

A PAGE OF GENERAL INTEREST TO WOMEN READERS

RED CROSS AND C. W. C. A.

What do we need? This is the heading of an article from the supply department in the Canadian Red Cross Magazine for August.

"The needs of the hospitals," it says—"our own and those of the Allies—are constantly changing and our machinery must be so constituted as to change also."

"In the earlier stages of the war, there was no doubt, a great demand for made dressings, but this stage has passed and we have an immense store of dressings ready for emergencies."

There is something then that is not needed, and perhaps it is this announcement that has raised in the public mind the false idea that there is not much work to be done, and that all hospital supplies and soldiers' comforts will last as long as the war.

The Red Cross Magazine gives no

uncertain answer to that rumor. Its pages are filled with "wants" and here are some of them:

"Besides the perennial need for socks we want thousands of comfort bags, and housewives, shirts with collars, pyjamas, knitted red cotton ties, sheets and towels."

Hyman Hall feels keenly all these wants and another want of larger proportions.

It wants women-workers—wants them very very badly—wants them immediately and wants them in large numbers.

Every shelf and cupboard and table and box in the place is crammed and piled with bed jackets and dressing gowns, and pyjama suits, and day shirts, and hospital suits, and surgeons' coats, and nurses' aprons, all cut out and ready to be carried away and sewn together by kindly hands.

There are boxes of finished articles almost full, but not quite, standing there awaiting shipping, just because they are not quite full, and it is not permitted to put more than one kind of article in a box.

There are three hundred grey flannel shirts there in one pile that ought by this time to be covering the backs of three hundred shivering soldier boys; they are waiting the hands that must put the last touches upon them.

There are one hundred dressing gowns all cut out waiting to be sewed, and surely there are hundreds and hundreds of deft, kind, willing hands ready to stretch out to take this work.

The summer is over, the fall campaign is on; let us all to work with all our might.

Those who are willing to take work home to be done will please notice carefully the samples on view, so that everything will be up to the standard. And it is not only home sewers who are wanted. The Hyman Hall tables are not nearly filled. Won't you please come and crowd them before the week is gone?

MARIAN KEITH, Press-Sec.

Up To You

Notwithstanding the tremendous sale of Red Rose Tea there are still some who have not yet tasted its distinctive flavor and rich strength.

Are you one of them? If so, why not try it?

In sealed packages only.



718

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper, so that it is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Remodelling Sylvia.

Dear Miss Grey—Have finished copying the songs asked for by "Just Me," and "Buffalo Bill and Box Car Riley." I have just returned from a most pleasant vacation, thus the delay. I got a glimpse of a paper where someone else was asking for three songs, among them "The Ford" song. I am sending it, but have forgotten the name of the other two she asked for.

Really, Miss Grey, you shouldn't kid me about my taste. I just thought when I turned over my new leaf that I might just as well change my taste too, while I was caging my temper and remodelling my disposition in general.

By the way, "H. J." I would like to get a glimpse of you too, but I wouldn't be scared. Really, you would never make a hero if you are in the least "scared" of me. Ha, ha. Write again.

ANS—Well, considering that you are cultivating such a peaceable disposition, I shall have to forgive you the rest. But please be gentle to "H. J." or we shall have "M. C. J." after your scalp.

Have to Economize. Dear Cynthia—In yesterday's paper "Counterpane" wished to know how to make a tufted counterpane. Candlewick is preferable, but cotton yarn works nicely by filling the damming needle. I too think they are very pretty and one can make different designs.

To "Mlle. Inguette" I would say that in many cases the farmers and their wives have to practice strict economy to pay for their farms and insure themselves a home. I'm sure we did. Perhaps some farmers do not do that. They share for the Empire, but many others do all they can. Suppose they have no boys to give for the Empire? Are we not doing our best to make life endurable for the soldiers? There is much that can be said on both sides, but as for "slamming" each other I will desist, as I have firm faith in the old

adage "The least said is soonest mended" and we should remember that mud rubs off easiest when dry.

I would like to shake hands with "A Farmer's Housekeeper," also "Mrs. Homestead" and "Calamity Ann." Many more of the Mail-Box readers, including "The True Family." Since another "Mrs. True," "Miss True," and "A Young Brevet" have cropped up in the Mail-Box, I shall sign myself

MOTHER TRUE.

P. S.—I find many of the hints sent by readers to be very helpful. Here is one I have never seen in the Mail-Box. When making berry or cherry pie, roll a soda biscuit and use to thicken the juice. We like it much better than butter. When I have time I will try and copy some recipes for "Spunk."

