for Picnics or

Motor Trips

The handy

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WOMEN and THE HOME

MISS ERIE MITCHELL,

ADAM BECK CHAPTER IS

ORGANIZED WEDNESDAY

Initial Meeting To Be Held at

Home of Mrs. Robert

Brown.

When ten young girls and matrons

meet at the home of Mrs. Robert Brown, Wortley road, on Wednesday.

a new chapter of the Daughters of the Empire will come into being, to be known as the Sir Adam Beck chapter. Mrs. Robert Brown, who is

an enthusiastic member of the Loch Lomond chapter, has long been in-

erested in the formation of a new

Better Breakfasts

Mean Better Days

degrees of nourishment.

do mean better days.

kind of food you eat, then, determines the amount of energy and vitality your body will have, for we all know

that different foods contain different

You awaken in the morning and go

down to breakfast after having eaten

nothing for eight or ten hours or

more. How important it is that the

food you eat at this first meal of the

day supplies to your body the nour-

ishment it needs. Better breakfasts

The delicious cereal food, Grape-Nuts,

was originated by an expert in food

values to supply to the body vital food

elements essential to proper nourish-

ment. Grape-Nuts is made from whole

wheat and malted barley-most

healthful of all the grains. Grape-

Nuts is abounding in the energy-

bones; proteins for muscle and body- cent.

ed here early next month.

Dundas Centre Church Is Scene of Pretty Wedding

Miss Marjorie Tanton Marries Mr. Edwin C. Harley, of This City.

RECEPTION HELD

One of the prettiest of the season's weddings took place at 4 o'clock on Saturday afternoon in Dundas Centre United church, when Miss Marjorie Mary Tanton, second daughter of Mrs. Tanton and the late Mr. James Tanton, became the Mr. James Tanton, became the bride of Mr. Edwin C. Harley, son of Mr. Frank E. Harley and late late Mrs.

Harley, both of this city.

Palms, gladioli, asters and ferns
were effectively used in decorating
the church, and each guest pew was marked with gladioli and white tulle. Rev. Amos J. Thomas of Windsor performed the marriage ceremony, assisted by Rev. A. E. Pearson, pasture of the church of the church.

Lohengrin's Bridal Chorus was Lohengrin's Bridal Chorus was played by the organist, Mr. J. Parnell Morris, as the bridal party entered the church. First came the ushers, Mr. George A. Young and Mr. James Ball. Following them came the daintiest of wee flower girls, little Wiss Deep Kaufman, daughter of Mr. Miss Dean Kaufman, daughter of Mr. and Mrs. Charles Kaufman of Tavistock, in a frilly, pink frock, her fair curs adorned with a bandeau of rose-buds, and carrying a basket of

Sister As Bridesmaid.

The bridesmaid, Miss Alice Tanton, sister of the bride, followed, wearing a modish frock of orchid georgette fashioned with a flared skirt. A scarf, fastened on the shoulder by a huge French flower, hung to the hem of the gown, weighted down by another flower. Her hat was of black, with velvet crown and wide, transparent net brim, and her flowers were

with velvet crown and wide, transparent net brim, and her flowers were an arm bouquet of Butterfly roses.

The winsome bride entered the thurch on the arm of her brother, Mr. Harold Tanton. Her wedding gown was of white georgette, made in bouffant style, and the full skirt was fashioned with wide insets of lace. Her veil, caught to the head with a frill of tulle at the back and a lace. Her veil, caught to the head with a frill of tulle at the back and a bandeau of orange blossoms across the front, fell just below the hem of her skirt. Her flowers were made up in a shower bouquet of Ophelia roses

The groom was attended by his brother, Mr. Fred N. Harley of De-

During the signing of the register, Mrs. George A. Young of Windsor avenue, this city, sang very sweetly, Until. Mrs. Young's gown was of sand georgette, heavily trimmed with lace, and her hat, fur, slippers and lace, and her hat, fur, slippers and hose were in matching shades. She

carried just a few roses.

