delicious, nourishing, whole wheat food, Triscuit, the shredded wheat wafer-toast It contains all the bodybuilding material in the whole wheat grain, including the bran coat which promotes healthful and natural

yeast food for children beit compels thorough cation and ensures percausdigestion. A crisp, tasty mast k" for picnics or excur-Sect! Toast in the oven and serve with butter, soft

Made in Canada

## ROUMANIANS USE THEIR BAYONETS

walley the Roumanians forced the Austro-Germans to retire and took prisoners and 12 cannon.
Another detachment attacking from Goiseas, in the Trotus area, surprised the Teuton torops and took 300 prisoners and some machine guns.

WAR SAVINGS ACCOUNTS
IN BANKS AND P. O.
A despatch from Ottawa says: The Finance Department reports that the straing scertificates will be completed early next month. The Minister of Finance has been taking up with the committee appointed by the Bankers when the committee appointed by the Chartes will be concluded by the Department of details. In the absence of the Minister in England these negotiations will be concluded by the Department of certain amount has been thus saved every the content of the results of borrowings and these negotiations will be concluded by the Department of certain amount has been thus saved every the certain amount has been thus saved every the content of details. In other committees appointed by the Chartes will be concluded by the Deputy Minister of Finance. In outline ice plan will provide to meet all expenses and to keep our undertakings with our allies, I have to make sure of getting money."

That is the very thing degree of such as the has the such as the whole that we had took and the what they have the chartes. At the United States. At the calculations when estimating dermay's man-power. If you had a calculations when estimating dermay's man-power. If you had a calculations when estimating dermay's man-power. If you had a calculations when estimating dermay's man-power. If you had a calculations when estimating their ca postoffice savings branches. When a our undertakings with our allies, I have to make sure of getting money." the depositor may purchase a war savings certificate, issued at an attificates may be issued in two or three denominations.

## GERMANS DEPORTING BELGIANS FROM HOMES

A despatch from Amsterdam says:

The Telegraaf says is has received information from the frontier that the information from the frontier that the extent of £36,000,000. He added that civilians from Ghent, are taking similar action in other parts of Belgium. Quartermaster-General von Sauder-Gays, that persons able to work may be forced to do so, even outside the villages in which they reside, in the villages in which they reside in the villages in which they reside, in the villages in which they reside in the villages in which they reside in the villages in which they reside in the villages in which they reside, in the fact that within a fertingit these treasury bonds ha tant may be compelled to give assistance in case of accident, danger, emergency, or public disaster, even outside the community in which he resides. Anyone who refuses to work, the newspaper says, is liable to imonment for three years or a fine of 10,000 marks.

VON KLUK RETIRED AT HIS OWN REQUEST.

Leader of German Right Wing in Paris Drive Seventy Years of Age.

Marshal Alexander von Kluk, who commanded the right wing of the million dollars granted by the On-German army in its sweep toward Paris in the fall of 1914, has been paid over in 12 monthly instalments, placed on the retired list at his own beginning in January. A suggestion request. He had never returned to the front since he was wounded by the front since he was wounded by the held and paid over to the fund shrapnel fire in March, 1915, while inspecting advanced positions. The needed. The regular monthly pay-Field Marshal was seventy years of ments of a fixed sum are according

THE PRINCIPAL LESSON OF THE PRESENT WAR.

A despatch from Paris says: Asked was the principal lesson learned TEUTONS RECOGNIZE this war, General Marchand replied: "Formerly an army which occupied the heights was supposed to have the advantage. We have learnI from the experience of trench war force down below has the since it can shell the enof his trenches above, while ing artillery can, with diffi-

## ROUNDING UP THE FEW GERMANS LEFT IN EAST AFRICAN COLONY

Remnant That Escaped Capture Are Penned in Malarial Swamp and Must Soon Surrender.

A despatch from London says: In valyley German posts established a review of recent operations in Gernorth and south of that region.

