

Hard Study in School

BRINGS ON A SEVERE ATTACK OF ST. VITUS' DANCE.

A Young Girl's Life for a Time Made Miserable—Could not Use Her Hands and Found it Difficult to Walk—Health Restored.

From the Napace Express. Nervousness is the frequent cause of much misery and suffering. One of the effects of this breaking up of the nerves, particularly among young people, being chorea or St. Vitus' dance. A correspondent tells of a young lady at Selby who was badly afflicted with this trouble. He says: "I never saw anyone suffering so badly before from any nervous disorder. She was violently jerking and twitching all the time, and could not use her right hand at all. Anything she would try to pick up with it would instantly fall. When she would attempt to walk, her limbs would twist and turn, the ankles often doubling down and throwing her. Lately I heard that she had been cured but doubted the truth of the statement and went out to see her."



The statement proved quite true, and believing that a recital of the facts of the case would be of advantage to some one who might be similarly suffering, I asked permission to make them known, which was readily granted. The young lady is Miss H. M. Gonyou, a general favorite among her acquaintances, and it is thought that her trouble, as is not infrequently the case, was brought on by hard study in school. Miss Gonyou gave the following statement: "All through the fall of 1894 I had been feeling unwell. I did not speak to anyone about it, for I was going to school and was afraid if I said anything about it to my parents they would keep me at home. I kept getting worse, and at last grew so nervous that I could not hold my pencil. My right side was affected most, though the trouble seemed to go through my whole system. In January I was so bad that I had to discontinue going to school, and I was constantly getting worse. I could not use my hands, because I would let everything drop, and frequently when I attempted to walk, I would fall. My brother had been ailing for a long time and was then using Dr. Williams' Pink Pills and getting better, so I thought as they were helping him so much they would be a good medicine for me. Before the first box was done I was feeling much better, and after using the Pink Pills for about a month, my health was fully restored. It is now more than a year since I discontinued the use of the pills, and I have not had the slightest trace of the malady since. I am satisfied Dr. Williams' Pink Pills saved me from a life of misery, and I would strongly recommend them for nervous troubles. Dr. Williams' Pink Pills create new blood, build up the nerves, and thus drive disease from the system. In hundreds of cases they have cured after all other medicines had failed, thus establishing the claim that they are a marvelous science. The genuine Pink Pills are sold only in boxes, bearing the full trade mark, 'Dr. Williams' Pink Pills for Pale People.' Protect yourself from imitation by refusing any pill that does not bear the registered trade mark around the box."

Learning to Ride.

Learning to ride a bicycle is, in one essential at least, like training a wild beast, as it is a contest in which success is largely a matter of will power, and in which advance can only be made by keeping the upper hand over your untractable subject. It is of vital importance that the rider realizes that he is master, and if his mount develop a tendency to get the best of him he should stop his lesson then and there and not begin again till he can go at the thing with the requisite determination. Fear is fatal to success. If you are afraid of your bicycle the bicycle will detect it to a certainty, and turn upon and rend you just as the wild animal turns upon his trembling trainer. On the other hand, if you keep your wits about you, and a wholesome contempt for the inanimate thing upon whose subjugation you have determined learning is easy. It is one thing to ride in a bicycle school and quite another thing to ride in the street. On the street even when the course is clear and the danger of collision with moving objects at a minimum, the surface varies to such an extent that the bicycle school graduate can only get along with the greatest difficulty and he often feels that he has to learn all over again.

"I believe," said the fair widow, as she gazed upon the costly vessel containing the ashes of her lately cremated partner, "in a fair division of marriage of life's duties and responsibilities. While George was alive he earned my dust, and now, when he can no longer do so, I have shed his dust."

THE WHITE RIBBON.

"For God and Home and Native Land." Conducted by the Ladies of the W. O. T. U.

OFFICERS. President—Mrs. Tufts. Vice-Presidents—Mrs. Hale, Mrs. R. Reid, Mrs. A. Johnson. Recording Secretary—Miss Bishop. Corresponding Secretary—Miss Minnie Fish. Treasurer—Miss Annie S. Fitch. Auditor—Mrs. Roscoe. SUPERINTENDENTS. Evangelistic Work—Mrs. DeWitt. Literature—Mrs. DeBlois. Press Work—Flower Mission—Mrs. Woodworth. Social Party—Mrs. R. Bishop. Systematic Giving—Mrs. Kempton. Narcotics—Mrs. Vaughn. Health and Heredity—Mrs. Trotter. Mother's Meetings—Mrs. Hemen. The Girls' Friendly Society—Mrs. Davidson.

