For Sale

ORCHARD FOR SALE.

23 acres of choice orchard land, sit-

uate at Wilmot in the heart of the

apple-bearing district of the Annapo-

lis Valley. Land once owned by the late Brower G. Stronach. Fine

young orchard of about 400 trees, a-

bout seven years old, now on the

property. Property will be sold on

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That very desirable residential pro-

perty situated at Carleton's Corner,

Bridgetown, consisting of modern

dwelling house, stable, shop and

orchard and garden. Also one hundred acres of woodland. Posses-

For further particulars apply to

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One-half double house, nine rooms,

with barn and garden plot. Areo

small house and barn with acre of

land, containing fifty fruit trees, Al-

so ten acres field, situated on Gran-

ville street. Sold separately or com-

RESIDENCE FOR SALE.

Situated on Granville St., Bridge-

town, contains large dining room,

and pantry on first flat. Six bed-

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Basement contains summer kitchen,

laundry and cold storage room. Heat-

ed by furnace. Hot and cold water.

H. M. CHUTE,

bined. Apply to

Bridgetown, May 20th,

J. B. WHITMAN.

F. R. FAY, Esq.,

Province Bldg., Halifax, or

Bridgetown.

sion can be given first of May.

Halifax,

or FRED W. HARRIS.

Annapolis Royal.

easy terms to purchaser. Apply to

THE HOME

quirements in order to meet the di PAPER ON INFANT FEEDING BY DR. McVEY OF ST. JOHN. ferent ages:

Matter of Practical Interest and Value Presented at Meeting of Medical Society in Moncton.

The subject of infant nutrition is Milk sugar, one-half teaspoonful. one of much importance, when we Half of this quantity to be given take into consideration the fact that as a feed. an infant normally doubles its weight in the space of five months. and trebles it in twelve months, It shows the wonderful activity of tissue building that is taking place to supply the necessary constructive material for such very rapid growth and development during this import. ant period of life. It is therefore very essential to be extremely careful as to the proper kind of food given, also the frequency it is given, as well as the quantity; and above all the food should be given in such a form that it should be capable of ready absorption and assimilation. And the only food which will per fectly :ulfil all these requirements of early infancy is normal human mi'k.

When, for certain reasons, such is impossible to procure, we are camimpossible to procure, we are coma substitute, and the nearer such a substitute approximates in its makeup to human milk the more suitable it is for the purpose of construc-

Now to build up tissue or repair the system, the food must contain five important elements in certain proportions, namely, proteids, hydrocarbons or fats, carbohydrates, Milk sugar, 2 teaspoonfuls.

In case of an infant, the digestive Milk and cream are very suscept- wake long enough to take them. til the age of three months. The pan-contamination is a real one, But the of milk; or two tablespoonfuls of creatic secretion, which plays the frequency of such has been greatly well-cooked and strained porridge month, for this reason no food of a can be little doubt that milk infec-ful of milk. For variety the breakstarchy nature should be given an in- tion is largely a responsible agent fast may consist of the yolk of an The greater part are of the size of a The required carbohydrate elements ods, tedious and bothersome to carry and a teaspoonful of milk. of hydrocarton is necessary. If the not a virtue in themselves. The idea The third meal, at 2 p.m., may food is deficient in fat, the growing aimed at is not the destruction of consist of a teacupful of beef, chicken bone is apt to show rickety deforma- micro-organisms by processes which or mutton broth, with a slice of

fancy is largely due to faulty fred- No method of preparation can make mashed potato, moistened with four ing; and artificial feeding is responsi- a bad milk good. ble for the vast majority of discr- As to the process known as pep- two tablespoonfuls of junket, with

their infants in the natural way, be- after having used these pre-digested he should be given a half cupful of cause such duties of motherhood in- preparations. terfere with their social pleasures or A word as to the host of propriet- As for the second summer, baby is when approaching the land in a fog engagements. When the mother is ary or infant foods. Almost all of in no more danger during this time unable to nourish the child, we must them are preparations of rereals, than he is at any other period of lead." This lead weighs twenty-eight devise a proper substitute. And the and as such most all contain starch, his troublous little life. He is alcow's milk is the one usually select- but with this important difference, ways in danger if you do not take ed, but it requires modification to that in some the starch is partially, the right kind of care of him. And adapt it to the needs of a young or completely converted into scluble even then, accidents will happen. But

But it must be remembered that | tered. an infant is not a test tube. We may It is upon the degree of this condetarmine the percentage of each con- version of starch and the amount of from the health department of the stituent in a mixture, but what con. fat present that the value of these Los Angeles Times, is reprinted this cerns us most is what particular foods depends. None of the so-called week owing to a typographical error percentage will suit each individual infant foods, which contain unconcase. Each one must be carefully ob- verted starch should be given to an served and studied, when we consider infant, until it reaches the age of that the capacity of a child's stom nine months. ach at birth is only 1 1-5 ounces, A very serious defect in all these at three months four ounces, at six foods is the low proportion of fat.

and too often. The infant who is pronounced infantile scurvy which pected to digest its food. Such er- infant had been fed on one or anror, if not relieved by an attack of other of these so-called infant foods.

