. But he wanted to take his place in line for the drill like the other children, and the exertion proved too much for him.

## NOVA SCOTIA DID WELL FOR THE LOAN

Halifax, Nov. 18.—Nova Scotia subscribed \$27,725,350 to the Victory Loan. The objective was \$174,000,000. The city and county of Halifax took \$8,274,350, the city itself \$6,841,050. A captured German gun goes to Yarmouth.

## A CASE WHERE DOCTORS AGREE

Medical Science Practically Unanimous As to Treatment of Colds and Influenza.

Doctors often disagree, but there is a practically unanimous agreement among them as to the treatment which should be used in the case of colds in the head, a very frequent complaint at this time. The drugs which are used in such cases are Aspirin, Phenacetine, Quinine, Salol, Caffein Citrate and Camphor Monobromate. Any physician will tell the reader that this combination may safely be trusted in the treatment of a cold or grippe. It is also a combination which does quick and effective work.

The objects sought by the treatment are the keeping of the system open in order that the systemic poisons generated by the cold may be thrown off, the reducing of the feverish conditions accompanying the cold, the alleviation of the clogged-up condition of the head and the soreness of the muscles usually present and the general toning up of the system.

Grip Fix, a preparation now on sale at all drug stores is a combination of just the ingredients advised by physicians for effective results. It comes in the convenient capsule form advisable for home use and the treatment should start as soon as the first sign of the cold appears. Grip Fix has a record of relieving a cold in a night and even a case of Grippe in 48 hours. With a box in the house full safeguard is at hand if colds break out. Be sure to get the genuine Grip Fix with the formula printed on the box. It sells at 35 cents a small price for a treatment so effective for colds. On sale by all druggists.

## MISS GANONG VICE PRESIDENT OF Y. W. C. A. FOR NEW BRUNSWICK

Miss Slattery, Noted New York Worker, Speaks on The Work For Girls

Hamilton, Ont., Nov. 18.—"Teach girls, not subject them to life," was the watchword of Miss Slattery, noted New York worker, who spoke at the Y. W. C. A. on the work for girls.

Miss Slattery, who has made a name for herself as a speaker, said that all who would know her gracious art of winning them to the best things in life. An open forum on "leadership" conducted by Miss Slattery yesterday at the Y. W. C. A. triennial meeting was a very important part of the programme.

Most girls' homes are only places to stop, she said. There isn't a womanly thing about them. Every woman on the board of directors which builds a girls' home should go in and live there for at least one month under exactly the same conditions as the girls who do.

The following officers were elected:—President, Lady Falconer, vice-presidents, Mrs. N. W. Rowell, Mrs. L. A. Hamilton and Mrs. R. W. Angus; treasurer, Miss Jean Harris; corresponding secretary, Mrs. A. J. Daly.

The provincial vice-presidents include: Quebec, Mrs. F. Adams, Montreal; New Brunswick, Miss Gnanong, Rothesay; Nova Scotia, Mrs. Rodgers, Amherst; P. E. I., Mrs. R. H. Jenkins, Charlottetown.

## OMAHA TO CONTINUE COMMUNITY ADVERTISING.

Omaha has spent \$15,000 for community newspaper advertising this year and the results are already so apparent that the sum will be increased to \$25,000 in 1920, according to an announcement recently issued by Arthur W. Thomas, of the Chamber of Commerce.

"Our first venture in advertising Omaha," said Mr. Thomas, "was one which appeared during the war. Under the headline, 'Open an Office in Omaha,' it called attention to the fact that the city had few war industries and that it would not, therefore, be adversely affected by the reconstruction period. The announcement was not only prophetic, but produced very encouraging results."

"The second of the series was 'The Breadbasket of the World,' a statement emphasizing why our agricultural wealth would increase during the after-war prosperity. By the time that the third advertisement appeared a new Omaha book—descriptive of the city and the territory surrounding it—was ready, and we ran some purely 'inquiry copy' in small space (from 14 to 28 lines) calling attention to this volume. One of the

## THE BUSINESS COLUMN

(Continued from page 7)

The ad featuring the store improvements, like others run in the same fixed space, was in an intimate vein: "The visitor said, 'you've a remarkably attractive store. It is so clean and cheerful.'"

"The visitor was a man and we felt just like a woman when her best friend says, 'How much you've got!'"

"For this is a clean store in both stock and habitation. You probably didn't suspect it, but during the last three months sidewalks and ceilings have been painted—at night from basement to topmost floor. Housekeepers and porters are busy almost at daybreak mopping and cleaning each remote corner against your coming."

"And the merchandise! Why, they're going and coming all the time, these buyers of ours, on the alert for what Indianapolis needs and open-minded for each new appeal of fashion."

"Our constant endeavor is to make this, undeniably, your best store, as we work hard to make it so."

"If the bottom is the line: 'Store news will be found today on page 13.' Striking the Human Note. St. E. Ryan, advertising manager for Ayres, believes that the public can be interested in the most minute details of store management, provided it is told in an interesting way."

"The woman who spends a great deal of money in a store enjoys a peep behind the scenes," he explained. "She is interested in not only the goods we sell and how we sell it, but in the appearance of our saleswomen, and a lot of other things, which, on the surface, would appear to have no connection with merchandising."

