### Milk Soup for Children.

One large carrot, two turnips, one small head of celery or one lettuce or one-half pound of spinach, one onion, three or four sprays of water cress, a celery root and a small strip of lemon peel are required for this recipe. Boil all these vegetables—having, of course, previously peeled and sheed them when required—until they are absolutely soft; press them through a sleeve, and, if sufficiently cooked, there should be a very small residue left. Place them in a clean, lined saucepan, and let them get thoroughly hot; then add as much milk as will bring them to the consistency of cream, one-half ounce of fresh butter, the yolks of two eggs and pepper and salt in moderation. Allow the soup to get quite warm; but no boiling must take place, or it will become curdled. Moreover, the butter must just melt, as cooked butter is unwholesome for children. This recipe can be altered by using more or less of the various vegetables. The exact quantity of milk cannot be given, as the size of the vegetables varies considerably.

## A Dweller at the Threshold.

(By the Rev. Charles E. Chase, in the 'Congregationalist.')

gregationalist.')

There are people not having the pleasure of a real garden who find luxurious compensation in the enjoyment of a seedman's catalogue. Others without books find company congenial in the publisher's list. To me there is pleasure in both.

Turning from labor to rest, or from work to study, as every gardener should, I leave the modest turnip and fragrant rose for the companionship of both humble and great in the society of books, the goodly fellowship assembled in a Century catalogue or Macmillan's list. Once when reviewing a page of titles I came to this, A Dweller at the Threshold. I had never seen the book, nor have I yet. The author's name I forget, but the name of his book I cannot. Indeed, I knew too well the Dweller at the Threshold. Often he has frightened me, lied to me, cheated me. Sometimes in fierce wrestling he has thrown me, beaten me shamefully and sore. And then, sometimes, I have boldly dashed him down.

He creeps at times within the portals, but his home is only at the threshold. Lurking

sore. And then, sometimes, I have boldly dashed him down.

He creeps at times within the portals, but his home is only at the threshold. Lurking away in the shadow or standing out in gleaming light, he is there, alert and quick to hear the footfall of each coming one. Sometimes he is afraid and silent. Again he speaks in jest or earnest, as may please his mood or serve his need. Now smiles in ridicule or sneers in scorn; now whispers, now cries out, and now reaches insidiously a fawning hand or drives a vicious blow.

Observe the Temple of Science. He is there. The Temple of Invention and Industry, and he is there. The Temple of Religion and Faith—there also. The Shrine of Home, the Halls of Friendship, the Gymnasium of Health, the Theater of Fame, and alas! he is there.

Many approach these portals. A few, a very few, enter without strife, but more after stormy battle with the Dweller at the Threshold. Others, defeated, try again; and defeated, try—yet again and win. Some stand about in faltering hesitation while the

You cannot possibly have a better Cocoa than



A delicious drink and a sustaining Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

Sold by Grocers and Storekeepers in 1-lb. and 1-lb Tins.

#### FUN FOR THE WINTER.

116 Humorous Recitations, 15c: 20 Humorous Dialogues, 15c; 150 Songs with Music, 15c; Pamca: Dramatic Recitations, 15c; 1100 Comic Recitat o 1s, 15c; 1400 Riddles, 15c; 100 Tricks in Parlor Magic, 15c; Home Anusements, 15c. By mail postpaid,

USEFUL NOVELTIES CO.. Bept. N., Toronto, Canada

Chieros BL Bull Selis Speis Specially Poul McShare Bell Forder Co., Baltimure, Mo., U.S.A.

# CANADIAN FLAGS

Without a Cent of Cullay

Write for our plan to the Flag Department John Lougall & Son, 'Witness' Block, Montreal,



#### Synopsis of Canadian North-West Land Regulation.

ANY person who is the sole head of a family, or any male over 18 years old, may homestead a quarter-section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made at any agency, on certain conditions, by father, mother, son, daughter, brother or sister of intending homesteader.

Duties — Six months' residence upon and culti-

ther or sister of intending homesteader.

Duties. — Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter section alongside his homestead. Price \$3.00 per acrs. Duties—Must reside six mouths in each of six years from date of homestead entry (including the time required to earn homestead patent), and cultivate fifty acres extra.

A homesteader who has exhausted his bomestead right and cannot obtain a pre-emption may take a purchased homestead in certain districts. Price, \$2.00 per acre. Duties—Must reside six months in each of three years, cultivate fifty acres and erect a house worth \$300.00.

Orth \$300.00.

W. W. CORY,
Deputy of the Minister of the interior. N.B.—Unauthorized publication of this advertisement will not be paid for.

day lasts, but with the falling shadows dis-

day lasts, but with the falling shadows disappear.

Now the name of the Dweller at the Threshold is Doubt. Doubt whose wife is Distrust, whose children are Hositation and Fear and Failure. These abide at the threshold, these hover about the beginning of all good things. When success is promised, Doubt suggests failure; for a clear sky sends fog, and where there is peace, battle smoke. This is what Doubt does for the student, the explorer, the statesman, the inventor, the worshiper, the lover and friend.

