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A POWERFUL INDICENT

Every citizen of St. Catharines should have been out last night to hear the thrilling and memorable experiences told by Mr. Peter Wright, one of the greatest forces in labor circles in Britain and one of the men who have played a notable part behind the curtain in the great war. For many years Mr. Wright has been one of the leading figures in the seamen's and firemen's union of the British Isles. He spent his early life on the high seas and says he has been nine times around the globe. During the conflict with Germany he acted in various capacities on behalf of the seamen, and the Government and talks of cities and towns of Europe, of its rulers and prime ministers, of its general and admirals as we might speak of one another here in the Niagara district. He weaves reminiscences of them into his speeches and, what is of more importance to the public, he tells of what he has actually seen and known of the war itself.

As he said, he may use nautical terms that may be like a pin prick to the polite dignities of the smug conservative mind but he hits every nail hard on the head in language that carries conviction and meaning. It is doubtful if there has been delivered in this city before an address that was as powerful in its appeal to the feelings of those who have read much of the atrocities that have been loath to believe the stories and reports. Mr. Wright speaks of what he has actually witnessed and produces evidence to back up his statements. What he relates of brutalities, immoralities and degrading abuses by the Huns toward prisoners, women and children is blood curdling.

What he asks is that the people of this country do not forget all these things conveniently and later buy German made goods because they can save ten cents. Once a Hun always a Hun, is his emphatic declaration, and anyone who would not remember this and act accordingly in order that civilization may be freed from such a race is not worthy of the name of Briton.

Certainly one thing is evident, that if what Mr. Wright says is true, the Hun is lower than the beast. Furthermore, Canadians, he remarks, should not grow weary in every effort for re-establishment of the men who are coming back. He spoke of them as gallant men whom he had seen standing, hour after hour, in the freezing water up to their hips, who had suffered unrelenting pain and agonies, who had stood as a living wall between the beastliness of the Hun and ourselves and if we do not honor them as they deserve to be honored we are not discharging the debt that he knows we owe.

EDITORIAL NOTES

Subscriptions to The Thorold Memorial are creeping in slowly, very slowly, but only \$164.00 has got there yet. The old town always had a reputation for Patriotism and Liberality, and should not now prove a laggard. \$500 will make the pot boil.

CAMPAIGN GETS \$5,000

Montreal, April 9.—As a result of the Helping Hand Fund Campaign, 5,000 pounds have been cabled to England for the Palestine Relief.

In yesterday's casualty list C. J. Mitchell, St. Catharines, is reported dead.

Save Money

Now is the time to pack next winter's supply of eggs at Spring prices.

Water Glass—One-pound tins preserves 12 dozen eggs, 18c a tin.

Two-pound tins, 35c a tin.

Clorite Straw Hat Dye, Formaldehyde, Moth Balls, Moth Bags, etc.

ABBS & McNAMARA
 Quality Druggists

30 Queen Street Phone 102
 Agents for Vinol, Nuxated Iron, Bixro Phosphate, Tyrosol's Casades, Huyler's and Page & Shaw's Candies.

EVERY WAGE EARNER SHOULD ANSWER QUESTION HIMSELF OR HERSELF

WHAT DOES THE FUTURE HOLD FOR YOU IF HEALTH GIVES WAY

In dollars and cents, what is the worth of the brawn of your arm; what is the value of the staying power that permits continuous labor—what are they worth to you?

Suppose you did something so foolish as to reduce your strength, vitality or judgment one half, and it were impossible to get them back—how much would you pay to regain the lost portion?

When you let yourself run down, you reduce your chances for success in life—if sleeplessness comes you score lower still—should appetite or digestion fail, you are starved in the face of physical bankruptcy.

Don't let it go so far, take Ferrozone, it has cured thousands and it will cure you; it builds up bodily strength, makes muscles like steel, replaces Spring tiredness by energy and new life; Ferrozone rebuilds sick folks because it contains the strengthening elements that every run-down system requires.

Especially before the hot weather comes, everyone needs a purifying tonic—Ferrozone fills the bill exactly—nothing known that juvenates and uplifts so fast.

At once the appetite improves. You rest well and arise next morning feeling fit and fine.

Headaches disappear, weakness gives way to the vigor that only Ferrozone can supply. Try it, results are guaranteed. 50c per box or six for \$2.50 at all dealers or by mail to any address if price is remitted to the Cattaraugus Co., Kingston, Ontario.

WINNIPEG OFFICIALS GET A RAISE

Winnipeg, Man., April 9.—Practically every civic department head was given an increase in salary between two and sixteen per cent.

Theo. Hunt, city solicitor, the highest paid official was raised from \$7,000 to \$8,500 a year.

SHE SUFFERED FIVE YEARS

Finally Restored to Health by Lydia E. Pinkham's Vegetable Compound.



Key West, Fla.—For five years I suffered from irregularities, with terrible pains and an awful weakness in my back. The doctor gave me different medicines but they did me no good. A friend asked me to try Lydia E. Pinkham's Vegetable Compound and I found it to be the best medicine I ever tried because it made me well, and I can now do my housework. I am telling my friends about it.—Mrs. J. M. CAMUS, 725 Caroline St., Key West, Florida.