The remnant of the force defeated bowel movement. It is real whole wheat bread without baking powder or last of any kind—an baking a review of retent operations in the northern central part of the colony, have inflicted a further defeat on the Germans. In in the Rufii valley. further defeat on the Germans. In the fighting from Sept. 18 to 22 the surviving portion of the German forces which had been defeated at Tanow confined in a limited area in the

bora were routed.

Along the coast the British forces which all the ports on the coast and under General Smuts are engaged in clearing the country. A number of the Entente forces. The entire Rufiji small columns are carrying on this work south-east of Dar-Es-Salaam and north-west and west of Kilwa. Gen. Smuts says his troops have been attempting to drive into the Rufiji er rains" during October.

# BRITAIN CAN BEAR

tractive rate of discount. These cer- raise the needed money in the United States she would have to go short of supplies from there, which were ab-

penditure was not diminishing, he stated, there being an advance under the two heads of munitions and advances to Great Britain's allies, but in both of these directions he was confidert the country would not grudge the needful supplies.

PAY OVER MILLION. IN MONTHLY GRANTS.

Government Makes Arrangement

With Patriotic Fund Officials.

A despatch from Toronto says Hon. T. W. McGarry, Provincial A despatch from Berlin says: Field arshal Alexander von Kluk who the plan preferred by the fund officials. The million, of course, will be used in looking after the dependents of soldiers who have enlisted from

RUSSIAN READINESS

as referring to improvement in the Russian artillery as must be recognized that the advantages enjoyed by our armies owing to the Russian shortage of ammunition are disappearing."

THEIR BAYONETS

THEIR BAYONETS

STRAIN OF THE WAR

Attack the Austro-Germans, Taking 12 Guns and 600

Prisoners.

A despatch from London says:—
The news from the Roumanian front is again excellent. In the one region on the long front where the gravest danger menaced the Roumanians, the Predeal Pass sector, the Teutons have been driven across the Transylvania frontier. Ground has also been gain-din the Bran defile. In the Trobus are surely bonds and the objection raised that this would lead to their being argely held abroad, said:

"That is the very thing we desire, the Teutons have been driven across the Transylvania frontier. Ground has also been gain-din the Bran defile. In the Trobus yalley the Roumanians forced the Austro-Germans to retire and took 600 prisoners and 12 cannon. Another detachment attacking from Goicasa, in the Trobus area surprised the Teuton \$2.000,000 against the Teuton \$2.000,000 agains and railways, and working in factories.

STRAIN OF THE WAR

ALL HER PRISONERS.

AL

MADE NEAR ROSSLAND.

A despatch from Rossland, B. C., says: Rossland is all excitement over solutely essential to the purposes of a big strike made in close proximity Defending the issue of the six per cent bonds the Chancellor mentioned the fact that within a fertnight these treasury bonds had been sold to the extent of £36,000,000. He added that the present means of containing the present means to the city by S. Simpson, a Rossland old-time prospector, owner of the Crown-granted claim named "One-Eye See," on the side of Murphy Creek, extent of £36,000,000. He added that the present means of containing the city by S. Simpson, a Rossland old-time prospector, owner of the Crown-granted claim named "One-Eye See," on the side of Murphy Creek, onthe of Green Mountain. A report has just been received from the Spo-

GREAT SPEED-MAKERS

A despatch from Rome says: Italy now possesses a type of warship whose speed is three times as great as that of the greatest trans-Atlantic liner, according to the Giornale Italia. The sea trial of the first of these ships to be completed was witnessed by a correspondent of the paper Three others are building. All of the new vessels will use oil fuel

AFTER A DAY OUT DOORS . You can prevent chapped hands and lips by using

Vaseline Camphorated Cream

It allays all irritations of the

Sold in clean, handy tin tubes at chemists, department and general stores everywhere. Refuse substitutes. Illustrated booklet free on

CACHPIDENTE CREAM CHESEBROUGH MFG. CO. 1830 Chabot Ave.

