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HERBERT J. MILLER, R.R. 1, Keene, Ontario

When writing please mention this paper

and ideas can be conveyed to one another, but it must be carried on in moderation if we accomplish much. We all know the man who leans over the gate talking when the sun is shining and he should be making hay.

I know women, plenty of them, who will flay the Germans in their conversation, but just ask them to do some knitting or sewing or any one of the things our Red Cross societies are doing for our boys in the trenches, and you will get a decided "No. There are women enough to those things who haven't as much to do as I have." Now is this patriotism of the right kind? This will apply to men as well as women. Some men talk very partiotically, but just pull their purse strings ever so little and see where you are at.

Not long ago I spent a day in the city. It is not often I spend a day very far from the farm, and as one writer said, I hardly ever get 20 miles from a milk pail, but I had this day in the city and did not see a milk pail till the following morning.

following morning.

In many places I saw posters on which was written "Your Loyal Talk will not defeat the Germans," and I thought what a damper that was on some people who had so much confidence in their loyal talk. We hope and pray for victory, but we must be honest with ourselves, and not shut our eyes to the fact that we have a powerful enemy and it will take more than talk to win

that victory for us. It seems to me, speaking from a farm woman's standpoint, that all and every unnecessary duty that can possibly be omitted at all, should be left undone, and the time it would take be spent in doing something for our boys to help them win our victory for us. It is our duty, while we are here comfortable at home, not disturbed by the roar of cannon or bursting of German shells, to see that our boys do not want for anything we can do for them. During the summer, in an institute meeting, the subject was brought up about what we should do for the soldiers with some money we had collected for Red Cross work, and one of the ladies said, "you surely do not expect us to do anything now during the hot weather.' And it seemed to be the feeling of the meeting that we should just keep the money and do the work in the winter when we would do it more comfortably. I, as president, let it go at that, for majority rules, but I wondered if the soldiers over there in Europe were not working just as hard for us during the hot weather as at any other time.

The thought comes to me so often when I see so many women putting in their time at crocheting and tatting and numberless other beautiful, but can be done without pieces of fancy work, that, if we were all alike, the boys in the trenches would go without many more comforts than they do now

than they do now.

However, I do not condemn it all, for I know there are hundreds of women who are making their Red Cross money by doing fancy work, but I am not speaking of them. Patriotism means loyalty to our country, standing by and backing up our country, when she is in trouble which she did not bring on herself.

The production of our farms depends so much on help and weather conditions, and in many places it is almost impossible to get help of any kind. So many of the boys have gone to the front and those who are left are working in factories getting wages which it is impossible for the farmer to pay. And yet I wonder if food is not almost as necessary as munitions in the winning of the war, for after all is said and done, the farm is the backbone of the country.

For munitions our Government lets large contracts to firms at enormous prices, at least I think they must by the wages some of the men are earning, while it almost seems as though another industry as important to the success of our nation is being left to care of itself, namely farming.

I wonder, like many others, what will be the outcome of the scarcity of farm help, and yet it is bringing about some of the old time neighborliness, because I can see in our own community a growing tendency towards helping one another. We cannot run our farms any more successfully without help than the munition plants can run their factories short-handed. Women are helping in the factories. They can help to a certain extent on the farm

but there are few women built to take a man's place on the farm, although some writers claim they should. But I have noticed that the men who are looking for snaps hardly ever come to the farm to look for work.

There are so many things on a farm which one man can scarcely do, even on the modern improved farm where all kinds of labor-saving machines are used. How much harder is it for one man to get along on a farm which has not all there conveniences. And can we afford, as a nation, to have so much of our land lying idle? We can see already how much the one-man farm is shortening our productions.

is shortening our production.

The well-to-do farmer says, "Well, if I cannot get help I shall just put in what I can attend to myself and let the rest go. I can make a living for myself that way if I do not make anything extra."

In many cases the fairest and hest production of the farm has been sacrificed to the nation's call, and the father has little heart to go on in the same old way.

