

THE
**HOME SAVINGS AND
LOAN COMPANY**
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Every Saturday Evening 7 to 9.

JAMES MASON, Managing Director.

and not to man, but to God, like Ananias and Sapphira, professing to confess all, but keeping back a part, and so bring Almighty God's anger on me.

Affections.—Some of these days. God helping me, I will not think about the pain of confessing my sins, but of the joy and satisfaction of really knowing they are forgiven. What a delight it would be to me to think I could start afresh! All the past forgiven, and grace to do better for the time to come. This load laid down, or taken away, and I enabled to walk uprightly. Certainly Christ wants me to be saved. Certainly He wants to forgive me; but I want to know I am forgiven; in fact, I want to hear Him say so. He wants me to be baptized; and I know I was, because I know the day and hour when I was baptized.

Children's Department.

THE GOOD WE DO.

"We know not all the ill we do,"
So say the seers, whose words are true,
And I have heard it so rung out,
That, faint with fear and blind with doubt,
I deemed (all hope and brightness hid),
'Twas only evil that I did.

Grown wiser, I have learned to see
The other, fairer side, that we
Too often let the darker hide,
Or altogether thrust aside;
Another saying, just as true,
"We know not all the good we do."

"We know not all the good we do,"
The good, that like the silent dew,
Goes down and deep the roots between,
Or out, far-reaching and unseen;
The good, unreckoned and untold,
And multiplied a hundred-fold.

FAVORABLY KNOWN SINCE 1826
HAVE FURNISHED 35,000
CHURCH, SCHOOL & OTHER BELLS.
MENEELY & CO. PUREST BEST
WEST-TROY, N.Y. GENUINE
BELL-METAL
CHIMES, ETC. CATALOGUE & PRICES FREE

BELLS

Steel Alloy Church and School Bells. Send for Catalogue. The C. S. BELL Co., Hillsboro, O.

"We know not all the good we do,"
Nor ever shall, until we view
The great eternal whole, and see
The secret of life's mystery:
Until, to full perfection grown,
We know as we ourselves are known.

"I know not all the ill I do."
God pity me, and pardon, too;
And of the evil I have done
Work out a good that some poor one
Not seeing in it aught of me,
May praise and honour only Thee.

God make me wise and make me true
In all that I would say and do;
And keep me ever in the light
Of truth that makes life's pathway
bright:
And bless, though unseen and un-
sought,
The good I do, and know it not.

—F. H. Marr.

SELF-DENIAL AND CHARITY.

Lent was not ordained as a Christian fast by the first Christians. It was established in the fourth century, after Constantine had pronounced in favour of Christianity. Prior to that time the life of the Christian must have been largely

DR. MACKAY'S SPECIFIC For the Treatment of ALCOHOLISM

Used in connection with the Province of Quebec Probation System with Unvarying Success.

The City Council of Montreal has endorsed this marvellous discovery. The Finance Committee of Montreal recently voted \$500 to defray the expense of placing the medicine in each of the city Police Stations, as prompt application of the Treatment to bad cases will prevent the fatalities continually occurring in the cells.

No Sanitarium is required. The Treatment can be taken at home. No special diet required. The desire to reform is simply necessary and spirits avoided for a few days.

The medicine is now within the reach of all, the price having been reduced. The wonderful results obtained with the worst class of drunkards coming before the Judges of the Recorders' Courts in Quebec and Montreal warrant the statement that the disease of Drunkenness can be cured—readily and surely—under ordinary circumstances and with the reasonable desire upon the part of an inebriate.

This treatment is simply the medicine of the medical profession—the only secret is as to its administration.

Dr. Mackay's discovery is the result of 25 years of practice as a specialist and expert. He is a member of the College of Physicians and Surgeons of the Province of Quebec.

The Government of Quebec through the Judges ordered over 500 boxes of the medicine for prisoners appearing in the courts in 1904—Official Reports establish 80 per cent of cures with these cases.

With the public and official endorsement and the record of results published it is unnecessary to waste money experimenting further. All communications private.

THE LEEMINGMILES CO., LTD.
MONTREAL

SOLE AGENTS FOR

DR. MACKAY'S SPECIFIC FOR
DRUNKENNESS.

The Spring Months

are a severe strain even upon the most robust constitutions. People seem to have gotten into the habit of dosing themselves with tonics, instead of going to the root of the matter and relieving the conditions which cause the trouble.

Abbey's Effervescent Salt

brings immediate relief from that feeling of lassitude. It gives healthy action to the bowels without astringent after-effects, and vitalizes the system. A teaspoonful in a glass of water every morning makes you feel like a new person.

Sold by all druggists. 25c and 60c a bottle.

Lenten in character, and there could have been no need of special abstinence. Constantine introduced wealth and luxury into the Church, and the springtime fast of forty days was decreed. Fasting is not confined to Christianity. All of the great religions of the world enjoy it. It grows out of human experience. It is a good thing for the body, as well as the soul, to practise self-denial. It must be practised reasonably and in good faith to be beneficial. There are extremists in the Church as well as out of it—people who feel bound to carry out a certain line of conduct, no matter whether it is injurious or beneficial. They starve their bodies to emaciation and seriously impair their health. They ought to know that God never intended His people to do anything of the kind. Some of them will answer that Christ fasted forty days, and that they are following in His footsteps.



Free to Mothers
If you can't nurse the new baby, there's one perfect substitute for mother's milk—
NESTLÉ'S FOOD
We send a generous FREE SAMPLE (enough for eight meals) to any mother. Try it—and see how this perfect food agrees perfectly with baby.
THE LEEMING, MILES CO., Limited, MONTREAL.

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Out Dr. A. Reed's cushion soled shoe deserves the attention of every man and woman who cares for

Health and Comfort

If you are affected with tender feet
TRY A PAIR.

Not an expensive luxury. **\$5.00.**

H. & C. BLACHFORD,
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It does not seem to occur to them that Christ, according to their religious views, was Divine, and could do things which are impossible to them. It is a safe rule to conclude that an all-powerful God does not take pleasure in the torture of His creatures. These people are frequently rebuked by their clergy, who recognize the fact that their ill-tempered zeal is not productive of edification.

Fasting does not necessarily mean simply abstention from food. That is the commonest, because it is the easiest way of observing Lent. There are many other ways of practising self-denial. It is a time for self-examination. What is called society keeps Lent in at least a physical way. Balls and parties and numerous other functions are abandoned for the more quiet pastime of cards. The tremendous strain of the past months is thus relaxed, and ample time given both for reparation and religious reflection. Some persons keep Lent by dispensing with some luxuries to which they have been accustomed, and bestowing the money thus saved on charitable objects. This strengthens their moral tone and gives them the pleasant consciousness that they have done something practical to



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