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WHOLE NO
467.

Keep A-Goin'!

When you strike a thorn or rose,
Keep a-goin'!
When it hails or if it snows,
Keep a-goin'!
When 'tain't no use to sit and whine,
When the fish ain't on your line
Sit your hook an' keep on tryin'—
Keep a-goin'!

When the weather kills your crop,
Keep a-goin'!
When you tumble from the top,
Keep a-goin'!
When you're out o' every dime?
When 'tain't broke ain't any crime;
When all the world you're feelin' prime;
Keep a-goin'!

When it looks like all is up,
Keep a-goin'!
When you gain the sweetness from the cup,
Keep a-goin'!
When you see the wild bird on the wing;
When you hear the bells that sweetly ring;
When you feel like singin'—sing;
Keep a-goin'!

—Frank L. Stanton.

The use of honey for inducing sleep and quieting the nerves is a new thing. Wurth tells us in Die Zeitschrift that one night, when unable to sleep, he arose from his bed and helped himself to some biscuit and honey. The effect was gratifying. Since then he has taken two or three tablespoonfuls of extracted honey at intervals frequently at night when restless and has always experienced the same result—sleep. Nervous people ought to make a note of this. — American Bee-Keeper.

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+ *Ontario Bee-keepers'* +
+ *Association* +
+ ANNUAL MEETING +
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(Continued from last month)

1ST DAY (EVENING SESSION) 7:30 P.M.

The President in the chair called the Convention to order and Mr. W. J. Brown presented his paper on "Why I am a bee-keeper," which will be found on another page in this issue.

Mr. Heise: I think the reasons Mr. Brown has given as to why he is a bee-keeper would probably cover the reasons most of us are bee-keepers. The financial advantage is the greatest reason perhaps of any other why we are in the business; I know it is so with me, although it affords me a great deal of pleasure as well. I don't know that I have anything further to say except that there is one other reason which Mr. Brown has not mentioned why we should be in the business; our good Presbyterian friends put it that the first aim and object of man should be to glorify God, and possibly that should be our aim and object in entering into the bee business and the financial part might come secondarily. (Applause.)

The President: The paper is very