Following the ceremony a reception was held at the home of the bride's mother on Maitland street, where pink and white gladioli were effectively used in the decorating of the flowers were arranged in tall baskets tied with tulle, and the chapter, and among the women most actively connected with the movement are her daughters, Mrs. A. T. tall baskets tied with tulle, and the bridal table, set in the dining-room, was also decorated in pink and white and covered with a beautiful Mandal and white has been granted. and covered with a beautiful Madeira ganized by Mrs. A. E. Miller, Munici-

Cloth.

The bride's mother received with the young couple, wearing a graceful gown of black charmeuse, black vel-

Mrs. Ida Willis of Lorne avenue is

enjoying a visit in Port Huron. Miss Marion Ellis of Petrolia has Mr. Ernest R. Dennis, Jun., was a week-end guest with friends in To-

Mr. Richard Butler has returned home after a delightful trip to New

Miss Maude Bedford of Winnipeg s visiting her sister, Mrs. George W. Cambridge, York street.

Miss Merla Kilbourn of Stratford has been visiting her uncle and aunt Dr. and Mrs. Reynolds, Bruce street. Mr. and Mrs. F. W. Farncomb and family, formerly of Waterloo street, have moved into their beautiful new

ome on Regent street. Mrs. Gordon Hunt is back in the city after an enjoyable summer in California. She has as her guest

her mother, Mrs. Talcott. Dr. Mennie, a new member of the hemistry department of the ersity of Western Ontario, has taken

up his residence in London. Mr. John Rogers has come to the city recently to become a member of the physics department of the Uni-

who made a decided hit in the Cameo Girl last year, will play Pepa. versity of Western Ontario. Miss Dorothy Gerrie of Toronto, and Miss Margaret Pickard of Exeter important role in Marcheta, I. O. D. E., musical comedy to be presentare guests with Mr. and Mrs. F. W. Gladman, St. George street north.

Mr. and Mrs. William Morrison have returned to town and are liv-ing on Princess avenue. Mrs. Morrison was formerly Miss Mary Brock.

Mr. Wilson McBain and bride of Kirkland Lake, New Ontario, have been guests of their cousins, Mr. and Mrs. John Morrison, Princess avenue. Miss Carol Fleming, who is a guest with Miss Eula White, Wortley road, expects to return to Goderich

Mrs. Jeffrey Hale and Mrs. R. W. Puddicombe are arranging box parties for the I. O. D. E. production of early in Octobre.

Mr. Alan Moffatt, chief officer of the S. S. Arabic, White Star Domin-ion liner, was a week-end guest at the home of his brother, Mr. Frank Moffatt, 358 Ashland avenue. Mr. E. N. Hooper, Mrs. Hooper and

their daughter, June have arrived home from a delightful visit with relatives and friends in Pasadena and

Western Ontario. Dr. D. S. Ainsley, who has arrived the city to join the staff of the otany department, University of ootany Western Ontario, has taken up residence at 787 Hellmuth avenue. his Mrs. Ray A. Gregory of Maracaibo, Venezuela, S. A., recently visited Mrs. William Bygrove, William street, this city. Mrs. Gregory ex-pects to return to Venezuela next

THE source of all your energy and vitality is the food you eat. The building; and the essential vitamin-B—a builder of the appetite. Grape-

giving carbohydrates; iron for the blood; phosphorus for the teeth and eat. Each serving costs less than one

"There's a Reason"

Nuts is nourishing to an exceptional

And Grape-Nuts is a crisp food! A

food you like to chew. Dentists agree that the appalling prevalence of poor

teeth is due largely to the soft food

we habitually eat to-day. The teeth

and gums are not properly exercised.

A special baking process prepares Grape-Nuts for digestion so that it gives you its vital body-building ele-

ments with the least digestive effort.

Start off with a better breakfast to-

morrow. Serve Grape-Nuts with milk

or cream. Four teaspoonfuls is enough

-for this food is rich in nourishment.

You'll like the nut-like flavor stored

up in the crisp, golden granules—the favorite flavor of millions. Grape-Nuts

is sold by all grocers in wax-wrapped

Grape-Nuts corrects this.

Social and Personal Miss Doris Belton spent last week come to the city recently to join the

taken up his residence at 194 Sydenham street.

