



## STAR FLOUR

Is made from choice Manitoba and Ontario wheat and is the Leading Blended Flour of the Dominion of Canada.



We make King George, Remoka and Star (\*) FLOUR each THE BEST of its grade.

Canadian Cereal & Mlg. Co., Limited.

About forty years ago Jahez Woodford, foreman of shipwrights in the Plymouth dockyard whilst carelessly crossing one of the transverse beams the bottom of the hold of a huge vessel, and was killed on the spot. He left a widow and one child-a boy seven years of age of placid, endearing disposition, but weak intellect-almost in a state of destitution. He had man; and like too many of his class, in those days at least, dissipated the Woodford, who, at the time of her five and twenty years, was still a reing, gentle-mannered person; and the flowering chestnut-trees, was once moreover had, for her station in life, more near her; and it was-oh hap received a tolerable education. Her piness!—no longer a sin to think o rash, ill-assorted marriage with Wood- him—no longer a crime to recall and ford had been hastily contracted dwell upon the numberless proofs of when she was barely seventeen years the deep affection the strong love, he pique which she, for some silly reason | Perhaps even now!—How swiftly had Mason, an intelligent, young scafaring sympathizing sister tinted with bright man, of fair prospects in life, and hues the dark curtain of the future: frank disposition, with whom she had "And yet," murmured poor Esthe: for some time previously, as the west- the flush of hope fading as suddenly country phrase has it, "kept company," as it had arisen, as with meek sad eyes and who was, moreover, tenderly at- she glanced at the reflection of her tached to her. Esther's married life features in the small oval glass suswas one long repentance of the rash pended above the mantel-piece "I alact; and the severance of the tie most doubt, Susy, dear, if he would rewhich bound her to an ungenial mate cognize me; even if old teelings and -after the subsidence of the natural old times have not long since faded horror and compassion excited by the from his memory'--

AT WORK IN 3 WEEKS \$4 Worth of Father Morrisey's "No. 7"

Mrs. Agnes Edgar, of Grand Falls, N.B. ad a terrible time with Inflammatory this most painful disease will understand her ouffering—and her joy when she found Father Morriscy's "No. 7" had cured her. She says:

"I took Pather Morriscy's Prescription for Inflammatory Rheumatism. I had suffered everything with it, but in three weeks after starting Father Morriscy's Prescription I was able to do my work, and after taking four dollars worth of medicine I was well. I highly recommend it any sufferer with Rheumatism."

Rheumatism comes from bad kidneys. The poisonous Uric Acid which they hould remove stays in the blood, ecumulates in joints and muscles, and auses agony. Father Morriscy's 'No.7" puts the kidneys right, removes the Uric Acid from the blood and the rhole system, and cures the Rheumatism

afterwards, she accepted an asylum expressed. with her brotherin-law. Davies, al Plymouth, where, by persevering in- evening, active, bold-featured, frankdustry with her needle and thrify spoken British seaman I ever met

helpfulness in her sister's household with. To his comparatively excellent duties, she endeavoured to compen- education-for which I understood he ethletic men, and crying lustly on the of a seventy-four gun-ship building in sate her kind-hearted relatives for the was indebted to his mother, a superior gaping bystanders for help. Mason after giving her son his breakfast some rudeness by the porter, who was the arsenal, missed his footing fell to support of herself and helpless, half- woman, who, having fallen from one witted child. Mason she had never of the little heights of society, had sailants by the collar, and hurled him seen since the day before her mar- kept school at Plymouth-in addition riage; but she knew he was prosper- to his correct and temperate habits, he ing in the busy world, and that, some time before her husband's death, he had been apjointed chief-mate in a Esther—he had obtained in the mer- ing the law in a remarkably good old been a coarse-tempered, improvident first-class merchant-ship trading to the Pacific. He had sailed about a fortnight previous to that event; and now whole of his large earnings in present | ten lazy months having floated past sensuous indulgence, utterly careless the lover of her youth with whom, in or unmindful of the future. Esther that last sunny day of her young life -how distant did it seem, viewed husband's death, scarcely numbered through the long intervening vista of ling apprehensiveness; albeit it was days and nights of grief and tears!markably comely, as well as interest- she had danced so joyously beneath piness!-no longer a sin to think o of age in consequence of a jealous had once felt for her. Once felt!