The threshing season is on now and the threshers tell us it will be short, as there is not nearly the grain to be threshed as there was last year. One man, not so many miles from here, told us the other day that he always depends on putting in two and three hundred acres of oats; this year on account of the wet spring he only got in 10 acres. I am often surprised to see how little some of the men and women in the

I am often surprised to see how little some of the men and women in the towns realize how much they are depending on the farm. They will come on the market and put up such a kick at the price of butter and eggs (necessities of life,) but you hear no kick about what they pay for ice-cream sodas, cigars, etc., things which they can get along very well without.

I would just like to bring some of

I would just like to bring some of these ladies out to the farm and put them through the work which it takes to produce 20 lbs. of butter. I would like to put them through every stage of the process from the going to the field for the cows to the taking of the butter to the consumer, and if that won't cure them of some of their fault finding I don't know what will.

So many of our writers are crying "Greater Production." I know there never was a greater effort put forth by the farmers around here than the last year, and yet with the shortage of help and conditions of the weather the crop is far short of last year. Yet if we have failed, I feel it is not for want of effort on the part of the majority of the farmers.

While patriotism to our country rests almost altogether with ourselves. We have to depend on a higher power for our production after we have done our part.

Welland Co., Ont.

## Fall Cookery.

Devilled Crusts for Soup.—Cut dinner rolls or buns in slices ¼ inch thick, spread with butter, shake a very little Cayenne pepper over, then cover with grated cheese. Place on a hot dish and serve with soup. Nice for supper. Elizabeth's Griddle Cakes.—Sift to-

Elizabeth's Griddle Cakes.—Sift together 1½ cups flour, 1 teaspoon soda and ½ teaspoon salt. Beat 2 eggs; add ½ cup sour cream and ½ cup thick sour milk, and stir into dry ingredients. Bake in small rounds on a hot greased griddle. If sweeter milk is used, use ½ teaspoon soda and level teaspoon baking powder, and beat whites and yolks of eggs separately, adding the whites last. Serve with butter and syrup or jam.

syrup or jam.

Corn Bread.—Sift together % cup cornmeal, ½ cup flour, ¼ cup sugar and ½ teaspoon each of salt and soda. Beat 1 egg: add 1 cup thick sour cream, or 1 cup thick buttermilk or sour milk and 3 tablespoons melted shortening, and stir into dry ingredients. Bake in a shallow pan about 25 minutes.

Fried Bread.—Dip slices of stale bread in hot water, very quickly, then in a batter made of 1 quart sour milk, 1 teaspoon soda, butter size of an egg, melted and added to beaten eggs, and a little salt. Fry until brown. Serve with a dusting of red pepper with meat or eggs; or with butter, sugar and cinnamon as a sweet dish; or with sauce and a spoonful of jam for pudding. If liked better the batter may be omitted, and the bread fried in butter or crisco.

Baked Bo

mato or cat 6 tablespoor mustard, per together, add and beating beans and le ing. If the mix the bedressing.

Beef Stew toes, 2 cups teaspoon onion, 2 clo tablespoons and salt so cut the pota and parboil the water of gravy, the spotatoes, richmer very sledone. Serve Soft Molas

sour milk, measurement molasses, 1 spoons ginge the molasses Take from the beat hard, beaten egg, mixed and filling the pacornmeal cornmeal cornmeal. 2 tablespoon with source with the source of the

the egg, and soda dissolve Make all into and bake all griddle. Serio and syrup an Bread Pud 1 quart milk, raisins, 1 teas salt. Pour a the bread and the other ingrin a moderat and sugar. If be omitted and sugar.

lemon used ir Baked Apppie crust, roll at the size of a fine one small the apple on sugar and nurcrust over the Brush over woven for 20 rand sugar.

Sugar Coocup butter, 2

teaspoons cre soda, 1 teasp enough to ro and egg tog cream of tar dry. Mix al Spider Cak lard, 2 teaspo spoon soda, 1 salt and crea flour. Rub i water into a Press out to t the spider hot cake and cov one side, ther of the stove preferred. Se

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