

# MIGHTY MAUNA LOA.

This Gigantic Volcano is Worthy Rival to Vesuvius.

<section-header><section-header><section-header><text><text><text><text>

Minard's Liniment Co., Limited. " Krs.-I have used your MINARD'S LINIMEENT for the past 25 years and whist I have occasionally used other liniments I can safely say that I have never used any equal to yours. If rubbed between the hands and in-haled frequently, it will never fail to cure cold in the head in 24 hours. It is also the Best for bruisses, sprains, etc.

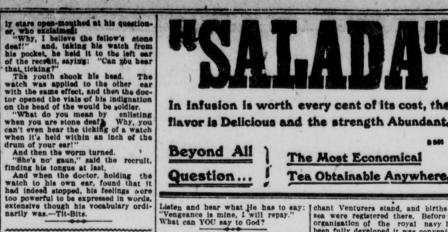
Yours truly. J. G. LESLIE. Dartmouth.

but it is below the sea, probably far

Mauna Kea-"the white mountain" Mauna Kea-"the white mountain" --is also a colossus among volcances. Its summit, 13,825 feet, is a trifle high-er than that of Mauna Loa, but its slopes are steeper, and its base is there-fore much smaller. The magnitude of Mauna Loa is due chiefly to the great area of its base, which is nearly ellip-tical in shape, with a major diameter of seventy-four miles and a minor di-ameter of fity-three miles, measured at sea level.

at sea level. In the aggregate of its eruptions Mauna Loa is also unrivaled. Some of the valcances of Iceland have been known to discorge at a single outbreak masses of lava fully equal to those of Mauna Loa. But such outbursts are infrequent in Iceland, and a century has elapsed since any of such magni-tude have occurred, though there have been several minor eruptions. The eruptions of Mauna Loa are all of great volume and occur irregularly, at at sea level great volume and occur irregularly, at an average interval of about eight years. In view of the total quantity of material it has disgorged during the last century no other volcano is at all comparable to it.—From a Bulletin of the United States Geographical Survey. Minard's Liniment Cures Diphtheria.

All-Sufficient Reason. A very pompous army surgeon vas sent to a recruiting depot in the High-lands to examine a batcn of lads who had taken the king's shilling. The ab-rupt, overbearing manner of the docor to frightened one nervous recruit that he was unable to answer the first ques-tion as to his name and place of birth. "Why don't you answer?" roared All-Sufficient Reason. A very pompous army surgeon vas the grain: That ill the awful flame. You have longed for the Day. That ill the awful flame. Yield sheaves of dead men smong the grain: That widows mourn for their loved ones slain. Aid mothers curse thy name. But after the Day, there's a price to pay.



In Infusion is worth every cent of its cost, the flavor is Delicious and the strength Abundant.

#### **Beyond All** The Most Economical Question .... Tea Obtainable Anywhere.

Science Jottings. Last year the cut of timber in Brit-

ish Columbia amounted to more than 1,500.000,000 feet board measure, which

is an increase of 45 per cent. over the

**Catarrh Cannot Be Cured** 

Salted Herrings.

Minard's Liniment Cures Colds, Etc. PHYSICAL EXERCISE. It Pays in Both Beauty and

Health.

Listen and hear what He has to say: "Vengeance is mine, I will repay." What can YOU say to God?

Worth Remembering. Hamburg steak is cheaper and better when mixed with bread crumbs soaked in mik and seasoned with grated onion. Try it.

chant Venturers stand, and births at sea were registered there. Before the organisation of the royal navy had been fully developed it was convenient to intrust the interests of the crown in regard to the duiles of the admir-ality to local gentlemen, like the Donisons of Scarborough, from which the Earls of Londale derive, of suff-clent standing to be immune from sympathy with smuggling, which was the chief difficulty of early times. For handling maritime question special qualifications were necessary, which the lord lieutenant. If he ware seated inland, might not possees. Minard's Liniment Cures Garget In Cows. Stockings or socks, after being in warm weather for two hours an before being worn, will last much

Keep all left-over tea to wash varnish-ed woodwork. It improves the ap-pearance of the wood and does not in-pearance of the wood as does soap.

When washing hair brushes, or any brush for that matter, do not dry with bristics upward. for when turnéd up the water soaks into the back of the brush and rots the bristles.

When you wish to save on butt the table, make small butter balls have them very hard, by placing the ice just before using.

To keep cabbage all winter, pile it on dry grass and cover it with old carpet and put grass on top of that again. In doing up muslin curtains, sta just the lace and hem.

A box of fresh sand is an excellent thing to have in a corner of the pantry. If apples or lemons are packed in it, they will keep fresh and unshriveled for months.