Mrs. Clarence Blair has returned to her home in Preston after a short visit with her brother, Mr. John Gilpin, and Mrs. Gilpin, Orchard street, and with her sister, Miss Jeanette

Guests with Mr. and Mrs. A. M. Smart at their home on Kent street are the latter's mother, Mrs. H. P. McLaughlin and here sister, Mrs. C. W. Larrick of Mason-Dixon, Pennsyl

Mrs. I. Howard and Mrs. Roy Ford of Caledonia spent the week-end with Mr. and Mrs. W. E. Elliott, Askin street, where Mr. Elliott's parents. Mr and Mrs. J. M. Elliott of Goderich, spent last week.

Mr. P. E. Shambleau of South Ind., who has been visiting his sister, Mrs. E. M. Hayes, and niece, Mrs. E. J. Sanders, at their summer home at Port Stanley leaves today for his home in the United States.

Miss Margaret Duffield, superintendent of the Victorian Order of Nrses, this city, goes to Ottawa shortly to attend the conference Canadian Council of Child Welfare which takes place from September 28 to October 1.

Dr. Ira O. Wade and Mrs. Wade of Richmond, Virginia, have taken up their residence at 446 Piccadilly street. Dr. Wade comes to London to be head of the romance languages department at the University Western Ontario.

Gen. W. B. M. King has taken a box at the Grand Opera house for the first night production of Mar-cheta, the I. O. D. E. play. He has also given permission to the officers of the district to wear dress uniform on this occasion.

companied by their son, Lorne Morrison, and Mrs. Harding, have motored to Toronto to attend the wedding of their niece, Miss Zelma Walker, to Dr. Herry Pothers! which is being presented Walker, to Dr. Harry Rothwell of

> Mrs. William Ward and family have returned to their home on King their cottage at Orchard Beach, Port Stanley. Mrs. Ward's son-in-law, Mr. James Warren York, of Ottawa, was a recent guest with her.

A number of Londoners will go to Peterboro next week for the mar-Hollywood, California.

Mr. Crozier Knox of Tavistock will be a guest with his mother. Mrs. W. J. Know, Hyman street, this week, while in the city attending the United church conferences.

Mr. and Mrs. Walker have recently taken up their residence in London. Mr. Walker having become a member of the botany department, University of Western Ontario.

Peterboro next week for the mariage of Miss Audrey Primrose Kathleen Huycke of that city to Mr. Willem L. Duffield of this city, among whom will be Col. and Mrs. Eric Reid. Mr. Ernie Little, Mr. Harry Wylde, Mr. Sibbald, Mr. and Mrs. Arthur Brickenden, Mr. and Mrs. W. E. Robinson and Miss Eleanor Robinson, Miss Mary Granger and Mr. Doug-las Weldon. las Weldon.

Mr. and Mrs, Joseph Snare, Misses Hurst and Mr. Blackwell, all of this city, are among the out-of-town guests invited to attend the marriage ceremony of Miss Gwendo-Mrs. Ray A. Gregory of Maracaibo.

Venezuela, S. A., recently visited Mrs. William Bygrove, William Street, this city. Mrs. Gregory expects to return to Venezuela next nonth.

Monsieur A. Celieres, who has marriage ceremony of Miss Gwendo-lyn Reid, daughter of Mr. and Mrs. charming little poem. The balance of Robert Reid, in Windsor, when she becomes the bride of Mr. John Twigg and dainty refreshments were of Windsor, son of Mrs. Twigg and the late John Twigg of Kingston, on Saturday. Following the ceremony a wedding breakfast is to be served at Miss Isabol Mortimer read a charming little poem. The balance of way, and dainty refreshments were served by the hostess, assisted by her mother, Mrs. W. T. Mortimer, and Mrs. C. S. Smallman.

