NERVOUSNESS.

Melancholy or despondency caused by weak unhealthy nerves, are responsible for more sickness and suffering than any other disease.

If you have a secret drain from early abuse, later excesses or exposure, the results are the same. You cannot expect healthy nerves while your vitality is being wasted. Do not eke out a miserable existence on account of your youthful follies, you are not safe until cured—nature never excuses—no matter how young, old or innocent one may have been.

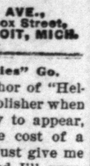
If you are tired in the morning, drowsy and sleepy, feel as if you are overworked, pain in the back, deposits in urine, irritable and easily excited, no ambition, memory poor, haggard expression, or other signs of weakness, call and see me, as I guarantee my Latest Method Treatment a positive cure for these conditions, and you pay when cured. Read this sworn testimonial, none used without permission. $5,000.00 for any I cannot show.

State of Michigan, County of Wayne, } ss.

J. Harris being duly sworn deposes and says, that some time ago he was treated by ——for Nightly Emissions, Seminal Losses and Sexual Weakness and was pronounced cured in 1893—that he noticed a recurrence and on May 10, 1898 he consulted Dr. Goldberg for the above troubles, and immediately commenced treatment, he improved steadily and was discharged absolutely cured. Aug. 1, 1898

Subscribed and sworn to before me the 8th day of Aug. 1898. J. HARRIS.

JOHN W. FOX, Notary Public, Wayne Co., Mich.



The Latest Method Treatment Cures

Varicocele and Stricture, without cutting, stretching or loss of time; also Chronic, Private, Nervous, Impotency, Kidney, Liver, Bladder, Stomach, Female and Rectal Troubles. CONSULTATION FREE. If you cannot call write for blank for home treatment. Perfect system of home treatment for those who cannot call. BOOK FREE. Medicines for Canadian patients shipped from Windsor; all duty and transportation charges prepaid—everything confidential; no names on envelopes or packages; nothing sent C. O. D.

DR. GOLDBERG 206 WOODWARD AVE., Cor. Wilcox Street, DETROIT, MICH.

WELLINGTON Lodge, No. 46, A. F. & A. M., G. R. C., meets on the first Monday of every month, in the Masonic Hall, Fifth St., at 7.30 p. m. Visiting brethren heartily welcomed.

J. S. BLACK, W. M.
ALEX. GREGORY, Sec.

ANCIENT ORDER UNITED WORKMEN.

Our order is a fraternal organization for the mutual benefit of its members and their families. It embraces in its membership men of every occupation; workers of all classes, whether their labor be mental or physical. It is designed to promote fraternity, mental and social improvement and mutual assistance. These features should commend it to every man who seeks to provide protection for his family.

Visiting brethren welcome.

W. G. ARNOLD, Master Workman. J. R. SNELL, Recorder.

LEGAL.

J. B. RANKIN, K. C. — Barrister, Notary Public, etc., Victoria Block, Chatham.

W. F. SMITH — Barrister, Solicitor, etc. Office, King Street, west of the Market. Money to loan on Mortgages. tf

J. B. O'FLYNN—Barrister, Solicitor, etc., Conveyancer, Notary Public, Office, King Street, opposite Merchant's Bank, Chatham, Ont.

WILSON, KERR & PIKE — Barristers, Solicitors of the Supreme Court, Proctors in the Maritime Court, Notaries Public, etc. Office, Fifth Street, Chatham, Ont.
Money to loan on mortgages at lowest rates.

SCANE, HOUSTON, STONE & SCANE —Barristers, Solicitors, Conveyancers, Notaries Public, etc. Private funds to loan at lowest current rates. Scane's Block, King Street.
E. W. SCANE, M. HOUSTON,
FRED. STONE, W. W. SCANE.

THOMAS SOULLARD
Barrister
25 Victoria Block, Chatham, Ont
Money to Loan on Land Security

VERY LOW RATES

Every day during the months of March and April, 1902, the UNION PACIFIC will sell Colonist one-way tickets a the following rates:

—FROM—

MISSOURI RIVER

$20.00 To Ogden and Salt Lake City.

$20.00 To Butte, Anaconda and Helena.

$22.50 To Spokane

$22.50 To Points on the Great Northern Ry., Spokane to Wenatchie inc., via Huntington and Spokane.