But over every portal, above the Dweller at the Threshold, is an inspiring inscription, a declaration of hope and promise. Whoever looks upon it takes heart and presses on, becomes a knight invincible. Such a one beholds not nor fears him who dwells beneath. To look up and behold the inscription is to escape or conquer the Dweller at the Threshold. To look down to behold him is to miss the inscription. Never are both within the

the inscription. Never are both within the same area of vision.

And the inscription is this immortal manifesto of beauty and strength:

Ask, and it shall be given you;
Seek, and ye shall find;
Knock, and it shall be opened unto you.
For every one that asketh receiveth;
And he that seeketh findeth;
And to him that knocketh
It shall be opened.

So shall it ever be with the man who walks with God. No trap of man's devising can catch his feet, no malice disturb his spirit, no mist or fog, no battle smoke or cloud, obscure his vision. Faith is greater than Doubt. Courage is greater than Fear. The solution is greater than the problem, a speaking providence more than the silent sphinx. The promise above, realized in heart and life, is always greater than the Dweller at the Threshold; as much greater and by such distance as the heights of hope, whose rock foundation is the eternal covenant of Jehovah, rise in majestic splendor above the gloomy caverns in the valley of despair.

#### STUDY AT HOME

Bookkeeping, Ehorthand, Althmet'c, Commercial Law, Penmanship, Matriculation, Teachers Courses, Steam Engineering, Mechanical Drawing, Beginners Course, and over 100 other courses. Write today for full information.

CANADIAN CORRESPONDENCE COLLEGE, Ltd.

### Royal Cards.

Every year members of our royal family choose special designs for Christmas cards which are then printed exclusively for their use. Recently permission was given to reproduce a number of these cards, and Raphael Tuck & Sons Co. have issued several charming ones, chosen and used in different years by our Late Queen Victoria, by Queen Alexandra, and by Queen Victoria of Spain.

The calendars and cards issued by this firm are this year unusually beautiful in coloring and design.

## THE NORTHERN RESERCER.

### ANNUAL SUBSCRIPTION RATES.

Single Copies - - S .40 a year Three Copies, separately addressed if desired, for 1.00 ,, Four Copies, separately addressed it desired, per copy .30 Ten Copies or more to one address, per copy

ib mentls trial at ) aif the above rate. .20 ..

Fix mentits trial at laif the alove rate.

Postage included for Canada (Moatreal and Suburbs excepted),
Newfoundland and the British Isles; also for Bahamas, Barbadoes, Bern ula, British Gulana, Eritish Honduras, British North
Borneo, Ceylon, Cyprus, Falkland Islands, Fili, Gambia,
Gibraltar, Hongkonz, Jamaica, Leeward Islands, Malta,
Mauritius, New Zealand, Northern Migeria, Sarawak,
Seychelles, Sierra Leone, Southern Nigeria, Transvaal, Trinidad
Tobago, Turk's Island and Zanzibar.

U. S. Postage 10c extra to the United States, Alaska Hawaiian and Philippine Islands except in clubs, to one address, when each copy will be fifteen cents extra postage

Foreign Postage to all countries not named in the above

list, fifty cents extra.

Samples and Subscription Blanks freely and promptly sent on request.

## A SPLENDID GROUP-TRY IT!

The 'Witness' For over sixty years unrivalled in the confidence of the Canadian pubrivalled in the confidence of the Canadian public. Latest news, market reports, etc., financial and literary reviews, good stories, home and boys pages, queries, etc., etc. Valuable departments devoted to farming interests. A clean commercial, agricultural and home newspaper. (Send for a sample.)

'World Wide' A weekly reprint of the best things in the world's great journals. Reflects the thought of the times. Best cartoons of the week. The busy man's paper. Nothing like it anywhere for the money. Send for a sample a sample.

'Canadian Pictorial' Canada's popular illustrated monthly. High grade paper, high grade pictures. Interesting to young and old alike. Many of its full page pictures suitable for framing. (See ad. on another page.)

The 'Northern Mossenger' speaks for itself. A favorite for over forty years, and increasingly popular. A potent influence for good.

#### SPECIAL FAMILY CLUB.

'Weekly Witness and Canadian	Home-
stead'	
'World Wide'	\$ 1.50
'Canadian Pictorial'	\$ 1.00
'Northern Messenger'	40

## All for one year, \$2.70

anywhere in the "Postage Included" group. (See above). For U. S. or abroad, special terms quoted on clubs.

Any one of the group may be sent to a friend AS A GIFT subscription, if so marked.

THE 'NORTHERN MESSENGER' is printed and publishe every week at the 'Witress' Building, at the corner of Oral and St. Peter streets, in the city of Montreal, by Joh Redpath Dougall and Frederick Eugene Dougall, both of Montreal.

siness communications should be addressed 'John ugall & Som, and all letters to the editor should be irrested Editor of the 'Nesthern Messenger.'