Many women at some period in their life suffer from ailments peculiar to their sex and which in most cases may be readily relieved by this famous root and herb medicine, Lydia E. Pinkham's Vegetable Compound, just as Mrs. Camus found it helped her after suffering for years and trying everything else in vain.

If you have any annoying symptoms you fail to understand, write Lydia E. Pinkham Medicine Co., Lynn, Mass. The results of their 40 years experience in advising women of this subject is at your service.

DIED

CONNELLY—In this city, on Tuesday, April 8, 1919, at 173 Church Street, John Connelly.

The funeral will take place on Thursday morning the 10th, at 8:30 a.m., from his late residence to St. Catharines, R. C. Church, where regular mass will be chanted, thence to Victoria Lawn Cemetery.

An item is going the rounds of the press that a woman in Kitchener lately found a snake in a bunch of bananas. There is nothing wonderful in the find for in the past days it was not uncommon for old sports to find them in their boots.



LOUISE KELLY, the Perfect Model in the Title Role of John Cort's Musical Comedy "Flo Flo" at the Grand Opera House one Saturday April 12th.

LATE NEWS ITEMS FROM THE WIRES

(Special to the Journal)
 Ottawa, Ont., April 8.—Eleven hundred and sixty out of nineteen hundred soldiers returning on the L.A.P. are due for dispersal at Ontario points. She will probably dock about April 11th.

Ottawa, April 8.—Revenues received by the Dominion of Canada during the fiscal year closing the end of March, were 305 million dollars, being 35 million dollars over estimate made by government for year, income and war-profits taxes contributed largely to this unexpected increase. Collected revenue was 53 millions more than in previous fiscal year.

War expenditure during the year was about 348 millions, or forty seven millions more than previous year.

NASTY THROAT DROPPINGS CATARRHAL DISCHARGES QUICKLY CURED

Doctors recommend Catarrhazone, it is nature's own cure. It drives out the germs, heals sore spots, cleans away every vestige of Catarrhal taint. You send the soothing vapors of the Pine Woods, the richest balsams and healing essences, right to the cause of your cold by inhaling Catarrhazone. Little drops of wonderful curative power are distributed through the whole breathing apparatus by the air you breathe. Like a miracle, that's how Catarrhazone cures bronchitis, catarrh, colds, and irritable throat. You simply breathe its healing fumes, and every trace of disease flees as before fire.

So safe, infants can use it, so sure to relieve, doctors prescribe it, so beneficial in preventing winter ills that no person can afford to do without Catarrhazone! Used in thousands of cases without failure. Complete outfit \$1.00, lasts three months, and is guaranteed to cure; smaller size 50c, all dealers or the Cattaraugus Co., Kingston, Ont.

NOTICE OF REGISTRATION OF BY-LAW

NOTICE IS HEREBY GIVEN that a By-law was passed by the corporation of the County of Lincoln on the Fourth day of April, 1919, providing for the issue of debentures to the amount of Two Hundred Thousand (\$200,000) Dollars, to pay the County's share of the construction of roads in the County of Lincoln, pursuant to provisions of By-Law No. 900 and the Highway Improvement Act and Amendments thereto and that such By-law was registered in the Registry Office of the Registry Division of the County of Lincoln at St. Catharines on the Eighth day of April, 1919.

Any motion to quash or set aside the same or any part thereof must be made within three months after the first publication of this notice, and cannot be made thereafter.

DATED the ninth day of April, A. D., 1919, at the City of St. Catharines, in the County of Lincoln.
 (Sgd) JOHNSON CLENCH
 County Clerk.

The Hamilton Spectator thinks it is now time for the United States Government to roll up its sleeves, and clean up the Mexican nuisance.

A Milwaukee man, recently complained to a magistrate that his wife had a habit of throwing flowers at him without removing them from the pots.

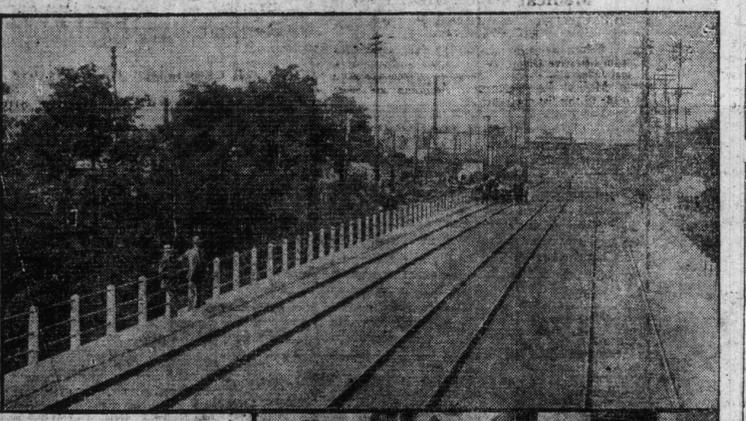
Magistrate Jelfs of Hamilton had better look out, or he may be put upon the Index Expurgatus. He is said to have declared movies as good as Sunday Schools.