The first week feed every two hours food for infants. not more than one ounce at ten reg-

ounce at eight regular intervals.

four ounces at six regular intervals. Kansas City Church From three months to six every three hours four to six ounces at six Cholera and Diarrhoea Remedy is al-

1st week. Milk, one tablespoonful. Water, two tablespoonfuls. Lime water, one tablespoonful, Thick cream, one teaspoonful.

2nd to 6th week. Milk, 2 tablespoonfuls. Water, 3 tablespoorfuls. Lime water, 1 teaspoonful. Cream, thick, 1 teaspoonful. Milk sugar, 1 teaspoonful.

6th week to 3rd. month. Milk, 3 tablespoonfuls. Water, 3 1-2 tablespoonfuls. Lime water, 1 tablespoonfuls. Milk sugar, 1 teaspoonful. Cream, thick, 1 teaspoonful.

3rd, to 6th Month. Milk, 4 tablespoonfuls. Water, 3 tablespoonfuls. Lime water, 1 tablespoonful. Cream, thick, 1 teaspoonful. Milk sugar, 1 teaspoonful.

6th to 8th month. Milk, 8 tablespoonfuls. Water, 2 tablespoonfuls. Lime water, 3 tablespoonfuls. Cream, 1 teaspoonful. Milk sugar, 1 1-2 teaspoonfuls. 8th to 12th Month.

Milk, 12 tablespoonfuls. Water, 2 tablespoonfuls. Lime water, 2 tablespoonfuls, Cream, thick, 1 teaspoonful. GUARDING AGAINST BACTERIA.

powers of the saliva is very gradu- ible to bacteria influence and con- The first meal at 7 a.m., should ally developed. The saliva does not tamination from unbygienic surround- consist of a slice of stale bread brokexert its action on starchy foods un- ings and the risk of infection from its en and soaked in a breakfast-cupful most important part in the digestion exaggerated. However in the occur- (oatmeal or cracked wheat) with two of starch, does not fully develop un- rences of the fatal summer diar- tablespoonfuls of cream, and a little til the end of the tenth or eleventh rhoeas and the great mortality there salt no sugar-and a breakfast-cupfant during the early months of life. in many cases. Hence various meth- egg, lightly boiled, with breadcrumbs must be supplied in the form of sug- out, have been devised, such as boil- The second meal at 10 a.m., may ar, and in order to supply the 191ge ing, pasteurization, sterilization, consist of a teacupful of milk with a amount of warmth necessary for an etc., to overcome this. But these are soda biscuit, or a thin slice of lightly infant, a considerable large amount to be regarded as necessary evils, buttered bread.

ders in infancy. The statistics of tonizing milk this embraces two dif- the same quantity of cream. the hospital for sick children, London ferent processes for the pre-digestion The fourth meal, at 6 p.m., should show that ninety per cent. cf the of food, by the use of pepsin and be of bread and milk or strained porfatal cases of diarrhoea in infancy oc- pancreatin respectively. The latter ridge and cream with milk as at the cur in those partially or entirely fed agent is preferable, because it acts in first meal. artificially and only ten per cent in an alkaline, or neutral medium, The fifth meal, at 10 p.m., if baby infants entirely fed at the breast." whereas pepsin requires an acid. Cas- is awake, should consist merely of a The conditions which contra indi- es where the stomach seems to mave breakfast-cupful of milk, with or cate breast feeding are very few, and lost its digestion power are often without one tablespoonful of good familiar to every physician. We benefitted by it, but it also has cer- Liebig food. He must never be acannot condemn too strongly the sel- tain disadvantages, as the stom- wakened from sleep for it. If he fishness of women who refuse to feed ach often refuses to do its own work wakens at five or six in the morning,

indeed some have scarcely any and, prepared as they are by simple addi-It is important that the feeding tion of water, they are totally unfit should be at regular periods. The for infant food, and Professor Stilles great tendency is to feed too much states in the majority of cases of fed whenever it cries, cannot be ex- have come under his observation the lican Cathedral this morning, occuvomiting, will cause over distension There are very few cases in which of the stomach. It is well to adopt any of these proprietary foods should morning on the government steam-

a regular rule, and one that will be allowed to become the principal er Earl Grey for the trip to the pass this way a few minutes ago? article of diet and in spite of all the Maritime Provinces. meet all requirements as to this is advertisements there is not a single infant food in the market which can

"A man who habitually swears in From second to sixth week of age the presence of his/children would be every two hours not more than one terribly shocked to hear his wife use such language at all, and if she did, he would be thunderstruck. And yet From sixth week to three months she would be no more in the wrong every two and a half hours three or than he."—Rev. H. C. Rogers, at

Buy it now. Chamberlain's Colic most certain to be needed before the If cow milk is selected the following summer is over. Buy it now and be additions will bring it up to all results by druggists and dealers.