Next meeting in Temperance Hall, Thursday, June 3d, at 3.30 p. m. The meetings are always open to any who wish to become members.

An Old Man's Tribute.

TO THE MEMBERS OF THE Y. W. O. T. U., WINDSOR. The Y's of Windsor, although working for the promotion of temperance, important though it be, do not overlook the other departments of work they are supposed to take up, but are engaged in Christian work of a more active and practical character. This work is not new, having been commended by James in the first century, and given in detail by the "Man of Uz," about 3,400 years ago. James detailed what true religion consisted in (James 2); and Job detailed his own experience in practical Christian work, adding: "I delivered the poor that cried and the fatherless, and him that had none to help."

No apology is made by the writer for the well-merited work of the young women, who are too sensible to be unduly gratified thereby. It is published in the hope that their sisters in other towns and in villages throughout these Provinces, may be influenced to "go and do likewise."

The Windsor Y's are bright and fair, None better can be found elsewhere Throughout this goodly land; In useful labors day by day, Walking in Wisdom's pleasant way, A true, unselfish band.

They clothe the naked, feed the poor, Nor turn the hungry from their door, But freely to them give; The sick they visit, and the sad With words of comfort they make glad, And much distress relieve. Children who are found in dire distress—"The widow and the fatherless"—Are objects of their care; With loving heart and willing hand Each member of this Christian band For such no trouble spare.

They imitate the patient man, (1) For suffering ones do what they can To alleviate their woes; They plucked the (2) spoil from wicked man, Brought back a child to friends again, Her sorrows to a close.

And the scenes of coming years May frequent smiles, but rarely tears, Appear upon each face; My love and friendship glad their way, And brightest joys come every day Till each has run her race.

And when the race of life is run, Each bears the plaudit—"Child, well done!"

(The inasmuch (3) you see) When you relieved my sick and poor, Nor turned away the children from your door, YE DID IT UNTO ME."

Windsor, N. S., March, 1897. E. Y. (1) Job, chap. 28, vs. 12-16. (2) Job, chap. 28, vs. 17-18. "And I bade the jaws of the wicked, and plucked the spoil out of his teeth."

(3) Matt., chap. 25, vs. 40-41. "Inasmuch as ye have done it unto one of the least of these, My brethren, ye have done it unto Me."

Be cheerful. It is tithe advice to tell women to take each day as it comes, to avoid remorse over what is done and forebodings over what is to come, but it is no less valuable advice. Nervous prostration is seldom the result of present trouble or work, but of work and trouble anticipated. Mental exhaustion comes to those who look ahead and climb mountains before they arrive at them. Resolutely build a wall about to-day and live within the enclosure. The past may have been hard, sad, or wrong. It is over. The future may be like the past, but the woman who worries about it may not live to meet it. If she does, she will bear it. The only thing with which she should concern herself is to-day, its sunshine, its air, its friends, its amusements, its wholesome work, and perhaps its necessary sorrow.

To one who will watch for opportunities to do good, they will open up on every side. In the crowded thoroughfares of business, in the social circle, in the quiet of the family, in the intercourse of friends, in the schoolroom, in the street—everywhere, in fact, may be found occasion to roll away the stone that obstructs the way to someone's happiness or success. And, though such efforts may be desultory and unorganized, though they may not always seem to be successful, not one of them is lost. In what way they can help we cannot always foresee, but that they will is certain.

As real life of the tree is invisible, and belongs to the hidden processes of Nature, so the character of the individual grows in secret. The sources are never on the surface. "How shall we keep them pure?" is the one vital question for young and old.

A well-ordered house exercises over its inmates a moral, no less than a physical influence, and has a direct tendency to make the members of the family sober, peaceable, and studious of each other's happiness.

DISAPPOINTMENT AWAITS



All people who use a poor soap. You can just as well buy

Eclipse Soap

Eclipse will do more washing and better than any other laundry soap on the market. Try it.

Send us 25 "Eclipse" wrappers, or 6c. in stamps with coupon and we will mail you a popular novel. A coupon in every bar of "Eclipse"

JOHN TAYLOR & CO. MANUFACTURERS, TORONTO, ONT.

