International Throat and Lung Institute

for the treatment of Asthma, Bronchitis,

for the treatment of Asthma, Bronchitis, Catarrh, Laryngitis and Consumption in the first and second stages, and all diseases of the nose, throat and lungs by the aid of the Spirometer invented by Dr. M. Souvielle of Paris, ex-aide surgeon of the French army.

Head Office: London, Eng. Branches: Montreal, Toronto, Boston, Detroit and Winnipeg.

Physicians and sufferers can tax the Spirometer free. Consultations free. I untitle to call personally and be examined write for list of questions and copy of "International News," published monthly. Address 173 Church street, Toronto, or 13 Phillips' square, Montreal.

Croceries, etc.

Jaffray & Ryan, **GROCERS AND IMPORTERS.**

New Teas! New Teas! New Teas!

We have just received our New Teas, which we will offer at the following prices

WILL DITECT the following prices

FANEST ENGLISH BREAKFAST. 80c.. FINE ENGLISH BREAKFAST. 60c. FLAVOU'RY ENGLISH BREAKFAST. 60c. FLAVOU'RY ENGLISH BREAKFAST. 50c. MON. ING. 60c. FINEST EXTRACHOICE YOUNG HYSON. 80c. FINEST YOUNG HYSON. 70c.. EXTRA SIFTED, 60c.: SUPERIOR, 50c.; FINE, 60 cents.

Considerable reduction will be made on packages of 30 lbs. and over. We have been appointed agents for Chete & Sonborn' world-renowned Coffee. One trial will convince.

complete assortment of Crosse & Blackwell's goods
alrays in stock Amongst other potted meats
AMOUNT ANCHOVY. SHRIMIP AND
BLOATER PASTE. SALAD
ORESSINGS, PICKLES,
SAUCES, IAMS JEL
LIES, SOUPS. Libby, McNeil & Libby's Canned Corn Blestand Soups.

SPARKLING HYDROZON Non-Alcoholic nutrient tonic for brain and nerve commended by Prof. Autheria, Ph. D. F. R. S., 'F I.C., F.S.C., London, England. Ross's Belfast Ginger Ale.

JAFFRAY & RYAN,

244 YONGE STREET, TORONTO, ONT

CHICAGO HAMS AND BREAKFAST BACON,

Best Value in Teas from 50c.

-Fresh Cream Cheese, Grated Parmasan Cheese-

FRENCH PEAS, MUSHROOMS. & TRUFFLES,

KENNEDY'S FINE AMERICAN BISCUITS, 22

SEVILLE

ORANGES

5%

(First of the Season).

FULTON, MICHIE & Co., 7 KING STREET WEST,

W WHARIN & CO.,



Established 1854 Watches, 32 Clocks **IEWELRY**

-And Silverware.

Every description of English, Swiss, and Ameria Watches and Clocks cleaned, repaired and regu-Jewelry and Silverware manufactured, and repairs

IT LEADS ALL.

No other blood-purifying t edicine is made, or has ever been prepared, which so com-pletely meets the wants of physicians and the general public as

Ayer's Sarsaparilla.

It leads the list as a truly solentific preparation for all blood diseases. If there is a lurk-SCROFFULA ing taint of Scrofula about you, disloige it and expel it from your system. For constitutional or scrofulous Catarrib, CATARRH true remedy. It has cured numberless cases. It will stop the nauseous eaterthal discharges, and remove the sickening odor of the breath, which are indications of scrofulous origin.

ULCEROUS "At the age of two years one of SORES my children was terribly afflicted face and neck. At the age of two years one of the same time its eyes were swollen, much inflamed, and very sore. SORE EYES l'hysicians told us that a powbore swollen, much inflamed, and very sore. Sore L'Hysicians told us that a powbore swollen, much inflamed, and very sore. Sore EYES l'hysicians told us that a powbore and the same time its eyes were swollen, much inflamed, and very sore. Sore EYES l'hysicians told us that a powbore a perceptible improvement, which, by an adherence to your directions, was continued to a complete and pernaent cure. No ortidence has since appeared of the existence of any scrofnious tendencies, and no treatment of any disorder was over attempted by hours truly, B. F. Jonnyou.

Dr.J. C. Ayer & Co., Lowell, Mass. PREPARED BY 80ld by all Druggists; \$1, six bottles for \$5.

THE TROY MENEELY BELL FOUNDRY CLINTON H. MENGELY
BELL COMPANY, TROY, N.Y.,
Massifacture a superior quality of Boltz Chart
workmen, Greatest experience, Largely de
Special attention given to CHURCH HOLL
Illustrated Catalogue mailed free.