"Stuff and trumpery about fading away!" broke in Mrs. Davies, "Henry Mason is the same true-hearted man that he is, just read this letter, which promised him to give you. There. don't go falling into a flustration; don't now, Esther, and to-morrow, market day and all! Don't cry, Esther." she added vehemently, but at the same time sobbing furiously herself, and throwing her arms round her sister's neck; "but perhaps-per-

haps it will do us good, both of us!" It may be necessary to state that I owe the foregoing particulars to the interest felt by my wife—herself a na-tive of beautiful Devon—in the for-tunes of this humble household. Es-tunes of this humble household. Es-tunes of this humble household. Esther was her foster-sister; and it happened that just at this period, it being vacation time we were paying a visit to the family in the neighborhood. A few hours after the receipt of the welcome letter, my wife chanced to call on Esther relative to some fancy needle-work; and on her return, I or was of course favoured with very full | pin

idden and frightful nature of the cottage romance; the which I, from atastrophe-must have been felt as regard to the reader, have carefully most blistful relief. A few weeks noted down, and as briefly as possible

We met Henry Mason with his rewas indebted for the rapid advancehe was but a few months older than pear to be of the exuberant, buoyant eyes of the sailor: there seemed to mingle with it a half-doubting, tremnot difficult to perceive that, sorrow-'uly as had passed her noon of prime in "Indian summer" of the soul was ising upon her brightened existence and already with its first faint flushes lighting up her meek, doubting eyes, and pale, changing countenance Willy, her feebled-minded child, frisk-'d and gambolled by their side; and altogether a happier group than they or other, had conceived regarding Hy. the intelligence communicated by her would, I fancy, have been difficult to find in all broad England.

> ------------Recipe for 16 Ounces of Cough Syrup

No Better Remedy at any Price. Fully Guaranteed.

\*\*\*\*\*\*\*\*\*\*\* Make a plain syrup by mixing two cups of granulated sugar and one cup utes. Put 2½ ounces of pure Pinex (fifty cents' worth) in a 16 oz. bottle, and fill it up with the Sugar Syrup best cough syrup at a saving of \$2. It never spoils. Take a teaspoonful every one, two or three hours.

every one, two or three hours.

The effectiveness of this simple remedy is surprising. It seems to take hold instantly, and will usually stop the most obstinate cough in 24 hours. It tones up the jaded appetite and is just laxative enough to be helpful in a cough, and has a pleasing taste. Also excellent for bronchial trouble, throat tickle, sore lungs and asthma, and an unequalled remedy for whooping cough.

edy for whooping cough.

This recipe for making cough remin thousands of homes in the United States and Canada. The plan has been imitated, though never successfully. If you try it, use only genuine Pinex, which is the most valuable concentrated compound of Norway white pine extract, and is rich in gulaicol and all the natural healing pine elements. Other preparations will not work in this recipe.

A guarantee of absolute satisfaction, or money promptly refunded goes

and one of the partners in the firm by which Mason was employed happening to dine with us on the day of the vedding, the conversation turned for few minutes on the bridegroom's haracter and prospects.

"He has the ring of true metal in uppose, a capital seaman?"

inder very hazardous circumstances e has successfully risked his life to save men who had fallen overboard He is altogether a skilful gallant sea-

"Such a man," observed another of the company, "might surely have aspired higher than to the hand of Esther Woodford, dove-eyed and interesting as she may be?"

