

**OUR CLUBBING RATES.**

THE GUIDE-ADVOCATE and the Family Herald and Weekly with premium picture... 1 75

Family Herald and Weekly Star with premium and "The Farmer's Manual" or "Handy Home Book".... 1 90

Montreal Weekly Witness.... 1 60

Weekly Messenger..... 1 25

Weekly Globe..... 1 75

Weekly Mail and Empire.... 1 75

Toronto Weekly Sun..... 1 80

London Weekly Advertiser.... 1 50

London Daily Advertiser.... 2 50

London Weekly Free Press.... 1 75

Daily Free Press, afternoon ed. 2 75

Toronto Daily World..... 3 25

Toronto Daily News..... 2 25

Toronto Daily Star..... 2 25

Weekly Sun..... 1 80

Farming World..... 1 50

Farmers' Advocate..... 2 35

We recommend our readers to subscribe to the Farmer's Advocate and Home Magazine, the best Agricultural Journal in America.

**Guide-Advocate.**

Watford, Ont.  
PUBLISHED EVERY FRIDAY.  
Subscription—\$1.00 per annum in advance. \$1.50 if not so paid.

**ADVERTISING RATES**

Space	One Year	Half Year	Months
One column	\$80	\$35	\$20
Half column	45	20	12
One-fourth column	25	12	8
One-eighth	12	5	5
One-twelfth	8	5	5

Mercantile advertisers will be allowed a chance of matter every two weeks. Weekly changes can be ad at a slight extra cost. Copy for change must be printer's hands by Wednesday forenoon.

Transients—First insertion per line, 5 cents; subsequent insertions 4 cents each time per line. 12 lines makes one inch.

Business Cards—Six lines and under, per year \$5.00.

LOCALS—10c per line each insertion.

Advertisements without specific directions will be inserted till filled and charged accordingly.

HARRIS & CO.  
PROPRIETORS

**Guide-Advocate.**

HARRIS & CO. PROPRIETORS  
WATFORD, DEC. 21, 1906.

**Be Careful.**

[Hamilton Times.]

There is silver in the ground at Cobalt, but one man can pay too much for even one ten-millionth interest in a chance to find it. Look well into the matter when you go to buy stock. Find out what development has been made, what the capitalization is, what the cost of operation is likely to be. Leave plenty of margin, for in nothing is margin needed so much as in mining, and if you see a big thing in what is left to be divided among the shareholders you will not quote be "going it blind."

**Dr. Osier on Vegetarians.**

This is the day of the food faddist, but his name is not Osier. Lecturing the other day at the Workingmen's College London, England, he said: "Unfortunately we are not all built to get the necessary elements from vegetables alone. The human body is like a steam engine—it requires sufficient fuel. The essential food for a day must contain 13 oz. of sugar, 3 oz. of oil, 3 oz. of fat, and 1 oz. of salt. Milk contains all these elements and a man can live on milk alone. Bread and potatoes are supposed by some to be only starch, but through the action of the pancreatic juice they are converted into sugar, which produces warmth and energy."

**For that Dandruff**

There is one thing that will cure it—Ayer's Hair Vigor. It is a regular scalp-medicine. It quickly destroys the germs which cause this disease. The unhealthy scalp becomes healthy. The dandruff disappears, had to disappear. A healthy scalp means a great deal to you—healthy hair, no dandruff, no pimples, no eruptions.

The best kind of a testimonial—  
"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass.  
Also manufacturers of  
SARSAPARILLA PILLS,  
CHERRY PECTORAL.

**Has His Troubles to Come.**

The man who handles the local department of a newspaper learns after due experience not to expect even briefly expressed thanks for a column of pleasant things, but, he knoweth as surely as cometh the winter that a single line in which there is an unintentional misrepresentation will cause someone to be heard from as if from a house top. And we may add that when he has made a pleasant mention 999 times of some person, place or thing but on the thousandth time fails to do so, he must not expect to be forgotten. The omission may have been from accident, inadvertence or even an entire lack of knowledge. It matters not. The simple fact remains and he will be judged by that.

**GIRLS OF TO-DAY ARE WEAKLINGS!**

Few Possess the Vitality and Girlish Beauty of the Olden Times.

Never before was physical health and vigor so highly esteemed and so eagerly sought for as to-day.

No man finds happiness in a sickly wife and the woman who wishes to enjoy the pleasures of life should spare no effort to maintain perfect health.

Is your daughter growing up strong and ruddy? Has the strength to drink greedily all the pleasures that youth so zealously seeks—or is she compelled to use the street car instead of enjoying the delightful exercise of walking—does she after half an hour arise refreshed and vigorous, or is she exhausted, indifferent, and perhaps irritable?