$25.00 To Points on Great Northern Ry., West of Wenatchee, via Huntington and Spokane.

$25.00 To Portland, Tacoma and Seattle.

$25.00 To Ashland, Oregon, and Intermediate Points, including Branch Lines on S. P. Co. South of Portland, via Portland.

$25.00 To San Francisco, Los Angeles and other California Points.

Full Particulars cheerfully furnished on application to:

G. G. Herring, G. A.
126 Woodward Ave., Detroit.

Desirable Property for Sale in the City of Chatham.

The Late William Oldershaw Estate.

Parcel No. 1—Brick Store on north side of King Street, opposite Geo. Stephens & Co.'s hardware store.

Parcel No. 2—Two-story Brick Tenement Dwelling, on corner of Elizabeth Head Streets, North Chatham.

Parcel No. 3.—Two storey brick dwelling on east side of William street, north of Stanley avenue.

For full particulars apply to James L. Oldershaw, 63 Head street, or to Geo. A. Sayer, Barrister, Eberts Block

Minard's Liniment Cures Burns, etc.

Making "Helen's Babies" Go.

John Habberton, the author of "Helen's Babies," said to his publisher when the novel was about ready to appear, "If you want to save the cost of a great deal of advertising, just give me 500 copies of this book, and I'll guarantee to distribute them so that we'll have a success without a cent's worth of advertising being needed." The publisher, a little reluctantly, took Mr. Habberton at his word.

The author thereupon made a list of all the important bookstores in the United States and found out the name of the head of the department of fiction in each store. Now, the heads of all book departments are all fiends in the collection of autograph first editions—that is, with the author's signature upon the imprint. There is scarcely an exception to this rule. Mr. Habberton, being wise in all that concerns bookstores, accordingly sent to each head a copy of "Helen's Babies" that contained not only his autograph, but a pleasant letter also that expatiated on the merit of the work. The heads were delighted. They instructed their salesmen and saleswomen in the book department to boom "Helen's Babies," to recommend it to every hesitating customer. And thus the book succeeded, though it would have succeeded anyway upon its merit.—Philadelphia Record.

A TIME OF DANGER!

Thousands in Peril From Blood Diseases and Nerve Troubles Developed During the Winter Months.

Paine's Celery Compound

The Great Spring Blood Purifier, Nerve Bracer and Health Builder.

Paine's Celery Compound is the wonder of the age. Its marvellous virtues are discussed amongst interested medical men, and its cures are talked of at every fireside.

As a spring health-giver, Paine's Celery Compound stands far ahead of all other known remedies; it has no worthy competitor in the vast field of medicine.

To a large extent, the present popularity of Paine's Celery Compound is due to the fact that it has accomplished some of its most astonishing cures in the spring season—a time when men and women usually complain of ill health, loss of vitality, tired feelings—a time when people feel dull, listless, despondent and ambitionless.

To-day there are thousands of business men, mechanics, farmers, and dear wives and mothers, too, though able to walk around, are nevertheless sadly out of health.

At this season, Paine's Celery Compound is the great health restorer and strength-giver for the "out of health" people—for those who are perilously nearing some organic disease. Paine's Celery Compound used at once, will quickly remove every trace of poison from the blood, brace up the weak nerves, build up the tissues and tone the digestive organism.

If you dear reader, feel that your health is not as robust and vigorous as it should be, let us honestly suggest the use of Paine's Celery Compound that has so wonderfully blessed your neighbors and friends. Be assured, "it makes sick people well."

Friday 18

Drive thy business, let not that drive thee.

WELCOME as Sunshine after storm is the relief when an obstinate, pitiless cough has been driven away by Allen's Lung Balsam. No opium in it. The good effect lasts. Take a bottle home with you this day.

Do what thou ought, let come what may.

One Fact is Better that Ten Hearsays. Ask Doctor Burgess, Supt. Hospital for Insane, Montreal, where they have used it for years, for his opinion of "The D. & L." Menthol Plaster. Get the genuine, made by Davis & Lawrence Co., Ltd.

Lay in a stock of mangel wurtzels for cows.