Iron-holders that will last for years are made by putting a strong piece of leather between two pieces of material. The tops of women's shoes are good for this pur-page

### WINTER WEATHER HARD ON LITTLE ONES

1,500.000,000 reet board measure, which is an increase of 45 per cent. over the total for the preceding year, and about 100 per cent. more than the cut three years ago. The increase has been caused by the demand for material for airplanes and ships. All building records were broken re-cently at Grasmere, S. 1., where a United States base hospital is located. In five hours a force of 300 men erect-ed a building 230 feet long and 35 feet wide. In the finished building, when the workmen laid down their tools were a steam-heating plant. sewer connections, electric lights and a bathroom with tiled fioor. The work started at 7 o'clock in the morning, with men diggin post holes. When the whistle blew at noon the last workman in the building was putting on his coat, with the task completed. As a substitute for copper in trans-former windings, it has been suggest-ed tha aluminum might be used, but, dealing with heat dissipation tempera-ture rise comparative costs of the dif-ferent materials and other important factors, it appears that he advan-tages are still with copper. If all rallways were converted to eciciticity a saving of 16 2-3 per cent, of the total coal consumption could eventually be made-far more than could be achieved by suppressing light-ing altogether. Catarrh Cannot Be Cured Our Canadian winters are extremely hard on the health of little ones. The weather is ofter so severe that the mother cannot take the little one out for an airing. The consequence is that baby is confined to overheated, badly ventilated rooms; takes colds and becomes cross and peevish. Baby's Own Tablets should'be given to keep the little one healthy. They regu-late the stomach and bowels and pre-vent or cure colds. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Wil-liams' Medicine Co., Brockville, Ont.

#### Cellulon Yarn.

Cellulon Yarn. Cellulon is new. It is a war time product. Cellulon is a novelty of fibres. It takes the place of jute, cotton and other yarns. The cloth made from it has proved to be extremely strong. This is surprising, as the fibre itself is nothing but wood pulp. There are several ways of making cellulon, one being to press the wood pulp through small holes in plates. Another process takes the roving (a solid mass of cellulose) from the drum by means of a upecial apparatus. The surface of the drum is divided into parallels corresponding to the number of the yarn to the produced, and the yarn is finished on spinning machines. Many cellulon factories, it is re-

Catarrh Cannot Be Cured with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, straitly ind in order to cure it you must take an in-ternal remedy. Hall's Catarrh Medicine is taken internally and acts through the blood on the mucous surface of the system. Hall's Catarrh Medicine reach and the seat of the best physicians preseribed by one of the best physicians preseribed with some of the best blood purifiers. The perfect combination of the ingredients in Hall's Catarrh Medi-cine is what produces such wonderful reauits in catarrhe. 2. I CITARY S. Co. props., Toiedo, O. All Druscists, 75c. Hall's Family Pills for constipation.

Salted Herrings. Centuries ago William Buckels, a Hol-lander of Biervich, made the then aston-lishing discovery that 'salt would pre-serve fish and that salted fish could be packed and exported. Before his time herrings had to be consumed within a few days of their capture Buckels salt-ed the time hundred of herrings, and, having salted them, he packed them in barrels. This exercise of common sense resulted in a singular development of the resources of the country. The Eng-lish fisheries were not as prominent 60 years ago as they art now, and Hol-her and the substantian to subply. Buckels had not to wait 500 years to have his claim to pub-lie spatitude recognized. Charles V, had a statue erected to the mackerel salt-er who became the benefactor of his courty. Queen Mary of Hungary, how-ting her fisidence in Holland be Dis-covered his tomb and, seated upon it, ate a salted hering. machines. Many cellulon factories, it is re-ported, have sprung up in Central Europe, where the development of the new yarn and the experiments with it are being closely followed by manu-facturers.

Minard's Liniment Cures Distemper

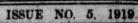
#### Heavy Demand for Rubber.

Heavy Demand for Rubber. The world discarded 183,000 tons of automobile tires during 1916. Adding to this the large number of bicycle tires thrown away every year by their owners, it appears that the world spends every year at least \$600,000,000 for pneumatic tires alare. Nearly 5,000,000 automobiles \*\* now in use in the United States. To supply these with tires nearly \$8,000 tons of india Americal automobile owners pay every year as much as \$200,000,000 for tires.

Do Corns Lead to Cancer?

As yet this has not been proved, but interested parties will find poth-ng batter for corns than Butnam's

h



HELP WANTED-MALS

WANTED SPINDLE CARVER FOR furniture factory, Good wages slendy employment. Apply to. Lipper Furniture Co. Ltd., Kitchener, Ont.

MISCELLANEOUS. DOMINION EXPRESS MONEY OR-ders are on sale in five thousand offices throughout Canada.