Montreal

GERMANY UTILIZING

ALL HER PRISONERS

Smoked meats—Hams, medium, 24 to 25c; do., heavy, 22 to 23c; cooked, 35 to 37c; rolls, 20 to 21c; breaktast bacon, 25 to 27c; backs, plain, 26 to 27c; bookes, plain, 26 to 27c; boneless, 28 to 29c.
Pickled or dry cured meats, 1 cent less than cured.
Cured meats—Long clear bacon, 18 to 18½c per 1b; clear bellies, 18 to 18½c.
Lard—Dure lard, tlerces, 17½ to 17½c; tubs, 17½ to 17¼c; pails, 17½ to 17½c; compound, 14½ to 15½c.

Compound, 14½ to 15½c.

Smoked meats—Hams, medium, 24 to a most dramatic bit of work by iso have a most dramatic bit of a most dramatic bit of shall be a most dramatic bit of a most dramatic

Winnipeg Grain.

Winnipeg Grain.

Winnipeg. Oct. 24.—Cash prices:
Wheat—No. 1 Northern, \$1.74\(\frac{2}{8}\); No. 2
Northern, \$1.71\(\frac{2}{8}\); No. 3 Northern,
\$1.66\(\frac{2}{8}\); feed, \$1.14\(\frac{2}{8}\); special No. 4,
\$1.61\(\frac{2}{8}\); special No. 5, \$1.46\(\frac{2}{8}\); special No. 5,
\$1.61\(\frac{2}{8}\); special No. 2 C.W., \$5\(\frac{2}{8}\)c; No. 2 C.W., \$5\(\frac{2}{8}\)c; extra No. 1 feed,
\$1.82\(\frac{2}{8}\); No. 2 feed, \$5\(\frac{2}{8}\)c; Egrley—No. 3,
\$1.03\(\frac{2}{8}\); No. 4, 96c; rejected, 83\(\frac{2}{8}\)c; feed,
\$3c. Flax—No. 1 N.W.C., \$2.39\(\frac{2}{8}\); No. 2
C.W., \$2.35\(\frac{2}{8}\).

United States Markets

United States Markets

Minneapolis, Oct. 24.—Wheat December, \$1.76\( \); May, \$1.75\( \); cash. No. 1 hard, \$1.80\( \) to \$1.82\( \); No. 1 Northern, \$1.77\( \) to \$1.80\( \) to \$1.82\( \); No. 2 Northern, \$1.71\( \) to \$1.79\( \) Corn—No. 3 vellow. \$\) to \$9c. Oats—No. 3 white, \$4\( \) to \$6c. Flour, fancy patents. \$9.10. First and second clears unchanged. Bran, \$24.00 to \$25.00.

Duluth, Oct. 24.—Wheat. No. 1 hard, \$1.81\( \) to \$1.80\( \) to \$1.80\( \) to \$1.80\( \) cember, \$1.76\( \) asked. Linseed on track and to arrive, \$2.57\( \) ; October, \$2.55\( \) November, \$2.55\( \) ; December, \$2.55\( \) is

Live Stock Markets.

Live Stock Markets.