To arouse a sluggish liver, to relieve a distressed stomach, to fortify yourself against disease, — use



Largest Sale of any Medicine in the World. Sold everywhere, 10 boxes a \$25.

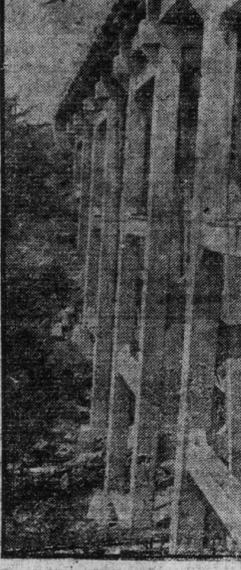
Record In Concrete Bridge-Building



THE double tracking of the North Toronto Sub-division of the Canadian Pacific Railway between Leaside and North Toronto, is now nearing completion, and involved the replacement of bridges (known as 0.9 and 1.8) which heretofore had been trestles constructed of steel. Owing to the high price of steel and the difficulty of procuring it since the war began it was found that reinforced concrete competed successfully against steel.

The bridges were therefore constructed of this material and are a triumph of railway construction work. No. 0.9 being 386 feet long and 90 feet high carrying two tracks, and No. 1.8 similar dimensions, but a three track structure. The length of the individual spans and the details of their construction are unprecedented in the engineering world. Previous to this no reinforced concrete beam with a length of more than about 25 feet had been attempted; the spans of these two C. P. R. structures are each from 35 to 37 feet long. These spans have been made possible by the employment of unit construction by which each span was designed as two T beams which, after being manufactured near the work, were laid side by side on the previously built reinforced concrete towers. The towers themselves are really reinforced concrete buildings constructed in the usual manner by means of wooden forms built around a steel reinforcement which was previously assembled and securely wired together. When all was in readiness the concrete was poured by means of long spouts which led in several directions from the main mixing tower. The pouring of the concrete was continued as continuously as possible until a whole tower was completed. This work was done during the winter at a time when the temperature was below freezing point; it was performed inside of what was virtually a building erected to maintain a suitable temperature around the newly deposited concrete until it was out of danger of being damaged by frost.

These two structures are provided with narrow sidewalks and handrails, which enable workmen to move conveniently along side-standing trains. The handrails add considerably to the aesthetic appearance of the structures, which are extremely



artistic in appearance and, at the same time satisfactory from a general and utilitarian point of view, besides being absolutely permanent. Both are designed to carry the heaviest engines in existence with a considerable margin of safety, and are epoch-making in the art of bridge engineering inasmuch as they have demonstrated that reinforced concrete can take the place of steel for a very large number of permanent bridges.

These two structures are so solid that when passing over them on a train one gets the impression that he is on a solid fill instead of a bridge. The method employed in the erection of the reinforced concrete spans is a specially interesting feature of the structures. Each slab, as a unit, weighed 55 tons, which was the limit load that could be handled by the C. P. R. 100 ton standard wrecking cranes. The crane engaged handled no less than 110 slabs, each 55 tons in weight, or in all something like 6,000 tons, and all this was done without a single mishap to either men or material. Another remarkable feature is that both structures were built without interruption from June, 1917, to July, 1918, which was a shorter period than would have been required to manufacture and erect similar structures in steel.

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Motorists, Attention!

Our Soldiers Are Coming Home
 Some On Almost Every Train

Will You Help?
 We want volunteers with motor cars to meet the boys, to give them a welcome hand and help them reach their homes again.

Will You Do Your Bit?
 You will only be called on a few times each month. Kindly notify A. H. Wallace, 97 St. Paul street, at once and arrangements will be made which trains you will be required to meet.

Under Auspices St. Catharines Auto Club
A. H. WALLACE,
 Chairman Reception Committee Repatriation League

NOTICE To Consumers of Gas

"On March 25th the City Council passed the following Resolution:

"That the Public Utilities Commission be notified to discontinue the operation of the Civic Gas Plant for the sale and distribution of gas on and after the 15th June, 1919, and that the Commission be requested to serve notice of such discontinuance upon the customers served by the said Gas Plant so that they may make other arrangements before that date."

"In accordance with this Resolution the supply of gas from the City Gas Plant will be discontinued on June 15, 1919.

Public Utilities Commission

THE STERLING BANK OF CANADA

Save Because
 Poor health or greater happiness—both will demand a substantial savings account.

THE CANADIAN BANK OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ontario. This bank has now 493 branches in Canada and foreign countries, and is in a position to offer the public unexcelled service.

Niagara-on-the-Lake Branch—R. G. W. Conolly, Manager
 Toronto Branch—S. H. Falkner, Manager
 Niagara-on-the-Lake Branch—F. W. Wilson, Manager

THE BANK OF TORONTO

Assets \$100,000,000
 It is easier to make money than to save it. A Savings Account at the Bank of Toronto will help save what your increased effort provides.

F. C. FIELD, Manager, St. Catharines

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