ANS—Thank you for your help in various ways. Shall be glad to republish "Over the Hills," as I have a copy here. Your "private bit" hits it off pretty exactly; I'm often both—but don't tell.

Arith, Geog., and Co. Dear Miss Grey—I sent "In the Dust" the wrappers and have just received a nice letter from her in acknowledgment.

I hope I have not missed the "Highlandman's Toast." I have subscribed for The Advertiser and am expecting it to come any time. It rests me so to read the Mail-Box letters after my struggles with arith, geog., etc.

Sometimes asking for a remedy for bedbugs. Make a strong solution of alum and water and spray the floors, walls, beds and fill cracks with it. It will never cross a trail of alum. Sincerely, MOLLY O.

ANS—That company of Arith, Geog., and Co. is not of them. I have a great deal to say about them. May you succeed in attacking them. The "toast" appears in issue of Sept. 12, and if you missed it, I shall be glad to mail you a copy at your new address.

Wants Easy Ones. Dear Miss Grey—I see in today's paper where "M. C. J." has some crochet patterns. May I have some yoke patterns and some patterns of lace (easy)? Here is a good cake recipe: Two eggs, 1 pint milk, 1 cup sugar, 1 cup butter, 3 teaspoons of baking powder, 1 cup of nuts and flavoring.

Where is "Star" going? She is also some more of the old Mail-Box readers? WANDA.

ANS—Patterns on hand have been pretty well given out, so I had best keep your envelope until others are received. Of course you may call some other time.

Music and Reading. Dear Miss Grey, and all the charmed circle of friends—I have resisted quite long enough the call of the Mail-Box, so here I am again at the task I so much enjoy—to do, to write. I love it, I love it, and who shall then chide me for loving to wield my pen? Reading is another favorite pastime of mine, and I really do find time to read a good book once in a while, and I feel not the least bit "thievish" over it either.

Well, I had to smile when I read the letter written by "A Farmer's Helpmate." She said she just merely scanned the Mail-Box letters, and would feel like a thief if she read a book in these busy days of war-time. She also said she had a piano that she found no time to either dust or play. Poor piano! Just to think of the sweet melodies that lie hidden and undeveloped in its interior regions!

There is something more important in this life than work, the "digging in" from dawn till dark. Such things as music and good literature are uplifting to the mind, and the one who has no time or inclination for either is unfortunate. Music has a buoyant effect on me, and although I can play very little myself, am happy to say that I enjoy lots of music in my home, having an orchestra of my own.

Before closing would like to say to the readers that I have several photos of "Mrs. Homestead's" "sunshine baby," and say she is just a lump of sweetness. She looks like a little "beam of sunshine, so sweet and bright," and may she ever chase away any shadows.

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ADVERTISER PATTERNS



A Good Sport Suit. Blouse 1647, Skirt 1646. This portrays a combination of Middy Blouse 1647 and Skirt 1646.

For misses and small women it will be especially attractive. In pique, khaki, taffeta, linen, drill, crepe, silk or wool jersey or serge, with a desired and appropriate trimming, it will be very smart. If desired, the skirt may be of cloth and the blouse of silk or wash material. The blouse and skirts are cut in four sizes, 14, 16, 18 and 20 years. It requires 3 1/2 yards for the skirt and 2 1/2 yards for the blouse of material 44 inches wide, for a 16-year size. The skirt measures about 3 yards at its lower edge.

This illustration calls for TWO separate patterns, which will be mailed to any address on receipt of ten cents PER EACH pattern, in silver or stamps.

ADVERTISER PATTERN DEPT. Please send above mentioned pattern, as per directions given below, to:

Name

Town

Province

Age (if child's or miss's) pattern

Measurement: Bust..... Waist.....

Caution: Be careful to include the above illustration, and send the pattern wanted. When the pattern is sent you need only mark 22, 34 or 44 inches, whichever is the correct measure, 22, 24, 26 or whatever it may be, if a skirt, give waist and length measurements. When miss's pattern, write only the figure representing the age. It is not necessary to write "inches" or "yards." Patterns cannot reach you in less than one week from date of application.

that lurk in the home of these who have taken her into their lives.

ROSE OF SHARON. "Rose"—Nobody's going to chide you. "Rose." The only trouble is you do not write often enough! As to that "sunshine baby," I have one little grudge against her. She keeps me so busy, she has no time to write the Mail-Box! Your reply to the letter of "Farmer's Helpmate" opens the way for an interesting discussion on the effect of looks and music in our lives. The tendency of the present day, and one of its dangers (thinkers point out) is towards materialism. We are becoming too material-of-face and what this is combined with the love of luxury, the craving for entertainment and "money-madness." The individual makes the nation. How many of our older readers think of this in their own minds? Do we seek to cultivate a love for the quiet and higher joys, such as are intimated by "Rose of Sharon"?