BRONCHIAL Affections, coughs and colds, all quickly cured by Pyny-Balsam. It has no equal. Acts. Manufactured by the proprietors of Perry Davis' Pain-Killer.

If you want apple trees to bear, thin out the fruit.

Coughs, colds, hoarseness, and other throat ailments are quickly relieved by Vapo-Cresolene tablets, ten cents per box. All druggists.

Diversify your dairying.

HARRIET HUBBARD AYER

Advises Mothers to Teach Children to Breathe Through the Nostrils.

CHILDREN should be taught early in life to breathe through the nose. This is important for health's sake, and also for children's looks, for nothing gives a more foolish and unattractive appearance to a face than the habit of going about with the lips apart. The gaping mouth is not only ugly but exasperating to those obliged to look at it.

Every mother should watch her little ones closely and see to it that they keep their mouths closed when asleep and at all times when not necessarily open for the purpose of eating, drinking or talking.

Teachers of physicla culture always begin by insisting that the pupils breathe through the nostrils and every athlete, if noticed, will be seen to keep his mouth closed while he is performing his feats as well as all other times when his features are in repose.

Besides the disfigurement to a child's features from the continued evil practice of breathing through the mouth, it is a positive injury to the health.

In the first place, the invisible dust which continually floats through the air is drawn directly into the lungs, injuring thereby the delicate membranes of the entire breathing apparatus. As a result catarrhal troubles and even more serious ailments ensue.

The nostrils act as a kind of sieve and permit pure air, tempered by its passage, alone to reach the lungs through them, whereas the mouth will admit not only sudden blasts of icy air, sufficient alone sometimes to produce pneumonia, but foreign substances so destructive and irritating to the throat and bronchia.

The habit of deep breathing is easily acquired and is permanent.

"Breathe through the nose," if it could be made a household slogan and were honored by strict obesrvance, would practically demonstrate the fact that most colds are the result of not knowing how to breathe.

Deep breathing will cure a cold in the head in a few hours and prevent its attacking the lungs.

Let the skeptical try taking one hundred deep breaths daily and I am content to await the verdict.

Remember, take the breath in through the nostrils and expel it in the same way.—Harriet Hubbard Ayer.

Origin of the Women.

According to a Hindoo legend, this is the proper origin of woman: Twashtri, the god Vulcan of the Hindoo mythology, created the world. But on his commencing to create woman he discovered that with man he had exhausted all his creative materials, and that not one solid element had been left. This, of course, greatly perplexed Twashtri and caused him to fall in a profound meditation. When he arose from it he proceeded as follows. He took

The roundness of the moon,
The undulating curves of the serpent,
The graceful twist of the creeping plant,
The light shivering of the grass blade and the slenderness of the willow,
The velvety softness of the flowers,
The lightness of the feather,
The gentle gaze of the doe,
The frolicsomeness of the dancing sunbeam,
The tears of the cloud,
The inconstancy of the wind,
The timidness of the hare,
The vanity of the peacock,
The hardness of the diamond,
The sweetness of honey,
The cruelty of the tiger,
The heat of the fire,
The chill of the snow,
The cackling of the parrot,
The cooing of the turtle dove,

All these he mixed togethes and formed woman.

Then he presented her to the man.

For Once She Knew Where John Was

A party of young men were taking dinner a few nights ago at a fashionable cafe, when one of them, who is somewhat of a jester, called the waiter and said:

"John, go and call Main ——. If a woman answers it will be my wife. Tell her that I instructed you to say that I am in the police station for a few hours and will not be at home for dinner. Say to her that the possibilities are that I shall not be at home tonight. Understand me, sir?"

John winked a couple of times in a knowing way, bowed deferentially, and suggested:

"Supposin'——"

"Supposing nothing, sir. If she asks who is talking tell her it is the turnkey at the central staion, and she'll never know who told her the lie."

The waiter shambled away and was presently seen to be having a good deal of fun with himself. The jester inferred that it might have something to do with his case and called him over.

"What's amusing you, John?"

"Wouldn't like to tell you, sir—at least, right here."

"I guess these fellows understand—let 'er go."

"Missus says to tell her husband she is glad he is so nicely located for the night—she knows where he is for once."—Cleveland Leader.

His Other Name.

New Teacher—Next boy, what's your name?

Boy—William, ma'am.