MCSHANE BELL FOUNDRY
manfacture those celebrated Salls
and Chines you Chunches Salls
Locks, etc., etc. Roser of Glaloques sent free. Address of
H M. Shane & Co, Baltimore, Eld





Westman & Baker, 119 Bay Street, Toronto, MACHINISTS, &C.

IMPROVED GORDON PRESSES. Printing Presses repaired and adjusted with de-

THE PEOPLE'S FAVORITE
THE OLD ESTABLISHES 33 Oook's Friend Baking Powder
PURE, HEALTHY, RELIABLE
Naculactured only by Manufactured only by
W. D. McLAREN

Retailed Everywhere. 55 & 57 College St



Dr. J. Rolph Malcolph, (ESTABLISHED 1863) 4

Physician for Assections of Pirane, Times and all other Chronic Diseases? 357 KING ST. WEST, TORONTO.

SPECIALTY—The Treatment of Affections of the Respiratory Organs by Inhalation.

EF All those suffering from Catarrh, Bronchitis, Affilma, Consumption, or any other disease of long standing, are cordially invited to call.

CONSULTATION FREE.

P : ke g'ving full particulars, mailed free, on ap-plication.



Scientific and Aseful.

Ir every thing needed is in its place and "handy," a pan of biscuit can be made in five minutes that would otherwise take twenty-five. Order and system will almost make time.

DOUGHNUTS.—One cup of sugar, one cup of sour milk, one-half cup of butter, one egg, one teaspoonful each of cinusmon and salt, ope-half teaspoonful soda. Flour to make

CARPETS.—A novelty in carpets are plain ingrains in solid colours, to be used atound centre rugs instead of staining the floor. It is called filling, and sometimes covers the whole floor with Persian rugs scattere around with the results and rugs scattere. without any special order.

A HANDSOME cover for a sofa-pillow is made by embroidering two strips of blue satin with pink rosebuds and some fine green foliage; alternate these strips with velvet or plush of a contrasting colour; a dark crimson is particularly pretty with the blue.

TRAINING GENERRIBERD — One can of

TRAINING GINGERBREAD. -- One cup of molasses, one cup of sugar, one cup of butter and lard mixed, one cup cold water, two teaspoonfuls ginger, one teaspoonful alum, one teaspoonful cream of tartar, two teaspoonfuls soda. Flour to make very hard; knead well, roll thin, and bake in a very hot oven.

REMEDY FOR TOOTHACHE.—With a small piece of zinc and a bit of silver (any silver coin will do), the zinc placed on one side of the afflicted gum, and the silver on the other, by bringing the edges together, the small current of electricity generated immediately and painlessly stops the toothache.

and painlessly slops the toothache.

The "wish-bone" wedding has become the correct thing. The couple stand beneath a floral wishbone. After the ceremony the bride and groom are given the wishbone to pull. The tug results in a break somewhere, and whoever holds the long piece is absolved from getting up to build the fire in the morning.

Spice Cake, - An old-lashioned and tooth-SPICE CARE.—An old-lashoned and tooth-some spice cake is made of three pounds of seedless raisins, one and a half pounds of citrob, two and a half coffee cups of sugar, two cups of sweet milk, four cups of flour, six eggs, two teaspoonfuls of baking powder, three teaspoonfuls of cinnamon and two of

WORMS cause feverishness/moaning and restlessness during sleep. Graves Worm Exterminator is pleasest oure, and

Is there anything more annoying than having your corn stepped upon? There anything more delightful than getting of it? Holloway's Corn Cure will do

Oyster Sauce.—Take one dozen oysters, and beard them; then put one ounce of butter in a stew-pan with a quarter of an ounce of flour; blend these together, and add half a pint of cream with a high seasoning of cayenne and a very little salt; stir these over the fire until it just comes to the boil; then strain in the liquor from the oysters; then stir in ten drops of lemon juice; lastly put in the oysters; il large, must be cut in two; stir this over the fire until warm, but do not let it boil, or the oysters will be hard.

FACT STRANGER THAN FICTION,—It is a fact that Alonzo Howe, of Twell, had a fever sore that afflicted him for third five years. Six bottles of Burdock Blood firelys cured him, which he considers almost sairacle. It was but the natural result of the remedy restoring pure blood and perfect secretion.