Nearly Fifteen. Hello Miss Grey—I am nearly fifteen years old and failed in my entrance examinations and do not like school so very well. Would you advise me to go to school? I could secure a good place to work out?

2. Would you please print a first prize recipe for making fudge when it is boiled will amount to one half a pound of work out?

3. How about my scribbling? I will sign NEARLY FIFTEEN.

ANS—Advice from a stranger really seems out of place, don't you think? However, since you have heard several young men and women speaking of this matter at different times in the last few years, and in each case where the water came in to make a good place to work out?

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GRAY'S, LIMITED

A Fine Array of New Voile and Wash Silk Waists, Very Moderately Priced At From \$1.00 to \$2.00

Women's Waists at \$1.00

These are in a great variety of styles in black, blue, pink and all white stripes and fancy embroidered fronts, daintily trimmed with lace, neat cuffs, collars low, convertible and the large sailor style; sizes from 34 to 44. Very special value. At\$1.00

Two Pretty Styles at \$1.25

One made of fine corded striped voile, with large scalloped collar and jabot, fancy scalloped cuffs. Specially priced at\$1.25 The other style is in a fancy striped voile, with a fancy large pointed collar of plain voile with a pretty lace edging; a dainty cuff edged with lace. Specially priced at\$1.25

Fine Voile Waists at \$1.75

Fine quality voile, with a dainty embroidered front, new large collar edged with lace, also two rows of lace down front; neat cuffs trimmed with lace; a very dainty waist. At \$1.75

Wash Silk Waists at \$1.50 and \$2.00

White Wash Silk Waists, made with the square collar and jabot in front, good quality of silk. Special at\$1.50 Several pretty and smart styles in a heavier quality silk that will wash and wear well, low and convertible collars or the large square collar with jabot fronts, hemstitching on shoulders and front. These are very special values at\$2.00 each

Two Big Specials For Quick Selling Thursday

\$1.00 AND \$1.25 VOILE WAISTS FOR 79c.

This is a special clean-up of this season's waists, in odd sizes and broken lines. They are all pretty styles in neat stripes and fancy embroidered fronts; regular \$1.00 and \$1.25 values. Specially priced for Thursday at 79c

\$1 FANCY FLANNELETTE GOWNS, 69c.

Ladies' White Flannelette Gowns, made with a double yoke, three-quarter sleeves and open front; splendid quality flannelette; regular \$1.00 values. Specially priced for Thursday morning at69c

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS 140 DUNDAS STREET. Phones 115, 116.

GRAY'S LIMITED.

GRAY'S LIMITED.

COWAN'S Milk Chocolate MEDALLIONS

Dainty chocolate pieces, out of the run of ordinary milk chocolate, containing a real flavor of rich, creamy milk and the finest cocoa beans well blended.

Sold everywhere.

Made in Canada.

A WOMAN wondered one day what she would have for lunch. On looking through her cook book she found a recipe for serving croutet cheese with crackers. She bought a box of McCormick's Jersey Cream Sodas, and the result was even better than she had expected. There are any number of such dishes, any one of which, if McCormick's Sodas are used, will help a woman at her wits' end for something new and appetizing for her table.

McCormick's

Jersey Cream Sodas

In different sized packages.