STOP AND READ.

COAL! COAL! COAL!

We have in stock the celebrated LACKAWANNA HARD COAL in all sizes—fresh from the mines. Also, the Best Grades of SOFT Coals.

We are also agents for the celebrated STOCKBRIDGE MANURES manufactured by the Bowker Fertilizer Co.

J. F. ARMSTRONG. C. M. VAUGHN. WOLFVILLE COAL COMPANY. Telephone N. 18. Wolfville, N. S.

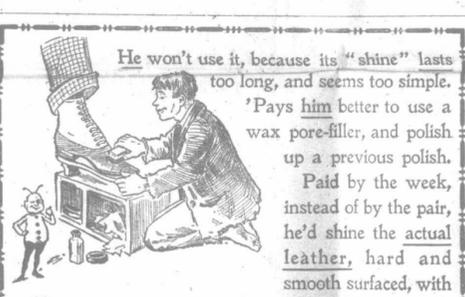
MONUMENTS

In Red and Grey Polished Granite and Marble.

Strictly first-class Work. GRIFFIN & KELTIE, 323 BARRINGTON ST., HALIFAX.

The Agency for the WELL-KNOWN HEINTZMAN & CO. PIANOS has been transferred to MILLER BROS., who now have in their warehouses a stock of the latest style of these Pianos, direct from the Factory. Also a number of the celebrated KARN Pianos and others. SPECIAL INDUCEMENTS offered to anyone buying at this quiet season.

MILLER BROS., 101 & 103 Barrington St., Halifax.



SLATER SHOE POLISH

For sale by C. H. Borden, sole agent for Wolfville.

She—I wonder if two really can live cheaper than one? He—I guess they feel cheaper.

Lull (at a voice whispering)—What has become of Aunt Lucie's habitual smile? Erna—It is at the dentist's.

He—They say, dear, that people who live together get to looking alike. She—Then you must consider my refusal as final.

He (feverently)—Your eyes are like the stars above. She—(sleepily)—There are no stars above, just now, Charles—the sun is about to rise.

Frances—Yes, he is pursuing literature. Gertrude—Indeed! And he is very successful? Frances—No. It is still a long way ahead of him.

Old Millyuns—Young man, my daughter tells me that you kissed her last night. Penelope—Tookles—Well, if she wants to go bragging about it, that's her privilege.

Hicks—It's so hard to get anything through Jack's head. Wicks—I know it. Strange, too, when you come to think of it. Surely there can be nothing in the way.

Dolan, said Rafferty, ye're pitten too arvin'. Did ye siver heat that the money is the root of all evil? O hove. An' I'm doin' the little O'kin to pull it up by the roots an' share the rest av yez.

Why buy imitations of doubtful merit when the Genuine can be purchased as easily? The proprietors of MINARD'S LINIMENT inform us that their sales the past year still entitle their preparation to be considered the BEST, and FIRST in the hearts of their countrymen.

How in the world, Mrs. Wisely, do you manage to have all of your three daughters in so early when they spend the evening out?

The last one home has to get breakfast next mornin'.

1896-1897. THE 1896-1897

Yarmouth Steamship Co. (LIMITED)



2 TRIPS A WEEK! The Shortest and Most Direct Route between Nova Scotia and the United States.

THE QUICKEST TIME, 15 to 17 hours between Yarmouth and Boston!

Commencing Nov. 4th. STEEL STEAMER

"BOSTON," UNTIL further notice, will leave Yarmouth for Boston every

Wed. and Sat. Ev'ng after the arrival of the Express train from Halifax. Returning, leave Lewis' wharf, Boston, at 12 noon, every TUESDAY and FRIDAY, making close connections at Yarmouth with Dominion Atlantic Ry. and Coach Lines for all parts of Nova Scotia.

This is the fastest steamer plying between Nova Scotia and the United States and forms the most pleasing route between above points, combining safety, comfort and speed.

Regular mail carried on steamer. Tickets sold to all points in Canada, via Central Vermont or Canadian Pacific Ry., and to New York via Fall River Line, Stonington Line, New York, Haven & Hartford and Boston and Albany R. R.

For all other information apply to Dominion Atlantic, I. C., and Central Railway Agents or to

W. A. CHASE, L. E. BAKER, Secretary and Treas. Manager. Yarmouth, Nov. 1st, 1896.

NOTICE.