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Some N.B.C. Specialties

Zu Zu Ginger Snaps Uneeda Biscuit (Soda) Chocolate Snaps Cheese Tid-Bit Lemon Snaps National Zwieback Peanut Snaps

NATIONAL BISCUIT COMPANY "Uneeda Bakers"



Miss Marjorle Mortimer was the hostess of a delightful shower for Miss Dorothy Smith last week at her home on Central avenue. The many vely gifts were brought into the guest of honor on a small wagon, frawn by little Miss Mary Campbell small wago and Master Hugh Smallman, which and Master Hugh Smallman, which was covered with red crepe paper and flowers. As they were being presented Miss Isabol Mortimer read a charming little poem. The balance of the evening was spent in a sociable way, and dainty refreshments were assisted by

Miss Helen Talbot, Dufferin ave the gifts were effectively arranged.

The first important social event of The first important social event of the season took place in the beauti-ful assembly hall of the arts building, University of Western Ontario, on University of Western Ontario, on Saturday night, when a pre-freshmen's reception was held. This was the first function of its kind ever given at the university and drew a large number of freshmen and freshmettes. The object was to give the incoming students an opportunity of becoming acquainted with their professors and fellow students. Both a dance and non-dance program were arranged so that there would be entertainment for all. Dr. and Mrs. K. P. R. Neville, Major and Mrs. R. C. Dearle acted as patrons and patron.

The women delegates in attendance at the meetings. The question was discussed of inviting a delegation from the women's missionary societies of the three churches to present the new program of that organization to the men, but as the plans of the women are still indefinite, this idea was dropped. The plans of the W. M. S. will be decided by a central group of representatives representing the demominations.

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One of the most delightful trousseau teas of last week was that of Mrs. F. Leonard Smith, when she enter-tained for her daughter, Miss Dorothy Smith, a bride-elect of this week. The rooms were lovely with asters, dahlias, golden glow and greenery, and the guests were received by Mrs. Smith, who was smartly gowned in smith, who was smartly gowned in blue and gold cut velvet over blue satin, and Miss Smith, who was gowned in crimson crepe with bandeau to match. Mrs. T. Gerry poured out tea at a prettily appointed table, covered with a clumy cloth and contared with late summer. and centered with late summer flowers. Assisting the hostess were Miss Margaret Steven, Miss Marion Reynolds, Miss Marjorie Mortiner, Miss Florence Harley and Miss Meria gentina On Early Morning Train Kilbourn of Stratford. The beautifully handworked linen and gifts to the bride-to-be were on display in various rooms of the house.

One of the smartest church weddings of September will be that of Miss Audrey Primrose Huycke, daughter of Judge and Mrs. E. C. S. Huycke of Engleburn, Peterboro, to Mr. William Lindley Duffield of this with the marriage takes place in The marriage takes place in Peterboro on the last day of the month, and the bride's attendants will month, and the bride's attendants will be Mrs. James Blaiklock of Montreal, who will be her sister's matron of honor; Miss Agnes Duffield of this city. Miss Elizabeth Cutcliffe of Brantford, Miss Helen McGarvey of Niagara Falls, Miss Agnes Bigelow of Regina and Miss Ruth Field of Cobourg will be the bridesmaids. Mr. Colin Duffield will attend his brother, and the ushers will be Col. Eric Reid, Col. G. W. Little, Mr. Douglas Weldon, Mr. Arthur Mitchell and Mr. Douglas Weld, all of this city, and Mr. Wilfred Huycke of Peterboro.

SOCIAL SERVICE CLUB.

The first autumn meeting of the Social service club will be held on Monday evening, Sept. 28, and the president, Mrs. Fred Waud, will preside, September 25 for home,

Sessions of United Church Here.

Former Presbyterian women for the first time will attend the session of the church courts as delegates at the first meeting of the London nue, entertained delightfully at at the first meeting of the London ridge last Saturday afternoon for conference of the United church this Miss Marion Tanton, a bride-elect of early October. The event also took the form of a shower for the took the form of a shower for the guest of honor. The hostess was assisted by her mother, Mrs. O. H. Talbot, with Miss Kitty White, Miss Dorothy Gleason and Miss Alice McLean assisting at the tea hour. The pretty tea table was done with marigoids and vellow candles, and narigolds and yellow candles, and mer denominations will be repre-

sented as well as the men. The delegates to the conference sessions are appointed by the laymen's association of the presbytery, and in all there will be twelve women

The women delegates to the session are Mrs. W. R. McIntosh, Mrs. J. M. McEvoy, Mrs. D. L. McCrae, Mrs. C. E. German, Mrs. A. Harvey, Mrs. W. E. Millson, Mrs. John S. Barnard, Mrs. J. E. Bickell and Mrs. Bickell and Mrs. Bickell a H. W. Paddell, all of London; Mrs. E. A. McCann, Dorchester; Mrs. C. W. Scott, London township, and Mrs Charles Shields, Dorchester.

ing Train.