"Perhaps so." returned Mr. Roberts a little curtly; "though he, it seems could not have thought so. Indeed it is chiefly of a simple-hearted, chivalous-minded men like Mason that it an be with general truth observed-"On revient toujours as ses pro miers amours." The subject then dropped, and it was

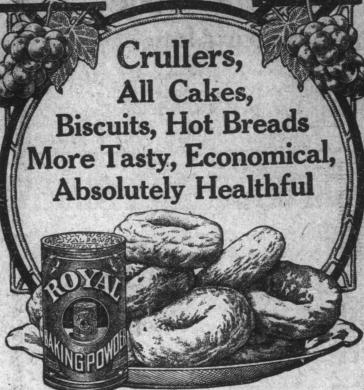
considerable time afterwards, and inder altogether altered circumstances, when the newly-married couple once more crossed my nath in life. It was about eight months after his parriage-though he had been profit ably enough employed in the interin -that Henry Mason, in consequence the welcome announcement that the new brig was at last ready for he antain and cargo, arrived in Londo

to enter upon his new appointment. "These lodgings, Esther," said he as he was preparing to go out, soon after breakfast, on the morning after his arrival, "are scarcely the thing; and as I, like you, am a stranger in Cockney-land, I had better consult me of the firm upon the subject, ben the meantime, you and Willy must nind and keep in doors when I am not ith you, or I shall have one or other of you lost in this great wilderness of city. I shall return in two or three ours. I will order something for linner as I go along: I have your urse. Good-by; God bless you both.

Inquiring his way every two or three minutes, Mason presently found simself in the vicinity of Tower Stairs. A scuffle in front of a public-house market-gardener in the vicinity of covered treasure on the following attracted his attention; and his ready sympathies were in an instant enlisted in behalf of a young sailor, vainly struggling in the grasp of several sprang forward, caught one of the aswith some violence against the wall. interference with gentlemen who, in those good old times, were but executchant service. The happiness which manner. Lieutenant Donnagheu, a beamed upon Esther's face did not ap- somewhat celebrated snapper-up o loose marines, emerged upon the character that kindled the ruddy scene, and in'a few minutes was encheek and ran at the bright, honest abled to exult in the secure possess sion of an additional prize in the unfortunate Henry Mason, who, too lats discovered that he had embroiled him. self with a pressgang! Desperate frenzied were the efforts he made to extricate himesif from the peril in which he had rashly involved himsel In vain. His protestations that he was a mate, a captain, in the merchant service, were unheeded or mocked at. To all his remonstrances he only got the professional answer- "His

> majesty wants you, and that is enough so come along, and no more about it. Bruised, exhausted, almost mad, he was borne off in triumph to a boat, in to which he was thrust with several others, and swiftly rowed off to a receiving ship in the river. Even there his assertions and protestations were of no avail. Nothing but an Admiralty order, the officer in command candidly told him, should effect his liberation. His majesty was in need of seamen; and he was evidently too smart a one to be deprived of the glory of serving his country. "You must therefore," concluded the officer, as he turned laughing upon his heel "do as thousands of other fine fellows have been compelled to do-grin and bear it." In about three weeks from the date of his impressment Ma son found himself serving in the Me diterranean on board the "Active frigate, Captain Alexander Gordon without having been permitted one opportunity of communicating with the shore. This was certainly very sharp but it was not the less very com practice in those great days of trium-

phant battles by land and sea. Very drearily passed the time with the bereaved wife. Her husband had promised to send home something for dinner; and various groceries; vet hour after hour went past, and nothing arrived. Morning flushed into noon, day faded to twilight, and still the well-known and always cager step sounded not upon the stairs! What could have detained him from or money promptly refunded, goes with this recipe. Your druggist has Pinex or will get it for you. If not, city? She feared to listen to the sugand fiorid details of this little bit of send to The Pinex Co., Toronto, Ont gestions of her boding heart; and BAKING POWDER



landlady, had undertaken to cook.

