

# CARNATION INFANT FEEDING FORMULAS



Age and Average Weight	Food Mixture for 24-Hour Feeding					
	Carnation Milk, ounces	Water (Boiled), ounces	Sugar—(Milk or Malt), teaspoonfuls	Total Car. Milk and Water, ozs.	Amt of each Feeding, ozs.	No. of Feedings
1st-3rd days—8 lbs. . . . .	0	16	1	16*	1	7**
4th-6th days (slight loss in weight) . . . . .	3	13	2	16	1½	7
7th-9th days—8 lbs. . . . .	4	11	2	16	1½	7
10th-14th days—8¼-8½ lbs. . . . .	5	12	3	17	2	7

Note: \*Make up the 24-hour mixture in the proportions given and discard that left over \*\*6 feedings every 3 hours from 7 A. M. to 10 P. M. and 1 night feeding.

3rd wk.—8¾ lbs. . . . .	5½	12½	4	18	2½	7
4th wk.—9 lbs. . . . .	6	15	4	21	3	7
5th-6th wks.—9¼-9½ lbs. . . . .	6½	14½	5	21	3	7
7th-8th wks.—9¾-10 lbs. . . . .	7	21	5	28	4	7
9th-10th wks.—10¼-10½ lbs. . . . .	7½	20½	5	28	4	7
11th-12th wks.—10¾-11 lbs. . . . .	8	27	6	35	5	7
†13th-14th wks.—11¼-11½ lbs. . . . .	8½	26½	6	35	5	7
15th-16th wks.—11¾-12 lbs. . . . .	9	24	6	33	5½	6
17th-18th wks.—12¼-12½ lbs. . . . .	9½	23½	6	33	5½	6
19th-20th wks.—12¾-13 lbs. . . . .	10	26	7	36	6	6
21st-22d wks.—13¼-13½ lbs. . . . .	10½	25½	7	36	6	6
23d-24th wks.—13¾-14 lbs. . . . .	11	21½	7	32½	6½	5
25th-26th wks.—14¼-15½ lbs. . . . .	12	23	7	35	7	5
††7th month—15-16 lbs. . . . .	12 to 13	23 to 22	6	35	7	5
8th month—16-17 lbs. . . . .	13 14	24½ 23½	5	37	7½	5
9th month—17-18 lbs. . . . .	14 to 15	23 to 25	4	37½ to 40	7½ to 8	5
†††10th month to 1 year—18-21 lbs. . . . .	15 to 17	25 to 29	4	40 to 36	8 to 9	5 to 4

Note: †Beginning with the 13th week, oatmeal or barley water can be used instead of plain boiled water. (See preceding page.)

††Use less sugar and begin adding cereal jelly. If you do not use cereal jelly, use 6 teaspoonfuls of sugar in the 24-hour mixture to the end of the year. Also feed vegetable juice as specified on preceding page.

†††By this time you have increased the cereal jelly so that you can make a further decrease of sugar. If you do not use the jelly use 6 teaspoonfuls of sugar.