Edmonton Girl saved By

EDMONTON, ALTA., Nov. 20th 1911. "I had been a sufferer from babyhood with that terrible complaint, Consti-

I have been treated by physicians and have taken every medicine that I heard of, but without the slightest benefit. I concluded that there was no cure for this horrible disease. Finally, I read of "Fruit-a-tives" and decided to try them, and the effect was

The first box gave me great relief, and after I used a few boxes, I found that I was entirely well. "Fruit-a-tives" is the only medicine that ever did me any good for Chronic Constipation and I want to say to all who suffer as I did—Try "Fruit-a-tives—" why suffer any longer when there is a perfect cure in this great fruit medicine'

"Fruit-a-tives" is the only remedy in the world made of fruit and the only one that will completely and absolutely 50c a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

(MISS) E. A. GOODALL.

BABY'S SECOND SUMMER.

Don't keep him in the city during the summer. Second summer or any other summer, he will thrive best when kept out of doors most of the time. If the sleeping-on-the-porch habit has been cultivated, so much the better. If mother has kept herself in good health and baby is not weakened, from the fourteenth to the eighteenth month he should be allowed five meals a day if he is

may and almost certainly do diminish bread, and one good tablespoonful of the nutritive value of milk; but tie rice and milk pudding. Upon an-The very great mortality of in- prevention of such contamination, other day, it may consist of a tablespoonfuls of meat broth; also

warm milk.

corbohydrates, dextrine, maltose or the thing to do is to give him the this is filled with tallow, so that the gluecose. In others it remains unal- most intelligent care you know how gravel or shells at the bottom will adto and stop worrying.

NOTE .- This sensible article taken occurring in last issue.

THE ROYAL VISIT.

(Canadian Press.)

Quebec, July 21-His Royal Highness, the Duke of Connaught, Princess Patricia and party returned to Quebec on Saturday from their trip to Winnipeg. The Royal party, including the Duke and Duchess and the Princess attended service in the Anglarge congregation in attendance.

The Royal party leave Wednesday

Biliousness-

is certainly one of the most disagree-able ailments which flesh is heir to. Coated tongue—bitter taste in the mouth—nausea—dizziness—these combine to make life a burden. The cause is a disordered liver—the cure Dr. Morse's Indian Root Pills. They go straight to the root of the trouble, put the liver right, cleanse the stomach and bowels, clear the tongue and take away the bitter taste from the mouth. At the first sign of billious-

Dr. Morse's Indian Root Pills THE HALIFAX GIBBET.

Sort of Guillotine That Was Once Used in England. 'An ancient law of Bardwick forest, tract coextensive with Halifax par sh, is sung by Taylor, the water poet: At Halifax the law so sharpe doth deale That whose more than thirteen pence doth They have a jin that wondrous quick and

Sends thieves all headless thto heaven or This "jin" resembled the guillotine

in construction and stood on a stone scaffold, unearthed when Gibbet hill was leveled. The ax is preserved. This, the only guillotine used in England, was the forerunner of the "maiden," introduced into Scotland by Regent Morton and now in the Edinburgh Antiquarian museum, The "Halifax gibbet" was last used in 1650 and the "malden" for Lord Argyll in 1661 and his son in 1685, who spoke of it as the sweetest maiden he ever

Dr. Guillotine did not invent the machine. Dr. Louis constructed one in 1791, the "Louison," but the name "guillotine" became general from the burst of surgical enthusiasm, in which Dr. Guillotine in 1789, after deploring the tedious torture of hanging, exclaimed, "With my machine I strike off your head in the twinkling of an eye, and you never feel it!"-London

MEERSCHAUM MINING.

The Pits at Nemlau Have Been Worked

For Twenty Centuries. Meerschaum mines at Nemlan have een worked for 2,000 years, it is claimed, and the process is quite simple. The mines, which at one time reached from Kahe to Mihalitch, on the sea of Marmora, are concentrated around the city of Eski-Shehr and give employment to some 5,000 miners.