"What is your other name?"

"'Scrappy Bill.'" — Philadelphia Record.

"I suppose that when you are facing the audience across the footlights you forget everything except your art."

"Well," answered Mr. Stormington Barnes, "I used to talk that way about it. But I once had a treasurer who tried to take advantage of my forgetfulness, so I endeavor to express my artistic enthusiasm, as it were, a little more conservatively."—Washington Star.

MOTHER DOE AND HER FAWN

Picture of Animal Life in the Woods—Teaches Her Little Ones.

Hark! What's that? Looking intently toward the point, I see two tiny spotted toddlers wading out from the bushes, says a writer in Forest and Stream. Not mere than four or five feet, but there they are as plain as life can make them. They are certainly not over two or three weeks old, spotted like two leopards, ears so large and awkward looking, their knees hardly seem able to support their ungainly little bodies, but happy as the children of the forest only know how to be when no danger is nigh and big mamma is present to warn and watch over them.

But where is mamma? Ah! here comes the stately old dame. Fist she puts only her nose out of the bushes, looks up and down the stream, sniffs the air, and, seemingly satisfied that all is well, she slowly and majestically walks out in midstream and takes a drink. The little ones by this time are cavorting like two kittens, splashing the water and making a great deal of noise. Mamma is afraid evidently, there is too much noise, for she backs out of the water, and the little ones obey her instructions and reluctantly follow.

Fortunately there is quite a clearing along the left bank, and slowly and stealthily backing about ten feet up the hill, I gain a position where I can plainly see mamma and the babies without being seen or heard.

The old lady is quietly feeding, nipping the tender branches with much relish. The little ones think it is time for their breakfast, and to watch them as they pull at their source of nourishment reminds me of a full-blooded Jersey cow with a calf. I wonder, if long years ago, there was any relationship existing between the two?

The doe is a big female. She weighs 200 pounds. She wears her spring and summer garment—her red petticoat. The duties of maternity evidently agree with her, for she is sleek and fat. Now mamma compels the toddlers to stop eating, and even gives the largest of the fawns a slight tap on the head to prevent his rushes for more sustenance. This furry thing promises to be a buck, for he is determined to get what he wants, but his mother is too quick for him. She leaps from one side to the other with the agility that only a deer possesses, and now both little ones, entering into the spirit of the play, run and jump in imitation of their mother. Now the dame runs twenty rods up the hill and the little ones follow. Now they all come back pell mell. No sooner have the litle ones reached the water's edge than they repeat the performance again and again.

How proud mamma looks! Were there ever two such lovely fawns? Not to her way of thinking. After having run about ten times, they evidently tire and come up to partake of the maternal font. But instinct teaches that it is not good to eat when so heated from violent exercise, so the mother leads them to water, lets them drink, and then again tempts them to repeat their performance of running and romping. It strikes me the mother has an object in view. Can it be to teach her young to gain strength and surefootedness? I think so. Now the two urchins come tumbling down the hillside with an impetuosity that is undeniable. The smaller one of the two is enabled to stop just at the water's edge, but the baby buck is coming so quick and he has so little control of himself, he tumbles from the embankment and falls with a resounding splash into the water, and then begins to bleat exactly like a calf, as much as to say: "Mamma, mamma, sister pushed me in the water. Come help me, I am hurt."

And now I make my mistake. The entire affair is so ludicrous I laugh, and that very loud, and then you should see th edoe. One quick look in my direction, one quicker jump into obscurity, a call for her offspring, and that settles it.

Smart Cat's Letter.

"I have a cat that can read," declared a lady, according to the Buffalo Enquirer. "At any rate she knows when a letter comes for her."

"A letter!" exclaimed her friend, in astonishment.

"Yes, a letter. If you don't believe it, I will prove it to you. Just wait a moment while I direct one."

She left the room and presently returned with a sealed envelope addressed "Miss Pussy, No. —— Blank street, City." This letter was duly posted.

The next morning the postman came and soon afterward the servant entered with a bundle of letters, among which was that for Miss Pussy. Placing them near her feline highness on the floor, Pussy's mistress said:

"Now, Pussy, pick out your letter."

Surprising enough, Pussy at once showed an interest, and in a moment had pushed aside with her paws the envelope addressed to her.