SPRING CLEANING .- The spring cleaning SPRING CLEANING.—The spring cleaning, in house and yard, which is beginning to loom up before the careful housekeeper, is not by any means an unmixed evil. If too much is not undertaken at once, if days with cold raw winds are as much as possible avoided, and the labour properly distributed among different members of the family, the extra exercise will be the beat "spring medicine" that can be used. The nervousness and general liability of disease consequent upon the long confinement of winter can be upon the long confinement of winter can be more safely counteracted by judicious exercise with an object than by any other method.

with an object than by any other method.

THEN UNDER CONTROL.—One of the nicest housekeepers we know insists that she has no system. That is, as we know, she does not sweep a room simply because it is the day to clean it, whether it needs it or not. Method is good only as means to an end, but as soon as it becomes more than that, it restrains freedom and crowds judgment from its proper place of control. A sick-room of sitting-room often needs to be put in order several times a day, A company parlour wants generally nothing but fire, sunshine, and a little dusting to prepare it for guests. The broom will be needed to make it ready to shut up again. to shut up again.

Ladies' Journal Competition.

NO. 4.

DIFFICULT BIBLE PROBLEMS TO BE SOLVED, OR WHICH ONE HUNDRED AND THIRTY-ONE COSTLY PRIZES ARE TO BE GIVEN TO THE FIRST FOR NE HUNDRED AND THIRTY - ONE PER-SONS SENDING ONE CORRECT AN-

The publisher of the Ladies' Journal, of Toronto, Canada, announces another Bible competition, which he says may be the last unless more interest is taken in the plan.

HERE ARE THE QUESTIONS: 1st.—What city named in the Bible is the oldest now existing in the world?

and.-Name the first sale of land recorded in the Bible.

3rd.-Who is the first recorded in the Bible as being buried in a coffin

These questions are propounded by the Rev. Prof. Welden, of Toronto Baptist College, and Rev. E. B. Harper, Barrie, Ont., a leading Methodist minister of Canada.

The publisher of the Ladies' Journal is liable, and these rewards will certainly be reliable, and these rewards will certainly be distributed; without favour or partiality to the FIRST ONE HI NORED AND THIRTY-ONE PERSONS, in order received, sending correct answers to the foregoing Bible problems. The questions have been made so difficult, we have no doubt that it may not be necessary to give all the prizes. If, however, one hundred and thirty-one persons should send correct answers to all the questions, we will stake our reputation that all the prizes will be promptly and cheerfully handed over to the successful ones. Please mention that you saw this notice in THE PRESUMPERIAN. you saw this notice in THE PRESPATERIAN.

Bear in mind that coerrone and stang must send FIFTY CENTS by post-office poets, scrip, or small coin (no stamps), with their answer, for which they may have the Ladter Journal sent to any desired address for one year. Aside from the beautiful prizes offered, the Journal is the best half-dollar's worth published. Journal is the best half-dollar's worth published. It consists of twenty pages of choice entertaining reading matter, two full pages of new music, household hints, a short story, full page illustrations of latest American and English fashions, with complete letter press descriptions. In short, just the paper to suit ladies particularly, and interest anyone. The Ladies' Journal is issued monthly, single copies 5 cents, annual subscription fifty cents. The proper address is Editor Ladies' Journal, Toronto, Canada, if any of our seaders wish to compete. The competition remains open till 20th April only.

HERE ARE THE REWARDS: 1st-One Beautiful Cabinet Organ, valued and—Five O'Clock Tete-a-Tete Extra Triple
Silver Plated Tea Severce, about... 3rd-One Lady's Solid Gold Hunting Care 5th-One elegan, heavy Black Silk Dress Pattern 50 00 6th-One-Extra Heavy Silver Plated Cruet
Stand, with bell attachment 7th | Six Valuable Coin Silver Hunting to Case Watches, each \$20. rath J

Six Aluminum Gold Case Watches, each \$15... 10 18th toth to Plated Teaspoons, each \$5.....

to } 36 beautifully bound volumes of Shakespeare's Poems, each \$2 50

to } Total NEARLY \$1,000 ... \$087 #5

worth of valuable and costly presents to be given away to the first one hundred and thirty-one persons sending correct answers to each of the Bible problems given above.

MR. ABRAHAM GIBBS, Vaughan, writes:
"I have been troubled with Asthma since I was ten years of age, and have taken hundreds of bottles of different kinds of medifine, with nearelief. I saw the advertise that of Northform & Lyman's Emulsion of the liver Oil with Lince and Soda, and determined to try it. I have taken one bottle, and it has given me more relief than anything I have ever tried before, and I have great pleasure in recommending it to those similarly afficted.