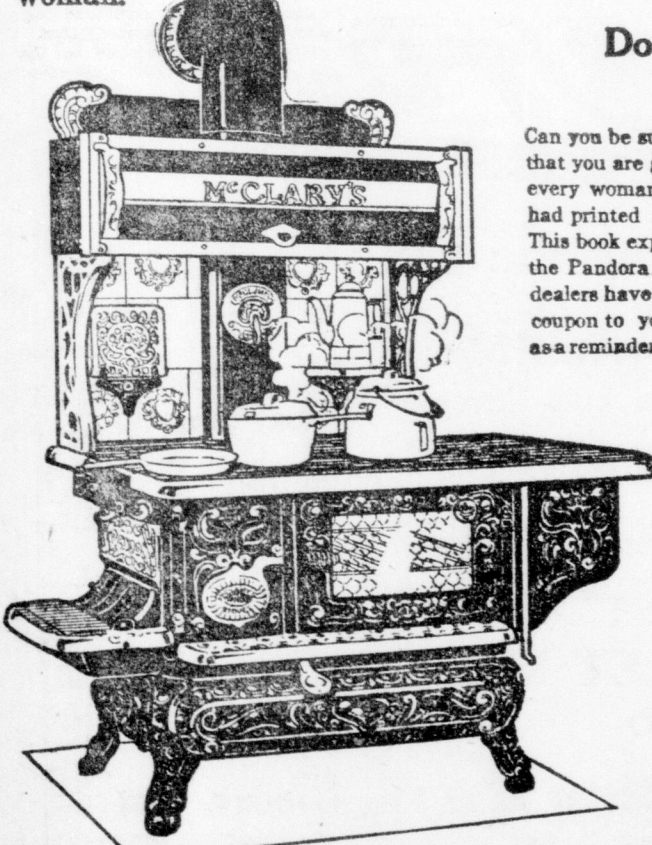
McClary's Pandora makes good cooks



Is it the proper thing to ask a woman to tinker with a range? Isn't her work done when she prepares the roast for the oven or has her pies, biscuits or cakes ready to bake? There is no reason why she should have to juggle things about the oven to keep them from burning; no reason why she should have to "coax up" a slow oven; nor why she should struggle with cranky grates. And yet how many women have to work against such odds!!

There are any number of women who think they can't cook, when the whole trouble lies in the poor ranges they are trying to use.

Let the same women have Pandoras—let them get rid of the mechanics of running contankerous ranges—and they will cook as well as the next woman.



Do you know enough about ranges?

Can you be sure when you are buying your new range that you are getting the best for your money? To let every woman know all about the Pandora, we have had printed a booklet, "The Magic of the Pandora." This booklet explains clearly the features that have made the Pandora famous. It is well illustrated. McClary dealers have a copy for every one who asks. Take the coupon to your dealer or mail it to the factory. Just as a reminder to get your copy, tear out the coupon now.

McClary's

Tear off this Coupon

Kindly send me a copy of your booklet, "The Magic of the Pandora."

Name

Address

Sold by J. A. Brownlee, 385 Talbot Street; J. A. Page, 807 Dundas Street.

FURS

Fox, Sealskin, Beaver, Ermine, etc., etc., can be cleaned very successfully, and in this connection it may be remarked that dry cleaning is also a splendid protection against moths. We do not undertake the dyeing of furs.

PARKER'S DYE WORKS LIMITED 475 RICHMOND STREET, LONDON, ONT.

Bed Davenport

You are invited to come and look over our handsome display of Pullman Davenport and Divanettes, in fumed and golden oak. We offer you a selection not equaled anywhere, and very moderately priced.\$22.50 to \$65.00

H. Wolf & Sons 255 DUNDAS STREET.

FRY'S COCOA

CEETEE UNDERCLOTHING

Guaranteed Not To Shrink. Whenever you sprain your ankle or wrist think of

COMPASS OIL

The oil that soothes, strengthens and limbers up the joints.

THE LATE P. D. ARMOUR thought it good business to have a vase of fresh cut flowers placed on his desk every morning. We always have fresh cut flowers at popular prices.

WEST FLOREL CO. 249 Dundas St. Phone 2187.

LETTUCE Frame-grown, tender, crisp, 5c. Main & Collyer Phone 2831. P. O. Box 275.

One Good Way to Prepare Macaroni

EGGS WITH MACARONI

Boil 2 ounces Catelli's Milk Macaroni for 10 minutes, then drain. Add 1 pint milk, salt to taste, and 15 minutes. Next mix with a slightly beaten egg or two, put all in a greased tin-dish, bake in a hot water over the top, and bake for half an hour.

Have it for dinner-to-morrow. Easy to make, and appealing—satisfying—wonderfully nutritious—and costs less than half as much as meat.

"The Girl at Catelli's." A new recipe book—free—Write

THE C. H. CATELLI CO., LIMITED, MONTREAL.

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10' EVERYWHERE.

I. O. D. E. REGRETS CLOSING OF "BELVIDERE" HOME

Lord Roberts Chapter Members Express Their Sorrow.

At the regular monthly meeting of the Lord Roberts Chapter, I. O. D. E., held on Monday afternoon in Cronyn Hall, Mrs. H. S. Blackburn reported in regard to the Belvidere Military Convalescent Home, expressing deep regret that the Government has decided to close Belvidere. The reason given is that the number of returned soldiers is greatly decreased and the members of the hospital commission feel that it is more economical to have the returned soldiers in large institutions. The Central Military Hospital is found quite large enough for present requirements.

Mrs. Blackburn further commented upon the wonderful interest evinced by the citizens and the splendid support in the way of generous donations.

Grateful appreciation was expressed of Mrs. French for her magnificent work in connection with Belvidere, and sympathy for her in her present anxiety for her husband, Lieut. French, wounded in France on September 15.

The resignation for the present of

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The resignation for the present of

Lifebuoy Soap, 5c

A CLEANER AND A DISINF