"Wait a moment," said the mistress "and she'll open it."

Scarcely had she said this when Miss Pussy tore open the envelope, and in a moment was literally devouring the contents—catnip.

To Wash the Baby's Mouth.

A teaspoonful of bicarbonate of soda (common baking soda) in a cup of boiled water, used as a mouth-wash four or five times a day, keeps the baby's mouth clean and sweet. Washing night and morning with water in which a small bit of borax is placed is also good.

Right.

School Teacher—What little boy can tell me where is the home of the swallow?

Bobby—I kin, please.

School Teacher—Well, Bobby?

Bobby—The home of the swallow is the stummick.—Tid-Bits.

Messrs. C. C. Richards & Co.

Gentlemen—After suffering for seven years with inflammatory rheumatism, so bad that I was eleven months confined to my room, and for two years could not dress myself without help. Your agent gave me a bottle of MINARD'S LINIMENT in May, '97, and asked me to try it, which I did, and was so well pleased with the results I procured more. Five bottles completely cured me and I have had no return of the pain for eighteen months.

The above facts are well known to everybody in this village and neighborhood.

Yours gratefully, A. DAIRT.
St. Timothee, Que., May 16th, 1899.

Forgot Their Sorrow.

In his autobiography, "The Making of an American," Jacob A. Rils tells an amusing story of a visit he once made to the house of three sisters whose brother had been drowned:

"It was a very hot July day, and to guard against sunstroke I had put a cabbage leaf in my hat. On the way over I forgot all about it, and the leaf, getting limp, settled down snugly on my head, like a ridiculous green skullcap. Knowing nothing of this, I was wholly unprepared for the effect my entrance, hatless, had upon the weeping family. The young ladies ceased crying, stared wildly and then, to my utter bewilderment, broke into hysterical laughter. For the moment I thought they had gone mad. For some years afterward the thought of it had the same effect upon me that the cabbage leaf produced so unexpectedly in that grief stricker home."

Nothing Like
MALT BREAKFAST FOOD
For Nourishing and Making The Little Ones Happy

The proper feeding and nourishing of the child just after weaning should engage the most serious attention of the mother. The majority of prepared foods produce irritation of the stomach and bowels because of their improper and scientific manufactures. This irritation of the digestive organs develops into serious complications that often prove fatal.

Malt Breakfast Food is the ideal health food for our little ones. It is entirely free from starchy substances, easily digested and assimilated, is richer in flesh and bone producing elements than all other foods, and has a deliciousness that at once captivates the taste of every child. If you desire to see your child grow up strong, try the effects of Malt Breakfast Food for a few weeks and note well the results. Your grocer can supply you.

The Napkin.

Nothing is so humorous as the writings upon etiquette by people to whom such knowledge is a sealed book. A cookbook which extends its branches of information in many directions is responsible for the following: "Always pin your napkin to your dress when at dinner, that it may not fall under the table. It may be pinned so that the pin cannot be seen."

Imagine a dinner table full of men and women returning to the drawing room, each wearing a serviette apron which he or she has forgotten to unpin! —New York Times.

Nature "makes all things beautiful in their time." Every one of life's seasons, when life moves on Nature's lines, has its own charm and beauty. Many women dread that period when they must experience change of life. They fear that face and form must suffer by the change, and that they may fail to please those whom they love. The value of Doctor Pierce's Favorite Prescription in this crisis of woman's life lies in the fact that it assists Nature. Its use preserves the balance and buoyancy of the mind and sustains the physical powers. Many women have expressed their gratitude for the help and comfort given by "Favorite Prescription" in this trying period. Its benefits are not passing but permanent and conduce to mental happiness as well as physical strength.

Fodder shocks should be tied up tightly.

A BUILDER — ARE YOU LOSING Weight?—"The D. & L." Emulsion will always help and build you up. Restores proper digestion and brings back health. Manufactured by the Davis & Lawrence Co., Ltd.

Diligence is the mother of good fortune.

A PLAIN QUESTION—Do you really get the only Painkiller—Perry Davis'—when you ask for it? Better be sure than sorry. It has not, in 60 years, failed to stop looseness and pain in the bowels.

Minard's Liniment Cures Colds, etc.