When strength and vigor can be so easily maintained by Ferrozone when the glow of health is so quickly brought to the cheeks and elasticity to the step, it is plainly a mother's duty to see that Ferrozone is on hand to assist her daughter back to health.

Upon the wake of Ferrozone quickly follows a stream of rich, nourishing blood which imparts that power and surplus energy so earnestly desired by those in ill-health.

Stop and think what this means for your daughter—certainly a great deal, and it can be accomplished by Ferrozone.

Every growing girl and young woman derives enormous benefit in many ways from this nutritive, vitalizing tonic.

It is specially suited for young women and is a guarantee of health and regularity as long as it is used.

Ferrozone is free from alcohol and perfectly safe to use. Prepared in the form of a chocolate-coated tablet and sold in 50c boxes or six for \$2.50, at all dealers.

**How to Live Cheaply.**

Substitute comfort for snow. Put convenience in the place of fashion. Study simplicity. Refuse to be beguiled into a style of living above what is required by your position in society and is justified by your resources. Set a fashion of simplicity, neatness, prudence and in expensiveness which others will be glad to follow and thank you for introducing. Teach yourself to do without a thousand and one pretty and showy things which wealthy people buy and pride yourself on being just as happy without them as your rich neighbors are with them. Put so much dignity, sincerity, kindness, virtue and love into your simple inexpensive home that its members will never miss the costly flippers and showy adornments of fashion and be happier in the cosy and comfortable apartments than most of our wealthy neighbors are in their splendid apartments.

**System Requires Frequent Cleansing**

Not only outside but inside as well, your body must be frequently cleansed. Otherwise it becomes loaded with wastes that clog up the wheels of health. Much better to act in time. Use Dr. Hamilton's Pills; they strengthen and regulate the bowels, assist digestion, enrich the blood and thereby fortify the nerves and lay the foundation of lasting good health.

Dr. Hamilton's pills bring vim and vitality so much sought for to-day; they infuse a feeling of freshness and spirit in those who have been sitting for years. Really, no medicine so potent. Price 25c at all dealers.

**Concerning Text Books.**

A conference of some length was held yesterday by the members of the school textbook commission with the minister, the deputy-minister and the superintendent of education.

As the enquiry is not yet concluded, the meeting arranged for to-day having been postponed indefinitely, some arrangement will be necessary for the supply of books needed in the interval between the expiry of the interim agreement for their publication, which occurs at the end of this month, and the formation of a new policy in this respect. Such an arrangement was under discussion yesterday, and there will be no lack of books.

The report of the commission will, it is expected, be received in ample time to permit the government to decide on the best course to pursue with respect to the school book question in time to lay the policy to be adopted before the legislature early in the session.

An old gentleman named Geo. Phillips died at the house of refuge, Sarnia, last week, aged 70 years. Deceased was a member of Moore lodge, A. F. & A. M., and was buried by the members of that lodge.

Miller's Compound Iron Pills, only 25 cents for 50 doses. T. B. Taylor & Sons.

**Are We Too Modest.**

Is excessive modesty the besetting sin of Canadians in their national relations? Sometimes one is inclined to think it is. For instance, Canada is one of the most temperate countries in the world, yet we listen patiently when a man from Liverpool or Glasgow tells how to reduce drink the evil by opening the bars on Sunday. Nay, more, we allow a man to come from Rochester, U. S. A., to tell us how "to clean out the saloons." The story of how they cut the number of saloons in two upon the occasion of a great moral upheaval was very thrilling, until it was learned that, after the number had been cut in two, there were still 500 saloons in Rochester. Rochester, according to the census of 1900, had a population of 162,000, and is probably not much larger now. In its renewed conditions it has 500 saloons, with the yearning to get back to the good old days of 1,000. Toronto has a population at least 100,000 larger, and in its unregenerate state it has 150 bars. Yet we sit still and listen to the ignorant "gush" of some tinpot reformer, who would forsooth teach us how to cut down the number of our saloons. If the day ever dawns when Rochester is as well conducted a city as Toronto, the people will begin to think they feel the sprouting of wings. Come, let us have a little more faith in ourselves and a little more just pride in our country.

**How Men Who Robbed a Tilbury Bank Official Get Clear Away.**

Windsor, Ont., Dec. 13.—Evidence secured by Provincial Detective Mahoney, in search of the men who stole \$1,500 belonging to the Sovereign Bank from a Michigan Central train between Pletcher and Tilbury, indicated the pair went to Chatham after the robbery and rented a rig, claiming they were oil prospectors. They visited several farmers and when they returned to Chatham the hunt by the police had ceased. They then took a train to Detroit un molested.