Having secured the Shop recently occupied by Mr W. Regan, I am now in a position to supply the public with all Goods in my line:

Custom Boots & Shoes. Men's Women's and Children's Boots and Shoes made to order. Repairing neatly and promptly done. Thanking the public for past favors, and by close attention to business I hope to receive a fair share of patronage.

E. B. SHAW. Terms strictly cash on delivery of work.

AGENTS. "The Best Popular Life of Her Majesty I have ever seen" writes Lord Lorne, about "Queen Victoria." Sales unprecedented. Easy to make five dollars daily. Big commission. Outfit free to canvassers.

THE BRADLEY-GARRETSON CO., Toronto.

Livery Stables!

Until further notice at Central Hotel. First-class teams with all the seasonable equipments. Come one, come all! and you shall be used right. Beautiful Double Teams, for special occasions. Telephone No. 41. Office Central Hotel.

W. J. BALCOM, Proprietor. Wolfville, Nov. 19th, 1894.

WANTED. Industrious persons of either sex with good character and common school education, can obtain employment for two months in this community.

S. M. FRY, Toronto, Ont.

ROBERT STANFORD, Fine Tailoring. 154 and 156 HOLLIS STREET, Halifax, N. S.

Ladies' Tailor Made Costumes, Sashes, etc., a specialty. Special Cutter and Special Workman in this department.

Fruit Trees for Sale! Weston Nursery, Kings Co., N. S. (BERWICK R. STATION.) I have for sale a good stock of trees for planting, comprising Ben Davis, Spy, Blenheim Pippin, Fallwater, Nonasuch, Wagner, Fenwick, Banks Red Gravenstein, and the common Gravenstein, and Moore's Arctic Plum—fruits.

Persons ordering direct from the Nursery will get this stock at first cost—saving agent's profits. ISAAC SHAW.

Miss Seabourne, Teacher on Piano & Organ. WOLFVILLE, N. S.

J. C. Dumaresq ARCHITECT, Halifax, N. S. Plans and specifications prepared for all kinds of buildings.

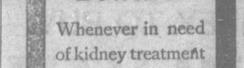
Cultured Ladies with force of character, needing to earn money, can learn how to do so in a good cause. Address, "JABEZ GALLOWAY," Toronto, Ont.

SHORTHAND Instruction by Mail! It is not necessary to leave your home to become proficient in Shorthand. Write for particulars.

H. WENMAN WHITE, P. O. Box 215, Wolfville.

Beware!

Whenever in need of kidney treatment always be true to yourself and refuse any substitute or imitation of the original and genuine



DR. BARSS, Residence at Mr Everett W. Sawyer's; Office adjoining Acadian office.

OFFICE HOURS: 10—11, a. m.; 2—3, p. m. Telephone at residence, No. 38

Wanted. Men and Women who can work hard talking and writing six hours daily, for six days a week, and will be content with ten dollars weekly. Address NEW IDEAS CO., Brantford, Ont.

DR. E. N. PAYZANT Will continue the practice of Dentistry as formerly, at his residence near the station, Wolfville. Appointments can be made by letter or at residence. Special fees on lower sets of teeth. March 20th, 1895.

Every year increases the popularity of Ayer's Cherry Pectoral for all pulmonary troubles.

What! exclaimed the good house-woman, how can you have eaten your fill of you refuse to chop wood? "Hil! all you want will do," said Willie, a born diplomat; lets bury the hatchet.

Charles Stratton, better known as Gen. Tom Thumb, was 31 inches high at 21 years of age. His wife was 32 inches high at 21. Their child is said to have been the most minute speck of humanity that probably ever appeared on earth.

With but little care and no trouble, the beard and mustache can be kept uniform brown or black color by using Buckingham's Dye for the Whiskers.

Ant Hefty—Here's an account of a poor, unfortunate man that says they pinched him.

"Ten people out of a dozen are invalids," says a recent medical authority. At least eight out of ten, it is said to be, are suffering from some form of blood-disease which a persistent use of Ayer's Sarsaparil would be sure to cure. Then, don't be an invalid.

Police Magistrate—I would not like to think, prisoners that you are emptied. Yet witnesses testify they saw you on the pier a minute before the accident. But why did you go off?" "Tankey—ish the old story—hic—! s'pose I didn't know I was—hic—loaded."

Maud—I'm so thoughtless; Harriett came near drowning to-day on my account.