Toronto. Oct. 24.—Choice heavy steers, \$8.50 to \$8.75; good heavy steers, \$8.50 to \$8.75; good heavy steers, \$8.60 to \$8.25; butchers cattle. good. \$7.50 to \$7.90; do., medium. \$6.60 to \$7.00; do., common. \$5.35 to \$6.00; butchers bulls, choice, \$7.10 to \$7.35 do., good bulls, \$4.50 to \$5.40 to \$6.50; do. rough bulls, \$4.50 to \$5.40 to \$6.00; butchers cows, choice, \$6.25 to \$7.00; do., medium. \$5.50 to \$5.60; to \$6.00; do. medium. \$5.50 to \$5.60; to \$6.00; do. medium. \$5.50 to \$5.60; do. medium. \$5.50 to \$6.00; do. medium. \$5.50 to \$5.60; do. medium. \$5.50 to \$5.60; steers, \$6.25 to \$6.00; canners and cutters, \$6.25 to \$6.00; do., com, and med, each \$40.00 to \$60.00; stringers, \$55.50 to \$8.50; to \$6.00; stringers, \$55.00 to \$190.00; light ewes. \$7.35 to \$8.15; sheep, heavy. \$4.50 to \$5.50; caives, good to choice, \$10.50 to \$11.55; do. medium. \$9.50 to \$1.50; bogs, fed and watered, \$10.50 to \$11.25; do. weighed off cars, \$11.15 to \$11.25; do., 10.0. \$10.20. off cars. \$11.15 to \$11.25; do., 1.0.5. \$10.20.

Mentreal. Oct. 24.—Heavy stress, choice, \$6.50 to \$6.75; medium \$5.50 to \$6.75; butcher stress, choice, \$5.50 to \$6.75; medium, \$5.25 to \$5.00; common, \$5.00 to \$6.75; medium, \$5.25; butcher heifers, choice, \$6 to \$6.10; medium, \$5.25; common, \$4.50 to \$5.50; medium, \$5.25; common, \$4.50 to \$5.50; medium, \$4.50 to \$4.75; common, \$5.75 to \$4.25;

# CONTAINS NO ALUM - MADE IN CANADA Markets Of The World HOW THE GERMANS ARE FED UP WITH ZEP PELIN FABRICATIONS

400 Soldiers Killed in Grimsby Barracks; Regent Street Laid in Ruins."

Toronto, Oct. 24.—Manitoba wheat—
New No. 1 Northern, \$1.84; No. 2, do., \$1.81; No. 3, do., \$1.762; No. 4 wheat, \$1.632, track, Bay ports. Old crop trading 3c above new crop.

Manitoba oats—No. 2 C.W., 612c; No. 3, do., 594c; extra No. 1 feed, 594c; No. 1 feed, 594c, track, Bay ports.

American corn—No. 3 yellow, \$1.01, track Toronto.

Ontario oats—No. 2 white, 56 to 58c; No. 3, do, 55 to 57c, according to freights outside.

Ontario wheat—Now No. 2 White witnesses of the Zeppelin attack on England on Sept. 23 report, according to the Overseas News Agency that to the Overseas News Agency, that declares such statements to be 'ludi-bombs hit the Grimsby barracks, kill-crous fiction,' and adds: ing more than 400 soldiers, and that about 60 men were killed on board a cruiser which was hit by a bomb. It is said that Regent Street, London, or warships were damaged. No warwas for the most part laid in ruins.

on the above says: "The press bureau appends a note tion."

A despatch from Berlin says: Eye- to a wireless despatch from Berlin

"'The Secretary to the Admiralty or warships were damaged. No warship or merchant ship, nor any man belonging to the navy or mercantile A cablegram from London bearing marine was touched by Zeppelin bombs. The whole story is a fabrica-

calves, choice, \$7.25 to \$7.75; good, \$6.75 to \$7; hogs, selects, \$10 to \$10.25; sows, \$6.75 to \$7; heavies, \$7.75 to \$8; stags, \$4.75 to \$5; lights, \$8.75 to \$9; sheep, choice yearlings, \$7 to \$9.25; common yearlings, \$7 to \$8; heavy sheep, \$7.75 to \$8; light, \$7.75 to \$8.26.

BALLOONS WERE BOMBED.

How Two British Aviators Destroyed Six Observation Bags.