Leamington, Dec. 14.—It is reported that the farmers living in the vicinity of Point Pelee are reaping a harvest of canned goods from the wrecked steamer *Conestoga* a day or two ago, while only as far away as London the people were in the grip of zero weather.

A GENTLEMAN of undoubted veracity claims to have picked wild strawberry blossoms along the railway track near Glencoe a day or two ago, while only as far away as London the people were in the grip of zero weather.

Give Holloway's Corn Cure a trial. It removed ten corns from one pair of feet without any pain. What it has done once it will do again.

The Farmers' Institute lectures will commence in various parts of the province very shortly. In fact, many are taking place now. If you have never taken an active part in these meetings it would be a wise move if you would turn out and add to the benefits to be derived by your presence and your discussion. Much good can be learned by such associations, and this year ought to prove a banner year for the farmers' clubs.

The quantity of poultry being raised on our Ontario farms is increasing greatly in recent years, the good price consequent upon the increased demand from the west and the old country, no doubt, being an encouragement.

That tired feeling will disappear, and you will be able to eat well and sleep well by using Miller's Compound Iron Pills. T. B. Taylor & Sons.

The sad news was received Saturday of the death at sea on Sept. 2nd, of Archibald McKellar, who left Forest July 25th for Australia to investigate a fortune left by a relative. Deceased was born in Kintire-shire, Scotland, in 1846, and came to Canada in 1863, settling on the 6th line of Plympton, where he remained until 1904, when he moved to Forest. He is survived by two sisters Mrs. Bradhart and also Miss Anna McKellar, of Forest.

**SOUTH END BAKERY**

**OYSTERS**

BY THE PINT, QUART, GALLON OR PLATE  
SELECT BALTIMORE BRANDS.

Get Your Choice Confectionery here. Everything you want in the line of plain and fancy candies. Special rates for large quantities.

**OUR WEDDING CAKES**

Cannot be surpassed for flavor and quality. Leave your order.

**SMOKERS SUPPLIED**

with Choice Imported and Domestic Cigars.

**PEARCE BROS.,**

SOUTH END BAKERY.

**CASTORIA**

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

**What is CASTORIA**

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

**GENUINE CASTORIA ALWAYS**

Bears the Signature of

*Chas. H. Fletcher*  
The Kind You Have Always Bought  
In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

**LA GRIPPE**

This distressing and unfortunately very common malady easily takes rank among the very "meanest" of the diseases to which people living in this climate are liable.

La Grippe is no respecter of persons; it attacks the young and the old, the rich and the poor with the utmost impartiality.

Except in the cases where Pneumonia develops, La Grippe is seldom directly fatal; the real danger lies in the after effects. Even when the patient has fairly well recovered from an attack (and it is very hard to tell just when he has fully recovered) the muscles are relaxed, the nerves unstrung, the heart and lungs weak, the throat and bronchial tubes irritable and tender and the whole system depressed, run-down and in no condition to resist the attack of any other disease to which it may be exposed.

This condition is fraught with danger and demands instant and intelligent attention, the system must be built up and restored to a normal and healthy condition—advice easy to give, often very hard to follow.

The appetite is liable to be poor and the digestion impaired so that it is almost impossible to consume and digest sufficient ordinary food to do the work quickly and effectively. What is required is a concentrated food, palatable, easy to digest and containing the elements necessary to repair the waste which La Grippe has committed.

Just such a food is found in

**FERRROL**

a scientifically prepared emulsion of Cod Liver Oil, Iron and Phosphorus, palatable, digestible and effective. FERRROL contains just what the run down system needs and all it requires. Cod Liver Oil to restore the lost flesh and make what is left firm and healthy, Iron to enrich the impoverished blood and restore elasticity and firmness to the relaxed muscles, Phosphorus to tone the nerve and brain as nothing else will.

Two or three bottles of FERRROL, taken after the acute stage of La Grippe has passed, will do more to repair damages than can possibly be accomplished in any other way. Try it and see.

**J. W. McLAREN, Druggist,**

WATFORD, ONT.

**A. D. HONE,**

Painter and Paper Hanger.

St. Clair Street - Watford

If you want Up-To-Date Work in all kinds of Decorating, it will be to your interest to consult me. Thanking you for past favors, and soliciting a continuance of your liberal patronage.

Graining and Art Wood Finishing a specialty.

**Commercial Stationery of all kinds**

At the Guide-Advocate Office.