Associated Press Despatch. Santiago, Chile, Sept. 20.-The Prince of Wales, who has been marooned in Chili for the past week because of heavy snowstorms in the Andes, left Vina del Mar at 1 o'clock this morning for Los Andes, arriving there about four hours later.. He left for the frontier on his way to Argentina at 6 o'clock in the morn-

No difficulty was experienced in crossing the Andes, as the weather of late has improved considerably. When the royal train pulled out to make its way up the steep mountain grades, which only a few days ago were blocked with snow, there was promise of a beautiful day, and the prince was expected to reach Mendoza, the Argentine terminus, in the evening. There was a big crowd at the Vina del Mar station to bid him

It is expected that he will fill his

CHURCHES OFFER

Twelve Delegates to Attend Large Congregations Attend St. Thomas Services-One Farewell Sermon.

Special to The Advertiser. portant events were marked in the city churches, Sunday. Congregations St. Thomas, Sept. 20.-Many im- well sermon, dispensing were large. At First United church, the following session was installed at the following session was installed at following Sunday the morning service: F. B. Holtby, D. Carr, J. L. Coutts, Dr. J. H. Coyne, D. Ferguson, S. Graham, J. H. Macgillivray goes to Chalmers Pres-Coyne, D. Ferguson, S. Graham, J. H. byterian church. Toronto Harper, W. H. Hall, W. H. Kirkland,

F. Thomas, W. J. Underwood, O. White, G. Whitworth.

The window was given by Mrs. Stough and Canon J. W. J. Andrew was in charge of the service At Central United church special flower services were held, with the children of the Sunday school taking

The annual thanksgiving service was held at St. Luke's church. The auditorium was decorated by the ladies' guild with fruits, grain and flowers, while special music con-tributed largely to the success of the services. The thanksgiving supper will be served on Monday evening.

At Knox Presbyterian church, J. M. Macgillivray preached his fare-

Talk of Plowing Match.

W. McPherson, J. McKenzie, E. McCredie, G. H. Small, F. Sutherland, W. G. Searle, Dr. C. B. Taylor, W. J. Underwood, O. Officers of the Eigin Plowmen's association o White, G. Whitworth.

At Trinity Anglican church, a countiful grained class window was welcome the farmers in that district will require the counting match this beautiful stained glass window was welcome the plowing match this



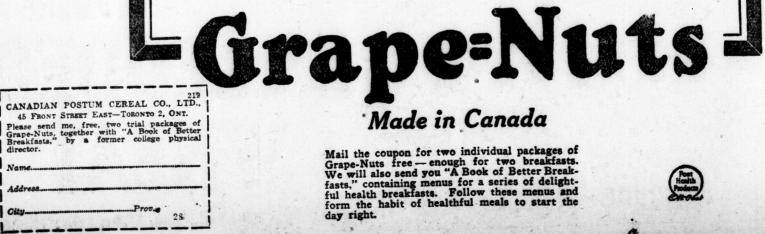
No Mystery About Good Cooking

Let Carnation Milk add its rich flavor to all your cooking where the recipe calls for milk. Then, too, not only does it add fiew flavor because of its richness, but it also adds its own good food value. Reasonably priced at your grocer's, Carnation is just pure, fresh milk, evaporated to double richness, kept safe by sterilization. Order several tall (16 oz.) cans or by the case of 48 cans.

Send for copy of Mary Blake's Cook: Book-address Carnation Milk Products Company, Limited, Aylmer, Ontario.



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Mail the coupon for two individual packages of Grape-Nuts free—enough for two breakfasts. We will also send you "A Book of Better Breakfasts," containing menus for a series of delightful health breakfasts. Follow these menus and form the habit of healthful meals to start the day right.

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