Esther timidly replied that her hus- tears, entreaties, expostulations of the usefulness. or three hours at latest; and that she one article, the woman declared

"Your husband!" said the woman, glancing insolently at Esther's figure. enforcement of the laws against per-'Are you sure he is your husband?" of the indignant wife as she said, the unhappy woman rushed out of the "This apartment, madam, I believe is house; and accompanied by her hun-

door, the landlady departed. A fierce outcry greeted this audacious It was early, and one clerk only had manner, produced an impression unas yet arrived at the office. He in- favorable to her. Retracing her steps not been seen, and that the partners she thought, as she afterwards dewere greatly approved about it, as his clared, that she recognized my wife in

Stunned, terrified, bewildered by the shop in one of the busiest thoroughrightful calamity which she believed fares. She entered, and not till she that her husband had been entrapped ed her mistake. She turned despairand murdered for the sake of the ingly away; when a piece of rich lace, money he had about him; the wretch- lying apparently unheeded on the ed woman tottered back to her lodg- counter, met her eye, and a dreadful ings, and threw herself on the bed in suggestion crossed her fevered brain; wild despair. What was to be done, here at last was the means of procurfor food even for her boy? Her hus- ing food for her wailing child. She with him containing his larger money, No eye, she thought, observed her; but had taken her purse! She was and, horror of horrors! a moment afalone and penniless in a strange city! terwards she had concealed the lace The hungry wailings of her witless beneath her shawl, and with tottering child towards evening at length arous- feet was hastily leaving the shop. She ed her from the stupor of despair into had not taken half-a-dozen steps when which she had fallen. The miserable a heavy hand was laid upon her resource of pawning occurred to her; shoulder, and a voice, as of a serpent

with feverish restlessness ran out up- she could at least, by pledging a part on the landing, and peered over the of her wardrobe, procure sustenance stairs every time a knock or ring was for her child till she could hear from heard at the street-door. This strange her sister; and with trembling hands behavior was, it seems, noticed by the she began arranging a bundle of such landlady of the lodging-house, and in- things as she could best spare, when juriously interpreted. A knock came the landlady entered the room with a to the door, and that person entered peremptory demand—as her husband to know at what time Mrs. --, she was not returned, and did not appear loake, and will be found a real aid in had forgotten the young woman's likely to do so-for a month's rent in I name, expected the dinner, she, the advance, that being the term the apartments were engaged for. The

> perhaps really did so, that Esther was married; and hinted coarsely at an sons who had no visible means of subgry child, again sought the counting

"Oh, certainly, as long as you can house of the Messrs. Roberts. She pay for it;" and rudely slamming the was now as much too late as she had been too early in the morning; the The long wretched night at last partners and clerks had gone, and she over, Esther rose with the light; and appears to have been treated with from the remains of that of the day closing the premises when she arrivof business of the Messrs. Roberts. and the incoherence of her speech and formed her that Mr. Henry Mason had -penniless, hungry, sick at heartimmediate presence was absolutely one of the numerous ladies seated before the countries of a fashionable

had befallen her, she felt convinced approached close to the lady discoverband had not only his pocket-book glanced hastily and fearfully round.

by Express, Thursday, Dec. 8th.

fixed with shame and terror, she stood rooted to the spot, and the lace fell on To be continued.

estore the lace she had stolen. Trans-

The Home Dressmaker should keep Catalogue Scrap Book of our Pat tern Cuts. These will be found very useful to refer to from time to time.



This practical design for a work pron is the simplest of garments to pockets that add considerably to its band had promised to return in two miscrable wife were of no avail. Not the front of the waist and it is attacheasily over the head. Plaid gingham did not comprehend his continued ab- should leave her house till her claim was used for the making, but percale, sence — was indeed quite alarmed was settled. She affected to doubt, linen and cambric are all suitable for quires 314 yards of 36 in ch material.

A pattern of this illustration mailed The hot blood suffused the temples sistence. In a paroxysm of despair, to any address on receipt of 10c. in



A SIMPLE MORNING JACKET. This model shows a simple graceful model, with the fronts lapping in diagonal effect. Deep tucks at the shoulders contribute to the front fulness which may either hang loose or be held in place at the waist by a belt or ribbon. China silk, dimity, lawn, challis, and cotton crepe are all suggested for the making. The Pattern is cut in 6 sizes: 32, 34, 36, 38, 40 and 42 inches bust measure. It requires 4 yards of 24 inch material for the 36 inch size.

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N.B.—Be sure to cut out the illustration and send with the coupon. carefully filled out. The pattern cannot reach you in less than 15 days. Price, 10c. each, in cash, postal note, or stamps. Address: Telegram Pattern Department.

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