The same intimacy which is a peculiar feature of Ayres advertising also has made its appearance in classified advertisements for saleswomen. The store might content itself with the usual: "Girls wanted for all departments," and an effort is made to put the same human touch in this type of publicity as in that designed to sell goods. A recent ad for help ran like this:

"A public singer who has lost her high notes, but not her ambition, took employment with L. S. Ayres & Co. as a saleswoman. Three months later she remarked: 'I marvel that girls, unless very gifted, struggle with the opposing forces of "voice" when there is available at home such a stimulating, educative and altogether enjoyable vocation. I enjoy my present work; it's jolly fun to sell goods; it's pleasant to meet such customers as we have here, and I certainly appreciate the opportunity of training greater culture. One absorbs naturally the essentials of taste in dress, and gets mental stimulus from the fact that we have a number of positions open, earnings dependent alone upon your ability to "make good."'

This ad had a two-fold purpose—the first being, of course, to attract to the store high-class saleswomen. It refuted the too-general idea, widespread in a department store is drudgery, and in addition was a strong argument to the numerous young women who look longingly in the direction of a career, when profitable work lies at hand."

The other angle is its appeal to buyers. The ad emphasizes the fact that it is believed, will do much toward inducing the public to place more reliance in the judgment of the sales staff that is generally the case."

Several former school teachers have been secured for the Ayres staff, and this fact is extremely suggestive, in view of the efforts made by department stores to get women of culture for sales work. The stationary sales of school teachers have resulted in the after-war other work by many members of that profession."

Count fifty! Plain gone. Not one case in fifty requires internal treatment. Stop drugging! Rub the misery right away! Apply soothing, penetrating, "St. Jacobs Liniment" directly upon the " tender spots" and relief comes instantly. "St. Jacobs Liniment" is a harmless rheumatism liniment which never disappoints and can not burn or discolor the skin.

Limber up! Stop complaining! Get a small trial bottle of "St. Jacobs Liniment" at any drug store, and in just a moment you'll be free from pain, soreness, stiffness and swelling. Don't suffer! Relief awaits you. "St. Jacobs Liniment" has relieved millions of rheumatism sufferers in the last half century, and is just as good for sciatica, neuralgia, lumbago, backache, sprains and swellings.

RIZZO ELECTED AS FUME REPRESENTATIVE. London, Nov. 18.—(By the Associated Press.)—Lieut. Commander Luigi Rizzo has been elected to represent Fume in the Italian chamber of deputies, receiving 7,000 votes. He is well known for his daring exploit during the war which resulted in the sinking of two Austrian battleships off the Dalmatian coast. He is one of the supporters of Gabriele D'Annunzio.

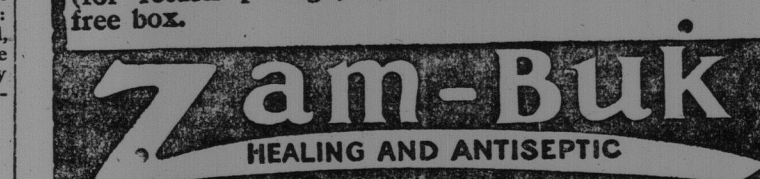


Children who have once had Zam-Buk applied, cry for it when hurt. They know it ends their pain. Mothers should always keep Zam-Buk handy, for not only does it soothe the injured place, but it prevents any danger of festering or blood-poisoning, and heals quickly.

Not only in the home, but in the office, store and factory, Zam-Buk should be kept handy to apply immediately an injury is sustained. It's the best safeguard against serious developments.

Zam-Buk is equally good, too, for all skin troubles, eczema, rashes and boils. It destroys all germs and replaces the diseased tissue with new, healthy flesh. That's why Zam-Buk cures are permanent. There isn't a trace of disease left to break out again. All dealers, 50c. box.

FREE—Send this advert, name of paper and 1c. stamp (for return postage) to Zam-Buk Co., Toronto, for free box.



single-inch advertisements was particularly effective.

"Early in the present year we began a series of twelve three-inch advertisements, all in a similar style, using the word Omaha for the display and, as a sub-head, 'Where There is Lasting Prosperity.'"

"These advertisements are not designed to pull inquiries, but are informative in character, each being devoted to some salient point about the city. One calls attention to Omaha as the second livestock market of the world, another as the second corn market, another features the fact that Omaha is thirteenth in bank clearings, although thirty-fourth in population, and so forth."

"The growth of the city and the rapid increase in new businesses which have come to Omaha is the 'proof of the pudding'—and also the reason that we intend to increase our appropriation next year."

## OUCH! RUB OUT RHEUMATIC PAIN

Rub pain, soreness, stiffness, sciatica right out with "St. Jacobs Liniment."

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At the end of two months we were crowded out of our premises and forced to acquire larger quarters. At the end of two months our enrollment was 144. Can anything but merit produce such results? Modern training pays. Enroll now.

## MODERN BUSINESS COLLEGE

Corner Mill and Union Sts. St. John, N. B.

Corporal W. E. Graham of this city was among the New Tunisian men in the S. S. Tunisian at Quebec yesterday.

# "Be master of your health"

## Dr. Chase's Nerve Food

NEVER breaks faith, Sloan's Liniment doesn't. Just penetrates without rubbing and eases the aching pain and ache, rheumatic twinges, lumbago, neuralgia, sciatica, lame, sore, strained muscles, bruises, sprains.

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Bismuth  
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Don't Accept Substitutes

**FOR HEADACHE AND NEURALGIA**  
ANTI-KAMNIA  
**K TABLETS**  
FOR ALL PAIN  
ASK FOR K TABLETS