For twenty-four years Vapo-Cresolene has been extensively used for all forms of throat and bronchial troubles. All Druggists.

CANADIAN PACIFIC

Corrected Nov. 8th, 1900.

GOING EAST		GOING WEST
2.36 a. m. B	Express	*1.11 p. m.
3.32 p. m*	Express	†1.05 a. m.

Daily, B Daily except Sunday
†is Daily except Monday.

GRAND TRUNK

GOING EAST		GOING WEST
9.02 a. m	*Express	
8.12 a. m	Accomodation	8.15 a. m
	*Express	12.42 p.m
1 45 p. m	Accomodation	2.30 p. m.
5.01 p. m.	*"Eastern Flyer"	
8.50 p. m	Accomodation	4.23 p.m
	"International Limited	9.10

"Daily Sunday included

THE WABASH RAILROAD CO.

GOING WEST		EAST BOUN.
No. 1—6.45 a. m		No. 2—12.23 p. m.
3—1.07 p. m		4—11.06 p. m.
13—1.25 p. m		
5—9.52 p. m		6—1.32 a. m.
9—1.18 a. m		8—2.49 p. m.

The Wabash is the short and true route
J. A. RICHARDSON,
Dist. Pass. Agt., Toronto and St. Thomas
J. C. PRITCHARD,
Station Agent
W. E. RISPIN,
C. P. A. 115 King St., Chatham.

LAKE ERIE RAILWAY & DETROIT RIVER

L. E. & D. R. R. TIME CARD NO. 1

Effective Mar. 12, 1902

Leave Chatham for:	Express	Express	Mail and Express	Express
Blenheim	7.30 a	10.30 a	7.45 a	7.05
Ridgetown	7.30 a	10.30 a	7.05 p	
Rodney	"	"	"	
West Lorne	"	"	"	
Dutton	"	"	"	
St. Thomas	"	"	"	
London	"	"	"	
Leamington	7.45 a		4.15 p	
Kingsville	"		"	
Walkerville	"		"	
Dresden			9.05 a	5.40 p
Wallaceburg			"	"
Sarnia			"	"

7.30 a m for London is a through train, other trains connect at Blenheim for East and West changing cars.

L. E. TILLSON, Gen. Agent, Chatham.
THOS. MARSHALL, A. G. P. A., Walkerville.

WABASH

Cheap Excursion to California

The Wabash Railway Company will sell round trip tickets to Los Angeles and San Francisco, Cal., at less than the one way first class fare. Tickets on sale April 19th to 27th good to return any time before June 25th, 1902. Choice of routes going and returning. All tickets should read via Detroit and over Wabash, the short and true route from Canada to California.

This will be the grandest opportunity ever given the people of this country to visit this land of sunshine and flowers at a low rate.

Full particulars from any Railroad agent or

J. A. RICHARDSON,
Dis't. Pass. Agent.
N. E. Cor. King & Yonge Sts., Toronto, and St. Thomas.
W. E. RISPIN,
City Pass. Agent.

CANADIAN PACIFIC

$58.70
CHATHAM
—to—
Los Angeles, San Francisco, Cal
and Return
Going and returning via. direct U.S. lines

$70.25
Going via. Detroit and direct U. S. lines and returning via. Vancouver and Canadian Pacific.

For Federation of Women's Club at Los Angeles, Cal., May 1st to 8th, 1902. Tickets good going **April 19th to 26th**, good for return until June 25th, 1902.

Colonist Special Trains to the Canadian North-West

for settlers and their effects will leave Toronto at 9 p. m. every **Tuesday** during **March** and **April**. Write for copy of settler's Guide to your nearest Canadian Pacific railway Agent, or to

A.H. NOTMAN, A. G. P. A., Toronto
W. H. HARPER, C. P. A.

GRAND TRUNK RAILWAY SYSTEM

..THE..

"Royal Muskoka"
Muskoka Lakes District
CANADA
Elegantly Furnished
Fine Cuisine
Beautiful Surroundings
1000 Feet Above Sea Level
Most Charming Summer Resort Region
IN AMERICA

For full particulars, illustrated descriptive literature, rates, maps and all information apply to

W. E. RISPIN, C. P. A., 115 King St, Chatham.
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Minard's Liniment Cures Garget in Cows.