The Australian and New Zealand soldiers, whose valor and grit manifested in Gallipoli and in Picardy have received high recognition in London, are themselves enthusiastic

western front.
"They are all astonishingly brave," said a convalescent New Zealander aggregate enlistment from the start who has watched them for months. is 368,863. "You always know that if the ma-Fritz, but if it is taking every and playing round among the Archies it is one of ours. Often your heart is in your mouth as you watch them flying through a sky that looks black with shells. We have strict orders not to cheer, and I've only known our trenches do it once. That was after a most dramatic bit of work by Brit-

"Two aeroplanes had suddenly whirled over our lines, flying low and so mixed up that we were confused as we watched them. One was obviously English and it was attempting to man lines, and as they flew in circles we saw it was succeeding. The Germans were watching with as much interest as we, and so, we thought, were the men in the six beautiful observation balloons of a new pattern moored behind the German lines. The man who was chasing forced the other right back over the German trenches, flying toward those balloons.

"It was the most dramatic thing you ever saw. Before the Germans had forth, near Leeds, England, time to realize what was happening that he is alive and well and a prisonthose six balloons were bombed and er of war in Germany. destroyed. One man alone was quick enough to seize a parachute and fling and Mrs. Lupton received official in-himself out, but the bomb that ripped his balloon killed him as he fell. It been killed. A few weeks ago a letwas then that our trenches at the ter written from Werden Ruhr, and back cheered like mad. We didn't, dated August 16, came to hand, in We turned round, waved at them and which Lupton says that in August, yelled 'Shut up!' You must relieve 1914, he was taken ill, and had to be your feelings somehow."

She Always Has It.

the words in the dictionary?

ask your mother.

When a fool is angry he opens his mouth and closes his eyes.

There are men who would not kick valent among the educated

**RECRUITING RATE** IS 6,000 PER MONTH

Aggregate of Enlistment From Start is 368,863—Last Two Weeks.

A despatch from Ottawa says: Recruiting in Canada is proceeding at the rate of about 6,000 a month, compared with 30,000 a year ago. In the in praise of the British airmen on the fortnight, ended October 15th, 3,160 men were enlisted, compared with 3,-046 in the previous two weeks. The

From the 1st to the 15th of Octochine is very high up it belongs to ber, Montreal again led in its enlist-

mentes. To reporte	u 012 recrui	US.
By divisions the	enlistments	s are a
follows:		-4
Mil. Dis.	Two W'ks.	G'd T
London		30.45
Toronto	447	82.82
Kingston-Ottawa .	356	38,89
Montreal	672	31.95
Quebec		7,34
Maritime Prov	336	38.41
Manitoba-		00,11
Saskatchewan	425	74.32
British Columbia .	286	36,15
Alberta	186	33,50
9		00,000
Total	3.160	368.86
		,000

MOURNED FOR TWO YEARS.

Soldier Who Was Lost in Mons Retreat is Prisoner.

After having been mourned as dead for nearly two years, Rifleman Henry separated, each Robinson Lupton, of the King's Royal Rifles, has now written to his mother, Mrs. Lupton, of Back Lane, Hors-

Lupton was in the great retreat,

After resting about two hours, Lupton says, they were surrounded by Little Lemuel—Say, paw, are all Germans. As he had no wish to become a prisoner he managed to make Paw-No, I guess not, son. Every his escape. He roamed about the dislittle while a new word comes into trict hiding in the forest all day, and emerging at dusk to ask for food Little Lemuel—Then what is the the nearest house. After dodging the very last word, paw?
Paw—I don't know, son. Go and was at last obliged, through illness and lack of food, to give himself up to the Germans in June last.

The tendency to suicide is more prean enemy when he was down-prefer- wealthy than among the poorer and ring to jump on him with both feet. | middle classes.

## CREWS OF SUBMARINED SHIPS FROZEN TO DEATH IN BOATS

German Pirates Leave Norwegian Sailors to Die of Exposure and Exhaustion.

A despatch from London says: | Copenhagen Politiken transmitted by Crews of certain Norwegian vessels the Exchange Telegraph Company. torpedoed by German submarines Four men were frozen to death, were placed in small boats and endur- report adds, and a Norwegian m ed dreadful sufferings before reaching died on his arrival land, says a Bergen despatch to the