

Physicians and Surgeons, Toronto, which position he gave up in June, 1914, because of ill-health. The late Dr. Bray was for six months an army surgeon in the Southern Army during the American Civil War. He is survived by his widow and three sons, Dr. R. V. Bray, of Chatham; J. M. Bray, of the Bank of Montreal (London), and W. T. Bray, of New York.

JOSEPH WILLIAM ROWAN.

Dr. J. W. Rowan, a well-known Toronto physician, died on 26th December at his home in Toronto, at the age of 55 years. He had practised in Toronto for 25 years. He had a large practice and his health became impaired. For some months prior to his death he suffered greatly from a nervous break-down. He was an active member of Woodgreen Methodist church. Dr. Rowan was truly beloved by his patients. He studied in Trinity Medical College and graduated from the University of Toronto. He leaves a widow and two children.

BOOK REVIEWS

YOUR BABY.

A Guide for Young Mothers. By Edith B. Lowry, M.D., Author of "Herself," "The Home Nurse," etc. Chicago:Forbes & Company, 1915. Price, \$1.00.

This is a book which every young mother and prospective mother in the land should read; for it makes motherhood easy and will remove the fears and troubles of many women. Everything which a mother wants to know and must know regarding the care of herself and her baby is clearly told in this helpful book. It shows how to avoid mistakes, what to do and what not to do.

This book contains the latest and best approved methods for the care of the baby—its feeding, clothing, exercise, sleep and training. It is full of common sense help and facts that many mothers might overlook. Like all Dr. Lowry's books it is permeated with an earnest spirit of helpfulness and wise, sane direction. If a prospective mother can have only one book on the subject of maternity and infancy it should be this safe and practical guide by Dr. Lowry, who is an authority of long experience in the health care of women and children.