The mines are worked in the most primitive manner by a foreman and two to five workmen with picks. The depths of the pits vary greatly and depend upon the depth at which a reddish brown earth is met, which is the first indication of the existence of mag-

Sometimes this red earth is found only a few yards beneath the surface, but ordinarily at a depth of twenty yards, often forty and even sixty. In this layer of red earth meerschaum is found, disseminated in nuggets of irregular shape. The size of these rarely exceeds twelve to sixteen cubic inches. walnut. No explosives are used, the ground being soft

Almost the entire output of this article is exported to Vienna and thence distributed to the various European countries and to the United States, the

Well and Truly Laid. The laying of the British roys is attended with considerable ony. First come the "uphels" whose duty it is to see that the is in its proper place and in good con-dition to bear its precious burden of the famous Flaxman service des for George IV. is so tremendous as to justify fully this precaution. The uphoisterers give place to the "table deckers," who arrange the snowy napery worked with the royal arms and the plainly folded servicities. Fanciful shapes are inadmissible on the royal table. This accomplished, there enter the "yeomen of the silver pantry," whose task it is to place the silver in position. The "deckers" then arrange the flowers, after which the royal table is considered "well and truly laid."

The Deep Sea Lead. In order to find a ship's position soundings are taken with the "deep sea pounds and is attached to a line which is marked off in fathoms by bunting of various colors, pieces of leather and knots. Bored in the base of the lead is a hole about two inches deep, and here to it, and the nature of the bed may be thus ascertained. When the lead is thrown overboard the water's depth is noted on the line, and this and the adherence to the tallow when compared with the description given on the chart will give the ship's position with tolerable accuracy.

Sibilant Praise, One of the ushers approached a man who appeared to be appoying those

"Don't you like the show?" "Yes, indeed."

"Then why do you persist in hissing the performers?" "Why, m-man alive, I w-wasn't h-hissing. I w-was s-ssimply s-s-s-say-

ing to S-s-s-sammie that the s-s-s-sing-

Hadn't Seen Him. The Vicar-Did you see a pedestrian In' on this tater patch more'n a nower, an' notter thing has passed 'cept a solitary man, an' be was trampin' on

Good Reason, Mrs. Wright (to vicar's wife)-Why is your husband always asking for money, money, money? Vicar's Wife (wearly)-i presume it's because be never gets any.

foot.-London Telegraph.

"Mighty mean man I's wokin' fer."
"Wars de mattah?" "Took de laigs off de wheelbarrab so's 1 kain't set down an' rest."-New York World.

Minard's Liniment Cures Colds, etc. Minard's Liniment Cities Cours, see

Men's Cool Furnishings

FOR WALL SUMMER DAYS.

Shirts-

MENS NEGLIGEE SHIRTS, made in all Newest Styles, 60c, 85c, 95c, \$1.00, \$1.25 \$1.50, and \$1.75. MEN'S SILK, SHIRTS, \$3.75 each.

Half-Hose--

We have a very fine stock of HALF-HOSE in Plain Black Cotton, Colored Cotton, Black Cashmere, Fancy Lisle Threads. Prices run from 20c. to 50c. per pair.

Straw Hats==

MEN'S STRAW HATS in the very Newest Shapes. Prices from 50c. to \$2.00.

GILBERT E. HARTT.

Corner Granville and Queen Streets, Bridgetown,

SEEDS, 1912

Naccount of prevailing high prices the Quantity of SEEDS stocked by us is not equal to previous years, but in Quality and Assortment it Excels.

Seed Oats, Field Peas, Rennie's XXX Timothy. Red Clover. Alsike, Red Top.

Ewing's Timothy and Clover Seeds of less price, but tested quality.

Turnip, Mangel Wurtzel, Sugar Mangel, Carrots, Parsnips, Cabbage, Lettuce, Onion, and all desirable Garden and Flower Seeds.

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J. E. LLOYD & SON.

Men's Low Shoes at a Bargain,

sizes, which are clearing out at greatly reduced prices.

ASTORIA Patent Blu. Oxford, Goodyear Welt.

DERBY, Gunmetal & Box calf Oxfords, welt.

Many other good shoes at similar reductions,

buy at once. All high class goods.

DERBY, Tan Calf Blu. Oxfords, welt.

We have about 50 pairs of Men's Low Shoes in broken lines and

sizes 1-5. 1-6. 1-61. 2-7. 2-71. 2-8. 2-81. 1-9.

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sizes, I-5. 1-6. 2-7. 2-71. 1-8, 1.81. 1-9,

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will suit the most fastidious of brides. Correct

in style, excellent in workmanship. Old English

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shipment of Spring Goods in the

latest shades. Leave your order

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DO IT NOW It is well known to experenced salesmen that the largest and best business in fruit trees is done during the summer months. The man first on the ground secures the cream of the

trade, therefore Look over the list below and if you find your size do not fail to Secure Your Agency Now

We want a good reliable man for this district, because the demand for fruit trees never was so good. Good pay. Outfit free. Whole or Part Time agreement, and you represent a firm of thirty-five years' experience with over six hundred acres of land under cultivation. Write.-

PELHAM NURSERY CO., Toronto, Oct.

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Our paper goes into the best class of homes and is read by the head of the family. That accounts for the results obtained by the use of Classified Want Ads.