COAL shortage will chands. C OAL shortage will crubble you! Then or." It has been on the market for nearly eleven years. It burns area made from coal oil and air, Positively gives more heat than coal. It is safe, odde-less, simple and auficient. Use it in your cook stove, heater or furnade. It your cook stove, heater of furnade. Burne and auficient. Use it in your cook stove, heater of furnade. Burne and auform of furnade. It price, to the wholesale distributors. Burne Autor and a store with price, to the wholesale distributors. Burne Autor and a store of the store with price. Burne and store of the store with price. Burne and store of the store of the

# FOR SALE.

ONE FRUIT BASKET OUTFIT. COM-plete. also Shingle Outfit. 500.00 ne 67 inch Solid Saw, 60 teeth, practic-ally new, 56.00. I Solid Tooth Saw, sbout Oaderd and Suit small timber, 52.00. All Seguin Falls. (Varry Sound Dist.)

GALLOWAYB-COWS WITH CALVES at foot; also young stock for sale. D. McCrae, Guelph, Ont.

WATER WHEEL FOR SALE. ONE fifty-inch Barber Turbine, also shatting and scearing in good condition. For full particulars apply to the Slingsby Mfg. Co., Ltd., Brantford, Ont.

### FARMS FOR SALE.

F OR SALE-150 ACRES OF LAND clay and sand loam. Brick house, basement barn, Cement silo, and other outbuildings. 3½ miles from Thamesville, Good water, Gravel road. Apply Geo. Dowswell, Thamesville, R. R. No. & Phone 66.

T WO ACRE FRUIT FARM, SANDY Loam, excellent house and barn, Electric Light, all conveniences, two minutes from Radial, with or without furniture. Owner going abroad. Box 543 Grimaby, Ont.

F ARMS AND RANCHES FOR SALE. In Alberta, Write for our New Cata-logue. J. C. Leslie & Co., 301 Beveridge Block, Calgary, Alta.

F OR SALE-NINETY-EIGHT ACREE close to Ridgeway near Cryst Beach; good house; fair barn; stor roads; wire fences; spring crock net barn; fifteen acres wheat; plowing don county phone; mail delivery; matur gas; consider sisty-five hundred; reaso able terms. David Elie, Ridgeway, On ay, Ont

AT \$50 PER ACRE-TWO HUNDRED County; good wheat land; 6 miles from railroad station. C. Gonder, Welland, Ont.

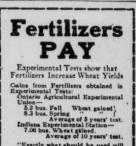
LOST. ESCAPED, BLACK FOX. SUITABLE

## AGENTS WANTED.

OUR PRODUCT A WINNER. USED in every home. Whiriwind sales. Agents making five to eight dollars daily. Either sex. Write at once. Craig Bros., Niagara Falls. Ont. Can.

recises. I practiced before a mirror, and went at them very slowly at first, ge-ting imbered up. Every day I would kick a little higher. The slow starter would be an another the slow starter of the slow slow slow which I also starter very gently, bend-ing the whole body back with nands index the slow slow slow slow slow bed with the tips of my fingers. This bed with the tips of my fingers. This bed with the tips of my fingers. This fluous flesh on the abdomen The other exercise was a bending forward move-ment until the palms of my hands touch-the floor. This more the bed until the slow slow of the floor. The mouth while because mass begone hend from the walsts 'n do it. The tor-so should be raised, litted high and the bed should be far below the waist from the blag. This exercise loosens the high in the backs and makes every made in the back are the three points of attack in training. The two move-ments I cive melted away any fiesh I had to lose, and made me as supple at dd not del.

Well is it known that ambition can creep as well as soar.-Burke.



Average of 10 years' test. "Exactly what should be used will depend upon the local conditions, but in any car it should be remembered that it will pay briter to use liberal smouth of fertilistro wheat prices are like by to remain high and it will not require much increase in the yield to year for inberal fertilisa-University, inclease. Mike Your Gain on Wheat while prices are high.

You spied for the Day, you lied for the Day, And woke the Day's red spieen; Monster, who asked God's aid divine, Then strewed the seas with the ghastly mine-Not all the waters of all the Rhine Can wash thy foul hands clean.

"Civilization's Reply," to the toast, "Der Tag," that has been on every German officer's lips these many years. The poem is by Henry Chapel, a railway porter of Bath, Eng., and appeared in the early months of the war.

You boasted the Day, and you toasted

the Day. And now the Day has come, Biasphemer, braggart and coward all, Little you reck of the numbing ball, The blasting shell, or the "White Arme" fall, As they speed poor humans home.

**Finest Thing Ever** 

slime-False friend and coward foe.

OR MONEY REFUNDED. ASK ANY DRUGGIST or write Lyman-Knex Co., Montroal, P.Q. Price 650

You have sown for the Day, you have grown for the day, Yours is the harvest red; Can you hear the groans and the awful cries Can you see the heaps of the slain that lies And sightless turned to the flame-split akles The glassy eyes of the dead?

You dreamed for the Day, you schemed for the Day, Watch how the Day will go: Slayer of age and youth and prime, (Defenceless slain for never a crime) Thou art steeped in blood as a hog in

You have sown for the Day, you have grown for the day,