Pauline—How is that? Maud—We were skating, she went through a strong physical frame. Doctors bestowed great care and attention on their wealthy patient, but no cure came to cheer him; in fact no perceptible benefit was felt after months of treatment.

A voyage to the south of Europe was then undertaken, and weeks were spent at one of the most famous watering places, but no change for the better was experienced. Returning home, the merchant prince received a visit from his faithful pastor, who strongly urged the use of Paine's Celery Compound, a medicine that had some years before cured a member of his family. The good advice of the ministerial friend was promptly taken; the great healing compound was used, with the result that in five weeks the sick man and his family were overjoyed with proofs of recovery and new health. Restful sleep was restored, digestion was improved, and altogether look came into the eyes and face. After four months' careful use of Paine's Celery Compound and proper dieting, every deadly and treacherous symptom of disease had vanished, and the merchant prince was a new man.

What a wonderful and happy proof of the life-saving virtues of Paine's Celery Compound! Surely the statement is powerful enough to lift all poor and hapless sufferers from the dark pit of despair.

This story of a true cure was related by an intimate friend of the cure, and who gave permission to refer to it publicly without giving the name of the once-dying merchant.

PATENTS

Anyone sending a sketch and description may quickly ascertain, free, whether an invention is probably patentable. Communications strictly confidential. Oldest agency for securing patents in America. We have a Washington office. Patents taken through Mann & Co. receive special notice in the

SCIENTIFIC AMERICAN, beautifully illustrated, largest circulation of any scientific journal, weekly, terms \$10 a year; 12 a. m. months. Postoffice, copies and LAND BOOK, on PATENTERS sent free. Address MANN & CO., 361 Broadway, New York.

Fred H. Christie Painter and Paper Hanger. Best attention given to Work. Entrusted to us. Orders left at the store of G. H. Wallace will be promptly attended to. PATRONAGE SOLICITED.

A PAIL WITHOUT HOOPS

That means a long lasting Pail. Its many qualities are unique. The price makes it available to all.

THE E. B. EDDY CO'S INDURATED FIBREWARE PAILS, TUBS, PANS, DISHES, ETC.

Work in this line done at the shortest notice, in the latest styles, and most approved manner.

Perfect fits guaranteed. Rooms in ACADIAN building. F. E. DAVISON. M. A. ZINK.

Mantle & Dress Making.

Work in this line done at the shortest notice, in the latest styles, and most approved manner.

Perfect fits guaranteed. Rooms in ACADIAN building. F. E. DAVISON. M. A. ZINK.

Scraps for Odd Moments

He—My only inheritance is brains. She—Is someone holding your letters in trust?

Sam Jones defines a negro as "a colored man and a nigger as "a black rascal that steals chickens."

Minards Liniment Cures Dandruff. I had to go to father in order to see the wind. I suppose the blow almost killed father.

I suppose your daughter is just a mine—rather ride a wheel than eat. Not exactly, but she would ride a wheel than eat.

Ferocious visitor (entering office)—here, boy, I've to lick the editor. Oh boy—You won't like the job. He's been tarred and feathered.

Is your baby intelligent? Intelligent! Why say, if she wasn't she'd never be able to understand language my wife talks to her.

Minards Liniment Relieves Neuralgia. Weary Watkins—Hello, sorry, got a cold. You may have struck a tendon in that old farmer's breast. Says Sawyer—Nil. I struck a tough cord in his woodshed.

According to Besconfield there is education like adversity. Perhaps that accounts for the fact so many of our most prosperous people have no grammar.

Minards Liniment Cures Burns, etc. This here new woman, said the man with the homespun suit and the woman, ain't nothing new at all. It is just the same old woman, though she has learned to air'n' her home manners in public.

Sir Joshua Reynolds needed but a sitting when intending to paint a portrait. Sometimes he would not even take the time to which a portrait used the sitter and proceed to paint the portrait.

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His Cheque Good

For Hundreds of Thousands of Dollars. He Finds in Paine's Celery Compound a New Life.

In one of our large Canadian cities there resides one of Canada's merchant princes who can at any moment write his cheque for hundreds of thousands of dollars.

Some time ago this merchant prince was a very sick man. Liver troubles, headache and insomnia were fast pulling down a strong physical frame. Doctors bestowed great care and attention on their wealthy patient, but no cure came to cheer him; in fact no perceptible benefit was felt after months of treatment.

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